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Implantable Cardioverter Defibrillator

clinical cases based
on ICDs from

**Boston
Scientific**

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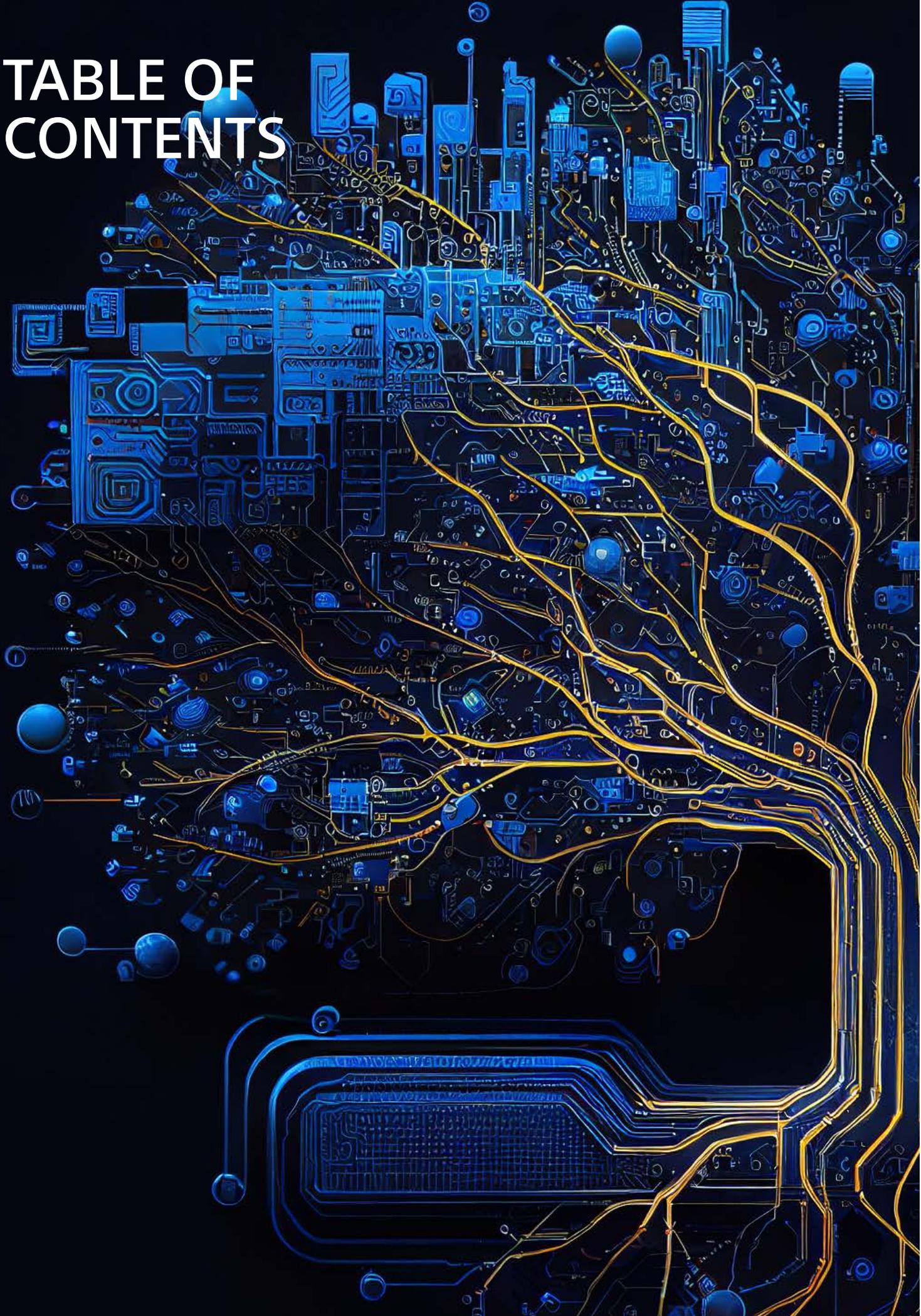
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Foreword



© 2014 [illegible]

The Stimuprat team is delighted to offer you this book on the specific features of interrogation and programming of Boston Scientific™ automatic implantable defibrillators.

Much more than the functioning of the devices themselves, which has changed little, recent years have seen significant developments in terms of programming rules, with a particular focus on strategies to reduce the number of inappropriate or unnecessary therapies as far as possible. That's why we wanted to update the first version of this book with episodes from the most recent platforms. This book is divided into several chapters (counters, therapies, discrimination, oversensing), each with demonstrative clinical cases covering the basic rules of defibrillator programming, as well as the specific operating and programming features of Boston Scientific™ devices.

Optimal programming requires in-depth knowledge of the algorithms used by the various manufacturers.

Enjoy your reading!

Chapter 1

Counters





1 Detection and treatment of a VF episode

Patient

- male with ischemic cardiomyopathy; implanted with a Resonate triple-chamber defibrillator

Summary

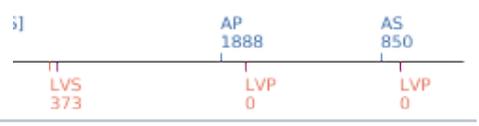
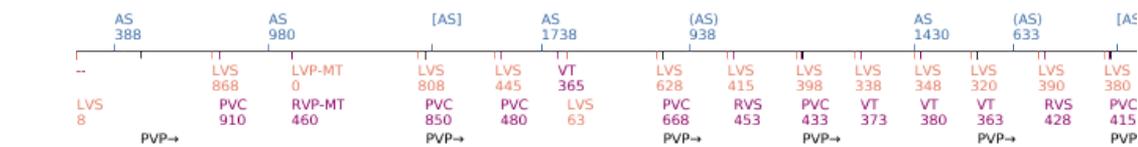
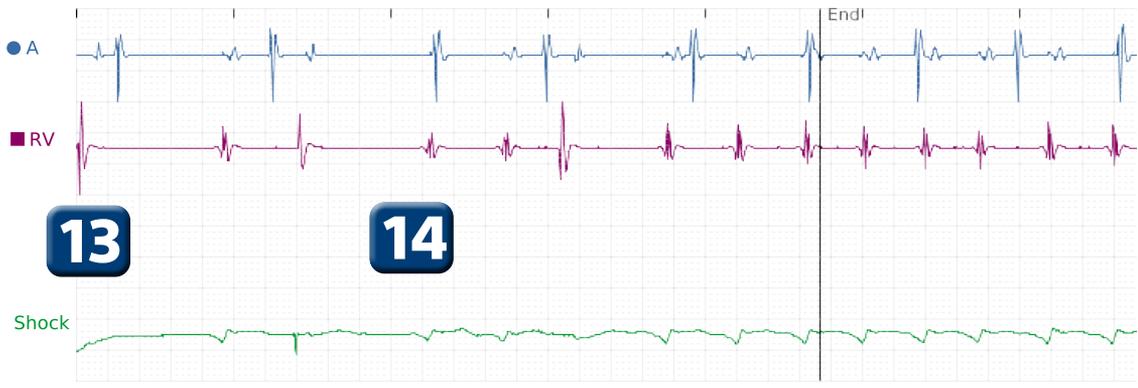
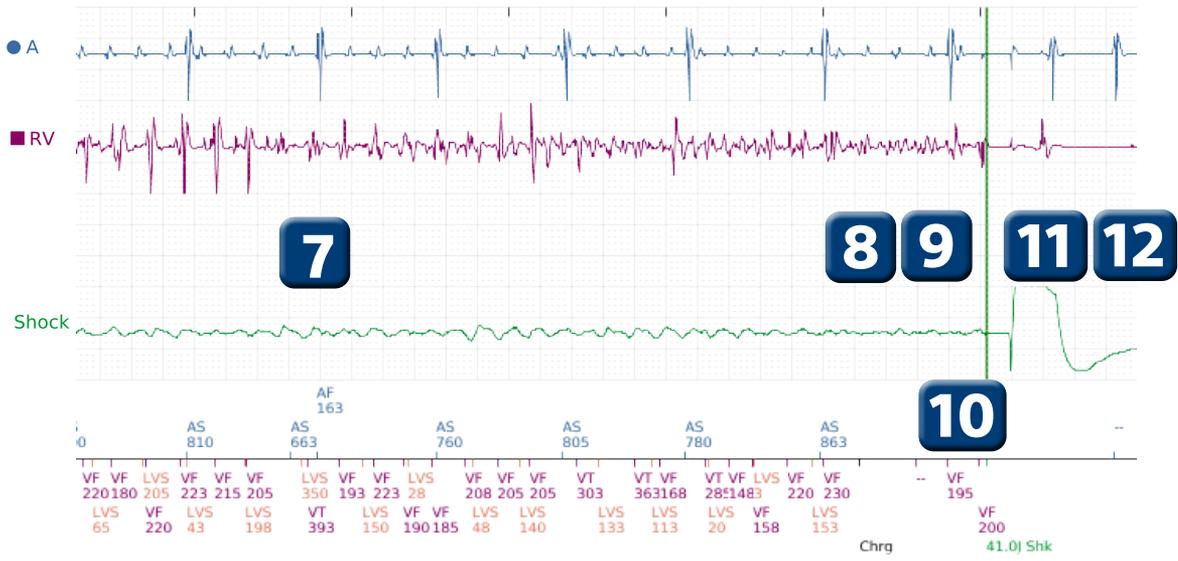
- episode classified in the VF zone
- 41 joule shock with a charge time of approximately 10 seconds
- 76 Ohm shock impedance (single-coil lead)

EGM layout

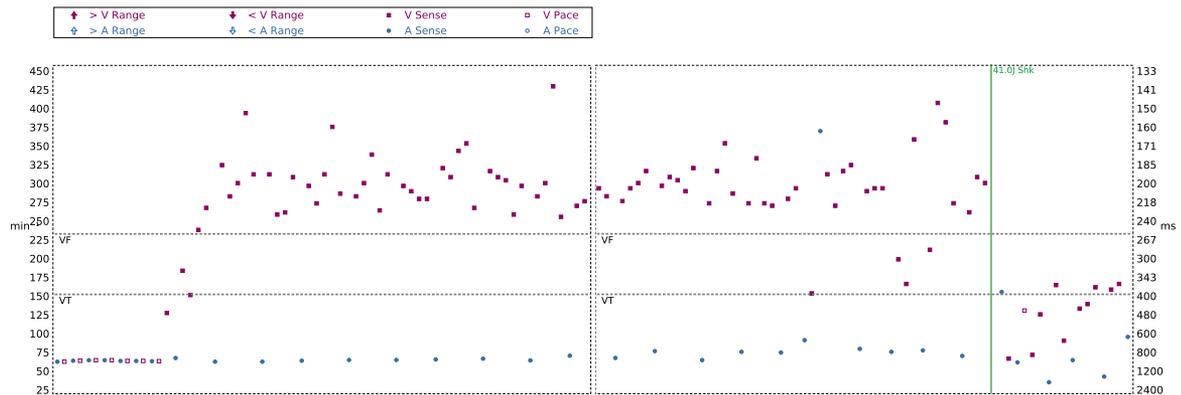
- 1 sinus rhythm and biventricular pacing (AS, RVP-LVP)
- 2 spontaneous, very rapid, polymorphic ventricular arrhythmia; the first 2 cycles are classified as VT, the following cycles as VF
- 3 V-Epsd marker; 8/10 criterion fulfilled for VT zone (2 cycles in VT zone + 6 cycles in VF zone); initial detection duration for VT zone starts on this beat
- 4 on this cycle, the initial detection window for the VF zone is satisfied (8 cycles in the VF zone); the initial detection duration for the VF zone begins on this beat; the VF zone duration takes precedence over the VT zone duration; even if the VT zone duration ends before the VF zone duration, if the 6/10 criterion is satisfied for the VF zone, the VT zone therapies are suspended until the VF zone duration ends.
- 5 persistence of arrhythmia detected in the VF zone for the initial duration of 5 seconds in the VF zone (V-Detect)

- 6** start of capacitor charging
- 7** ventricular sensing remains acceptable during charging, with the exception of a few under-sensed cycles explaining the VT markers; criterion 6 out of 10 remains fulfilled during charging.
- 8** end of charge; this charge lasted approximately 10 seconds, with the output of the pending shock equal to the maximum output of the device
- 9** a refractory period of 135 ms begins at the end of the charge; the first cycle following this refractory period is not counted (--)
- 10** the following 2 cycles are fast (VF), the shock diversion window has elapsed (500 ms after the end of charging); criterion 2/3 met.
- 11** 41 Joule shock delivered on the second cycle (synchronized to the R wave)
- 12** the first atrial cycle following the post-shock refractory period (500 ms) is not counted (--)
- 13** the first ventricular cycle following the post-shock refractory period is not counted (--)
- 14** effective shock and termination of polymorphic ventricular arrhythmia
- 15** end of recording, although no end-of-episode marker is displayed

Counters: 1



Chapter 1



LATITUDE™ Patient Management - Event Detail Report		Report Created: 16 Jan 2023
	Date of Birth:	Latest Device Transmission: 15 Jun 2021 03:22 CEST
	Device: RESONATE CRT-D G424/490880	Last Office Interrogation: 19 May 2021
	Clinic:	Implant Date:
	Search Tags:	
	Tachy Mode: Monitor + Therapy	

V-42: 20 Apr 2021 00:54, VF, A Rate: 64 min⁻¹, V Rate: 321 min⁻¹

Detail

VF Event Onset

Avg A Rate	64 min ⁻¹
Avg V Rate	321 min ⁻¹
Detection	Rhythm ID
Template	13 Apr 2021 18:29
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	65 min ⁻¹
Avg V Rate	297 min ⁻¹
Rate Zone	VF
Stability	(19 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
RhythmID Correlated	False
RhythmMatch™	Too Fast
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, 41 J V Shock

Elapsed Time	00:00:06
Shock Information	
Charge Time	9.8 s
Lead Impedance	76 Ω
Lead Polarity	Initial

Event Ended

00:00:47

Points to remember

- this first trace illustrates the primary function of an implantable defibrillator: detection and treatment of ventricular fibrillation (an arrhythmia that is initially extremely rapid, polymorphic and disorganized) with a shock.

- at the top of the first page of the PDF transmitted to the LATITUDE telemonitoring site you will find various pieces of information: patient's surname, first name, date of birth , implantation center, remote monitoring center, device model and serial number, date of last face-to-face interrogation and date of last telemedicine transmission; the tracings in this book have all been anonymized; the ventricular tachy mode is set to «monitoring + treatment», which means that the full range of detection and treatment options is activated.
- each recorded trace is numbered in chronological order (this is episode 42) along with the date and time of occurrence and information pertaining to the atrial and ventricular rate
- the detail tab summarizes the main diagnostic and treatment steps undertaken for this episode; VF Event Onset: ventricular rate (321 beats/minute) and atrial rate (64 beats/minute) are calculated from the average of the 4 ventricular and atrial cycles preceding the V-Epsd marker; during V-Detect : atrial rate (65 beats/minute) and ventricular rate (297 beats/minute) are calculated by averaging the 4 cycles preceding the V-Detect marker; the episode is always detected in the VF zone; in this zone, no discrimination other than rate is used; on the other hand, various parameters are still recorded (stability, V>A frequency, Fib A, correlated Rhythm ID) even if they do not influence the decision to treat the episode; information on the various timers (SRD, ATP Time-out) is also displayed; Attempt 1, 41 J V Shock: the first therapy programmed in the VF zone is a 41 Joule shock; the duration of the charge was 9.8 seconds (expected for a maximum-output shock) with a lead impedance of 76 Ohms (expected for a single-coil lead); the shock waveform is biphasic and the nominal initial polarity corresponds to a cathodic shock (for a single-coil lead, the right ventricular coil is the cathode and the defibrillator can is the anode for the first phase, with polarities reversed for the second phase).
- when a trace is analyzed from the programmer, it is possible to modify the scrolling speed (25 mm/s in the first instance); this can be useful for confirming the diagnosis of oversensing of a 50 Hz signal (scroll speed of 100 mm/s reveals a sinusoidal pattern

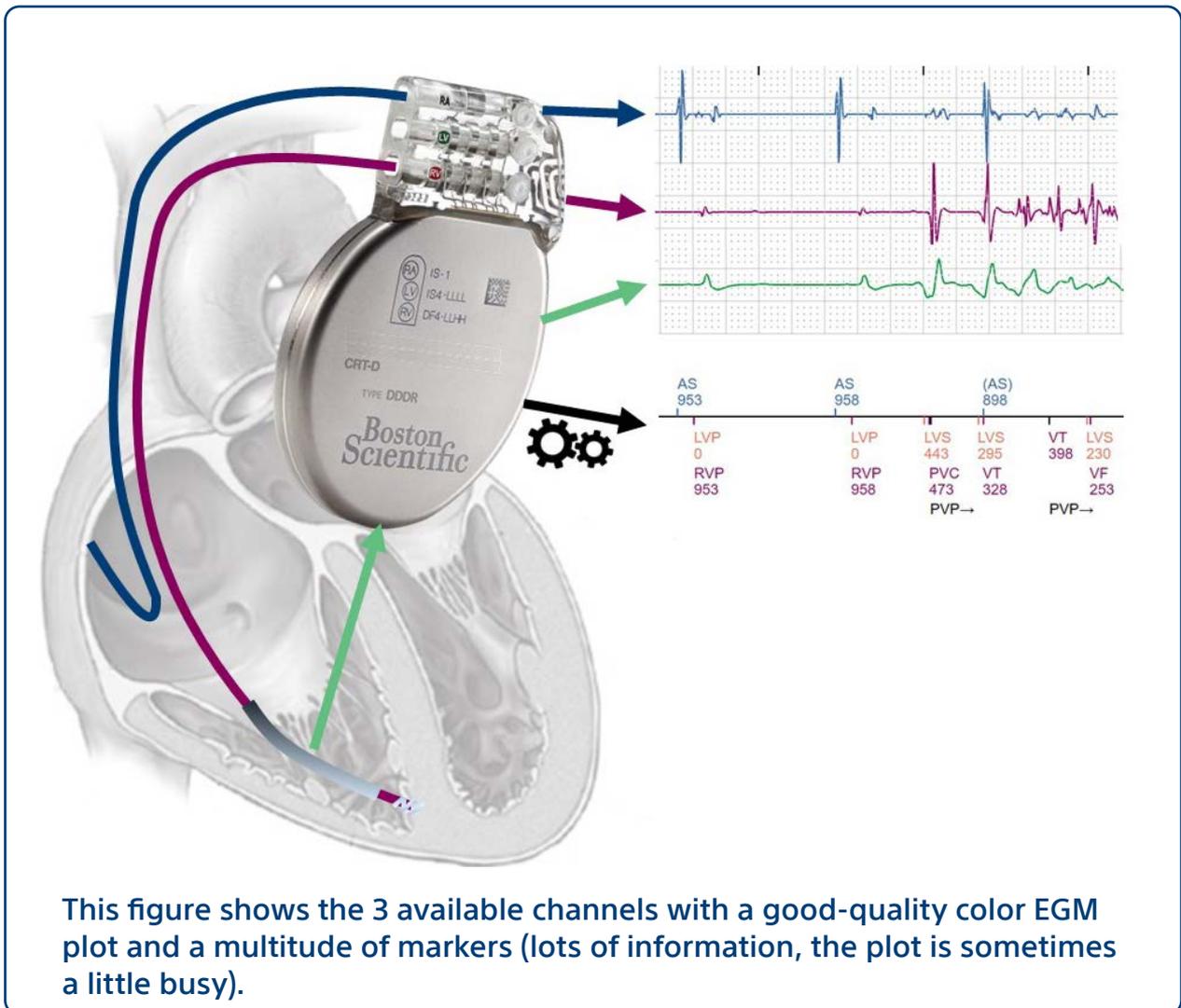


with 20 ms between signals); calibration is adapted automatically by the device, but can also be modified from the programmer to facilitate manual measurement of the amplitude of the various signals

- for each trace recorded on a dual- or triple-chamber defibrillator, 3 channels are nominally available: the bipolar atrial sensing channel (A), the bipolar ventricular sensing channel (V) and the shock channel (shock) between the distal coil and the can; the signal on the shock channel is similar to an electrocardiographic lead; ; markers and intervals are also available; compared with other manufacturers, Boston Scientific have chosen to provide a great deal of information on the trace, with numerous markers (for this example, atrial, right and left ventricular markers, PVARP prolongation , correlated cycles , etc.)
- to start recording an arrhythmia, 3 consecutive beats must occur in one of the tachycardia zones; the device then uses a sliding window during which it looks for the occurrence of 8 out of 10 consecutive rapid cycles; the first 3 cycles are included in this window; when this criterion is met, the V-Epsd marker appears on the trace; the duration starts from this marker; for Boston Scientific devices, a specified number of rapid cycles is not programmed for initial detection, but a duration during which the arrhythmia is sustained; an episode is considered sustained if a minimum proportion of 6 rapid cycles out of 10 is maintained throughout the duration; if, until the end of the duration, the 6/10 criterion is met, the device classifies the episode as VT, SVT or VF; when the duration ends, the last ventricular interval is analyzed to understand the dynamics of the arrhythmia: stable arrhythmia, slowing down or accelerating; if the last interval corresponds to the zone whose duration has just ended, therapies can be delivered; the end of an episode is declared after a duration during which the 8/10 redetection criterion is not met (10 seconds after untreated events, ATP treated events or after an aborted shock; 30 seconds after a delivered shock)
- there are three programmable durations: initial duration (independently programmable in VF and VT zones), post-detection duration (when a charge has been diverted or after

an ATP sequence; programmable in the VT zone, fixed at 1 second in the VF zone) and post-shock duration (after a shock has been delivered; programmable in VT zone, fixed at 1 second in VF zone)

- the interval plot provides an overall view of the episode, with a number of characteristic aspects to be aware of (railroad track appearance cases of P wave oversensing, T wave oversensing or double counting of the R wave, cloud of points with very short cycles in the case of lead dysfunction, undersensing with long cycles in the case of a VF episode, etc.); interval plot analysis is therefore an integral part of reading the various tracings, and should probably be the first step before detailed analysis of the EGM.





2 Detection and treatment of a VT episode

Patient

- Female with ischaemic cardiomyopathy; implanted with a Momentum triple-chamber defibrillator

Summary

- episode classified in the VT zone
- discrimination criterion V>A: True
- burst of ATP delivered

EGM layout

- 1 spontaneous rhythm in the atrium and bi-ventricular pacing
- 2 onset of ventricular tachycardia (regular, monomorphic with atrioventricular dissociation)
- 3 VT episode (V-Epsd) after 8 cycles in VT zone (criterion 8/10 verified); start of initial VT zone duration (12 seconds)
- 4 diagnosis of sustained VT (V-Detect) at end of duration; discrimination criterion V>A verified
- 5 burst of 8 impulses at a fixed rate; biventricular pacing
- 6 effective burst and arrhythmia termination



Counters: 2



	AS	AS 690	AS 725	AS 695	AS 705	AS 698	(AS) 690	(AS) 673	AP 750
RVP	RVP 718	RVP 693	RVP 723	RVP 698	RVP 703	RVP 698	PVC 445	LVS 638	RVP 1090
LVP	LVP 20	LVS 45	RVS 658	LVP 20					
							PVP→		



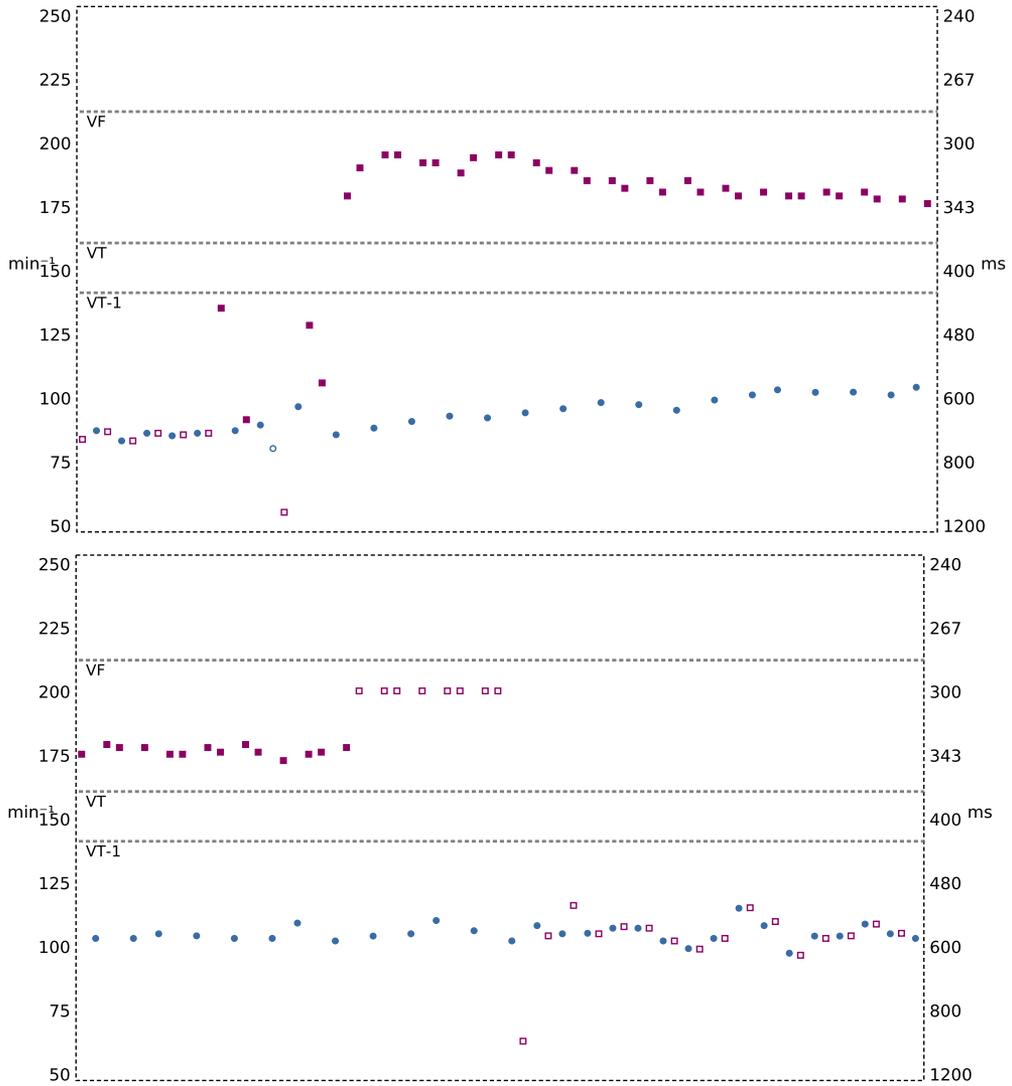
AS 623	(AS) 703	(AS) 685	(AS) 663	(AS) 648	AS 653	AS 635	AS 628	AS 615	AS 618	AS 630
RVS 468	LVS 550	LVS 323	LVS 300	LVS 293	LVS 293	LVS 298	LVS 305	LVS 295	LVS 290	LVS 293
LVS 20	PVC 568	VT 335	VT 315	VT 308	VT 308	VT 313	VT 320	VT 310	VT 308	VT 308
	PVP→	PVP→	PVP→	PVP→	V-Epsd					Suddn



	AS 605	AS 595	AS 583	AS 590	AS 588	AS 595	AS 575	AS 585	AS 580	AS 573	AS 575
LVS 313	LVS 320	LVS 318	LVS 320	LVS 318	LVS 320	LVS 318	LVS 323	LVS 325	LVS 325	LVS 323	LVS 325
VT 325	VT 333	VT 330	VT 335	VT 333	VT 335	VT 333	VT 338	VT 338	VT 340	VT 343	VT 335

Counters: 2

▲ > V Range	▼ < V Range	■ V Sense	□ V Pace
▲ > A Range	▼ < A Range	● A Sense	○ A Pace



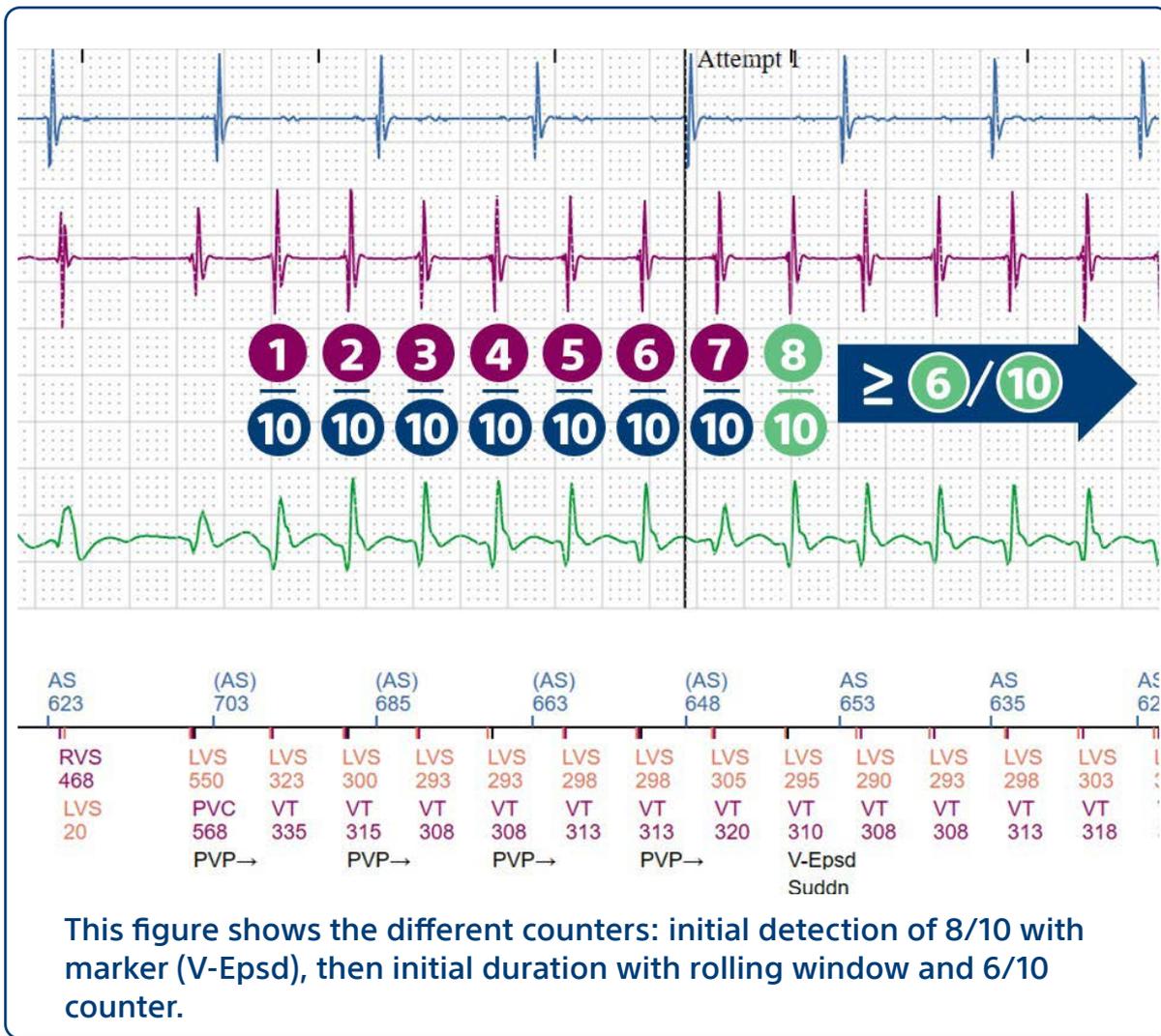


Points to remember

- these first 2 tracings (termination of a disorganized polymorphic arrhythmia by a shock, and termination of an organized ventricular arrhythmia by anti-tachycardia pacing) illustrate the basics of how the Boston Scientific™ defibrillator detection counters work.
- it is possible to program 1 (VF), 2 (VF + VT) or 3 (VF + VT + VT-1) detection zones; counter operation is identical for all 3 zones; initial detection requires a minimum ratio of 8 rapid cycles out of 10; this ratio then decreases to 6 out of 10 during the duration of detection; during post-charge confirmation, for a shock to be delivered, a ratio of 2 rapid cycles out of 3 is required; during re-detection or post-shock, identical counters apply (8/10 then 6/10); therefore during an episode, the same probabilistic counters (X/Y rapid cycles) are applied in both VT and VF zones.
- the first tracing showed an episode of VF; probabilistic counters seem to be most suitable for this type of arrhythmia; ventricular fibrillation is by definition rapid, disorganized and, chaotic, with ventricular signals of low and/or variable amplitude; all these characteristics increase the risk of undersensing due to low amplitude signals below the sensitivity threshold (nominal value of 0.6 mV); the high beat-to-beat variability of the amplitude may fool the sensing circuit, as the defibrillator uses a sensitivity level that adapts to the amplitude of the preceding signal; the first counter requires a minimum of 80% rapid cycles (criterion 8/10); this 80% ratio between fast and slow cycles has been chosen to achieve an optimum balance between correct detection of ventricular fibrillation (requiring tolerance of a certain number of pseudo long cycles generated by undersensing) and the need to avoid filling counters in the presence of T wave, P wave or R wave oversensing (frequently associated with a ratio of 50% short cycles), or sensing of frequent ventricular extrasystoles; this 80% ratio is not programmable, nor is the number of cycles (8 out of 10); once this first stage of detection has been achieved, the duration in the VF zone begins, with a lower requirement of 60% rapid cycles; the device considers that if the first stage criterion has been met (8/10), the

probability of a true arrhythmia is high, and the priority is then to avoid being fooled by possible undersensing (hence a lower number of rapid cycles are required).

- the second tracing shows a regular, monomorphic ventricular tachycardia detected in the VT zone; for this type of arrhythmia, the operation of a probabilistic counter is also effective since sensing is generally correct and 100% of cycles are correctly sensed





3

Non-sustained ventricular tachycardia

Patient

- male with dilated cardiomyopathy and numerous episodes of non-sustained VT; implanted with a Resonate triple-chamber defibrillator

Summary

- episode classified as non-sustained VT

EGM layout

- 1 spontaneous rhythm in the atrium and biventricular pacing
- 2 onset of ventricular tachycardia (regular, monomorphic with atrioventricular dissociation)
- 3 alternation between a cycle classified in the VT zone and a cycle classified as an extrasystole; to trigger the search for the 8/10 criterion, 3 consecutive cycles in a tachycardia zone are required; this first VT cycle (followed by a cycle sensed outside a tachycardia zone) therefore does not count towards the 8/10 criterion.
- 4 third consecutive cycle in the VT zone (3 consecutive cycles criterion met)
- 5 VT episode (V-Epsd) after 8 cycles in VT zone (including 3 consecutive cycles); start of initial VT zone duration (programmed to 12 seconds)
- 6 spontaneous termination
- 7 after 5 cycles outside the tachycardia zone, criterion 6/10 is no longer met
- 8 end-of-episode marker (10 seconds after criterion 6/10 is no longer met)

V-1: 18 Mar 2022 14:13, NonSustV, A Rate: 76 min⁻¹, V Rate: 199 min⁻¹

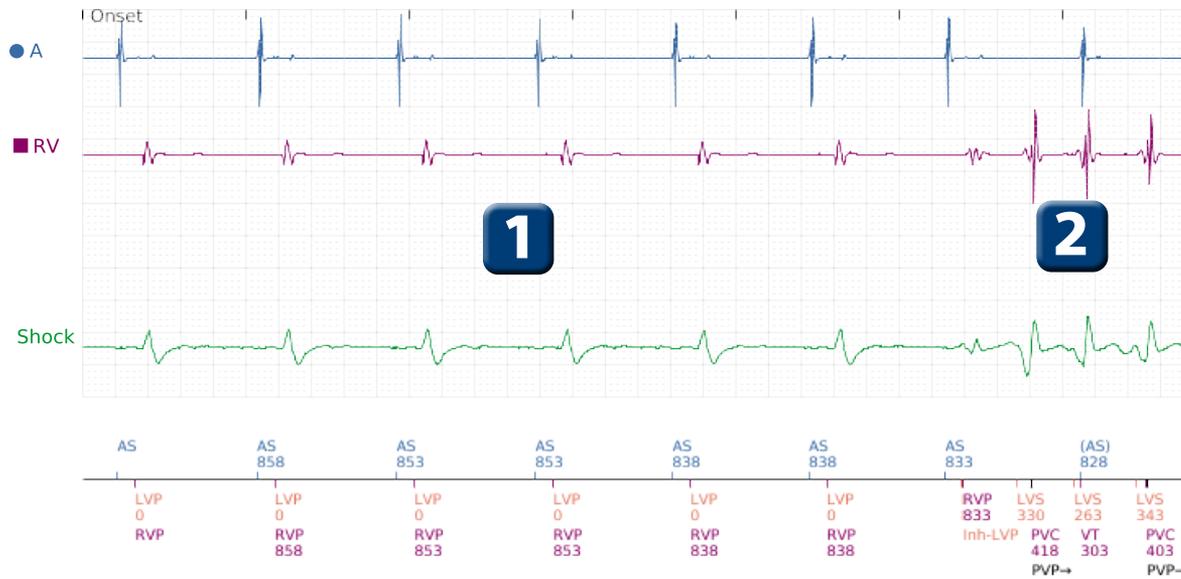
Detail

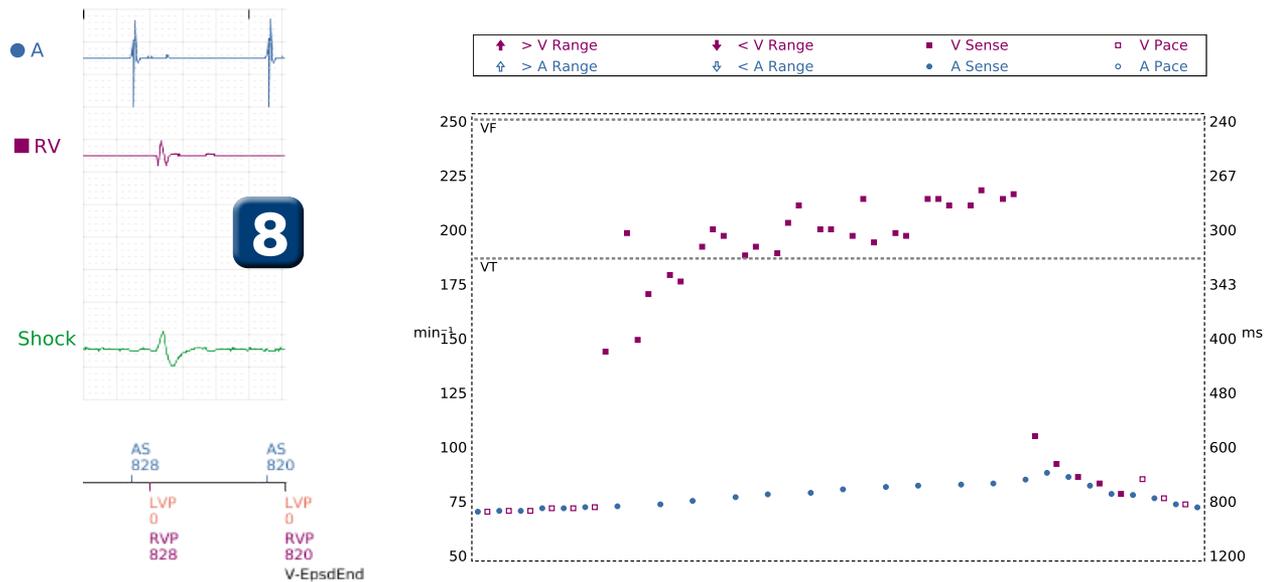
NonSustV Event Onset

Avg A Rate	76 min ⁻¹
Avg V Rate	199 min ⁻¹
Detection	Onset/Stability
Onset	Percent
Template	N/R
Event Ended	

00:00:19

EGM displayed at 25mm per second





Points to remember

- this patient had multiple episodes of non-sustained VT prior to implantation; the priority during programming is to avoid any therapy on these spontaneously resolving arrhythmia episodes; 2 options may be preferred: programming lower limits of tachycardia zones above the rate of clinical VT, or programming initial durations long enough to promote spontaneous termination
- this trace illustrates one of the major developments in the programming of implantable defibrillators, namely the programming of longer initial durations; one of the main programming objectives of the first implanted devices was to treat the various arrhythmias detected (VT or VF) without delay; there are several explanations for this initial strategy and tendency towards rapid treatment with a device-based shock: 1. most initial patients received implants for secondary prevention, 2. there was concern surrounding the risk of VF undersensing, 3. various studies had shown a positive correlation between monophasic shock defibrillation threshold and the duration of the episode; similarly, documentation of inappropriate therapies was limited since the very first devices did not record tracings
- various technological advances, an increase in the proportion of patients implanted for primary prevention, widely publicized problems of inappropriate therapies due to



lead dysfunction, and the results of various large-scale studies have all contributed to a considerable change in the way modern defibrillators are programmed: the PREPARE study was the first to show that longer detection times could reduce the number of shocks delivered without increasing complications (syncope, sudden death, etc.); the Multicenter Automatic Defibrillator Implantation Trial: Reduce Inappropriate Therapy (MADIT-RIT) showed the positive impact of programming a single VF zone (> 200 beats/minute) or implementing delayed therapy (1 minute for the zone between 170 and 200 beats/minute and 12 seconds between 200 and 250 beats/minute) compared to conventional programming; other studies and meta-analyses have confirmed benefits in terms of reducing appropriate or inappropriate therapy and reducing mortality, suggesting a definite benefit to such programming.

- the nominal programming suggested by manufacturers has gradually evolved; in 2015 and again in 2019, consensus guidelines for the programming of implantable defibrillators reiterated the need for default programming of high detection zones with longer initial durations
- for a patient implanted with a Boston Scientific™ defibrillator for primary prevention, 2 programming options can be selected: 1) delayed therapies: a VT zone from 185 beats/minute with an initial duration of 12 seconds and a VF zone from 250 beats/minute with an initial duration of 5 seconds; 2) therapies with a higher detection zone: a single VF zone from 200 beats/minute with an initial duration of 2.5 seconds.
- for a patient implanted with a Boston Scientific™ defibrillator for secondary prevention, it is recommended to add a VT zone (VT-1 if delayed therapies are chosen) at a rate 10 to 20 beats slower than the clinical tachycardia, with an initial duration of at least 12 seconds.
- as this patient's clinical VT was relatively rapid (oscillating around 200 beats/minute), the longer initial duration option (12 seconds for the VT zone, 5 seconds in the VF zone) was preferred
- this trace also provides details of how detection works; initially, 3 consecutive fast ventricular cycles (VT-1, VT or VF) must be detected for the device to search for the

existence of an episode (these 3 consecutive cycles are then included in the search for criterion 8/10); throughout the duration, criterion 6/10 rapid cycles must be maintained; on this trace, the arrhythmia terminates and after 5 slow cycles, the duration is interrupted; 10 seconds later, the end-of-episode marker appears (non-programmable criterion; criterion 8/10 not verified 10 seconds after an untreated or ATP-treated episode, 30 seconds after a shock).

Detection

In patients with no VT history

Option 1 - delayed therapy

VF: 8 of 10 intervals plus 5-second duration*, 250bpm*

VT: 8 of 10 intervals plus 12-second duration*, 185bpm*

VT-1: Monitor, at user discretion

Option 2 - high-rate therapy

VF: 8 of 10 intervals plus 2.5-second duration*, 200bpm*

VT-1: Monitor, at user discretion

In patients where VT cycle length is known

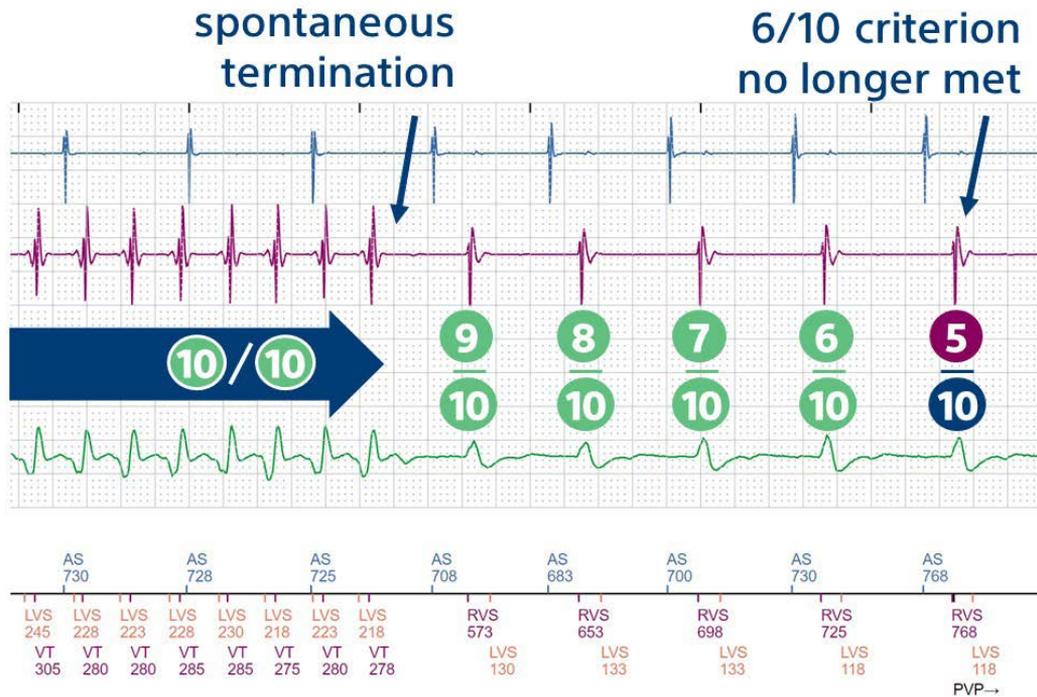
VF: 5-second duration*, 250bpm*

VT: 12-second duration*, 185bpm* or 10-20bpm < VT rate

VT-1: Monitor Zone or Therapy at ≥ 12 -second duration*, 10-20bpm < VT rate



Extract of the 2019 HRS/EHRA recommendations with QR code (to PDF)



This figure shows the spontaneous termination and the point at which the 6/10 criterion is no longer met.



4 Change of detection zone

Patient

- male with ischemic cardiomyopathy; implanted with Momentum triple-chamber defibrillator

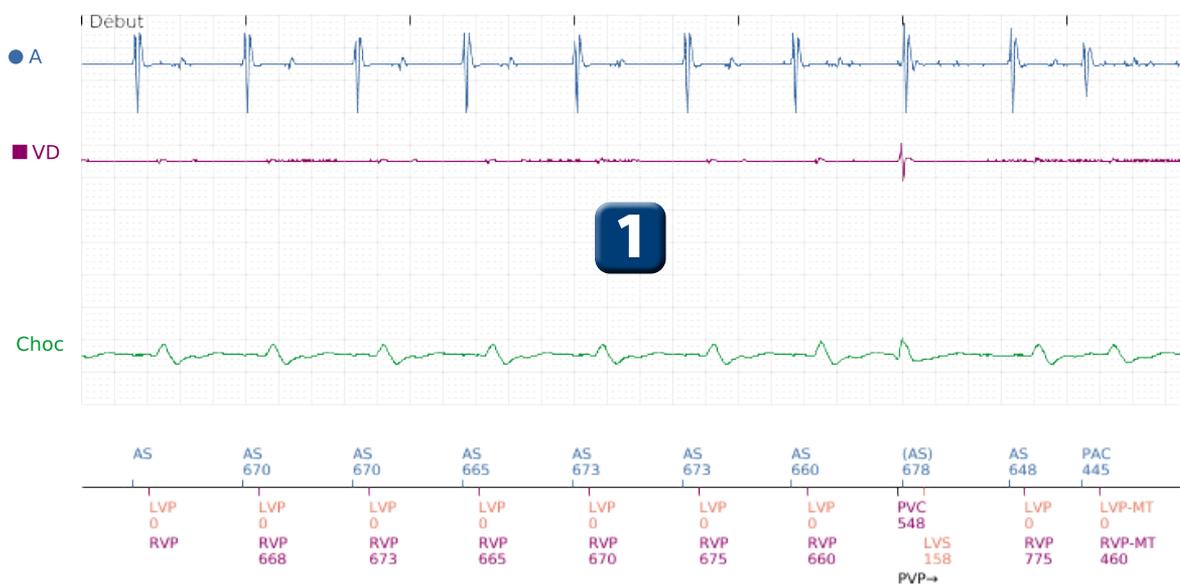
Summary

- episode initially classified in the VT zone then in the VF zone
- a burst of ATP delivered followed by a 41 Joule shock

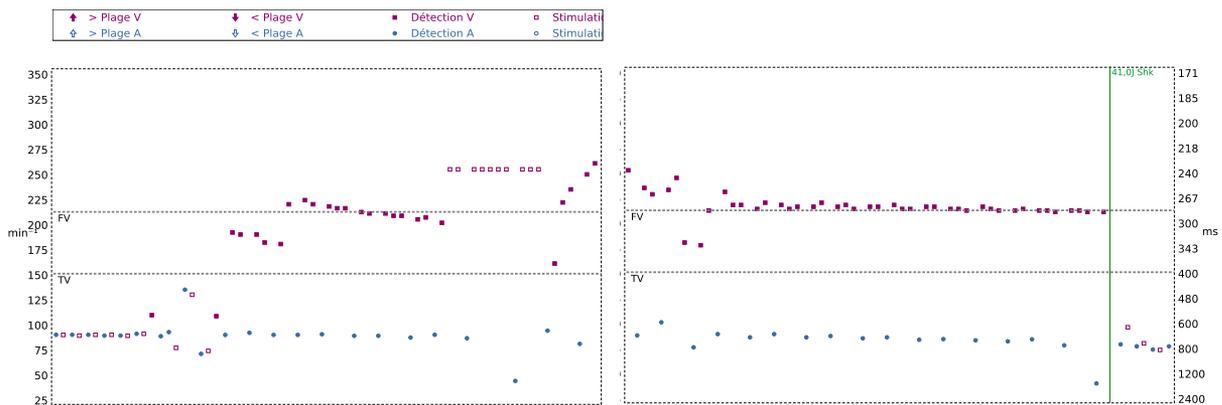
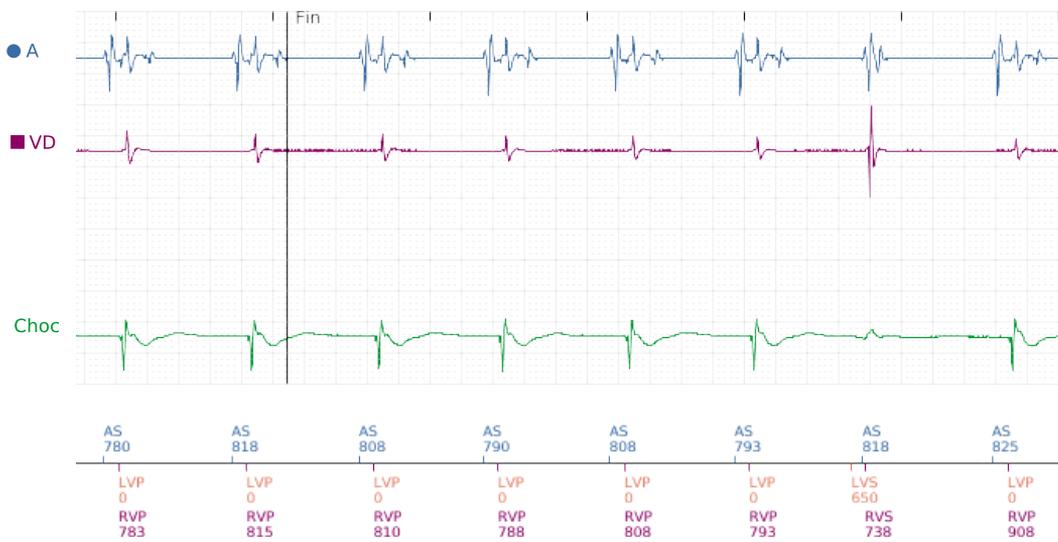
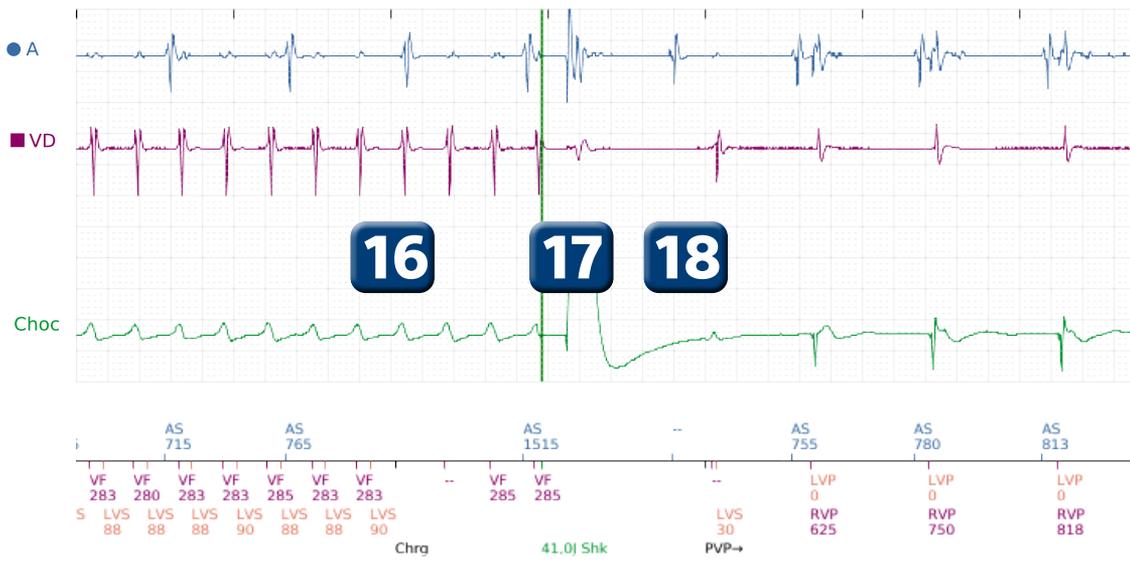
EGM layout

- 1 spontaneous rhythm in the atrium and biventricular pacing
- 2 onset of ventricular tachycardia (regular, monomorphic, with atrioventricular dissociation)
- 3 cycles initially classified in the VT zone
- 4 cycles classified as VF
- 5 V-epsd marker for VT zone (5 cycles in VT zone + 3 cycles in VF zone); start of initial duration for VT zone (2.5 seconds)
- 6 after 8 cycles in the VF zone, criterion 8/10 verified for the VF zone; start of initial duration of VF zone
- 7 end of duration for the VT zone (V-Dur) but criterion 6/10 is still valid for the VF zone; VT zone therapies are therefore not delivered.
- 8 after 5 consecutive cycles classified as VT, the 6/10 criterion is no longer met for the VF zone; the first VT zone therapy can be delivered
- 9 burst

- 10** ineffective burst and ongoing arrhythmia
- 11** on this cycle, the 8/10 criterion for redetection is fulfilled for the VT zone (1 VT cycle and 7 VF cycles); start of post-redetection duration for the VT zone (1 second).
- 12** on this cycle, the 8/10 redetection criterion is validated for the VF zone (8 VF cycles); start of post-redetection duration for the VF zone (1 second).
- 13** end of post-redetection duration for VT zone (V-Dur) but VF zone duration is still active
- 14** end of VF zone duration (switches to VF zone detection with therapies corresponding to this zone)
- 15** start of capacitor charging
- 16** end of charge and start of diversion window
- 17** shock delivered on the second rapid cycle
- 18** effective shock



Counters: 4





Points to remember

- in a Boston Scientific defibrillator, 1, 2 or 3 detection zones can be programmed; the rate thresholds of adjacent zones must differ by at least 20 beats/minute ; in a double- or triple-chamber defibrillator, the rate threshold of the VT zones must be at least 5 beats/minute higher than the maximal tracking rate (MT) and the sensor indicated rate (FMC); in a single-chamber defibrillator, the rate threshold of the VT zones must be at least 15 beats/minute higher than the lower rate limit (Fmin).
- if several detection zones are programmed, each zone has its own detection window; a cycle in a faster zone (VF for VT, for example) increments its zone counter (VF) as well as that of the slower zone (VT and VT-1); when the 8 fast cycles/10 criterion is met for one of the zones, the initial detection criterion is met
- different durations can be programmed for each detection zone; the duration of each zone ends independently of the others; the duration of the faster zones must be shorter than (or equal to) those of the slower zones; if criterion 8/10 is met for the VT zone first and then for the VF zone, the 2 durations continue in parallel; if the VT zone duration ends while the VF zone duration is in progress (criterion 6/10 met in the VF zone), no therapy is delivered before the end of the VF zone duration; if criterion 6/10 is no longer met for the VF zone, as in this example, the VT zone therapies are delivered.
- if the device diagnoses a VT episode and delivers an ATP sequence, and if criterion 8/10 is then verified for the VF zone (acceleration of arrhythmia), the redetection time (1 second in VF zone) of the VF zone and not the initial time (often programmed at a longer interval) is applied so as to not delay the onset of therapies



5 Spontaneous termination and shock diversion

Patient 1

- male with ischemic cardiomyopathy implanted with a Resonate single-chamber defibrillator

Summary

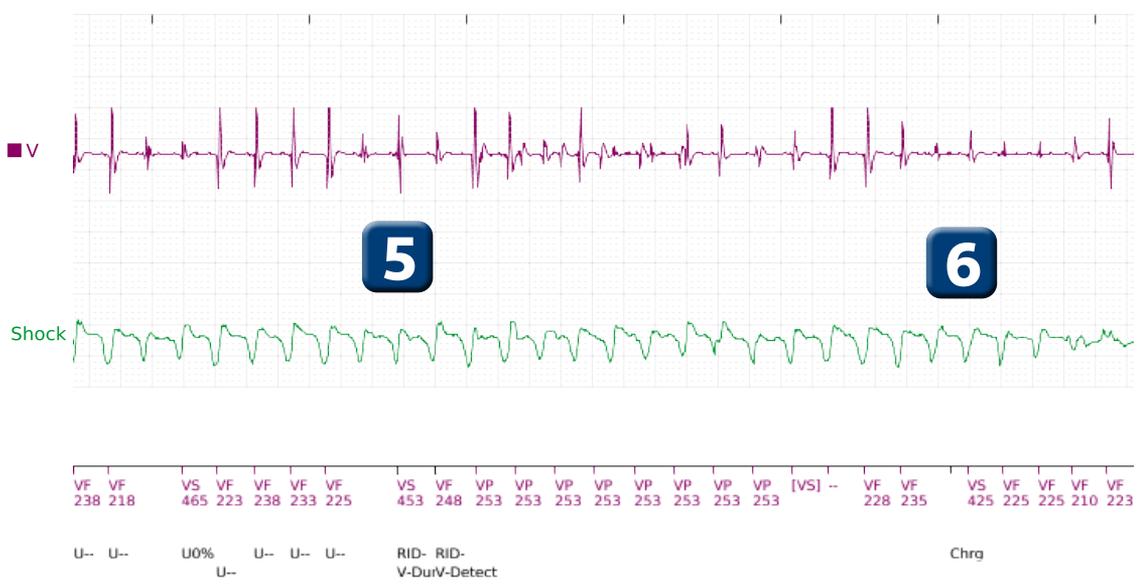
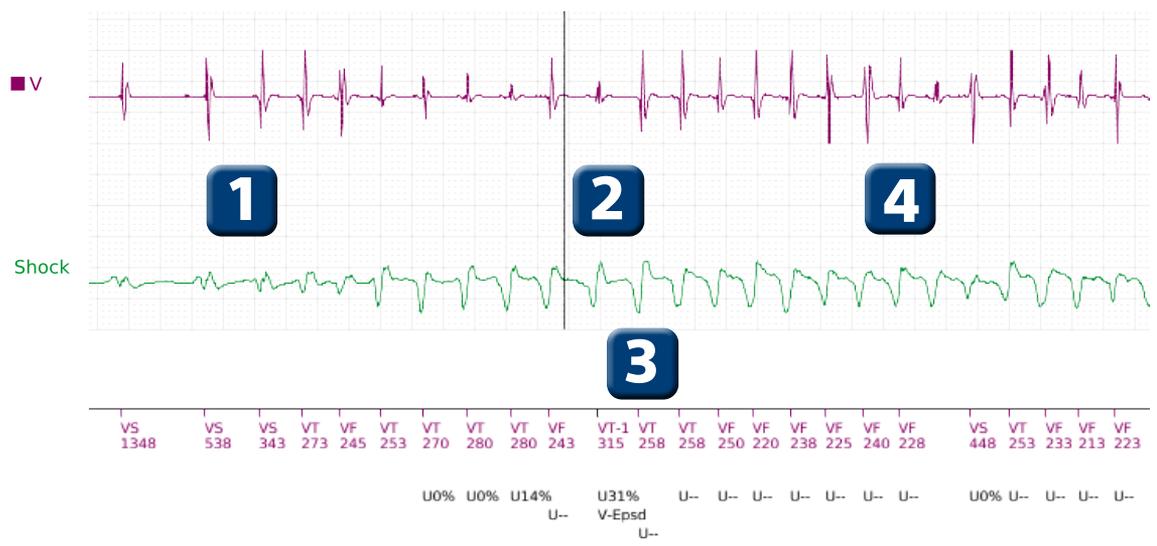
- episode classified in the VF zone
- ATP in the VF zone
- diverted shock

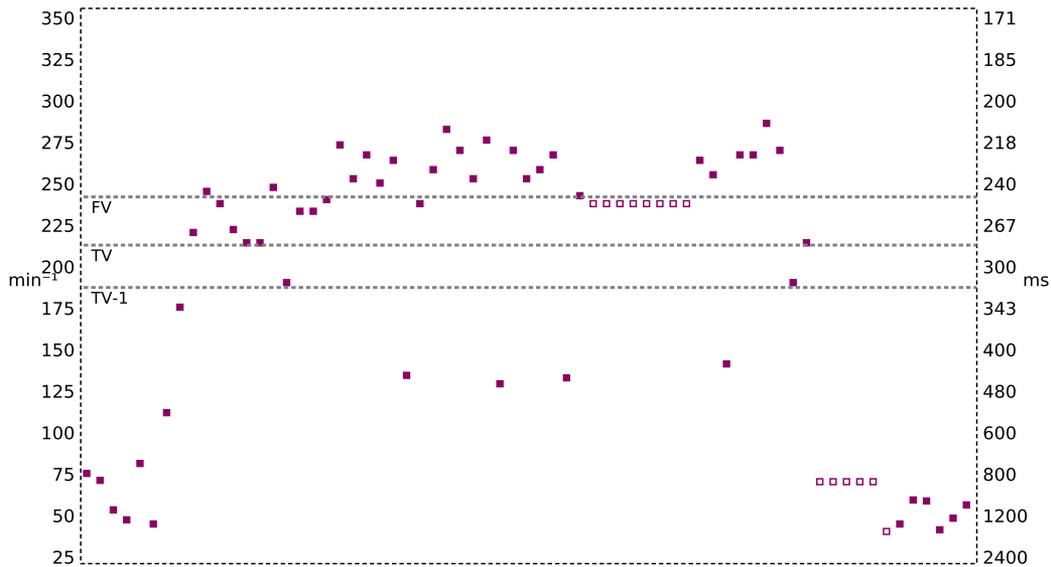
EGM layout

- 1** spontaneous polymorphic ventricular arrhythmia
- 2** V-Epsd marker (criterion 8/10 fulfilled) for VT-1 zone (1 VT-1 cycle, 5 VT cycles, 2 VF cycles)
- 3** 8/10 criterion for the VT zone; the initial detection time for the VT zone begins on this beat
- 4** 8/10 criterion for the VF zone; initial detection time for the VF zone begins on this beat
- 5** end of duration for the VF zone; burst in the VF zone (ATP Quick-Convert)
- 6** ineffective burst and start of capacitor charging
- 7** spontaneous termination
- 8** criterion 6/10 no longer fulfilled; charge diverted



Counters: 5





Patient 2

- male with ischemic cardiomyopathy; implanted with Autogen dual-chamber defibrillator

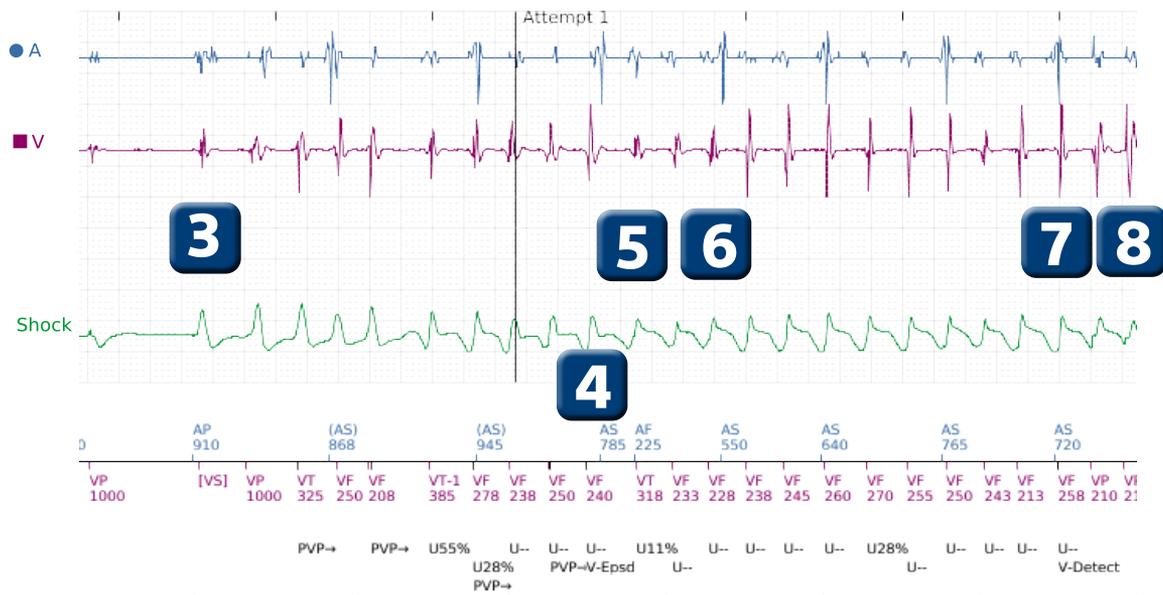
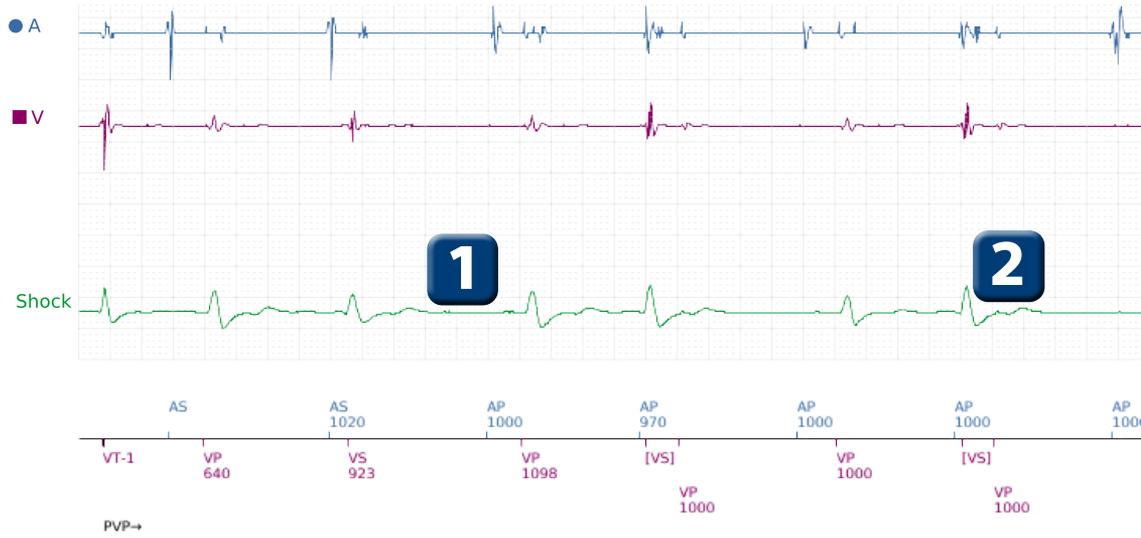
Summary

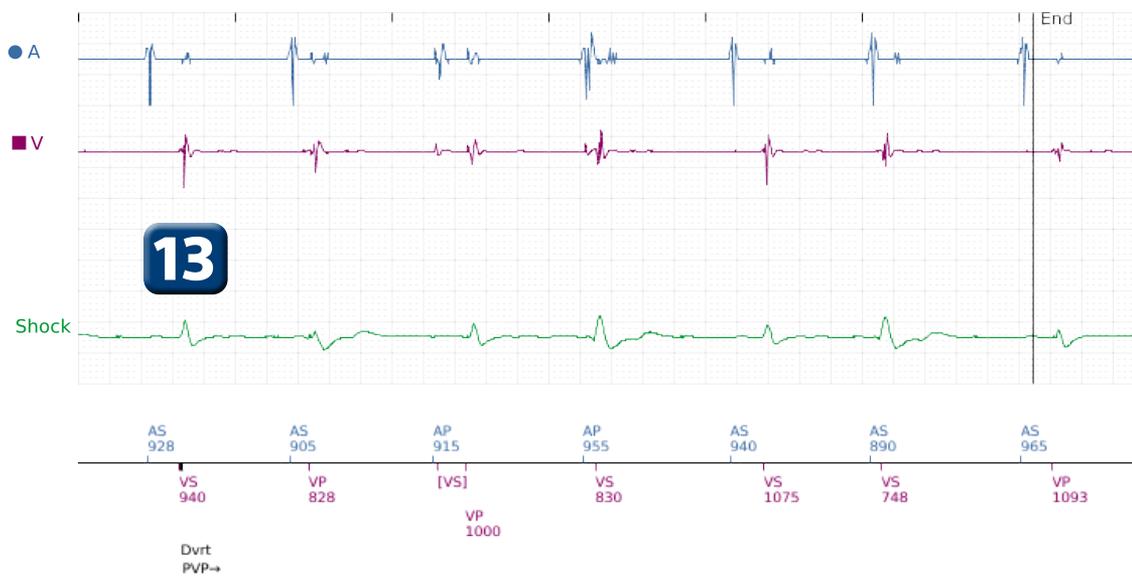
- episode classified in the VF zone
- ATP in the VF zone
- diverted charge

EGM layout

- 1** sinus rhythm and ventricular pacing
- 2** ventricular extrasystole occurring in the ventricular noise window after atrial pacing (VS marker in square brackets); no pacing inhibition and ventricular pacing (VP) at the end of the programmed AV delay.
- 3** spontaneous polymorphic ventricular arrhythmia
- 4** V-Epsd marker (criterion 8/10 fulfilled); criterion fulfilled for VT-1 zone (1 cycle in VT-1 zone + 1 cycle in VT zone + 6 cycles in VF zone); initial detection time for VT-1 zone begins on this beat
- 5** 8/10 criterion for VT zone; initial detection time for the VT zone begins on this beat
- 6** 8/10 criterion for VF zone; initial detection time for the VF zone begins on this beat
- 7** end of duration for VF zone
- 8** burst in VF zone (ATP Quick-Convert)
- 9** ineffective burst and start of capacitor charging
- 10** spontaneous termination
- 11** end of charge and start of 500 ms diversion window
- 12** the first ventricular cycle following the 135 ms end-of-charge blanking is not counted (--)
- 13** 2 slow cycles out of 3; diverted charge

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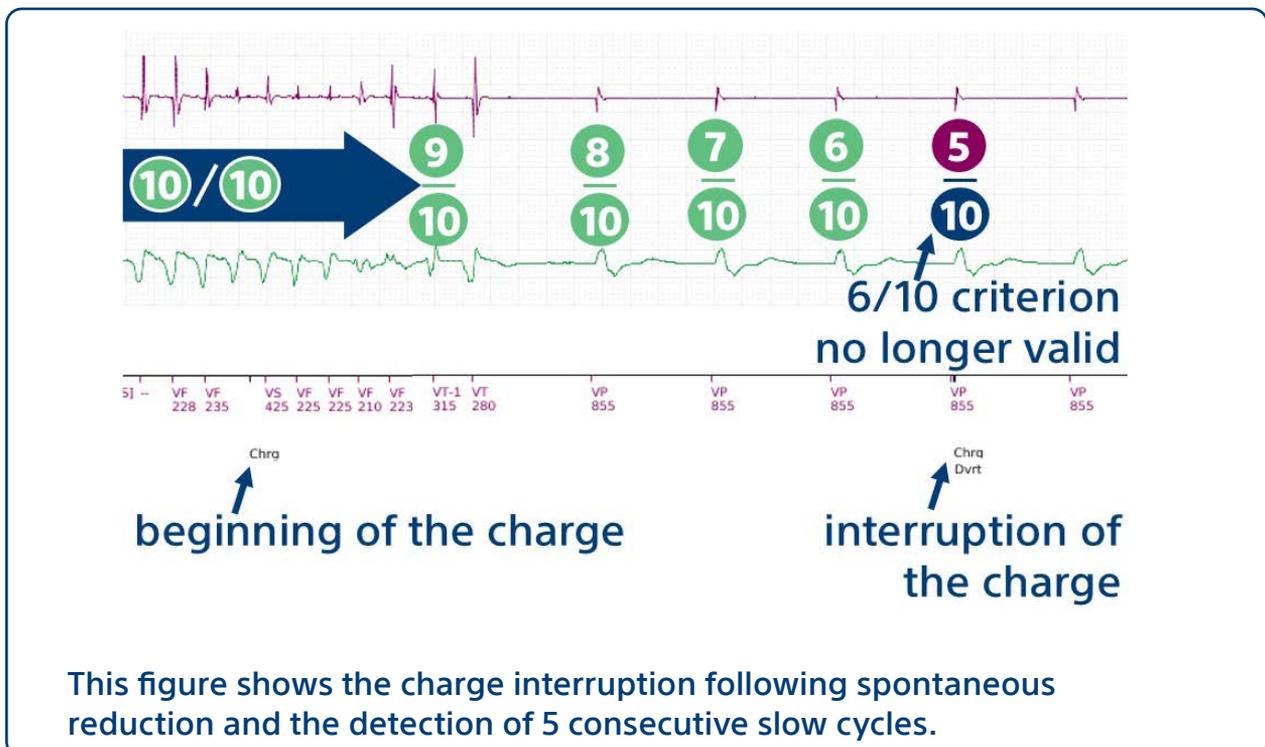


Points to remember

- the main aim of programming is to reduce, as far as possible, the number of inappropriate or avoidable therapies; programming an initial duration of 5 seconds in the VF zone and a first shock of maximum output as first-line treatment (i.e. with a charge duration of more than 8 seconds) extends the delay between the onset of arrhythmia and shock delivery, allowing spontaneous termination; these 2 tracings show 2 episodes of ventricular arrhythmia with spontaneous termination and interruption of charging or charge diversion after the diversion window



- shock therapy can be programmed to be reconfirmed or not reconfirmed; the aim of reconfirmation is to prevent delivery of an unnecessary shock when the arrhythmia has spontaneously terminated; the device looks for spontaneous termination during and immediately after capacitor charging
- if the Shock not reconfirmed function is set to On, the shock is systematically delivered synchronized to the first sensed R wave following a 500 ms delay at the end of capacitor charging (whether the arrhythmia is sustained or not); therefore, if capacitor charging begins, the shock is automatically delivered
- if the Shock not reconfirmed function is set to Off, charging can be interrupted if the device diagnoses spontaneous termination; if 5 slow beats (sensed or paced) are counted within a detection window of 10 beats (6/10 fast criterion not fulfilled), the device interrupts charging (first trace); if the charge has been completed, post-charge reconfirmation is performed at the end of the charge; after the post-charge refractory period and the first uncounted sensed event, if 2 of the 3 post-charge intervals have a rate below the lowest rate threshold, the shock is not delivered.



6**Diversion window at end of a charge****Patient**

- male with ischemic cardiomyopathy; implanted with a Resonate triple-chamber defibrillator; paroxysmal AF

Summary

- episode classified in the VF zone
- 41 Joule shock with a charge time of 11 seconds
- 64 Ohm shock impedance

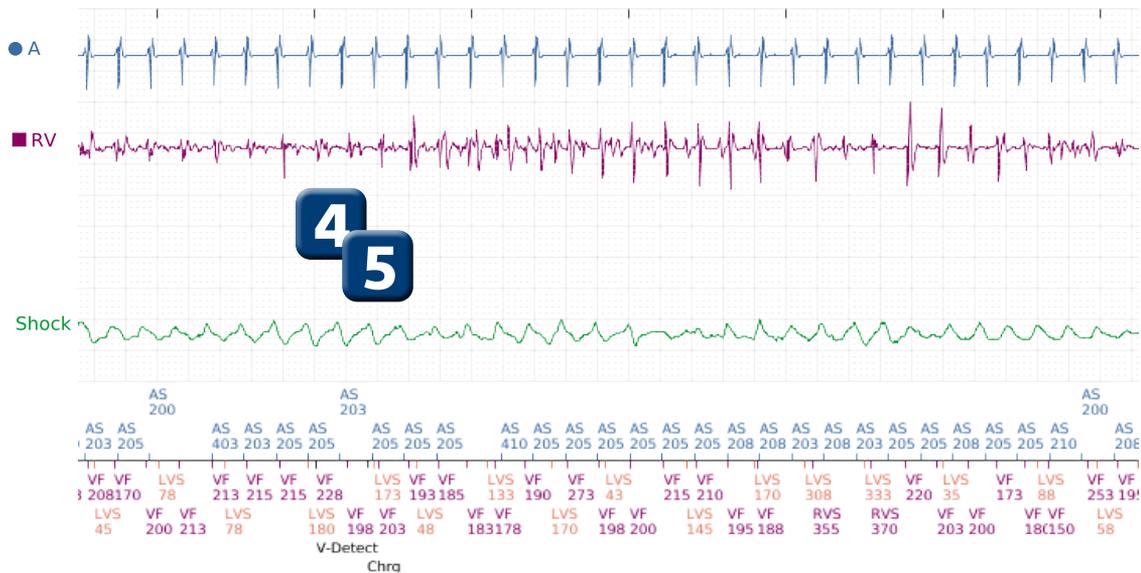
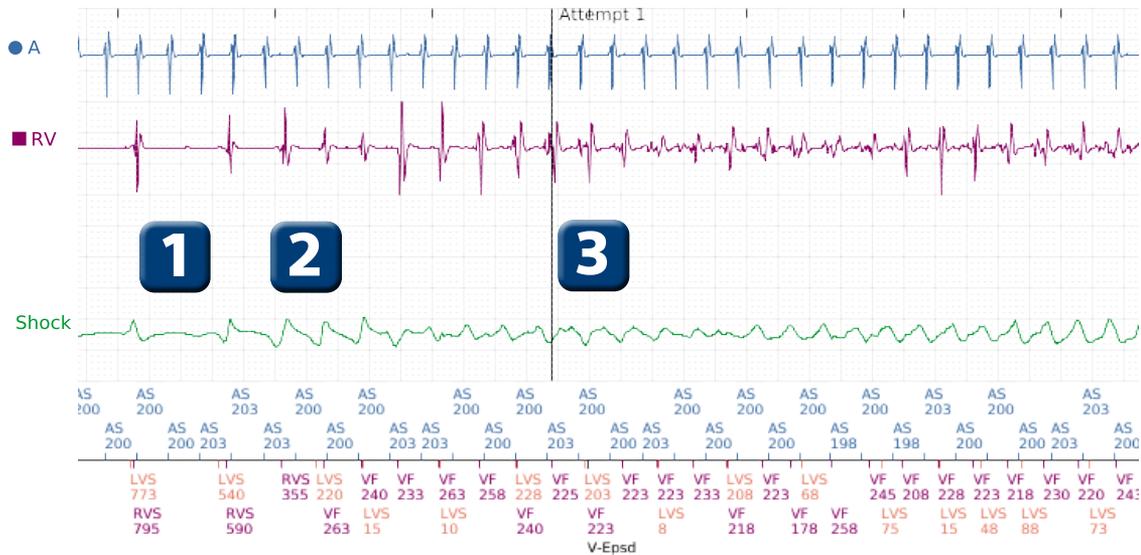
EGM layout

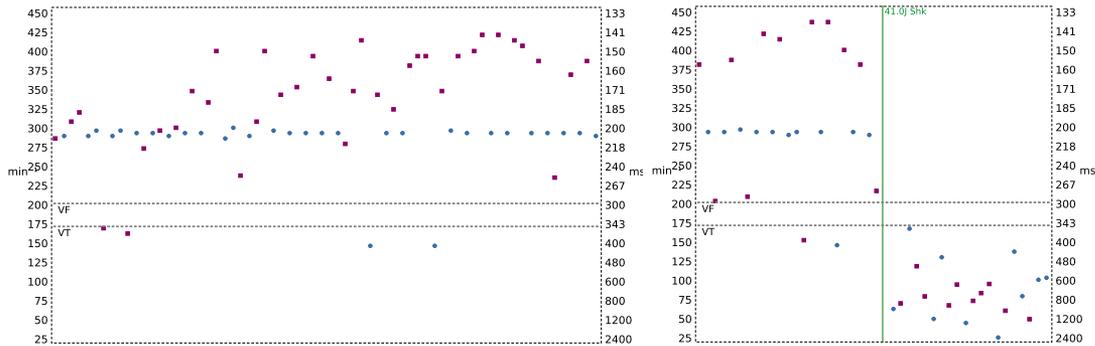
- 1** AF and bi-ventricular pacing
- 2** spontaneous, very rapid, polymorphic ventricular arrhythmia detected in the VF zone
- 3** V-Epsd marker (criterion 8/10 fulfilled) for the VF zone; initial detection time for the VF zone begins
- 4** end of duration (V-Detect)
- 5** start of capacitor charging
- 6** end of charge; this charge lasted approximately 11 seconds, with the magnitude of the shock delivered corresponding to the maximum output of the device
- 7** a refractory period of 135 ms begins at the end of the charge; the first cycle following this refractory period is not counted (--)
- 8** the following 2 cycles are fast (VF) but the charge diversion window has not elapsed (500 ms after the end of the charge); the shock cannot be delivered during this window and the device waits for the next cycle (the third) to deliver a synchronized shock.

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- 9 shock terminates ventricular and atrial arrhythmias
- 10 the first atrial cycle and the first ventricular cycle following the post-shock refractory period (500 ms) are not counted (--)



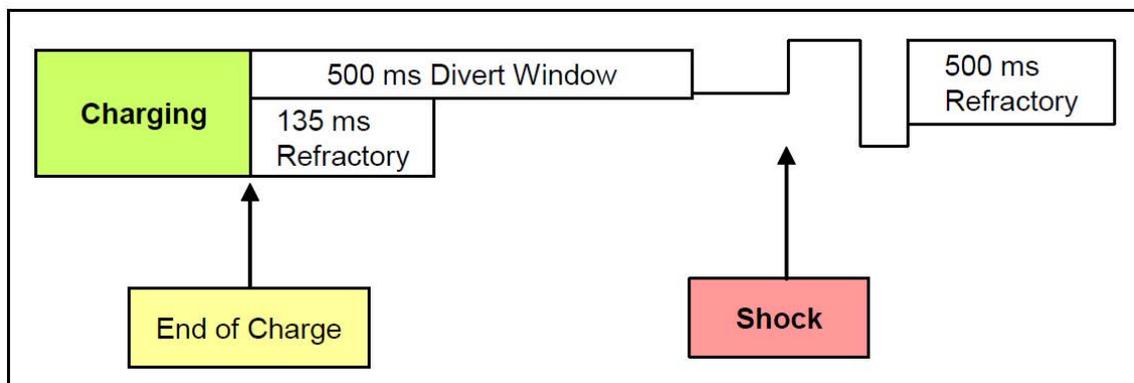


Points to remember

- at the end of capacitor charging, the diversion window begins, which lasts 500 ms; this 500 ms delay provides a minimum reaction time to activate the divert command on the programmer (opportunity for the doctor to cancel the shock from the programmer)
- the first 135 milliseconds of this diversion window corresponds to a refractory period when no atrial or ventricular sensing is possible; the ventricular cycle following this refractory period is not counted (--); operation then differs according to programming (Shock not reconfirmed On or Off)
- if the Shock not reconfirmed function is set to On, the shock is systematically delivered synchronized to the first sensed R-wave following the 500 ms delay at the end of capacitor charging (whether the arrhythmia is sustained or not); if no R-wave is sensed within 2 seconds of the end of charging, the ventricular shock is administered asynchronously at the end of the 2-second delay
- if the Shock not reconfirmed function is set to Off, following the uncounted cycle, the device measures the next 3 intervals and compares them with the minimum rate threshold ; if 2 of the 3 intervals have a rate higher than the lowest rate threshold (lowest programmed tachycardia zone: VF zone if only 1 zone programmed, VT zone if 2 zones

and VT-1 zone if 3 zones), the shock is delivered synchronized to the second rapid event; if 2 of the 3 intervals have a rate below the lowest rate threshold, the shock is not delivered; if there is no sensed beat, pacing begins at the programmed lower rate after a period of 2 seconds and the charge is diverted.

- in this example, it can be seen that the shock is synchronized to the third fast cycle; in fact, even if the 2 cycles that follow are fast (VF), the charge diversion window has not elapsed when the second fast cycle occurs (less than 500 ms after the end of charging); the shock cannot be delivered during this diversion window; the device therefore waits for the next cycle (the third) to deliver a synchronized shock.
- following a shock, there is a non-programmable refractory period of 500 ms



This figure shows the divert window at the end of the charge (500 ms with an initial refractory period of 135 ms) and the 500 ms refractory period following the shock.



7

Undersensing and charge diversion

Patient

- 40-year-old man implanted with an Incepta single-chamber defibrillator for spontaneous type 1 Brugada syndrome with a syncopal episode
- ventricular lead positioned at the septum with average sensing of 3.5 mV in sinus rhythm
- induction of VF at the end of the implantation procedure with ventricular sensitivity at 1 mV

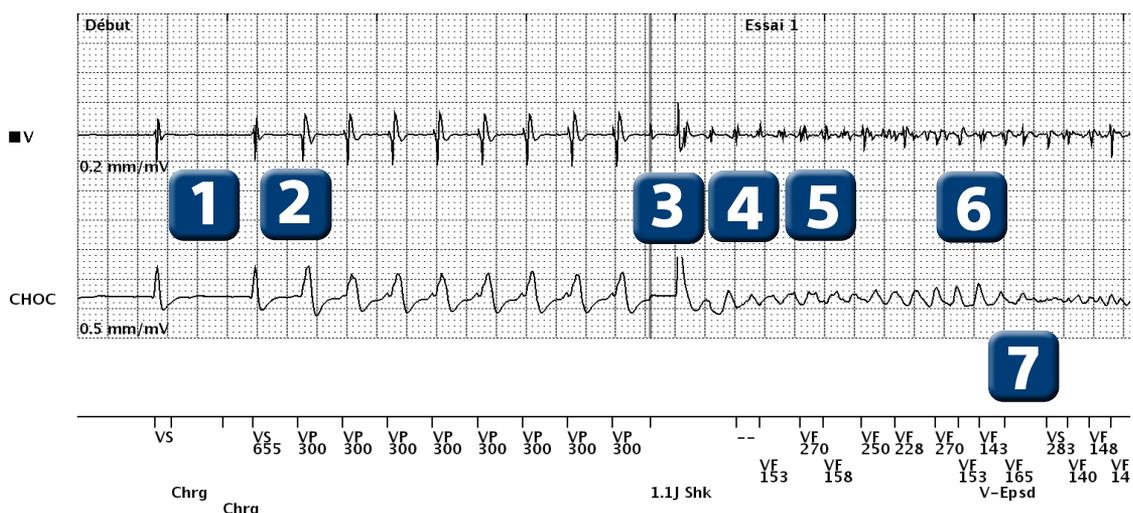
Summary

- episode of induced VF
- charge diverted due to reconfirmation failure (abandoned attempt)
- the arrhythmia is redetected and a 21 Joule shock is delivered following a very short charge time (the device had previously charged its capacitors, but therapy was abandoned)

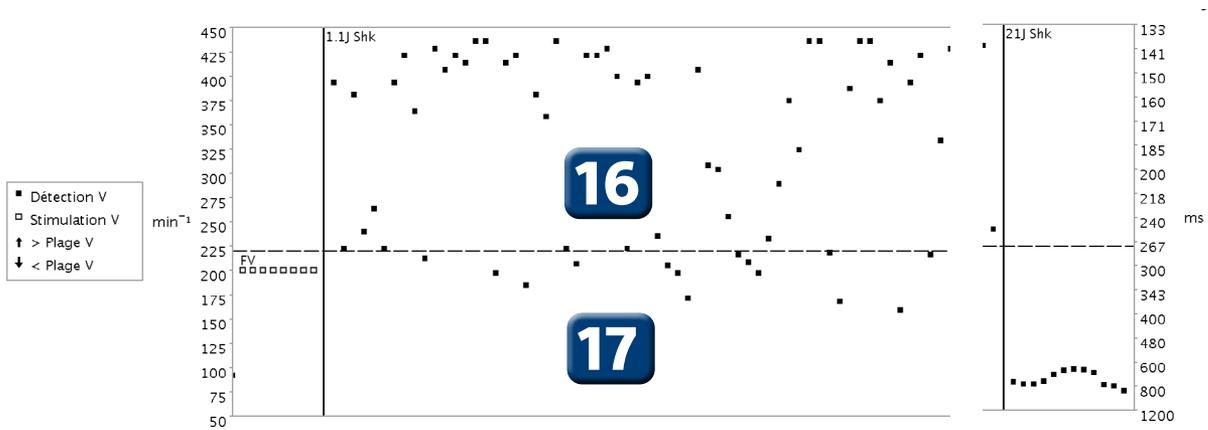
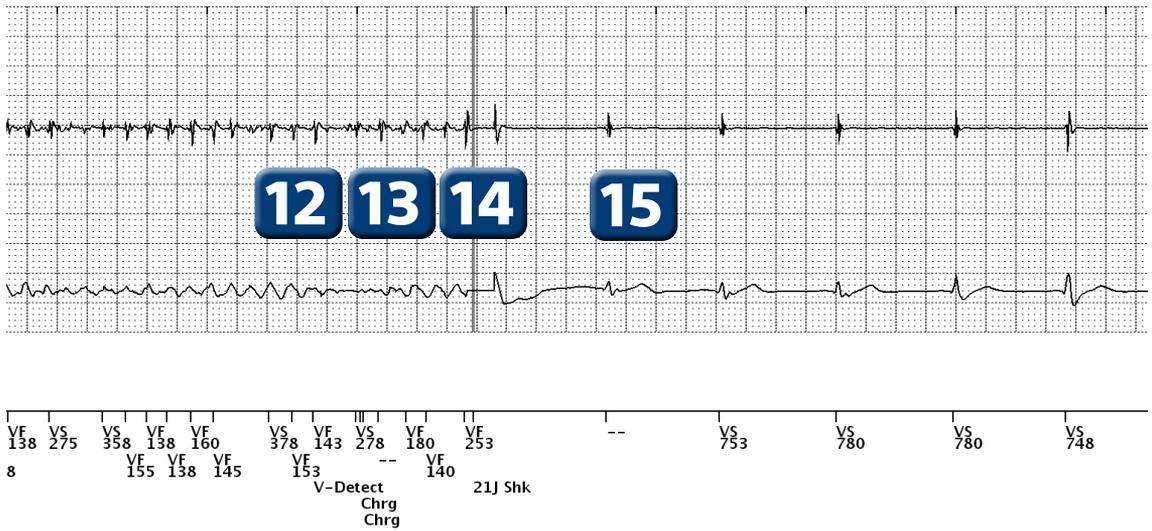
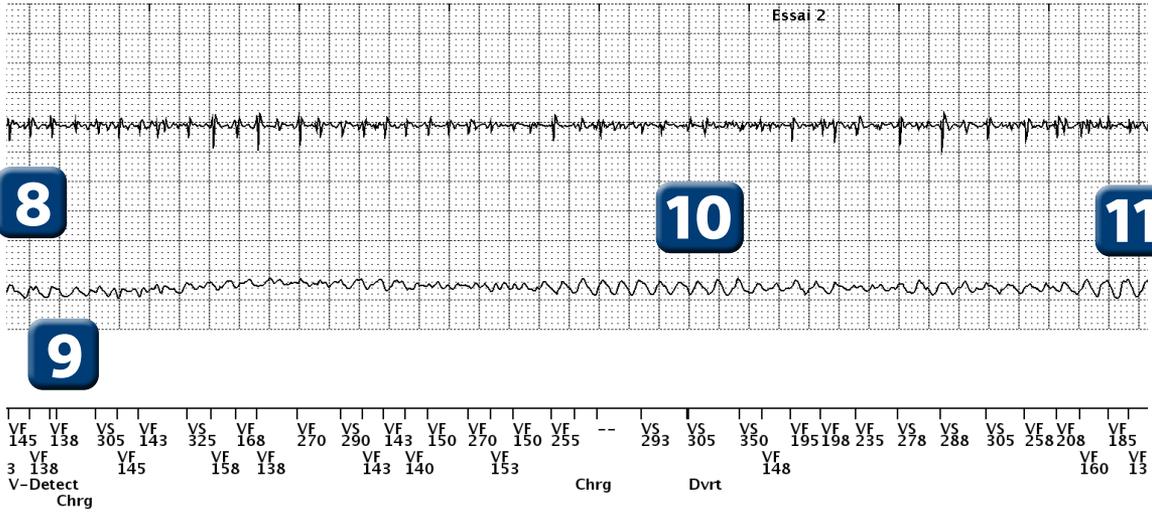
EGM layout

- 1** very short charge time to deliver the shock on the T-wave (start and end of charge markers very close together)
- 2** series of 8 paced impulses at a very fast rate (200 beats/minute)
- 3** low-amplitude shock delivered on the T wave; there is a refractory period of 500 ms after shock delivery when no sensing is possible in both chambers
- 4** after the refractory period, the first ventricular event is not counted (--)
- 5** onset of a polymorphic arrhythmia with very low voltages

- 6** detection of an episode (V-Epsd) after 8 consecutive cycles in the VF zone (8/10 detection window criterion fulfilled),
- 7** first ventricular event is undersensed
- 8** after duration (1 second), detection of a sustained episode (V-Detect); start of capacitor charging
- 9** end of charge
- 10** the shock is diverted by the device (Dvrt) in the absence of reconfirmation after the end of the charge; the criterion of 2 out of 3 rapid cycles is not met; ventricular under- sensing is responsible for a false diagnosis of spontaneous arrhythmia termination
- 11** new detection window of 8 rapid cycles out of 10; start of post-detection duration
- 12** new detection of episode in VF zone (8/10 in VF zone and post-detection duration satisfied)
- 13** new, very short duration charge, the previous charge having had no time to dissipate
- 14** this shock is not reconfirmed; it is delivered following the 500 ms period at the end of charging; when a charge is diverted, the following charge for the same episode is systematically delivered due to fear of ventricular undersensing causing an incorrect diagnosis of spontaneous termination.
- 15** effective shock and arrhythmia termination



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The appearance of this plot is characteristic of intermittent VF under- sensing, with a succession of fast cycles in the VF zone (16) and slower cycles oscillating around the sinus zone (17), evidenced by the gaps in the interval plot.

Points to remember

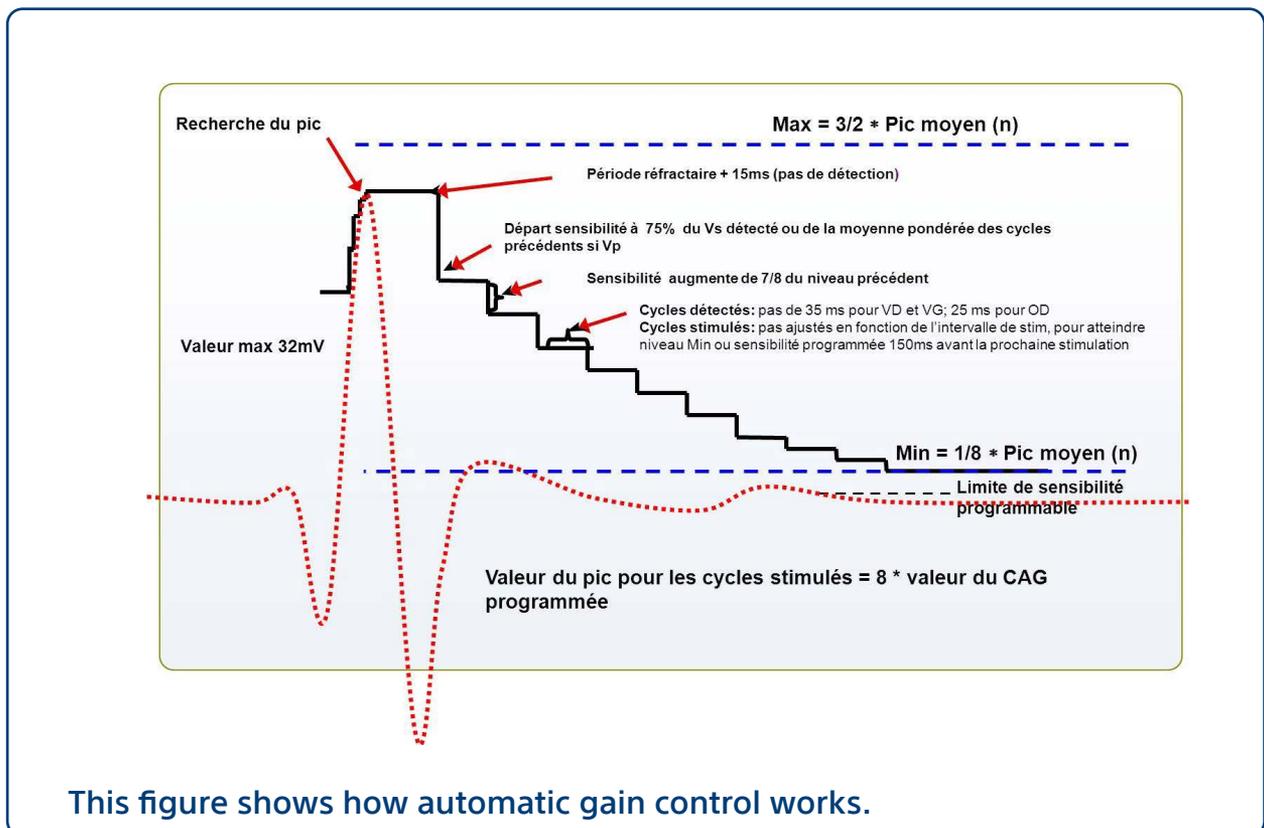
- proper defibrillator operation requires perfect sensing of the fast, low-amplitude signals of ventricular fibrillation, while simultaneously not sensing other intracardiac (non – QRS complexes) or extracardiac signals; this means programming a high sensitivity and short refractory periods; the sensitivity threshold is not programmed to a fixed value, but adapts automatically in relation to the amplitude of the preceding R wave; sensitivity then increases during the cycle, in order to search for any low-amplitude signals
- Boston Scientific devices operate with a digital automatic gain control (AGC) that dynamically adjusts the sensitivity level in the atrium and ventricle; on a triple-chamber defibrillator, each channel operates with its own automatic gain control (atrial AGC, right ventricular AGC and left ventricular AGC)
- before being measured, a signal is filtered according to its frequency; a bandwidth between 20 and 85 Hz is used in new-generation Boston Scientific defibrillators (the frequency of a T wave is typically between 0 and 10 Hz); a 12-bit converter converts the electrical signal into a digital value
- to optimize sensing of VF signals (fast and irregular), the device adjusts ventricular sensitivity using an automatic gain control with 2 components: slow and fast
- the AGC uses a so-called «slow» component to set a search interval for the amplitude of the next QRS; by calculating an «average» of the peaks of the preceding signals, the «slow» component defines a zone in which the next peak is likely to be found and sets this zone between a minimum and maximum value
- after a ventricular event, the «fast» component of the AGC maintains a high sensitivity value after sensing, then decrements the sensitivity value progressively to make the device more and more sensitive; at the end of the refractory period + 15ms, the value drops to 75% of the detected peak, or 75% of the mean peak if the last ventricular event is paced; for a sensed QRS, the AGC then decreases the value to 7/8 of the previous value every 35ms; this decrease continues until the highest value between the Min or the programmed sensitivity value is reached; if the last ventricular event is paced, the



AGC then decreases the value to $7/8$ of the previous value at each step, but the length of the step is determined by the lower rate limit: the Min value (or the programmed sensitivity value) will be reached 150ms before the next paced event.

- correct arrhythmia sensing is an essential prerequisite for shock treatment of VF; during the induction test, the maximum ventricular sensing sensitivity is usually decreased (programming of a ventricular sensitivity of 1 to 1.5 mV) so as to place the system under poor sensing conditions and increase the sensitivity of the test; good VF detection with this high value suggests a good sensing safety margin with the nominal value of 0.6 mV which will then be applied
- the presentation is simple in 2 situations: 1) sensing quality is perfect throughout initial detection, duration and capacitor charging, and the safety margin in terms of sensitivity programming is deemed satisfactory; 2) sensing quality is poor, with sensing faults so frequent that the initial detection criteria are never met or the charge is systematically diverted and no therapy can be delivered; in this case, a change in lead positioning is required to obtain appropriate sensing.
- sometimes, as in this patient's case, the situation is more difficult to manage; in fact, during induction, the operator noted some ventricular sensing defects; it is important to analyze the induction tracings meticulously so as not to miss these sensing gaps, which are sometimes difficult to diagnose because they only moderately delay the onset of the shock; in this example, the first charge is diverted and the delivery of the shock is delayed by a few seconds; the graph makes it easier to identify undersensing; undersensing is favored by signal amplitude variability, which fools the automatic sensitivity control; the VF signals in this patient are highly fragmented and of low amplitude on the sensing channel, which also favors under- sensing; ventricular sensing in sinus rhythm, measured at 3.5 mV, was of average quality; despite the effectiveness of the shock, the operator decided to move the lead from the apex of the right ventricle to the upper part of the septum, a site which enabled a very slightly higher sensing (4.4 mV in sinus rhythm).

- in addition to the number of under-sensed cycles, the impact of undersensing is dependent on the detection phase; initially, 3 consecutive fast cycles are required; the detection of an episode then requires 80% fast cycles (criterion 8/10); once this criterion has been met (eliminating some oversensed episodes and extrasystoles), the device becomes a little less demanding during the initial duration and charging of the capacitors (60% rapid cycles required); at the end of charging, there is a certain «fragility» because if under-sensing occurs at this point and criterion 2/3 is not met, charging is diverted, as in this example (correct initial detection, but under-detection occurring at the end of charging).
- to avoid not treating VF with under sensing, only one capacitor charge can be diverted per episode and the duration of redetection is necessarily short in the VF zone (1 second non-programmable); at the end of the duration of redetection (after a diverted charge), if a second charge begins, the shock will always be delivered (the charge cannot be diverted)





8

End-of-episode criteria following an electric shock

Patient

- 75-year-old man with ischemic cardiomyopathy; implanted with a Resonate triple-chamber defibrillator

Summary

- episode classified in VF zone
- 3 shocks of maximum output

EGM layout

- 1** atrial and bi-ventricular pacing
- 2** onset of rapid, polymorphic ventricular arrhythmia (VF)
- 3** start of VF zone duration (5 seconds)
- 4** end of duration and start of capacitor charging
- 5** end of charge and 41 Joule electric shock delivered on the second fast cycle (synchronized to the R wave)
- 6** VF restarts immediately
- 7** redetection criterion 8/10 verified (1 VT cycle, 7 VF cycles) for VT zone (start of duration for VT zone)
- 8** redetection criterion 8/10 verified for VF zone (start of post-shock duration for non-programmable VF zone of 1 second)
- 9** end of duration set at 1 second for VT zone (V-Dur); post-shock duration of VF zone is still active
- 10** end of post-shock time for VF zone (V-Detect) and capacitor charging

- 11** the shock is delivered at the end of the charge after the 500 ms post-shock window; when the shock is delivered, a 30-second period begins during which the device seeks to validate the 8/10 criterion.
- 12** effective shock
- 13** arrhythmia restarts before the end-of-episode criterion (less than 30 seconds after shock); on this cycle, criterion 8/10 verified; as the episode is not over, the device considers this to be the second shock and the post-shock duration of 1 second applies
- 14** end of post-shock period and capacitor charging
- 15** second shock
- 16** arrhythmia termination
- 17** interruption of the trace
- 18** restart of ventricular arrhythmia
- 19** V-Epsd End marker (end of episode) since it has been 30 seconds since the shock was delivered and criterion 8/10 has not been satisfied; VT and VF counters reset to 0
- 20** 8/10 criterion verified for VT zone (1 VT cycle + 7 VF cycles from end-of-episode marker); start of initial VT zone duration
- 21** criterion 8/10 verified for VF zone; start of initial duration of VF zone
- 22** end of duration for VF zone; ATP Quick Convert (the device considers this to be the first therapy of a new episode)
- 23** inefficient ATP, capacitor charging and electric shock
- 24** immediate recurrence of arrhythmia
- 25** end of 1 second post-shock duration in VF zone
- 26** shock with VF termination

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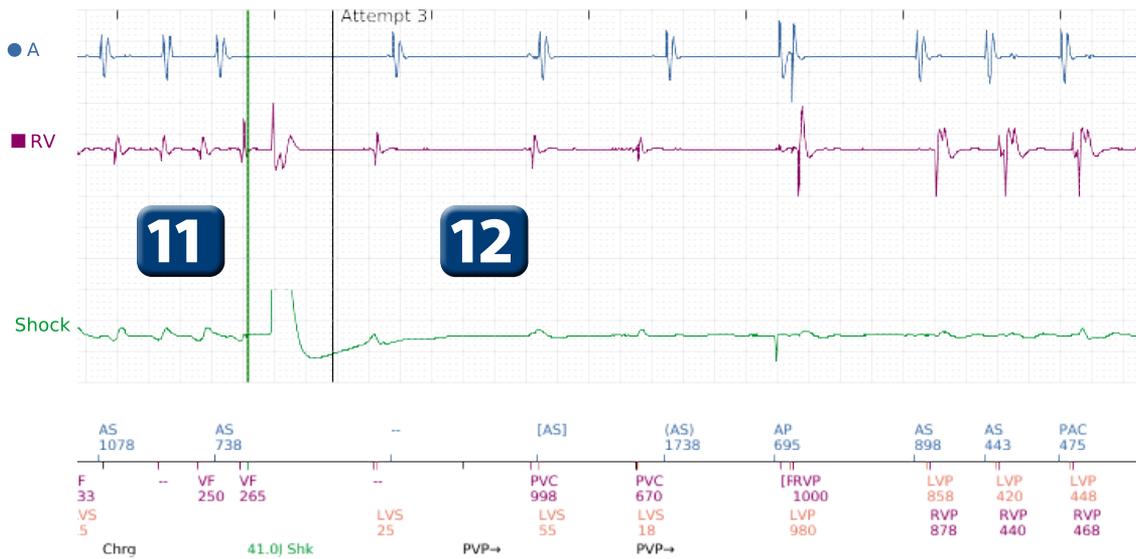
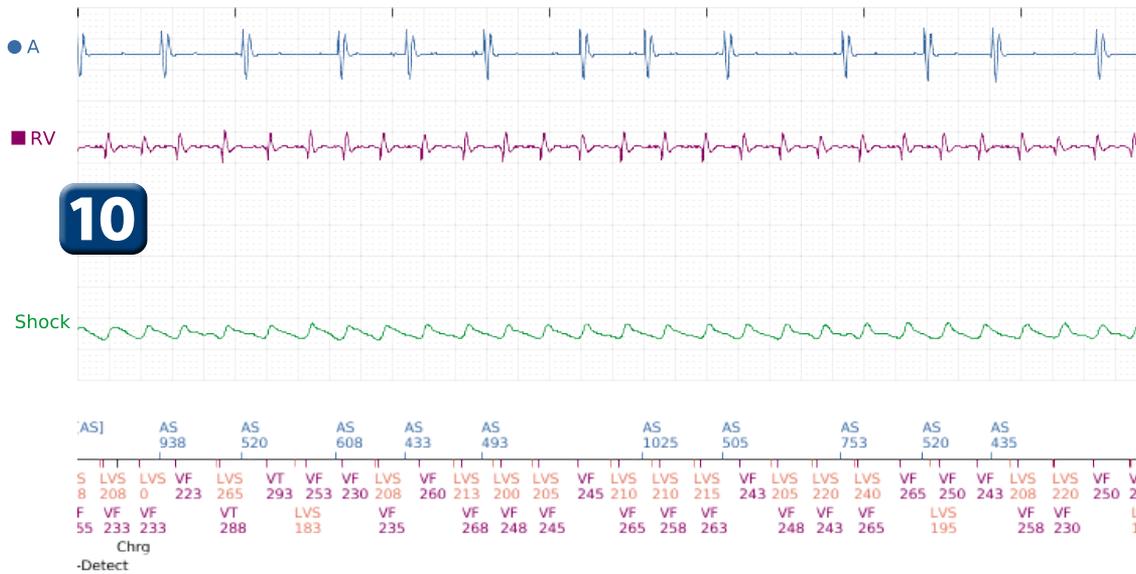


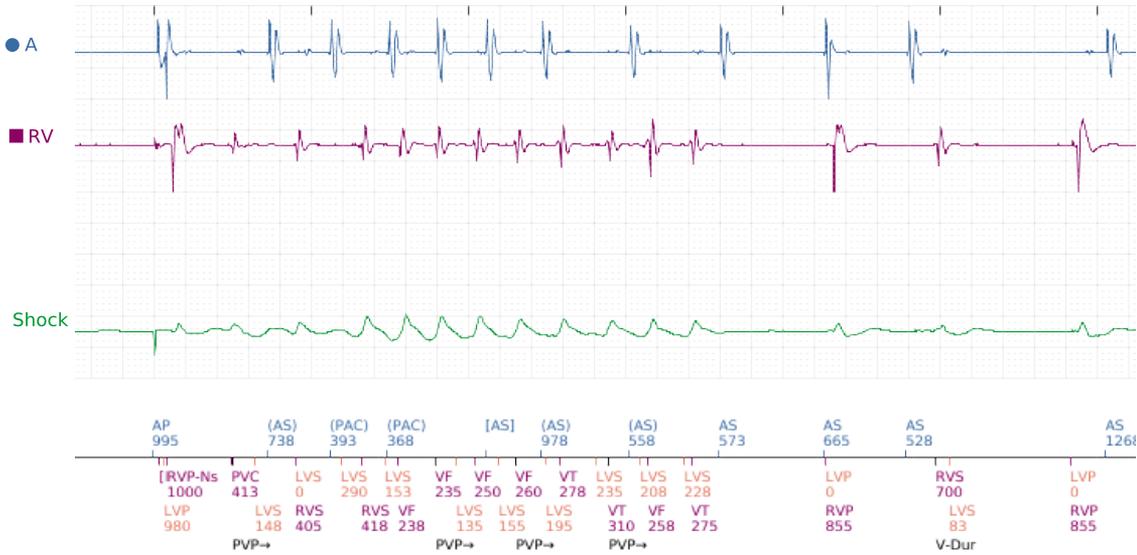
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LVP	LVP 465	LVS 453	LVP 398	LVP-MT 393	LVP-MT 393		LVP 835	LVP 835	LVP 835	LVP 835	LVP 505	LVI 39
RVP	RVP 485	RVS 488	RVP 418	RVP-MT 413	RVP-MT 413		RVP 855	RVP 855	RVP 855	RVP 855	RVP 525	RV 41



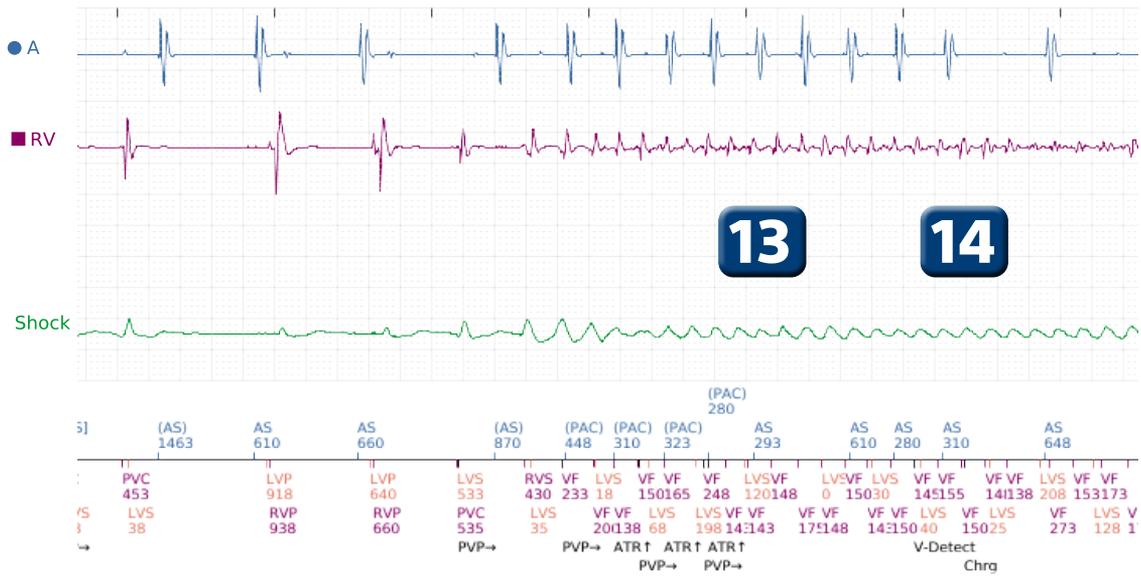
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S													
P	LVS 50	RVP 595	LVS 15	RVS 493	LVS 28	VF 175	VF 155	VF 158	LVS 130	VF 19	VF 155	LVS 168	VF 180
S													
	ATR t	ATR t	PVP t	PVP t	ATR t		PVP t	V-Epsd					

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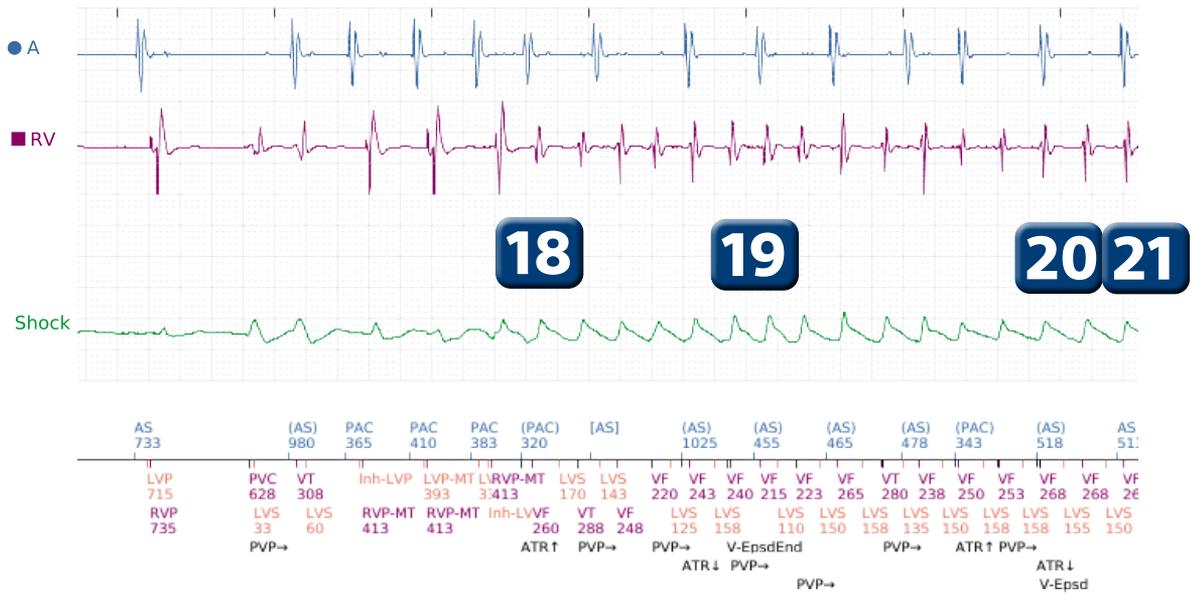
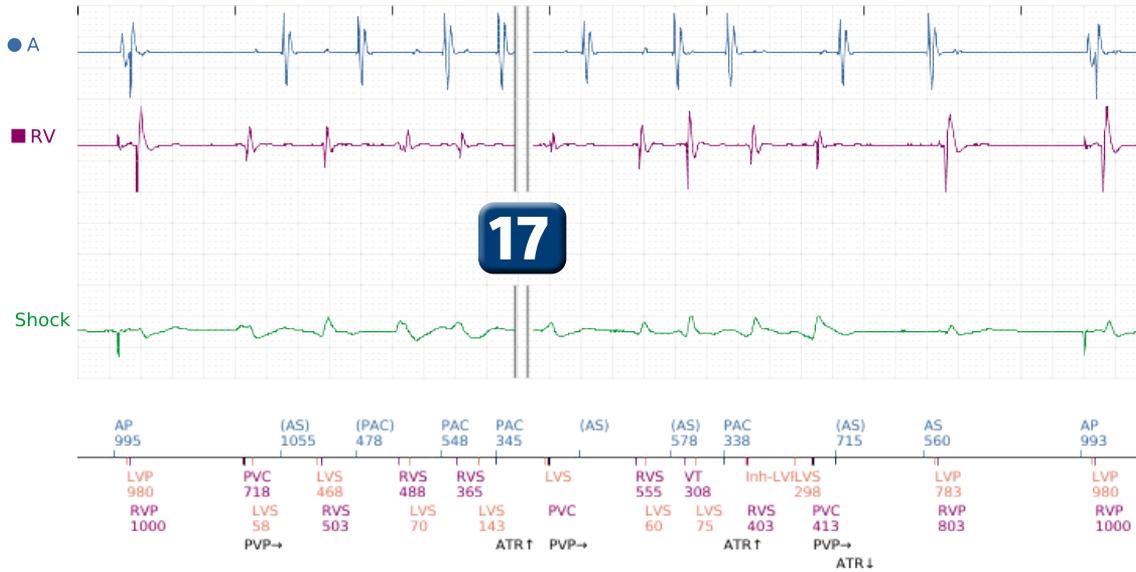




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AS	1093	--	(AS)	415	AS	460	(AS)	1395	(AS)	460	AS	555	AS	495	AS	653
S	VT	VT	--	RVS	RVS	LVS	VF	VF	VF	VF	VF	VF	VF	VF	VF	VF
278	275	--	603	390	323	233	218	205	258	255	243	238	278	260	253	235
73			33	18	363	5	190	158	170	175	168	138	175	175	250	233
Chrg		41.0J Shk			PVP→	PVP→	PVP→	PVP→	PVP→						V-Dur	Chrg
															V-Detect	



AS	518	AS	643	AS	665	AS	540	[AS]	AS	953	[AS]	AS	1393	AS	1700
S	VF	LVS	VF	LVS	VF	LVS	VF	VF	VF	VF	VF	VF	VF	VF	VF
245	213	233	285	255	223	253	263	260	243	238	233	215	223	265	235
73	218		288	235	158	170	170		128	120	58	13	200	210	25



AS	1060	--	[AS]	(AS)	975	(AS)	578	(AS)	665	AP	750	AS	940	AS	608	PAC	443
VF	VF	--	RVS	VT	PVC	VT	VT	LVS		[RVVP		LVP	LVP	LVP			
215	220		533	323	340	300	283	295		1000		900	585	420			
			LVS	LVS	LVS	LVS	LVS	PVC		LVP		RVP	RVP	RVP			
			40	45	20	210	193	400		980		920	605	440			

Points to remember

- this patient presented with multiple episodes of VF (in addition to those on this tracing), which makes it possible to detail the operation of the device once the shock has been delivered
- when a shock has been delivered, a non-programmable 30-second timer starts; if during these 30 seconds, criterion 8/10 is verified, the device considers that it is the same episode, the post-shock duration applies (1 second in VF zone) and the next therapy is delivered (shock number 2 if it was previously shock number 1); if during these 30 seconds, criterion 8/10 is not verified, the device considers the episode to be over; if the arrhythmia then recurs, the device considers it to be a new episode, the initial duration is applied (today's standard programming of a 5-second duration in the VF zone) and the first therapy in the VF zone is delivered.
- this operation can be problematic when the patient experiences effective shocks but relatively early recurrences of VF (less than 30 seconds); in fact, the post-shock duration of the VF zone is applied (short and non-programmable by 1 second) which leaves less time for spontaneous termination; similarly, therapies carry a risk (moderate as 8 electric shocks can be delivered for the same VF episode) that the device exhausts all therapies and a new episode is not treated

Episode Classification	Ventricular End-of-Episode Timer (elapsed time required to declare episode over)
Nontreated (no therapy delivered)	10 seconds
Treated (only ATP therapy delivered)	10 seconds
Treated (any shock therapy delivered)	30 seconds

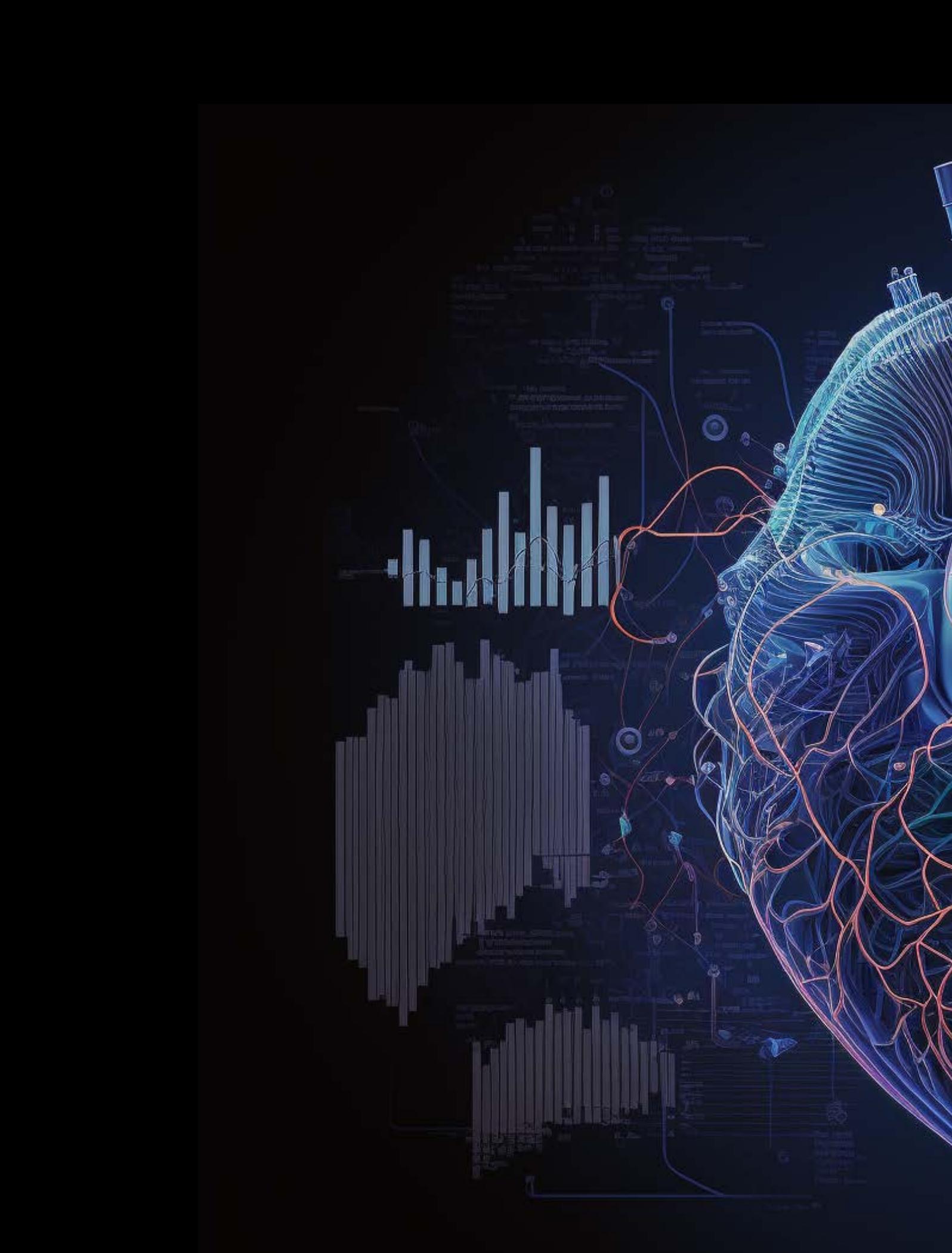
This figure shows the various (non-programmable) timers used to define the end of the episode; after an electric shock, the end-of-episode marker appears if, after 30 seconds, criterion 8/10 has not been verified.



References to know

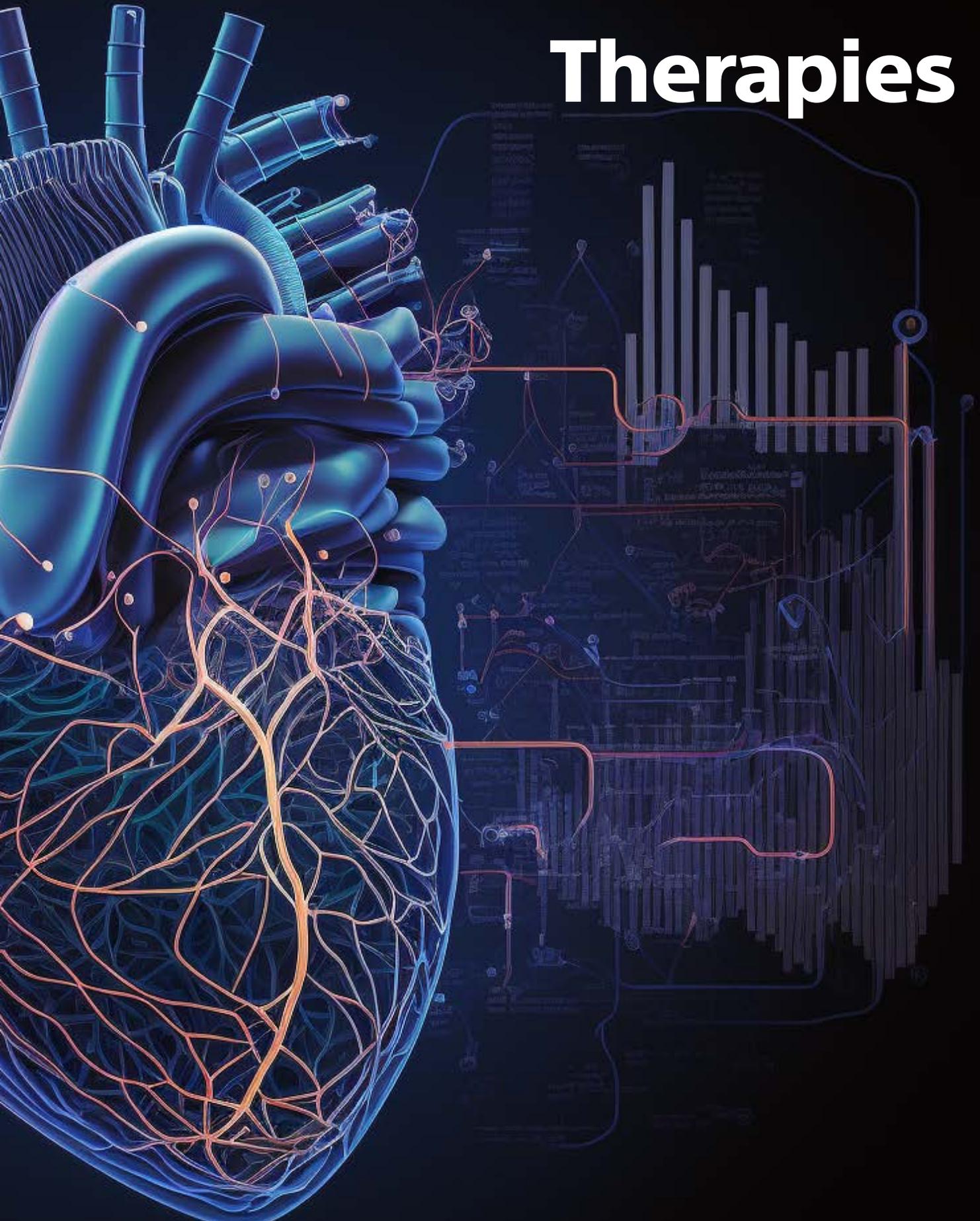
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- Wilkoff BL, Williamson BD, Stern RS, et al. Strategic programming of detection and therapy parameters in implantable cardioverter-defibrillators reduces shocks in primary prevention patients: results from the PREPARE (Primary Prevention Parameters Evaluation) study. J Am Coll Cardiol. 2008 : ***This is the first study conducted in patients implanted for primary prevention that suggests the value of increasing the number of detection cycles to reduce the number of inappropriate or avoidable therapies.***
- Gasparini M, Menozzi C, Proclemer A, et al. A simplified biventricular defibrillator with fixed long detection intervals reduces implantable cardioverter defibrillator (ICD) interventions and heart failure hospitalizations in patients with non-ischaemic cardiomyopathy implanted for primary prevention: the RELEVANT [Role of long dEtection window programming in patients with LEft VentriculAr dysfunction, Non-ischemic eTiology in primary prevention treated with a biventricular ICD] study. Eur Heart J. 2009 : ***this study confirms the results of the previous one: increasing the number of cycles in initial detection allows the number of therapies to be reduced without increasing the number of syncope***
- Moss AJ, Schuger C, Beck CA, et al. Reduction in Inappropriate Therapy and Mortality through ICD Programming. New England Journal of Medicine. 2012 : ***The MADIT-RIT study represents a turning point, validating the interest of two primary prevention strategies in a large-scale study: delayed therapies or high-detection zone.***

- Tan VH, Wilton SB, Kuriachan V, et al. Impact of Programming Strategies Aimed at Reducing Nonessential Implantable Cardioverter Defibrillator Therapies on Mortality: A Systematic Review. *Circulation: Arrhythmia and Electrophysiology*. 2014,
- P.A. Scott, J. Silberbauer, T.A. McDonagh, et al. The Impact of Prolonged ICD Arrhythmia Detection Times On Outcomes: A Meta-analysis. *Heart Rhythm*. 2014
these 2 meta-analyses show that increasing the number of cycles in initial detection provides a benefit in terms of reducing appropriate and inappropriate therapies and leads to a significant benefit in terms of mortality



Chapter 2

Therapies





1 VF episode correctly detected and treated with maximum output shock

Patient

- 57-year-old male with ischemic cardiomyopathy; implanted with a Resonate triple-chamber defibrillator

Summary

- episode classified in the VF zone
- 41 Joule shock with a charge time of approximately 9 seconds
- shock impedance of 54 Ohms

EGM layout

- 1 sinus rhythm and biventricular pacing (AS, RVP-LVP)
- 2 spontaneous, very rapid, polymorphic ventricular arrhythmia; first cycle classified as VT, subsequent cycles as VF
- 3 V-Epsd marker (criterion 8/10 met); criterion fulfilled for VT zone (1 cycle in VT zone + 7 cycles in VF zone); initial detection duration for the VT zone starts on this beat
- 4 on this cycle, the initial detection window is satisfied for the VF zone (8 cycles in the VF zone); the initial detection duration for the VF zone begins on this beat; the VF zone duration takes precedence over the VT zone duration; even if the VT zone duration ends before the VF zone duration, if the 6/10 criterion is satisfied for the VF zone, VT zone therapies are suspended until the VF zone duration ends.
- 5 persistence of arrhythmia in the VF zone for the initial duration of 5 seconds in the VF zone (V-Detect)
- 6 start of capacitor charging



- 7** ventricular sensing remains adequate during charging, with the exception of a few under-sensed cycles which explain the RVS markers; these undersensed events are too far apart to cause charge diversion.
- 8** end of charge; the charge lasted approximately 9 seconds, with the amplitude of the shock delivered corresponding to the maximum capacity of the device
- 9** a refractory period of 135 ms begins at the end of the charge; the first cycle following this refractory period is not counted (--); the 2 following cycles are fast (VF), the charge diversion window has elapsed (500 ms after the end of the charge); criterion 2/3 met.
- 10** 41 Joule shock delivered on the second cycle (synchronized with the R wave)
- 11** the first atrial cycle following the post-shock refractory period (500 ms) is not counted (--)
- 12** in the absence of spontaneous ventricular activity, ventricular pacing occurs 2 seconds after the shock
- 13** effective shock and arrhythmia termination

Chapter 2



LATITUDE™ Patient Management - Event Detail Report		Report Created: 16 Jan 2023
	Date of Birth:	Latest Device Transmission: 15 Jun 2021 03:22 CEST
	Device: RESONATE CRT-D G424/490880	Last Office Interrogation: 19 May 2021
	Clinic:	Implant Date:
	Search Tags:	
	Tachy Mode: Monitor + Therapy	

V-42: 20 Apr 2021 00:54, VF, A Rate: 64 min⁻¹, V Rate: 321 min⁻¹

Detail

VF Event Onset

Avg A Rate	64 min ⁻¹
Avg V Rate	321 min ⁻¹
Detection	Rhythm ID
Template	13 Apr 2021 18:29
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	65 min ⁻¹
Avg V Rate	297 min ⁻¹
Rate Zone	VF
Stability	(19 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
RhythmID Correlated	False
RhythmMatch™	Too Fast
SRD Met	(False, Off)
ATP Timeout	False

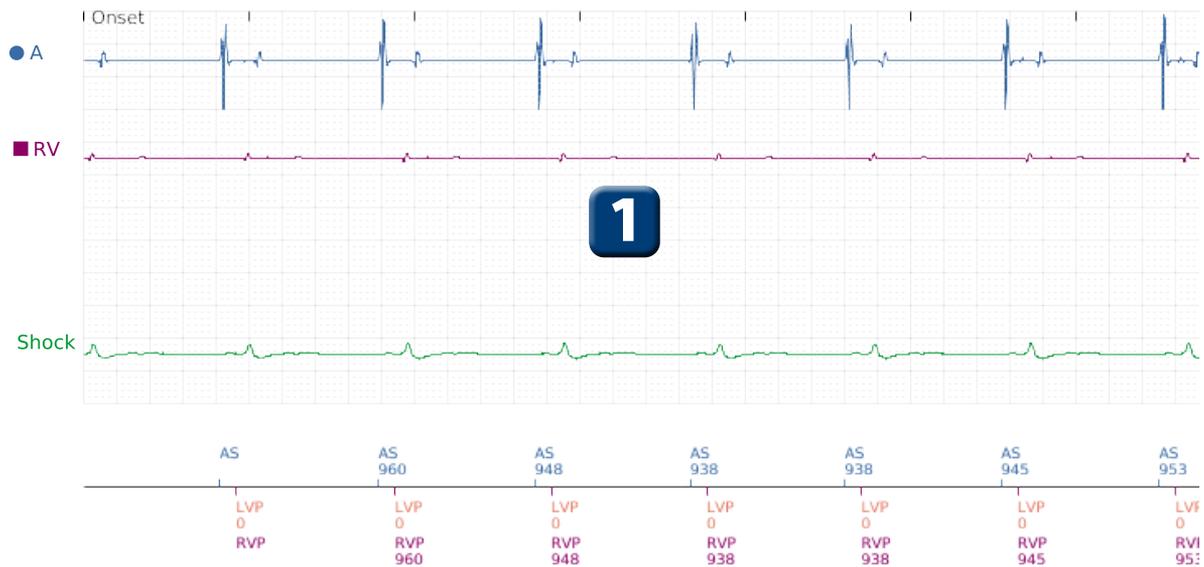
Attempt 1, 41 J V Shock

Elapsed Time	00:00:06
Shock Information	
Charge Time	9.8 s
Lead Impedance	76 Ω
Lead Polarity	Initial

Event Ended

00:00:47

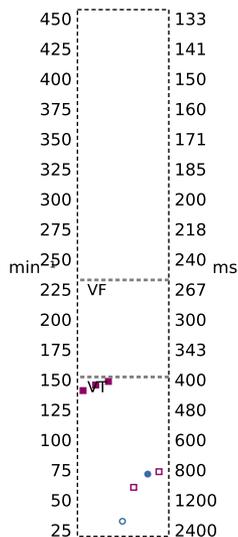
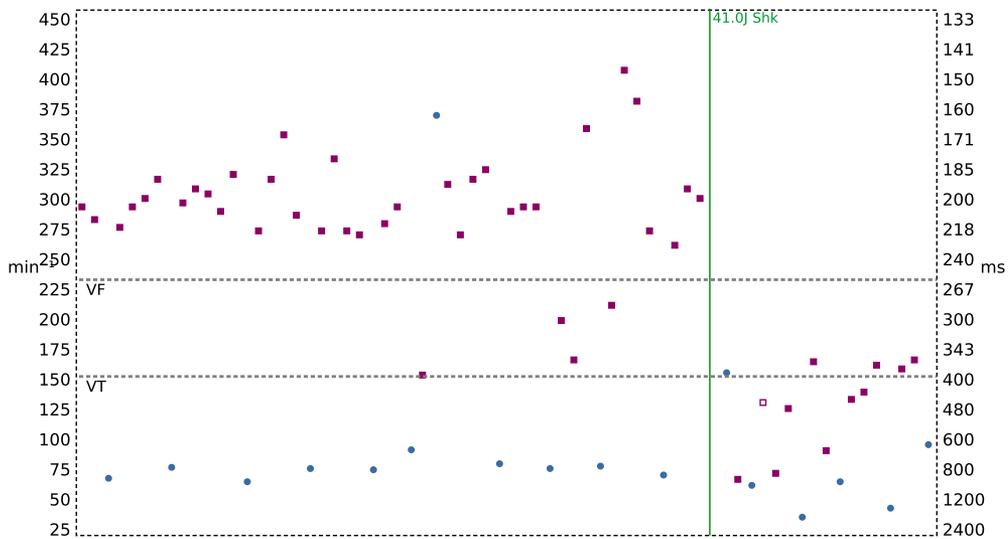
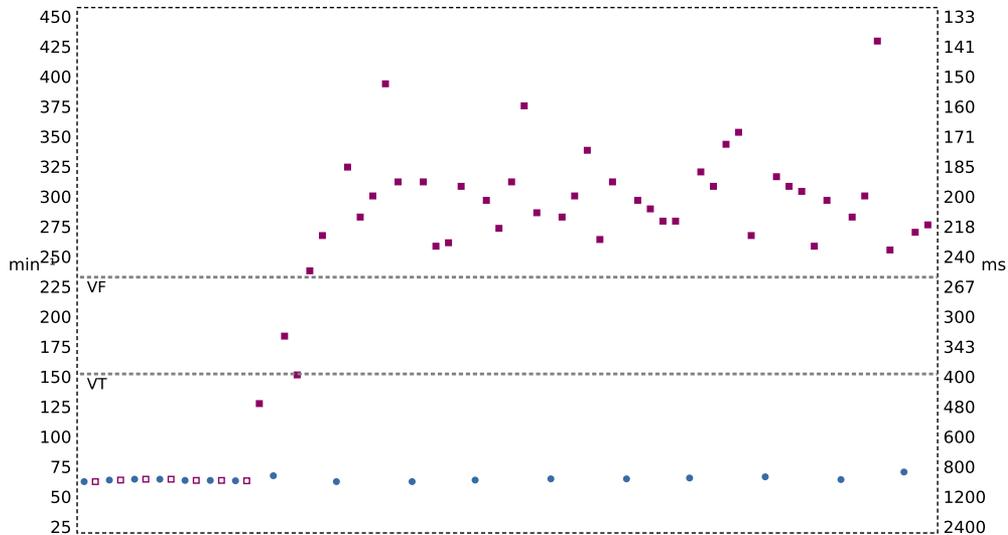
EGM displayed at 25mm per second





Therapies: 1

◆ > V Range	◆ < V Range	■ V Sense	□ V Pace
◆ > A Range	◆ < A Range	● A Sense	○ A Pace





Points to remember

- implantable defibrillators were historically developed to prevent the risk of sudden death and terminate malignant ventricular arrhythmia via a shock
- this tracing illustrates normal defibrillator operation during a VF episode: correct arrhythmia detection, capacitor charging, confirmation at the end of charge and effective shock
- the arrhythmia is immediately extremely rapid, polymorphic and disorganized, consistent with VF; any attempt to terminate this type of arrhythmia by anti-tachycardia pacing is doomed to fail, and a shock remains the standard therapy in this setting
- detection is correct and there is no discrimination of arrhythmia origin in this ventricular rate range
- for a Boston Scientific defibrillator, a series of 8 shocks can be programmed in the VF zone
- the amplitude of shocks 3 to 8 is not programmable and is always the maximum (41 Joules)
- the amplitude of the first 2 shocks is programmable, even though the amplitude of the second shock must be at least equal to that of the first; the amplitude of the second shock is generally programmed at the device's maximum capacity
- the amplitude of the first shock can either be programmed to the maximum capacity of the device, or to a lower value of 10 to 20 Joules; programming a first shock of intermediate amplitude makes it possible to reduce the charge time and the delay between arrhythmia onset and shock delivery, and may in certain specific cases reduce the risk of loss of consciousness; the choice of the amplitude of the first



shock in the VF zone therefore represents a compromise: medium energy may be enough to terminate VF after a short charge time, but if this fails, the second, maximum-energy shock is delivered after a long total duration in VF; maximum energy is more effective from the outset, but at the cost of a longer initial charge time

- international recommendations state that it is reasonable (class IIA recommendation) to program the maximum amplitude in VF zones from the outset, unless an induction test has shown efficacy at a lower amplitude.

VF 200 bpm (300 ms)

QUICK CONVERT™ ATP On

Shock 1

Shock 2

Additional 41 J Shocks

V-Tachy Therapy Setup

VF Shock1 Energy				
0.1	1.7	7	21	36
0.3	2	9	23	41
0.6	3	11	26	
0.9	5	14	29	
1.1	6	17	31	

This figure shows the various programming options for the amplitude of the first shock in the VF zone; the amplitude of the second shock is also programmable but must be at least equal to that of the first; the amplitude of shocks 3-8 is necessarily maximum (41 joules; in the VF zone, 8 shocks can be delivered).



2

VF episode with low-amplitude shock in a child

Patient

- 13-year-old child successfully resuscitated following sudden cardiac arrest; implanted with an Incepta single-chamber defibrillator; multiple episodes of VF following implantation

Summary

- episode classified in the VF zone
- Shock of 14 Joules with a charge time of 2.7 seconds
- 33 Ohms shock impedance

EGM layout

- 1** sinus rhythm (VS)
- 2** spontaneous ventricular arrhythmia, very rapid, polymorphic; all cycles are classified in the VF zone
- 3** V-Epsd marker (criterion 8/10 met) for VF zone (8 cycles in the VF zone); start of initial duration (programmed to 1 second)
- 4** end of duration and start of capacitor charging
- 5** end of charge; this charge lasted 2.7 seconds
- 6** a refractory period of 135 ms begins at the end of the charge; the first cycle following this refractory period is not counted (--); the 2 cycles that follow are fast (VF and VT); the charge diversion window is over (500 ms after the end of the charge); criterion 2/3 met.
- 7** 14 Joule electric shock delivered on the second cycle (synchronized with the R wave)
- 8** effective shock and arrhythmia termination



Therapies: 2

Gestionnaire de patients LATITUDE™ - Détail de l'événement		Rapport créé : 23 févr. 2023
	Date de naissance :	Dernière transmission du dispositif : 09 févr. 2023 17:53 CET
	Appareil : INCEPTA ICD F161	Dernière interrogation au cabinet : 08 sept. 2021
	Centre :	Date d'implantation :
	Critères de recherche :	Groupe de patients :
	Mode Tachy : Surveill. + Trait.	

V-35: 18 oct. 2019 07:28, FV, Fréquence V : 245 min⁻¹

Détail

FV Début événem.

Fréq. V moy.	245 min ⁻¹
Détection	Fréq. Uniq.
Référence	18 oct. 2019 05:40

Lors de la Délect-V

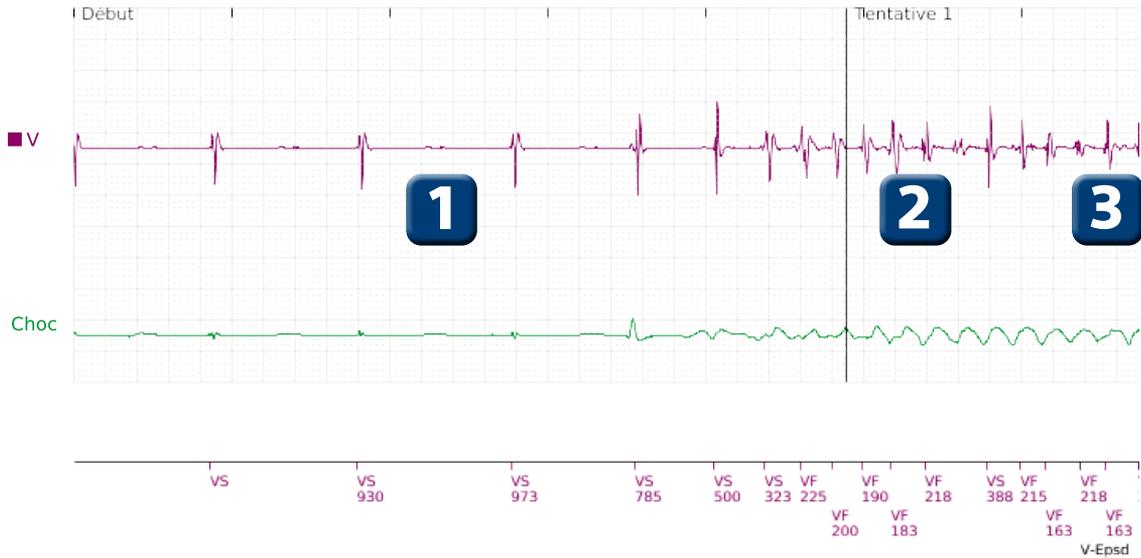
Fréq. V moy.	261 min ⁻¹
Zone de fréquence	FV
RhythmID corrélé	Faux
RhythmMatch™	Trop rapide
DFS satisfaite	(Faux, arrêt)
Durée limite ATP	Faux

Tentative 1, 14 J Choc V

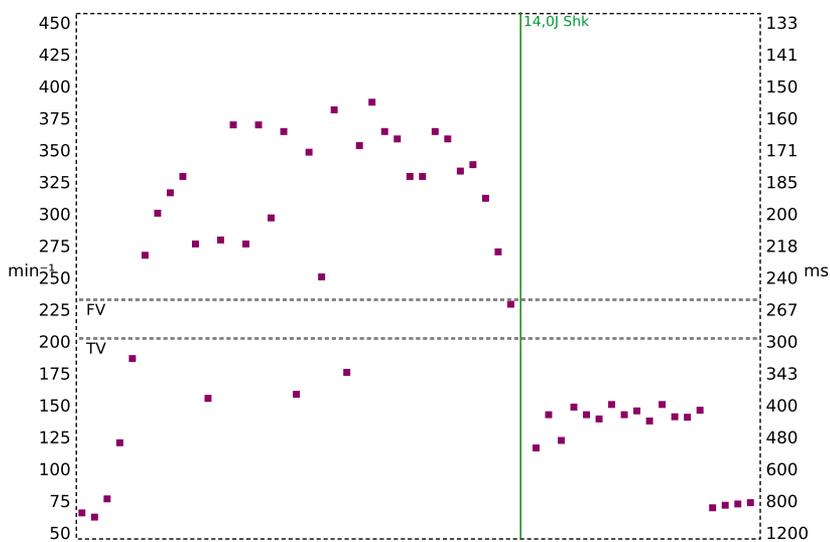
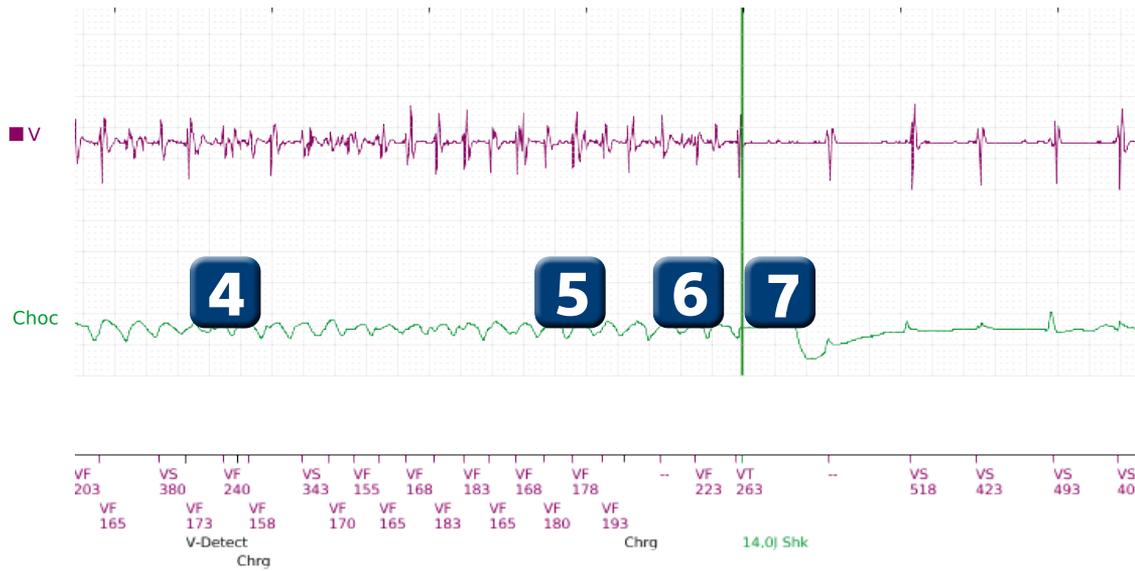
Temps écoulé	00:00:03
Informations sur le choc	
Durée de charge	2,7 s
Impédance de la sonde	
	33 Ω
Polarité de la sonde	Initial

Fin de l'événement 00:00:37

EKG affiché à 25 mm par seconde



Chapter 2



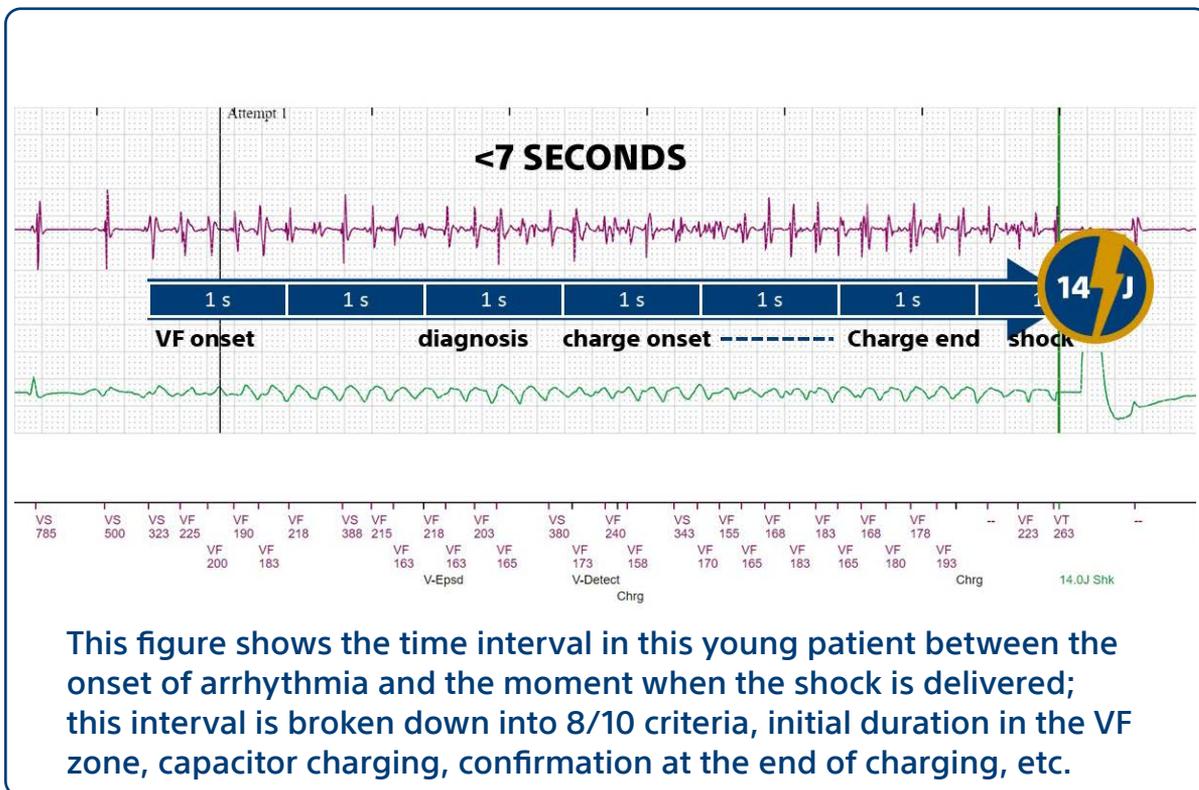


Points to remember

- children implanted with a defibrillator are very much a minority compared to adults (less than 1% of defibrillator wearers are children)
- the indications for defibrillation in pediatrics have not been the subject of randomized studies and are based on expert consensus; although initially reserved for secondary prevention indications, the percentage of implantations in primary prevention has now increased considerably
- there are no devices or leads specific to this age group that have been adapted to children's anatomical characteristics
- the risk of inappropriate therapies is increased in children due to a higher risk of lead fracture as children grow and subject leads to greater stress; higher baseline heart rates and frequent episodes of sinus tachycardia, supraventricular tachycardia or T-wave oversensing also contribute
- there is no standardized programming and the various parameters having to be adjusted and optimized on a case-by-case basis; in secondary prevention of resuscitated sudden cardiac death, a single VF zone is usually programmed with a relatively high minimum rate, higher than the heart rate range corresponding to sinus tachycardia; to reduce the risk of inappropriate therapies, it's customary to program relatively long initial durations, as arrhythmia is generally well tolerated in children, even for high ventricular rates, and syncope is usually relatively delayed



- the programming in this young patient may seem surprising, with an initial duration in the VF zone of 1 second; this patient initially presented with traumatic syncope and to avoid future falls, a decision was made to deliver the shock before loss of consciousness; the interval between the onset of arrhythmia and the shock was around 6 seconds (approx. 2 seconds for the 8 initial cycles, initial duration of 1 second, charge time of 2.7 seconds, diversion window of 500 ms)
- in children, the amplitude of the first shock is generally programmed to be relatively low (sometimes 2 to 5 Joules in neonates); an amplitude of 1 Joule/kg provides high efficacy with limited deleterious effect
- telemonitoring is essential to reduce inappropriate therapies in children (as in adults ...).





3

Multiple electric shocks in the VF zone

Patient

- 75-year-old male with ischemic cardiomyopathy; implanted with a Resonate triple-chamber defibrillator

Summary

- episode classified in the VF zone
- 5 maximum amplitude shocks

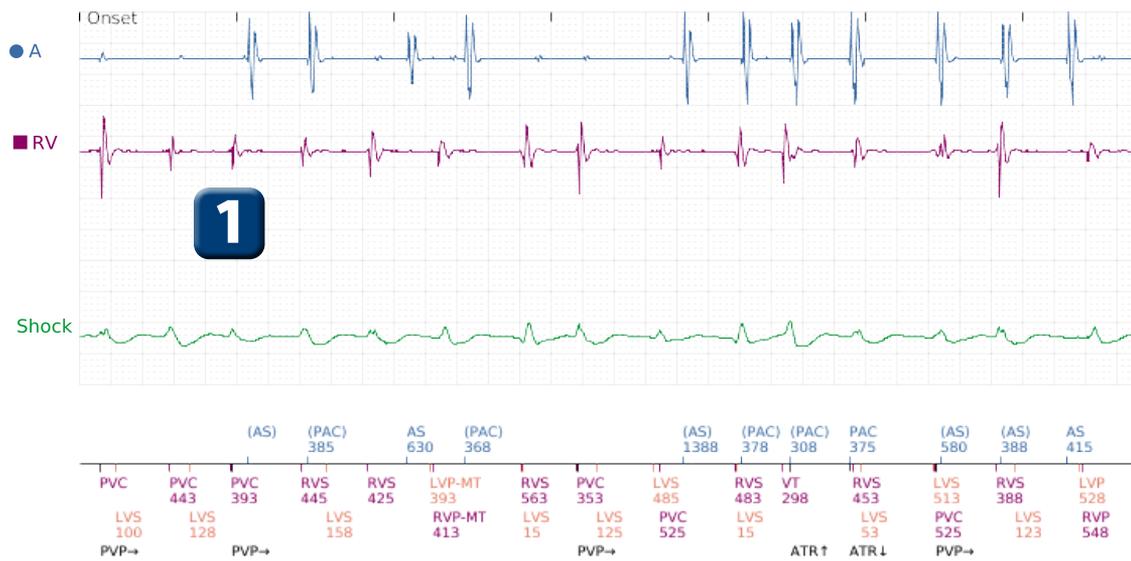
EGM layout

- 1 possible slow VT
- 2 acceleration of arrhythmia into the VF zone
- 3 end of duration and start of capacitor charging
- 4 arrhythmia degenerates into VF (very rapid, disorganized ventricular activity)
- 5 end of charge and 41 Joule electric shock delivered on the second fast cycle (synchronized to the R wave)
- 6 reinitiation of an organized arrhythmia
- 7 redetection criterion 8/10 verified (start of redetection time for VF zone)
- 8 end of 1 second duration and charging of capacitors
- 9 shock delivered at end of charge after the 500 ms post-shock window (no need to validate the 2/3 rapid cycle criterion)
- 10 reinitiation of ventricular arrhythmia
- 11 redetection criterion 8/10 verified (start of redetection time for VF zone)
- 12 end of 1 second duration and charging of capacitors

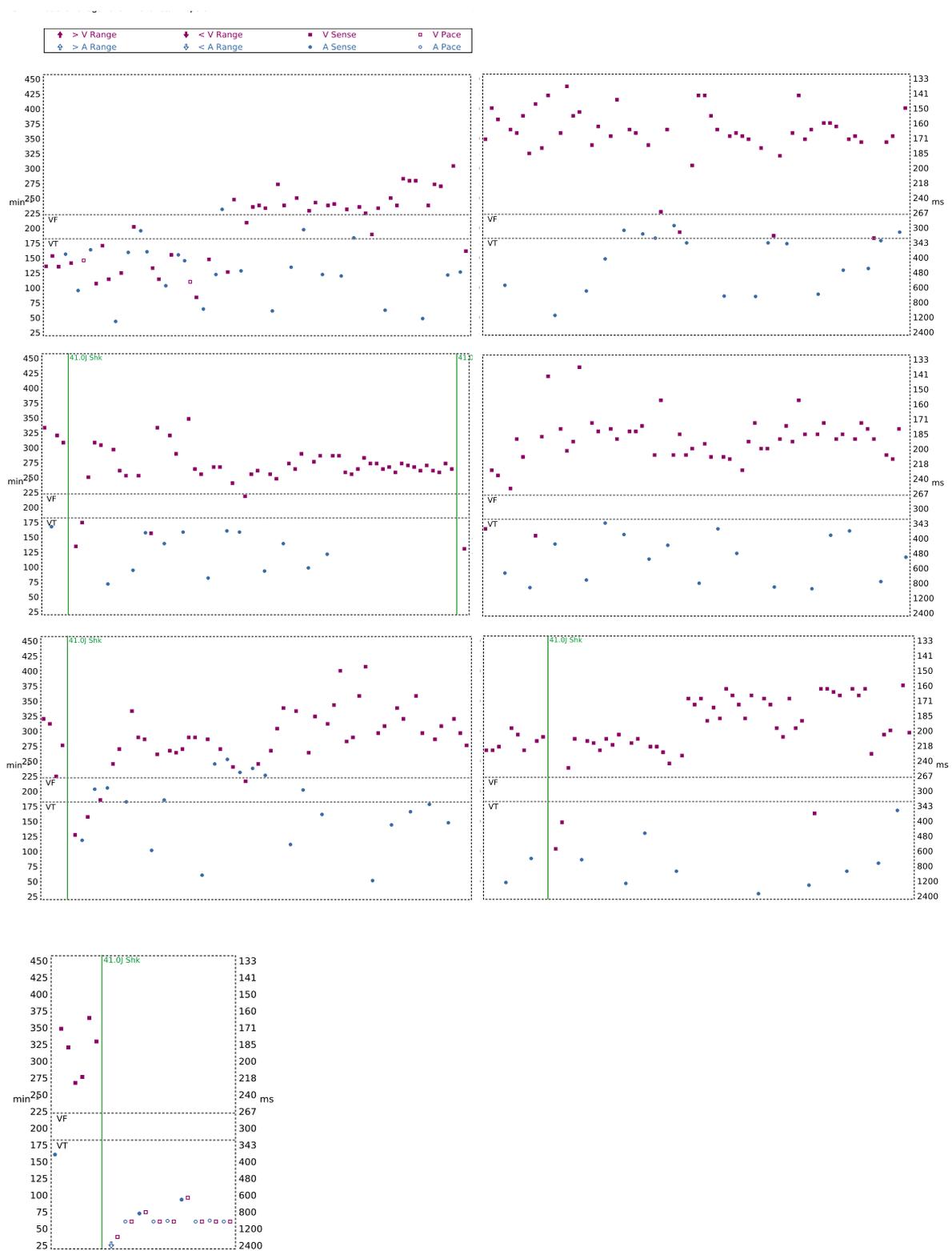


- 13** shock delivered at end of charge after 500 ms post-shock window (no need to validate the 2/3 rapid cycle criterion)
- 14** fourth shock
- 15** fifth shock
- 16** arrhythmia terminatio

EGM displayed at 25mm per second



Chapter 2





Points to remember

- the patient has a high defibrillation threshold, and five shocks are required to permanently disrupt the VF episode
- even though technological advances have significantly improved a defibrillator's ability to terminate VF episodes (95% of patients now have a sufficient safety margin), an increase in the number of patients implanted necessarily increases the number of patients with a high threshold.
- the existence of a high defibrillation threshold is the result of a complex interaction between molecular, electrical, mechanical, anatomical, neurohumoral or pharmacological factors
- all initial major studies demonstrating a beneficial effect to defibrillator implantation for improving survival, included in their protocols a defibrillation test at the time of implantation to verify proper device function
- following the results of randomized trials, defibrillation threshold assessment at the end of implantation is no longer routinely performed; however, the presence of specific risk factors may result in this test being performed in certain patients suspected of having an insufficient safety margin (right-sided implantation, suspicion of lead dysfunction, atypical position of the defibrillation lead, patient on amiodarone, obese patient, etc.).
- the detection of an elevated defibrillation threshold during a spontaneous episode of VF constitutes an absolute emergency, and should lead to management aimed at 1) reducing the risk of arrhythmia recurrence, 2) identifying reversible causes (hypomagnesemia, hypocalcemia, hyperkalemia, acidosis, pneumothorax, pleural effusion, tamponade...) contributing to the increased threshold, and 3) optimizing the defibrillation circuit (lead position, box, number of coils available, programmable parameters, etc.).
- to optimize shock wave characteristics, some parameters are programmable, while



others are not, depending on the manufacturer; in a Boston Scientific defibrillator, shock amplitude, vector and polarity are programmable.

- the key parameters for successful defibrillation are the voltage and duration of shock delivery; shock impedance corresponds to the sum of the forces opposing defibrillation current output in the box-lead-myocardial tissue circuit; increased impedance limits the amount of energy delivered and helps raise the defibrillation threshold
- in a monophasic shock, the polarity of each electrode does not vary during the shock, whereas it reverses when the shock is biphasic; the shape of the shock wave is necessarily biphasic for a Boston Scientific defibrillator; the first phase of a biphasic shock is equivalent to that of a monophasic shock, albeit with less critical mass ; the second phase brings the membrane potential as close as possible to zero, to avoid reinduction of tachycardia or ventricular fibrillation; while early devices delivered monophasic shocks, the introduction of biphasic shocks on modern platforms has significantly reduced defibrillation thresholds and the risk of immediate reinduction
- tilt corresponds to the terminal voltage at which polarity is reversed during a biphasic shock and is not programmable for a Boston Scientific defibrillator (tilt 80%); phase 1 is truncated when the initial peak voltage has decreased by 60% (residual voltage $100\% - 60\% = 40\%$); phase 2 is truncated when the peak voltage (corresponding to the residual voltage of 40%) has decreased by 50% ($40/2 = 20\%$); the pulse durations of the 2 phases are not programmable and are a consequence of tilt and shock impedance; the energy delivered is always lower than the energy charged (generally around 14% lower).
- the shock vector can be modified when the implanted lead is dual-coil; when the lead is single-coil, the only vector available is that between the right ventricular coil



and the can, the can always being active and an integral part of the defibrillation circuit; when the lead is a dual-coil lead, 3 options are programmable: single-coil (right ventricular coil - can), dual-coil (right ventricular coil - can + superior vena cava coil), cold can (right ventricular coil - superior vena cava coil).

- nominal shock polarity programming varies from one manufacturer to another; a meta-analysis suggested that a configuration using the right ventricular coil as the anode for the first phase (so-called anodic shock) enabled a certain number of patients to achieve a better defibrillation threshold than a cathodic shock (inverted configuration), with a lower risk of induction; for a Boston Scientific defibrillator, in nominal mode, the first shocks have a cathodic polarity (initial = RV coil as cathode during the first phase, then reversed for the second); the polarity of the last shock in the series is necessarily reversed compared with that of the 7 preceding shocks; it may therefore be desirable to reverse the polarity for the first shocks in this patient with a high threshold
- lead repositioning, implantation of a double-coil lead, addition of a coil in the azygos vein, coronary sinus or pericardial space may be options to modify the defibrillation vector

For a dual coil lead, there are 6 configuration options by varying the polarity and shock vector:

Vector

- 1** RV coil to RA coil and can: this vector is also known as vector V-TRIAD (double coil); the can serves as an active electrode («active can») in association with the double coil defibrillation lead; energy is delivered simultaneously from the distal coil to the proximal coil and from the distal coil to the can
- 2** RV coil to can: this vector also uses the can as an active electrode («active can», simple coil); energy is only delivered from the distal coil to the pulse generator can.



- RV coil to RA coil: this vector, also known as the «cold can», cancels out the use of the box as an active electrode; energy is sent from the distal to the proximal coil.

Polarity

- Initial polarity: the right ventricular coil is negative for the first phase (cathode), the casing and/or the superior vena cava coil are positive (anode); this corresponds to a cathodic shock.
- Reversed polarity: the right ventricular coil is positive for the first phase (anode), while the casing and/or superior vena cava coil are negative (cathode); this corresponds to an anodic shock.
- The RV coil to can configuration is the only effective configuration for a single-coil lead: the other 2 configurations must not be programmed; for the RV coil to RA coil configuration, no shock would be delivered; this vector must therefore never be used with a single-coil lead; when programmed, a warning window appears requesting verification that the lead is indeed double-coil.

SETTINGS - VENTRICULAR TACHY THERAPY SETUP

ATP	SHOCK (ALL SHOCKS)
RV ATP Amplitude: 5.0 V	Waveform: Biphasic
RV ATP Pulse Width: 1.0 ms	Committed Shock: Off
LV ATP Amplitude: 5.0 V	Lead Polarity: Initial
LV ATP Pulse Width: []	
Shock Lead Vector	
RV Coil to RA Coil and Can	RV Coil to RA Coil
RV Coil to Can	
MAGNET AND BEEPER	
Magnet Response: []	
Beep During Capacitor Charge: On	



4

VT in the VF zone and high defibrillation threshold

Patient

- 67-year-old man with ischemic cardiomyopathy; implanted with an Autogen dual-chamber defibrillator

Summary

- episode classified in the VF zone
- ATP in VF zone, then 4 shocks of maximum amplitude

EGM layout

- 1** organized arrhythmia in VT zone
- 2** 8/10 criterion for VT zone; start of initial duration for TV zone
- 3** 8/10 criterion for VF zone verified; start of initial duration for VF zone
- 4** end of VT zone duration, but initial VF zone duration still active
- 5** end of duration for VF zone
- 6** ATP Quick Convert
- 7** Ineffective ATP and capacitor charging
- 8** end of charge followed by shock delivery
- 9** after 2 slow cycles, onset of a very rapid disorganized ventricular arrhythmia detected in the VF zone
- 10** end of redetection time in VF zone (1 second, non-programmable) and capacitor charging
- 11** second shock
- 12** same sequence (shock, 2 slow cycles then VF reinitiation)

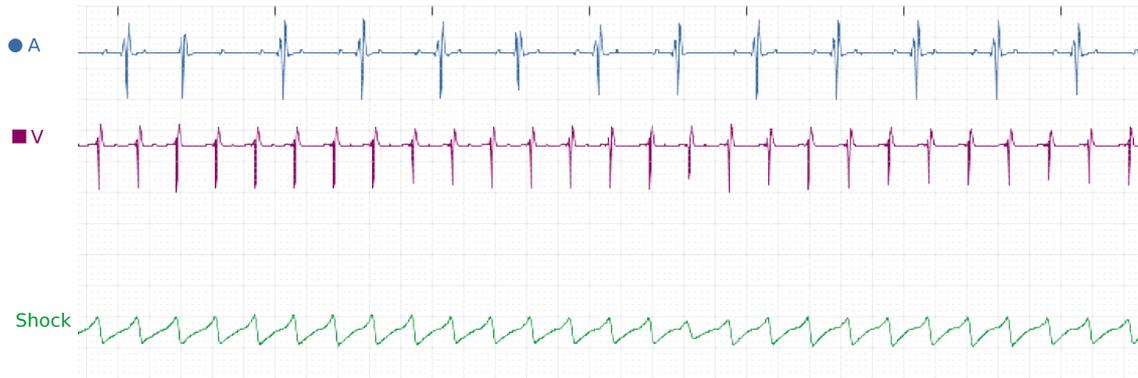
Chapter 2



AS 673	AS 518	AS 503	AF 278	AS 725	AS 508	AS 920	--	AS 748	AS 905	AS 505	AS 498
VF 255	VF 258	VF 250	VF 255	VF 253	VF 250	VF 255	VP 220				
VF 240	VF 255	VF 245	VF 255	VF 245	VF 250	VF 248	VF 253	VF 248	VF 241		

57%Stb U-- U-- U-- U-- U-- U-- U--
 b V>A Stb Stb Stb Stb Stb Stb V-Detect
 •A V>A V>A V>A V>A V>A V>A Stb
 U-- V>A

Chrg



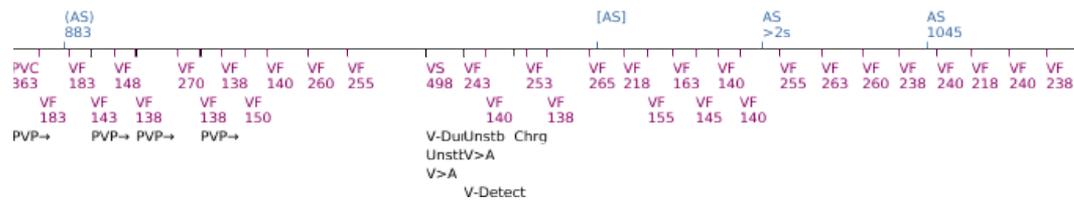
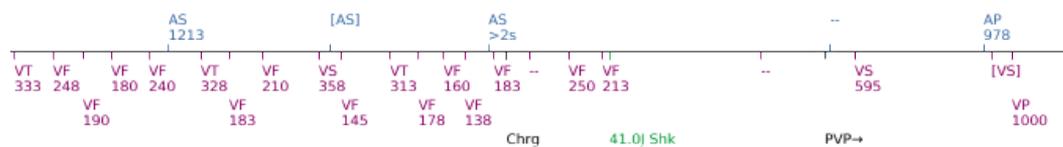
AS 498	AS 375	AS 623	AS 500	AS 503	AS 495	AS 508	AS 505	AS 500	AS 508	AS 510	AS 510	AS 510
VF 250	VF 250	VF 248	VF 250	VF 250	VF 250	VF 253	VF 253	VF 253	VF 250	VF 253	VF 255	VF 255
VF 255	VF 253	VF 255	VF 255	VF 253	VF 255	VF 255	VF 253	VF 255	VF 255	VF 253	VF 255	VF 255



Therapies: 4

LATITUDE™ Patient Management - Event Detail Report

23 Jan 2023

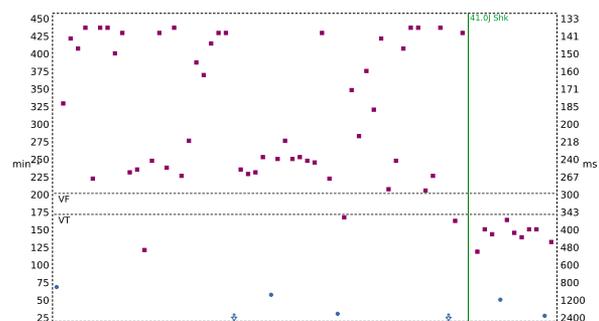
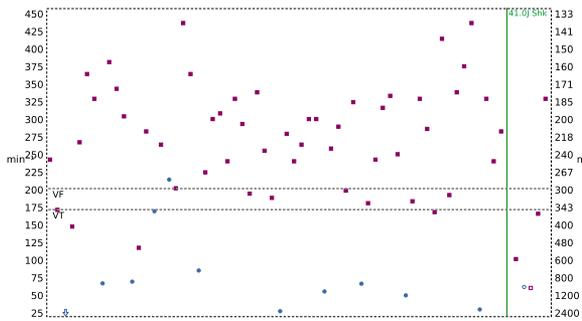
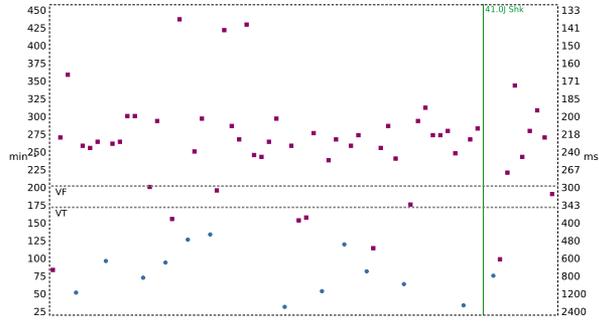
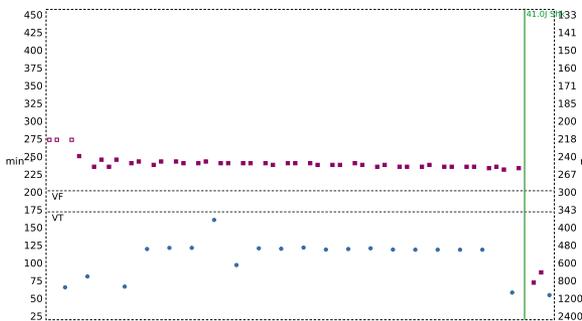
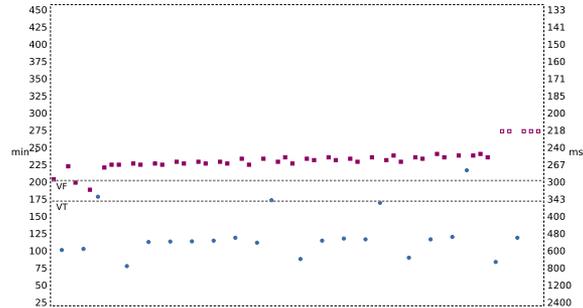
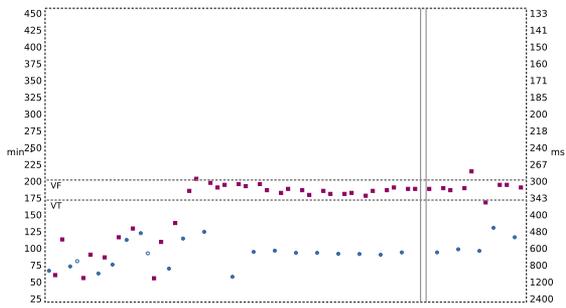




Therapies: 4

LATITUDE™ Patient Management - Event Detail Report

23 Jan 2023



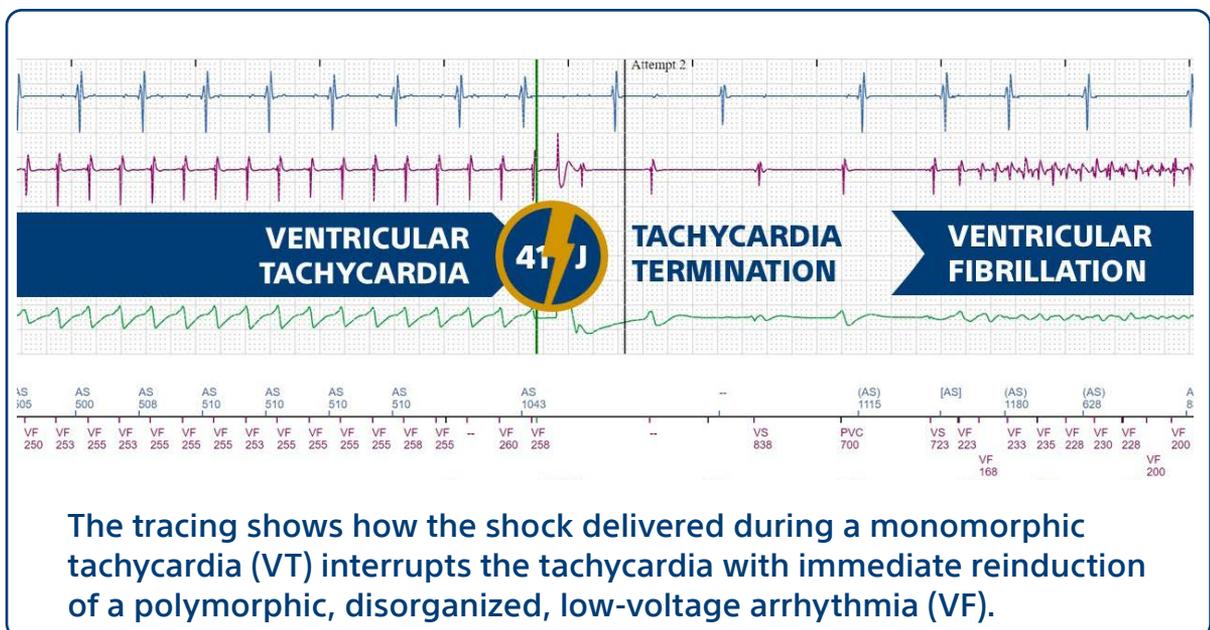


Points to remember

- the defibrillation threshold does not correspond to a fixed value; several shocks at maximum energy are ineffective in this patient, whereas the fourth shock of the same amplitude averts a dangerous scenario
- a shock is effective if a sufficient critical mass of myocardium is depolarized, establishing an intramyocardial voltage gradient; an electric shock is ineffective if a residual mass of fibrillating myocardium remains, or if there is immediate reinduction in areas where the induced gradient is insufficient; these tracings show that the shock terminates a disorganized ventricular arrhythmia with almost immediate reinitiation
- when the first shock is ineffective, a vicious cycle sets in; prolonged duration of VF worsens hemodynamics, ischemia and myocardial stretch, reducing the probability of a successful subsequent shock
- a shock most often terminates episodes of ventricular arrhythmia and is the basic treatment of the defibrillator; however, the shock can sometimes be pro-arrhythmogenic and, as in this patient, transform an organized VT into a potentially lethal VF (stable VT before the first shock and VF afterwards)
- the effect of a shock varies according to the energy delivered; for low energy, a shock in a vulnerable period can induce arrhythmia; the upper limit of vulnerability corresponds to the lowest energy, applied in a vulnerable ventricular period, which does not induce ventricular fibrillation; this value is correlated with the defibrillation threshold; the probability of termination then increases following an exponential probability curve as a function of the amplitude of the shock delivered (synchronized to the R wave); above a certain value, the risk of re-inducing an arrhythmia also increases, limiting the chances of successful therapy; a shock with too high an amplitude can damage myocardial tissue



- in this patient, the first shock degraded a monomorphic, organized arrhythmia into a polymorphic, chaotic one, suggesting the existence of a high defibrillation threshold; the shock failed to capture a sufficient quantity of ventricular myocardium, and instead created sufficient pro-arrhythmic myocardial heterogeneity to generate multiple reentry circuits; it is therefore not surprising that subsequent delivery of the same amount of energy did not terminate the episode of VF induced by the first shock, and that several shocks were required (immediate reentry); to defibrillate, a shock must significantly modify the trans-membrane potential to interrupt the waves of fibrillation; however, if new fronts are created, immediate reentry of VF may be observed
- in this patient, safety seemed compromised with few reprogramming options available; a coil positioned in the coronary sinus was added; in fact, a shock delivered between two electrodes in contact with or in the immediate vicinity of the cardiac mass is more likely to be effective by extending the induced electric field over a larger volume





5

VF, device shock with AF induction

Patient

- 72-year-old male with ischemic cardiomyopathy; implanted with an Incepta dual-chamber defibrillator

Summary

- episode classified in the VF zone
- electric shock of 41 Joules

EGM layout

- 1 rrapid ventricular arrhythmia with atrioventricular dissociation
- 2 ventricular undersensing but 6/10 criterion remains verified
- 3 ATP Quick Convert
- 4 ineffective ATP and capacitor charging
- 5 end of charge with shock delivery
- 6 termination of ventricular arrhythmia
- 7 atrial cycle sensed in the refractory period; atrial pacing in the vulnerable atrial period
- 8 induction of AF



Therapies: 5

LATITUDE™ Patient Management - Event Detail Report		Report Created: 25 Jan 2023
	Date of Birth:	Latest Device Transmission: 24 Jan 2023 00:50 CET
	Device: AUTOGEN EL ICD D176	Last Office Interrogation: 01 Dec 2022
	Clinic:	Implant Date:
	Search Tags:	Patient Group:
	Tachy Mode: Monitor + Therapy	

V-106: 14 Mar 2019 03:22, VF, A Rate: 42 min⁻¹, V Rate: 240 min⁻¹

Detail

VF Event Onset

Avg A Rate	42 min ⁻¹
Avg V Rate	240 min ⁻¹
Detection	Rhythm ID
Template	13 Mar 2019 19:41
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	47 min ⁻¹
Avg V Rate	279 min ⁻¹
Rate Zone	VF
Stability	(69 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
RhythmID Correlated	False
RhythmMatch™	30 %
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, 41 J V Shock

Elapsed Time	00:00:03
VF ATP delivered prior to shock	
Shock Information	
Charge Time	9.7 s
Lead Impedance	60 Ω
Lead Polarity	Initial

Event Ended

00:00:48

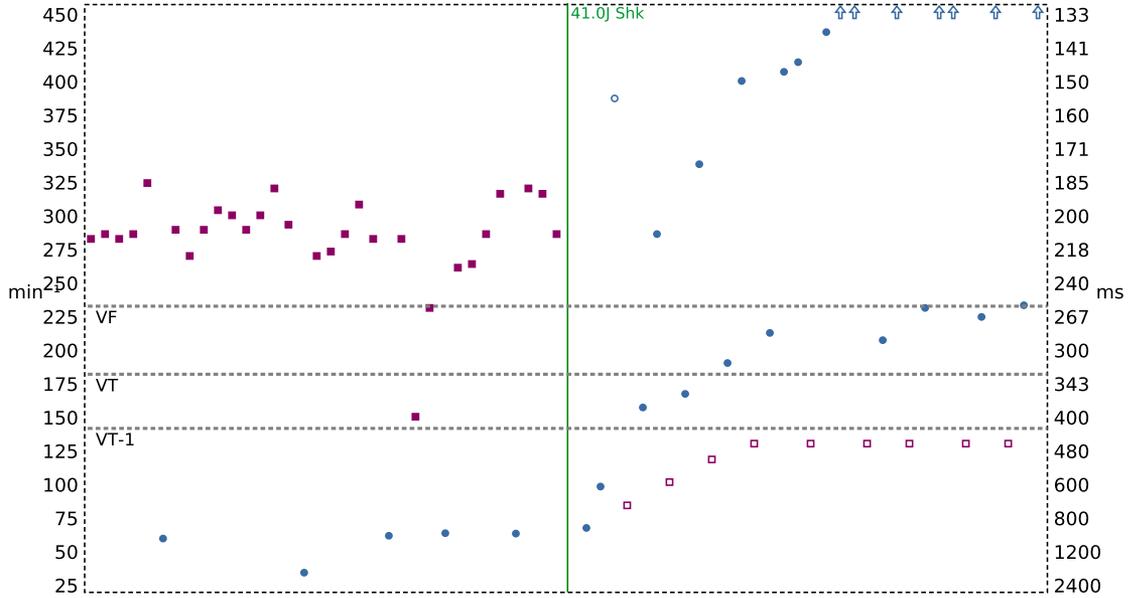
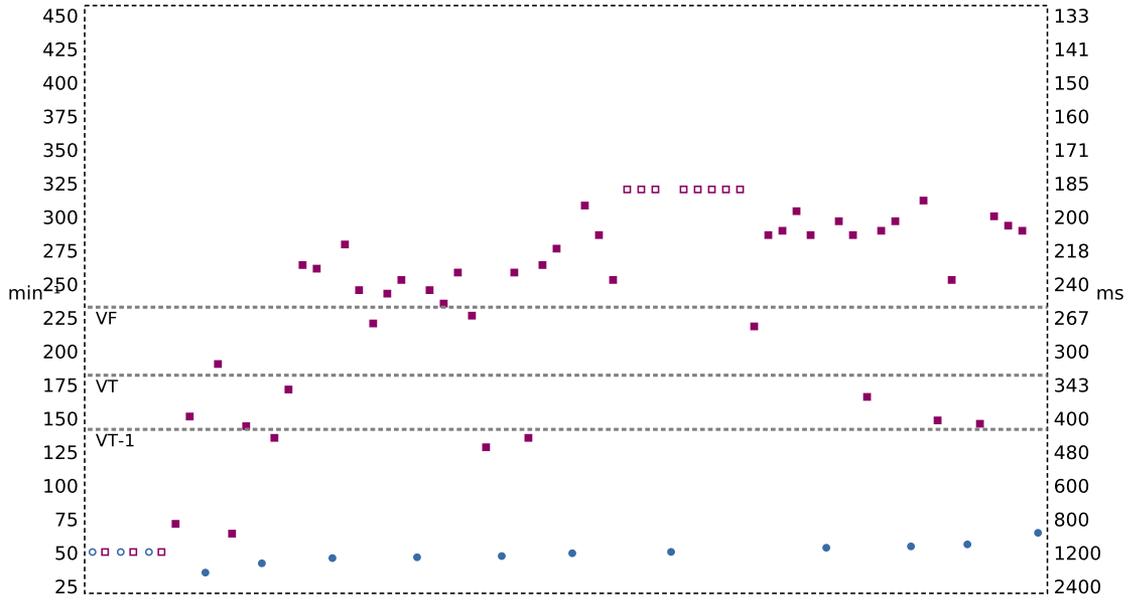
EGM displayed at 25mm per second





Therapies: 5

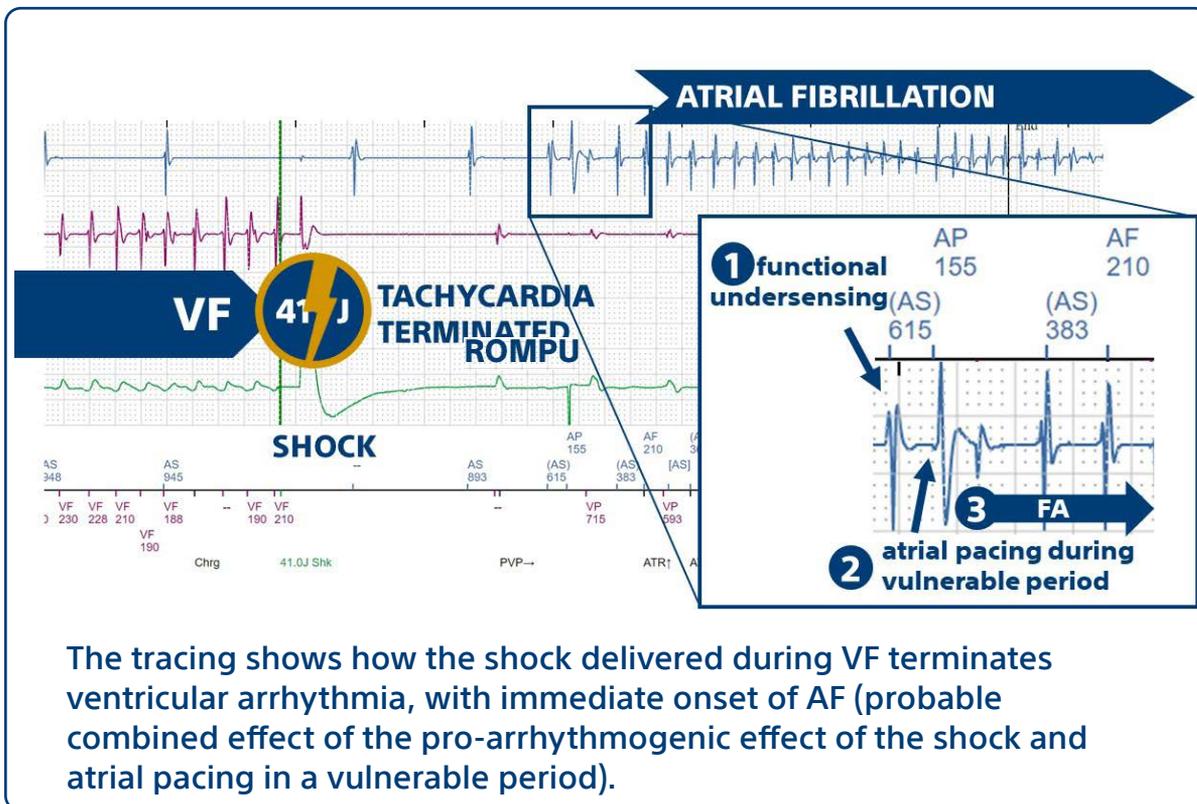
↑ > V Range	↓ < V Range	■ V Sense	□ V Pace
↑ > A Range	↓ < A Range	● A Sense	○ A Pace





Points to remember

- shocks delivered for VT or VF are synchronized with ventricular sensing, regardless of the phase of the atrial cycles
- although the exact incidence of this pro-arrhythmic effect is not well known, an electric shock delivered by a defibrillator in the setting of a ventricular arrhythmia can induce an AF episode when it occurs during the vulnerable atrial period
- various studies have shown that the risk of AF induction seems higher for low-energy shocks, particularly when one of the coils is located in the right atrium (double-coil shock)
- induced AF episodes are generally relatively short, although more sustained episodes may occur in patients with an abnormal atrial substrate





6

ATP burst in the VF zone

Patient

- 72-year-old male with a dilated cardiomyopathy; implanted with an Autogen dual-chamber defibrillator

Summary

- episode classified in the VF zone
- ATP in the VF zone
- 2 shocks of 41 Joules

EGM layout

- 1** sinus rhythm
- 2** regular, monomorphic VT detected in the VF zone
- 3** initial detection satisfied for the VF zone (8 cycles out of 10 in FV zone); start of initial VF zone duration (1 second)
- 4** detection of a VF episode (V-Detect); ventricular rate measured over the 4 cycles preceding the V-Detect marker is below 250 beats/minute (229 bpm)
- 5** ATP Quick Convert: burst of 8 stimuli at a fixed rate (identical coupling between the last sensed cycle and the first paced cycle, then between the different paced cycles).
- 6** the first atrial and ventricular cycles following ATP are not counted (--)
- 7** the device analyzes the effectiveness of the ATP sequence: the first 2 cycles are considered slow (VS); the 2 cycles/3 slow criterion is therefore met and capacitor charging is diverted (dvrt)



- 8** end of episode (V-EpsdEnd marker)
- 9** recurrence of the same VT
- 10** ATP Quick Convert (burst of 8 impulses at fixed frequency)
- 11** the first atrial and ventricular cycles following ATP are not counted (--)
- 12** the device analyzes the effectiveness of the ATP sequence: the first 2 cycles are considered fast (VF-VT); the 2 cycles / 3 fast criterion is therefore met and capacitor charging begins (Chrg)
- 13** end of charge, 500 ms diversion window; shock on the second fast cycle
- 14** effective shock and return of sinus of rhythm
- 15** recurrence of an identical VT before the end-of-episode criterion (30 seconds after the shock has been delivered)
- 16** end of duration; even if the rate is below 250 bpm, the ATP sequence in the VF zone cannot be delivered (only 1 sequence for a single episode, as the current episode has not ended).
- 17** capacitor charging
- 18** shock and arrhythmia termination



Therapies: 6

LATITUDE™ Patient Management - Event Detail Report		Report Created: 23 Jan 2023
	Date of Birth:	Latest Device Transmission: 23 Jan 2023 02:41 CET
	Device: AUTOGEN EL ICD D176	Last Office Interrogation: 21 Oct 2022
	Clinic:	Implant Date:
	Search Tags:	Patient Group:
	Tachy Mode: Monitor + Therapy	

V-54: 12 Nov 2018 16:40, VF, A Rate: 98 min⁻¹, V Rate: 235 min⁻¹

Detail

VF Event Onset

Avg A Rate	98 min ⁻¹
Avg V Rate	235 min ⁻¹
Detection	Rhythm ID
Template	12 Nov 2018 14:47
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	77 min ⁻¹
Avg V Rate	229 min ⁻¹
Rate Zone	VF
Stability	(5 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
RhythmID Correlated	False
RhythmMatch™	Too Fast
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, 41 J V Shock

Elapsed Time	00:00:03
VF ATP delivered prior to shock	
Shock Information	
Charge Time	7.3 s
Lead Impedance	61 Ω
Lead Polarity	Initial

At V-Detect

Avg A Rate	108 min ⁻¹
Avg V Rate	231 min ⁻¹
Rate Zone	VF
Stability	(8 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
SRD Met	(False, Off)
ATP Timeout	False

Attempt 2, 41 J V Shock

Elapsed Time	00:00:36
Shock Information	
Charge Time	7.0 s
Lead Impedance	62 Ω
Lead Polarity	Initial

Event Ended 00:01:14

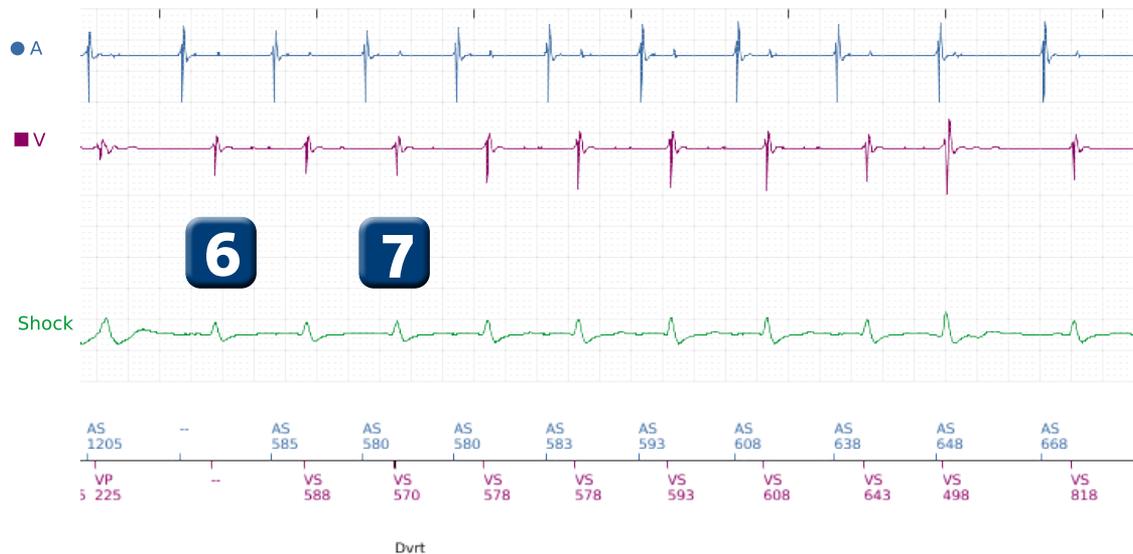
EGM displayed at 25mm per second



Therapies: 6

LATITUDE™ Patient Management - Event Detail Report

23 Jan 2023

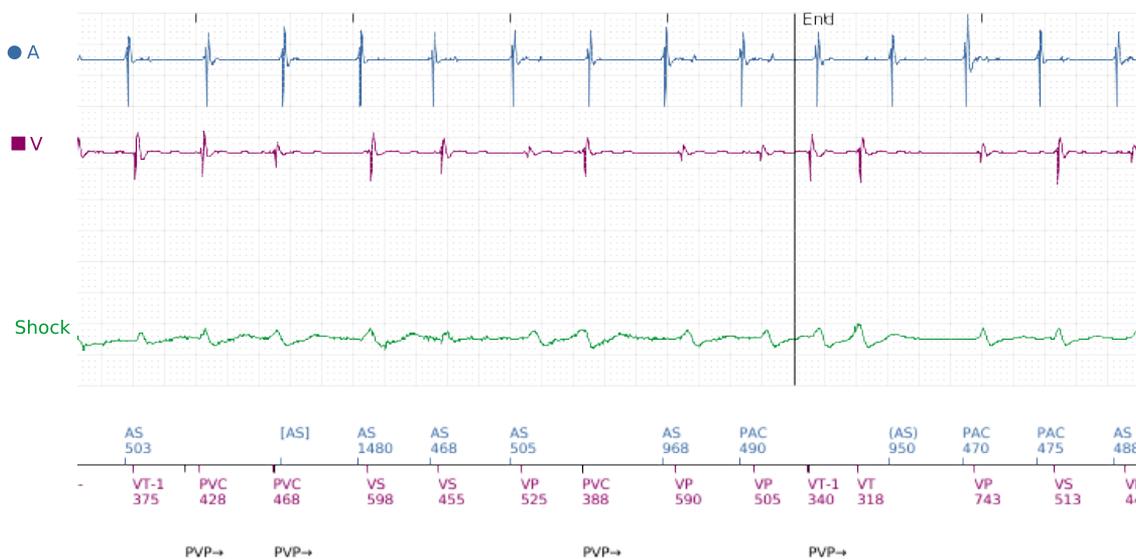
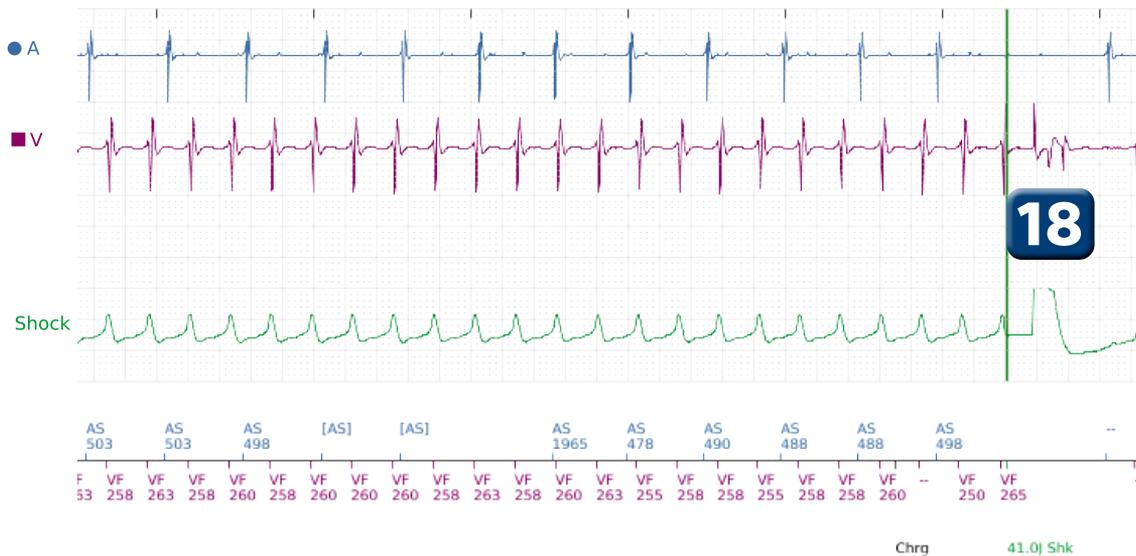




Therapies: 6

LATITUDE™ Patient Management - Event Detail Report

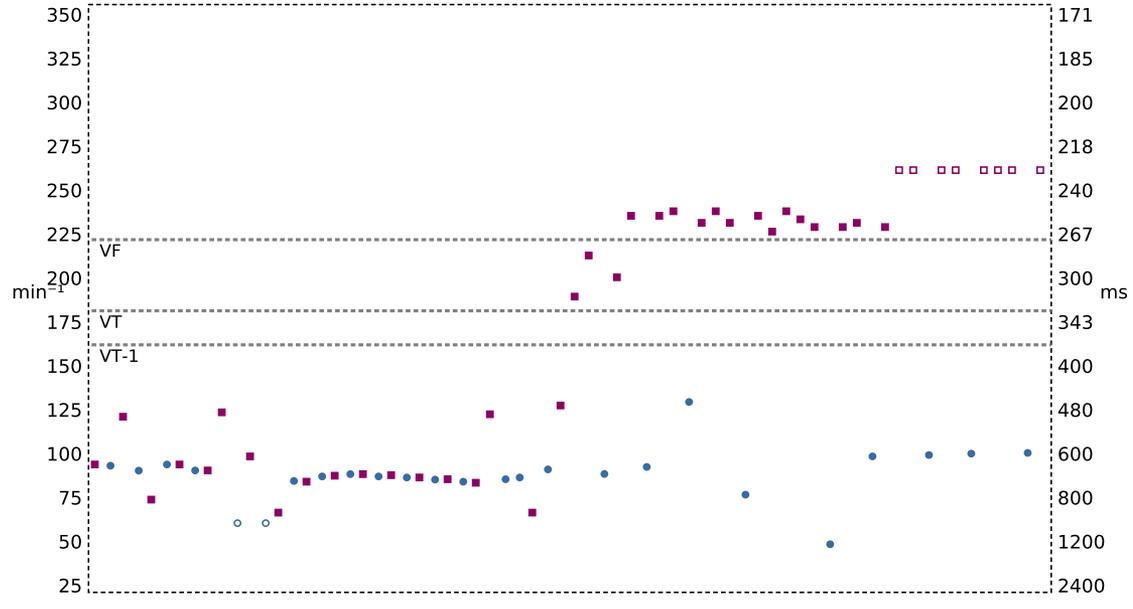
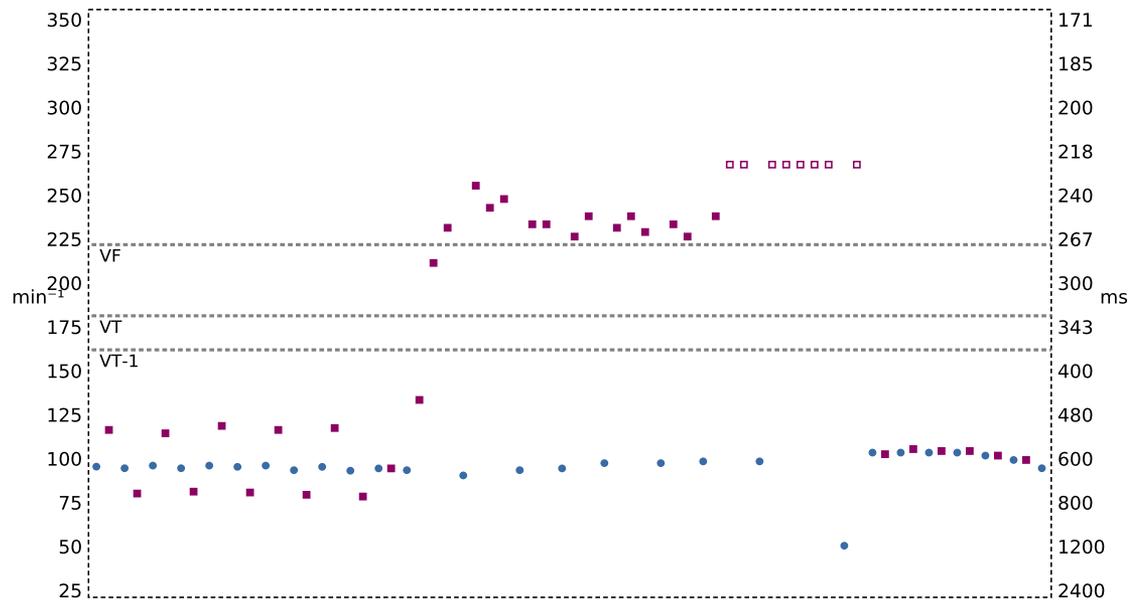
23 Jan 2023



Chapter 2

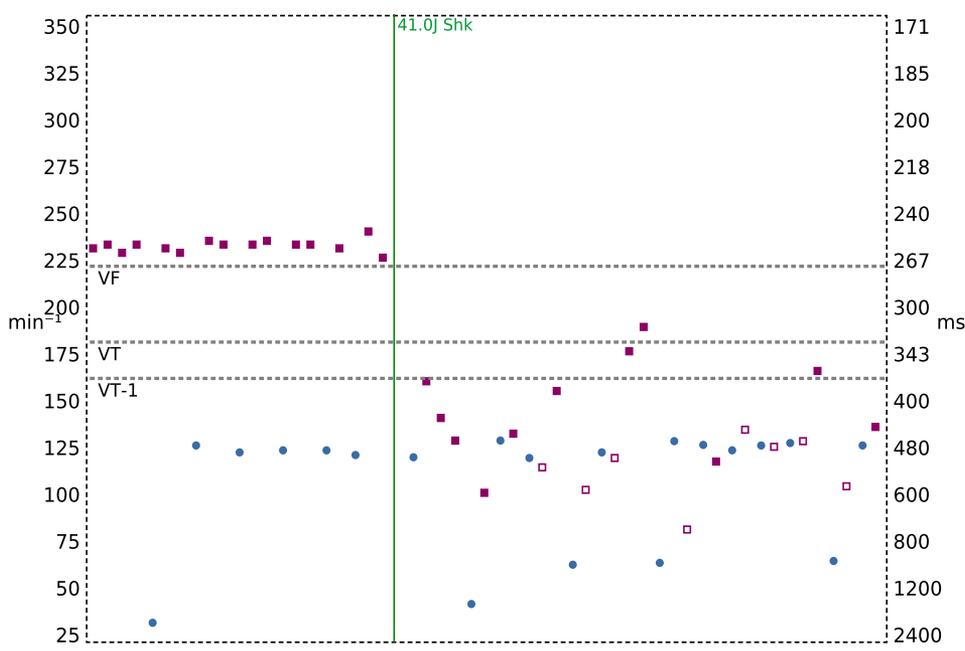
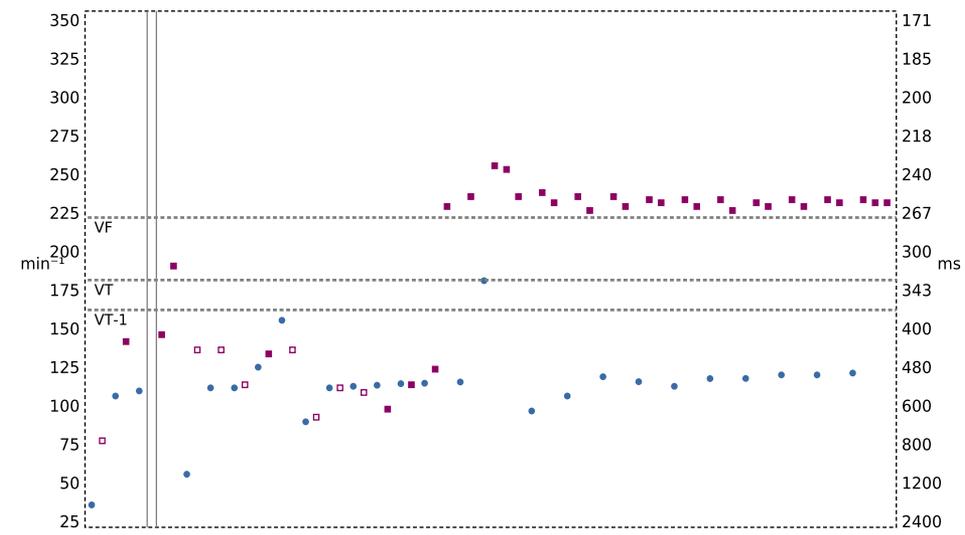
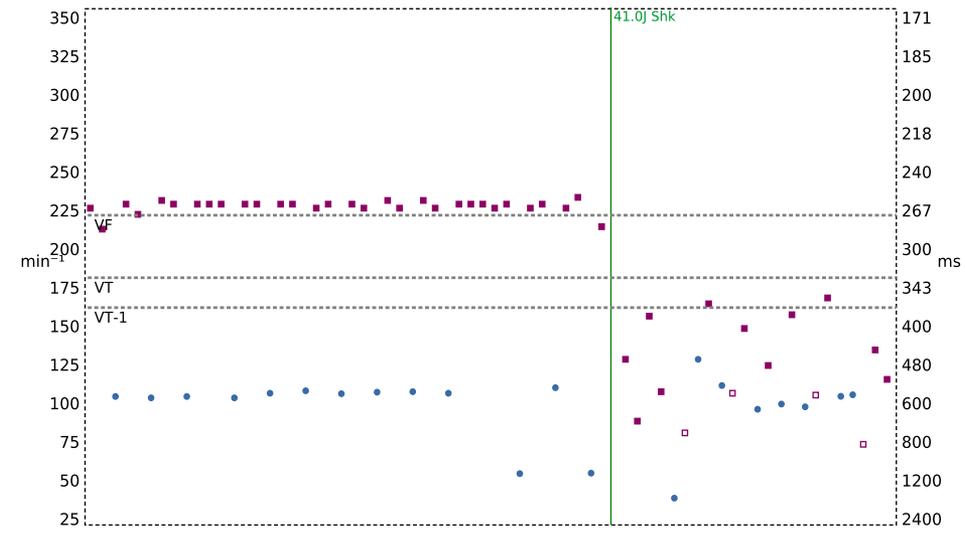


↑ > V Range	↓ < V Range	■ V Sense	□ V Pace
↑ > A Range	↓ < A Range	● A Sense	○ A Pace





Therapies: 6





Points to remember

- although it is clear that delivering a shock during an episode of ventricular fibrillation is the only therapy likely to restore a viable rhythm for the patient, optimal programming must ensure that the number of shocks delivered (inappropriate or appropriate but avoidable) by the device is minimized as much as possible
- a shock is painful when delivered to a conscious patient, and significantly increases energy consumption; the succession of several shocks to the same patient is therefore associated with a risk of premature battery depletion and a marked deterioration in quality of life (numerous cases of depression or anxiety induced by a series of shocks have been described)
- an endocardial shock is accompanied by microscopic myocardial lesions, an increase in cardiac humoral markers (troponin, CPK, myoglobin) and macroscopic lesions that are more significant with higher energy delivery (momentary drop in left ventricular ejection fraction and cardiac output, particularly in patients with already impaired contractility)
- a significant correlation has been found between mortality and the number of shocks delivered (notion of paradoxical shock effect); in the Sudden Cardiac Death in Heart Failure Trial (SCD-HeFT) and MADIT II studies and in a meta-analysis of 4 large studies, patients who received one or more appropriate or inappropriate shocks had significantly increased mortality; the main cause of death after shocks was a worsening heart failure; in contrast the meta-analysis found that delivering one or more sequences of anti-tachycardia pacing did not alter prognosis
- whether shocks are really an independent predictor of mortality, or simply a marker of the severity of the patient's clinical condition, remains controversial; however, it is now recommended (class I) that anti-tachycardia pacing should be used as a first-line attempt at termination, up to relatively high heart rates (230 beats/minute); electric shocks are only proposed as a second-line treatment after failure of anti-tachycardia



pacing, unless anti-tachycardia pacing has proved ineffective or deleterious (acceleration of arrhythmia); in fact, delivering an anti-tachycardia pacing sequence in a VF zone is often effective, painless, reduces battery consumption, improves quality of life and does not alter prognosis

- the PainFree II study demonstrated the effectiveness of anti-tachycardia pacing on tachycardias between 188 and 250 beats/minute, reducing the number of shocks delivered (71% relative risk reduction) without significantly increasing the risk of syncope or sudden death; the Prepare and Relevant studies confirmed these results
- it is recommended to program a burst rather than a ramp (class I) to optimize the success rate (ratio between termination and acceleration)

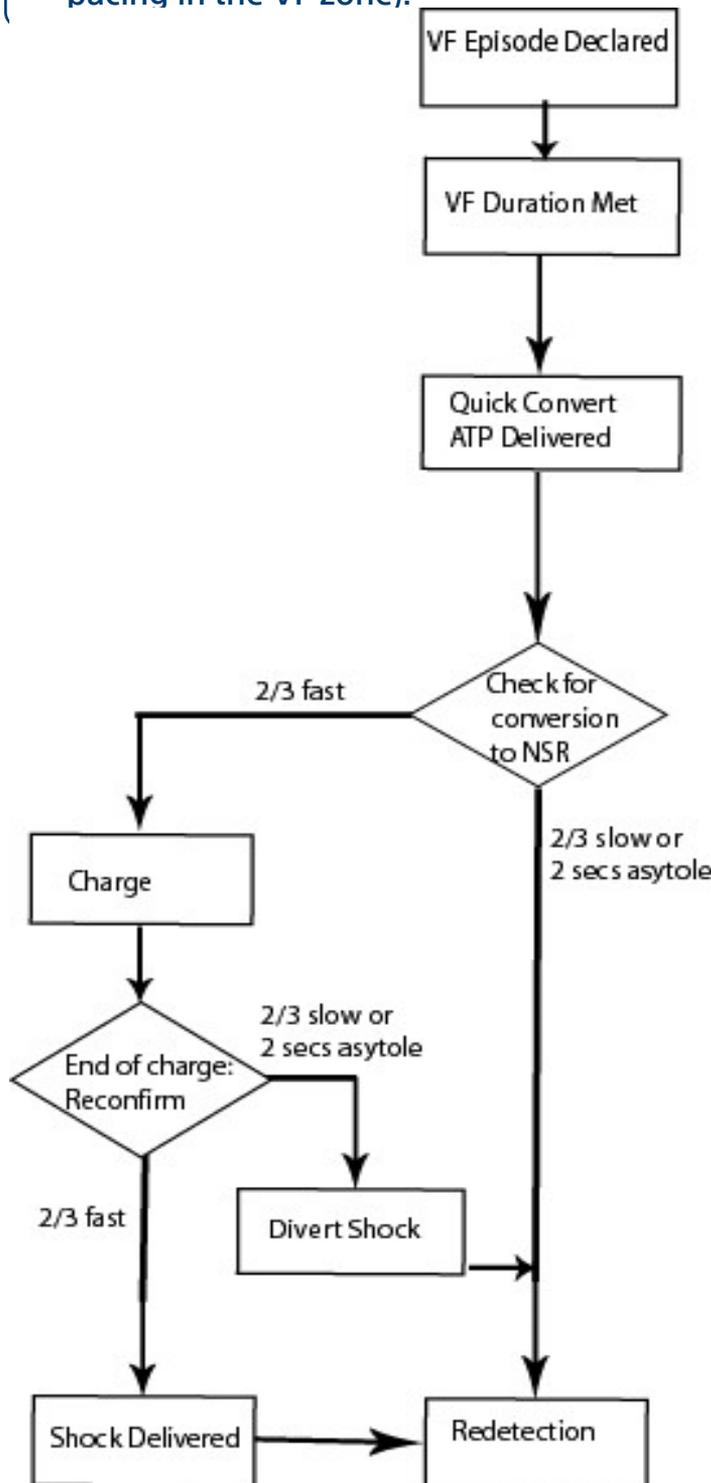
Once the burst has been delivered, the device analyzes the rhythm: if the arrhythmia persists, charging of the capacitors begins; if the arrhythmia has stopped, charging does not begin.

The device uses the following criteria to assess burst efficacy:

- **the first cycle following the burst is not counted; if a 2-second asystole (no ventricular sensed event) is observed, shock treatment is diverted (not the charge) and the device switches to re-detection**
- **if 2 out of 3 intervals after the burst are faster than the lowest rate threshold (lower limit of the lowest programmed detection zone) , the arrhythmia is considered persistent and charging begins**
- **if 2 out of 3 intervals are slow, shock treatment is diverted (not the charge) and the device switches to redetection**



This figure shows how the Quick Convert algorithm works (anti-tachycardia pacing in the VF zone).



8/10 met in the VF Zone

End of Duration reached
6/10 maintained in VF zone
Last beat of Duration is VF
Average of Last 4 beats of Duration is ≤ 250 bpm

ATP Fixed Scheme:
1 Burst, 8 Pulses
88% Coupling Interval
88% Burst Cycle Length
200 ms Minimum Interval
No Increment/Decrement
Delivered BiV in CRT devices

Skips first beat, then checks
Conversion Success:
2/3 slow or 2 secs of asystole
Conversion Fail: 2/3 fast

During Charge:
Reversion:
4 consecutive VP or VS (slow) beats
(2 seconds of asystole if normal brady mode was AAI)

At the end of charge:
Reconfirmation -
Withhold pacing
2/3 slow or 2 secs asystole - divert
2/3 fast - shock

If detection is met again after a diverted shock, the next shock will be committed



7 ATP burst in the VF zone with acceleration

Patient

- 83-year-old male with severe cardiomyopathy and permanent AF; implanted with an Incepta triple-chamber defibrillator

Summary

- episode classified in the VF zone
- ATP in the VF zone and 31 Joule shock

EGM layout

- 1 Monomorphic VT detected in the VF zone
- 2 initial detection satisfied for VF zone (8 cycles out of 10 in FV zone); start of initial VF zone duration (1 second)
- 3 detection of a VF episode (V-Detect); ventricular rate measured over the 4 cycles preceding the V-Detect marker is below 250 beats/minute (226 bpm)
- 4 ATP Quick Convert: burst of 8 stimuli at a fixed rate (identical coupling between the last sensed cycle and the first paced cycle, then between the different paced impulses).
- 5 the first ventricular cycle is sensed in the refractory period following anti-tachycardia pacing (in square brackets); the second is not counted (--)
- 6 the device analyzes the effectiveness of the pacing sequence: the first 2 cycles following the cycle that was not counted are considered fast (VF-VF); the 2 cycles/3 fast criterion is therefore met and capacitor charging begins (Chrg); when the burst has been ineffective, the start-of-charging marker appears on the trace 300 ms after charging has actually begun; charging begins on the second fast cycle, but the marker may not be visible until the third.
- 7 accelerated arrhythmia with rapid, low-voltage ventricular cycles

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- 8 end of charge, 500 ms diversion window; shock on second fast cycle
- 9 effective shock and arrhythmia termination

V-3205: 31 Oct 2014 19:11, VF, A Rate: 30 min⁻¹, V Rate: 224 min⁻¹

Detail

VF Event Onset

Avg A Rate	30 min ⁻¹
Avg V Rate	224 min ⁻¹
Detection	Rate Only
Template	N/R

At V-Detect

Avg A Rate	30 min ⁻¹
Avg V Rate	226 min ⁻¹
Rate Zone	VF
Stability	(8 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
RhythmMatch™	N/R
SRD Met	(False, Off)
ATP Timeout	False
Onset Intvl	(68 ms, Off)
Onset %	(11 %, Off)

Attempt 1, 31 J V Shock

Elapsed Time	00:00:03
VF ATP delivered prior to shock	
Shock Information	
Charge Time	6.0 s
Lead Impedance	74 Ω
Lead Polarity	Initial

Event Ended

00:00:45

EGM displayed at 25mm per second



LVRVP-Sr	RVS	LVRVP-Sr	RVS	RVS	VT	LVS	LVS	RVS	VT	VT	VF	VT	VF	VF	VF	VF	VF
Inh-LVP	LVS	Inh-LVP	LVS	LVS	LVS	RVS	LVS										
	585	7845	623	360	298	315	165	380	318	305	285	303	278	270	263	263	26
	160		185		13	448	113	83	75		8	5	38	50			3

V-Epsd

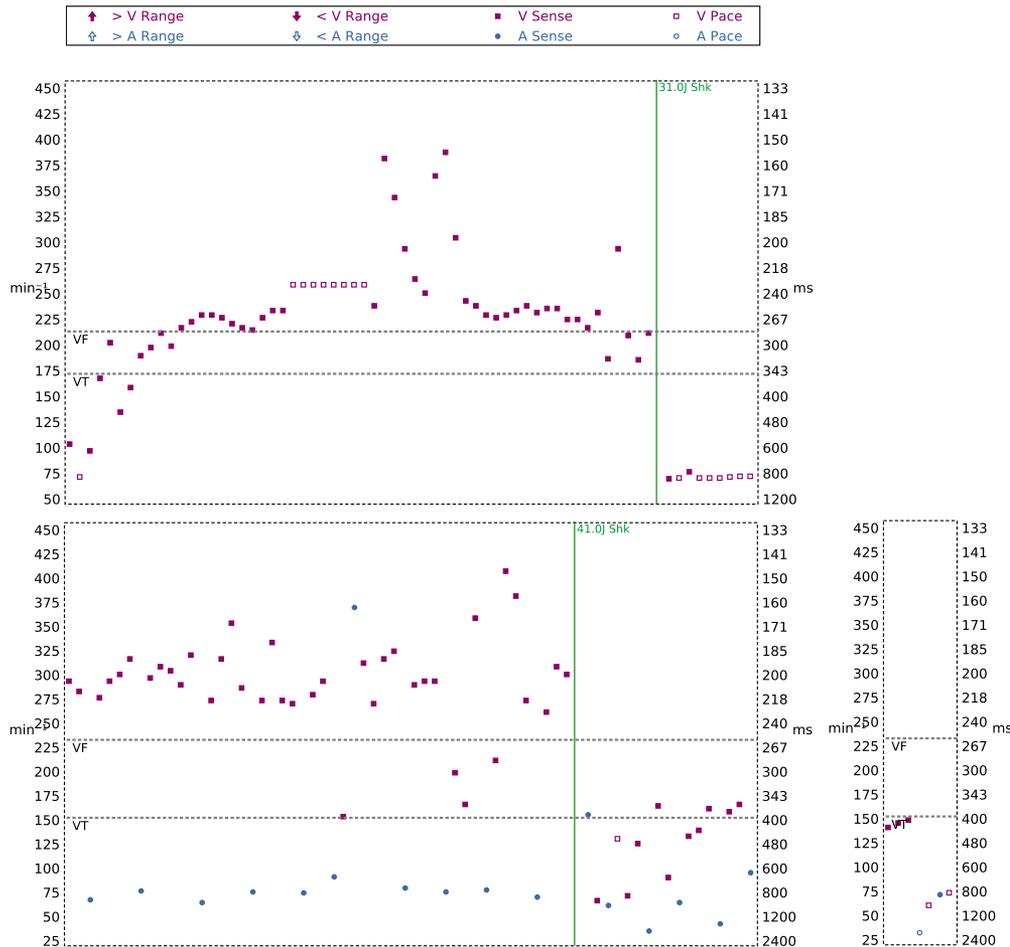
Chapter 2



LVS	LVP	LVS	LVP	LVP	LVP	LVP-Sr	LVP-Sr	LVP
193	0	695	0	0	0	0	0	0
RVP	RVP	RVS	RVP	RVP	RVP	RVP-Sr	RVP-Sr	RVP
855	855	785	855	855	855	845	838	838



-Sr	LVP-Sr
-Sr	0
	RVP-Sr
	825



Points to remember

- ATP Quick Convert is the anti-tachycardia pacing sequence that can be delivered in the VF zone of a Boston Scientific defibrillator; it is ATP before charge.
- ATP before charging reduces energy consumption; once VF has been diagnosed, ATP is delivered; if VF is reconfirmed after ATP has occurred, capacitor charging begins; if arrhythmia terminates, charging is not initiated; this saves capacitor charging if ATP is effective; on the other hand, if ATP is ineffective, it delays shock delivery by 2 to 3 seconds
- this pacing sequence can only be delivered following initial detection in the VF zone, if the tachycardia sequence does not exceed 250 or 300 beats/minute (programmable on the latest platforms).



- the characteristics of this anti-tachycardia pacing sequence are not programmable: it is a burst of 8 stimuli with an 88% coupling interval
- following this sequence, the device evaluates the effectiveness of the therapy; if at least 2 out of 3 cycles are considered slow, charging is cancelled; conversely, if at least 2 out of 3 cycles are considered fast, charging of the capacitors begins.
- in this example, ATP is not only ineffective but also accelerates tachycardia; a real-life study carried out on Boston Scientific defibrillators showed that, while the effectiveness of a first-line shock for an episode of VF averaged 90%, this success rate fell when the shock was delivered after an anti-tachycardia pacing sequence; one explanation lies in the risk of acceleration, as in this example, from a monomorphic arrhythmia to a very rapid polymorphic arrhythmia, with an increased risk of an ineffective shock; if ineffectiveness or a pro-arrhythmic effect is observed, it is advisable to deprogram the anti-tachycardia pacing sequence

Quick Convert

- 250bpm/300bpm/OFF
- Utilizes settings from PainFree RX Trial:
- Number of bursts: 1
- Pulses per burst: 8
- Coupling interval: 88%
- Burst cycle length: 88%
- Minimal interval: 220 ms
- No increments or decrements
- During charging, if four consecutive VP or VS beats occur or two seconds of asystole, charging will be stopped

Characteristics of anti-tachycardia pacing in the VF zone: the tachycardia frequency limit up to which ATP will be applied is programmable at either 250 or 300 beats/minute; other parameters are not modifiable (1 burst, 88% coupling, 8 stimuli).



8 undersensing, rate calculation error and ATP burst in the VF zone

Patient

- 43-year-old female with idiopathic VF; implanted with an Autogen dual-chamber defibrillator

Summary

- episode classified in the VF zone
- ATP in the VF zone and 41 Joule shock

EGM layout

- 1 atrial pacing at the sensor indicated rate and ventricular sensing
- 2 onset of very rapid polymorphic tachycardia
- 3 ventricular undersensing; cycle classified VS
- 4 V-Detect marker; the calculation of the rate found in the summary (225 bpm, i.e. < 250 bpm) is distorted by this undersensing (calculated over the last 4 cycles preceding the V-Detect marker).
- 5 ATP Quick Convert without ventricular capture
- 6 Ineffective ATP and capacitor charging
- 7 shock delivered on the third VF cycle (at the time of the second sensed event, the 500 ms post-charge diversion window has not yet elapsed)
- 8 effective shock and arrhythmia termination

Chapter 2



LATITUDE™ Patient Management - Event Detail Report		Report Created: 18 Jan 2023
	Date of Birth:	Latest Device Transmission: 12 Dec 2022 03:41 CET
	Device: AUTOGEN EL ICD D176	Last Office Interrogation: 16 Dec 2021
	Clinic:	Implant Date:
	Search Tags:	Patient Group:
	Tachy Mode: Monitor + Therapy	

V-29: 23 Jun 2018 12:58, VF, A Rate: 98 min⁻¹, V Rate: 343 min⁻¹

Detail

VF Event Onset

Avg A Rate	98 min ⁻¹
Avg V Rate	343 min ⁻¹
Detection	Rhythm ID
Template	23 Jun 2018 11:24
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	127 min ⁻¹
Avg V Rate	225 min ⁻¹
Rate Zone	VF
Stability	(81 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
RhythmID Correlated	False
RhythmMatch™	Too Fast
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, 41 J V Shock

Elapsed Time	00:00:03
VF ATP delivered prior to shock	
Shock Information	
Charge Time	10.1 s
Lead Impedance	66 Ω
Lead Polarity	Initial

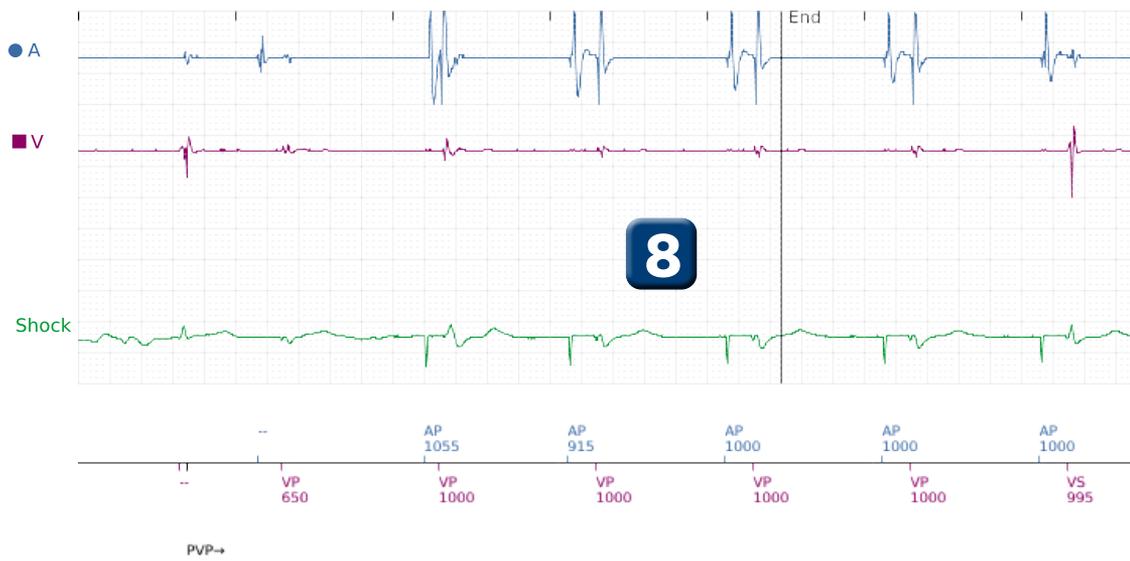
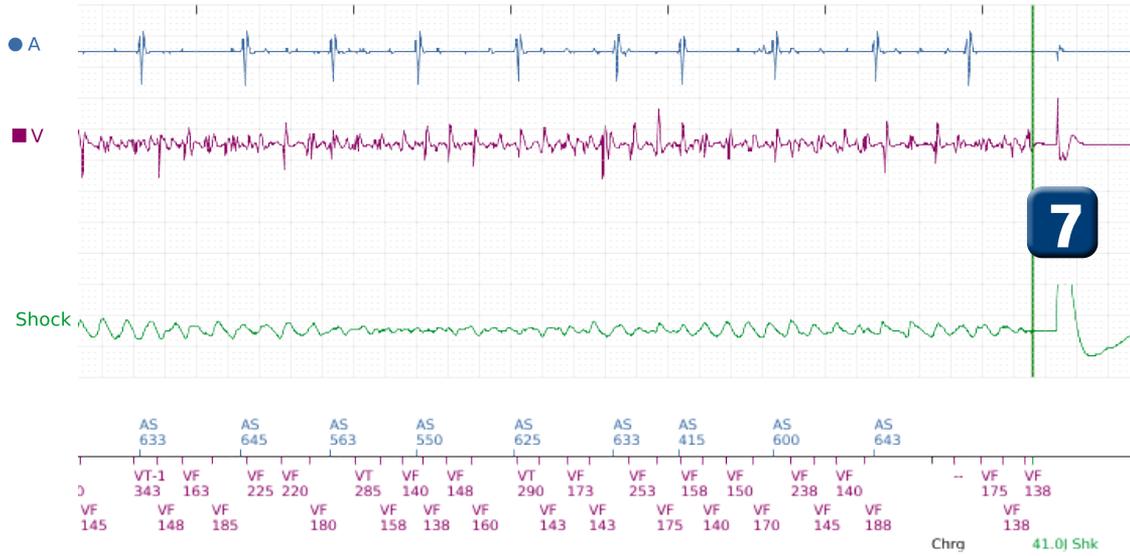
Event Ended

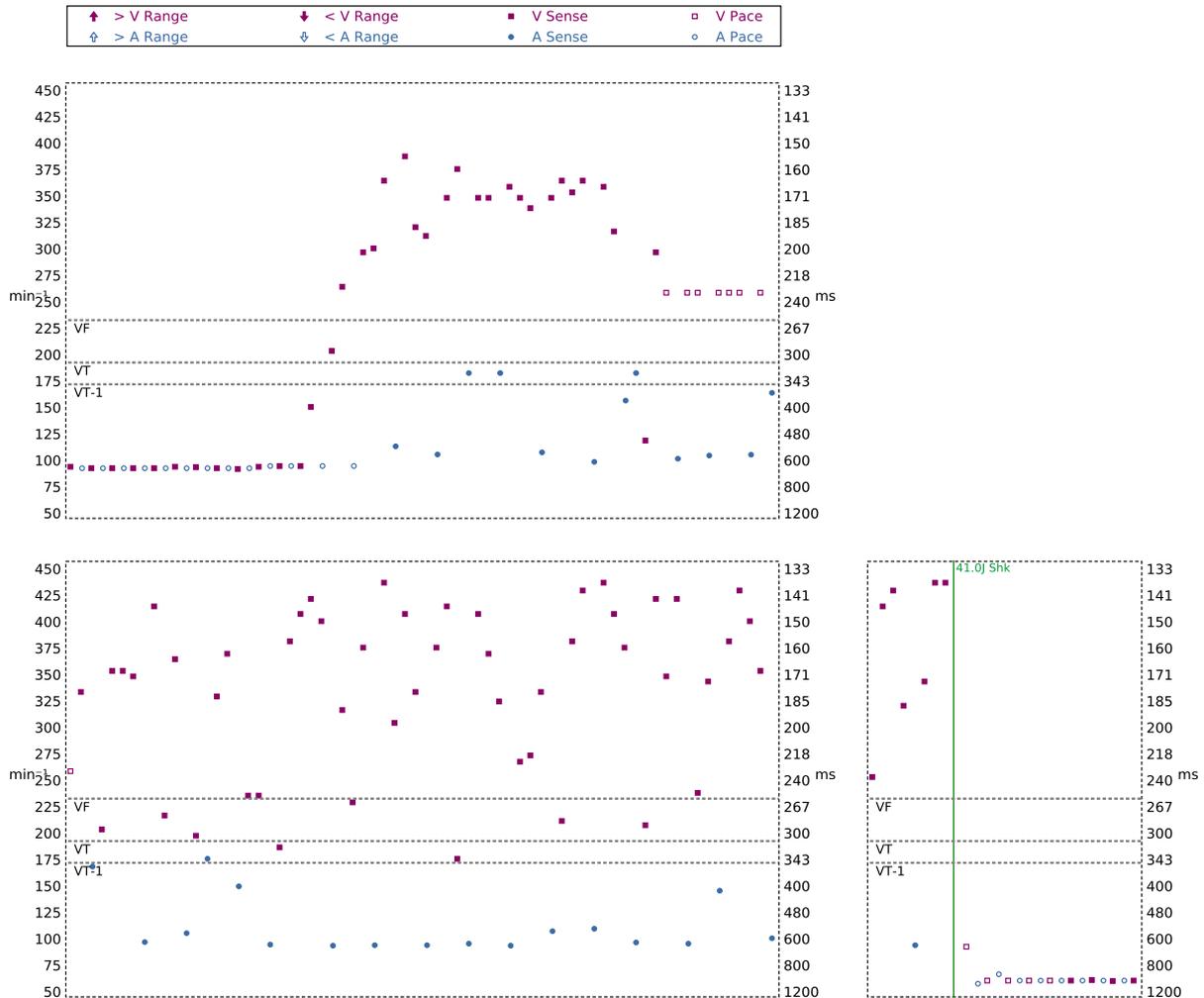
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EGM displayed at 25mm per second



Chapter 2



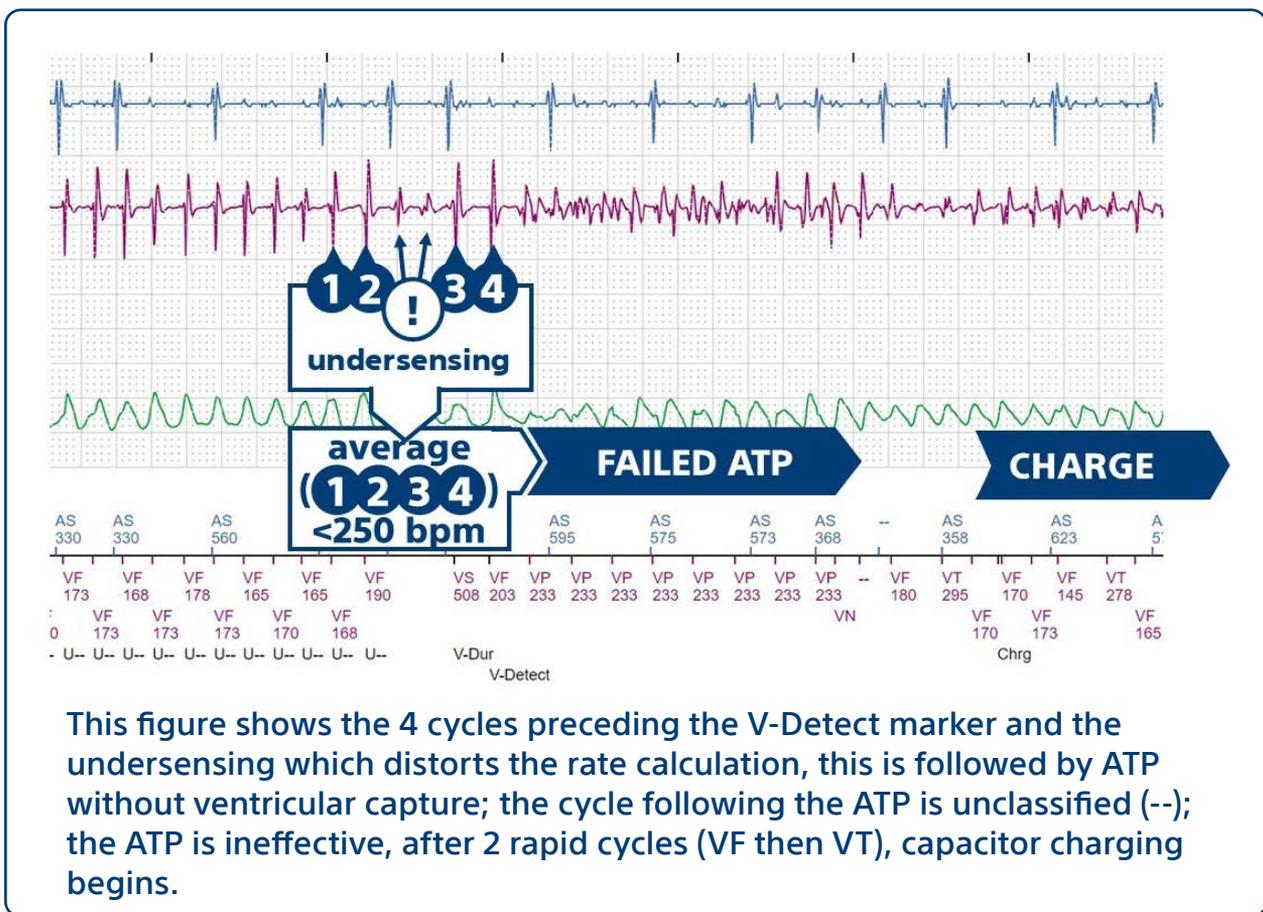


Points to remember

- 2 programming options are available for ATP Quick Convert in VF zones: ATP delivered for tachycardias of less than 250 beats/minute or for tachycardias of less than 300 beats/minute.
- in guideline recommendations, the lower limit of the VF zone is 250 beats/minute; programming ATP Quick Convert up to 300 beats/minute could be considered
- the ventricular rate is calculated as the average of the 4 ventricular cycles preceding the V-Detect marker; in this example, ATP is delivered while the ventricular rate is very fast due to the presence of undersensing; this ATP is ineffective (no effective ventricular capture) and does not terminate the arrhythmia



- the level of evidence for the efficacy of ATP for tachycardias above 250 beats/minute is weak; indeed, for this rate range, a majority of ventricular arrhythmias are disorganized and polymorphic and therefore theoretically less likely to be terminated by anti-tachycardia pacing : unpublished data from our center does indicate that there is an interest in performing ATP at these high rates





9

Oversensing and anti-tachycardia pacing in the VF zone

Patient

- 73-year-old male implanted with a secondary-prevention, dual-chamber defibrillator for ischaemic cardiomyopathy with sustained VT 8 years ago; box change with implantation of a Teligen defibrillator; multiple episodes of non-sustained VT or VF requiring 1 to 2 ATP sequences noted during a routine consultation

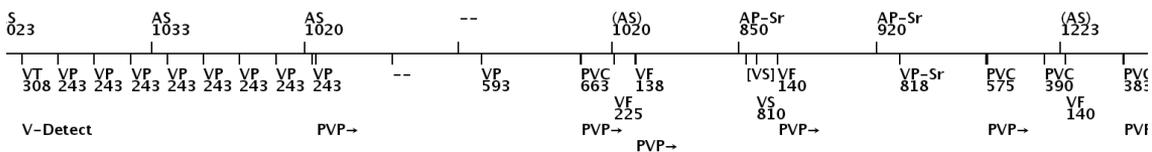
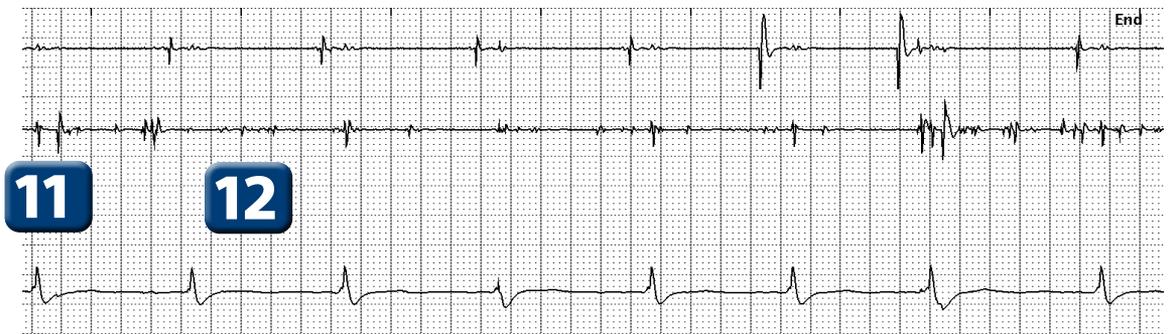
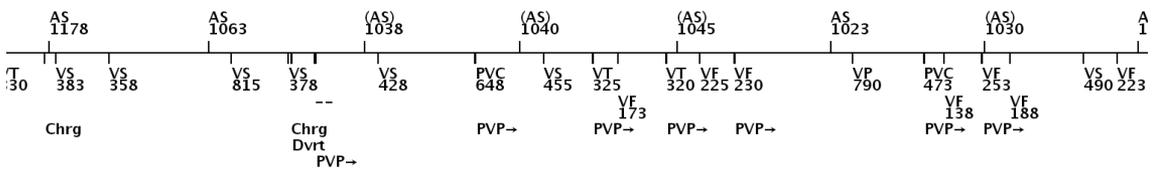
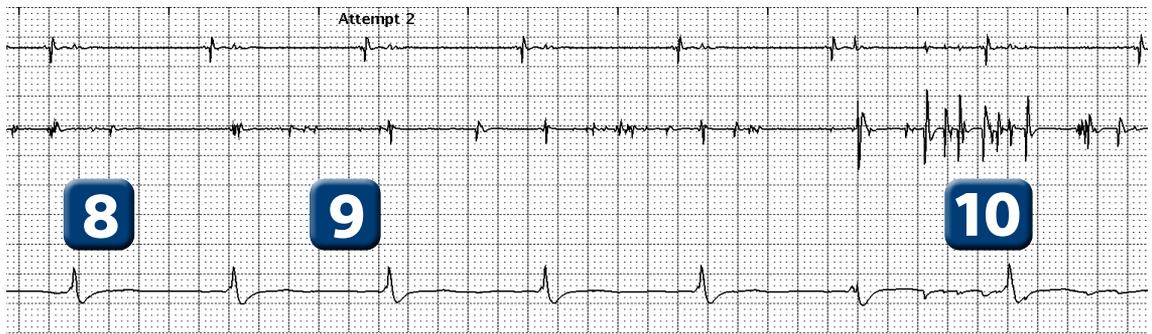
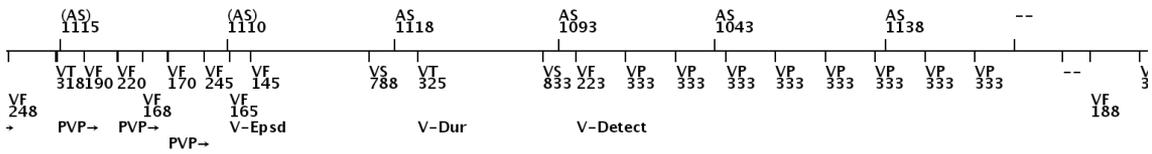
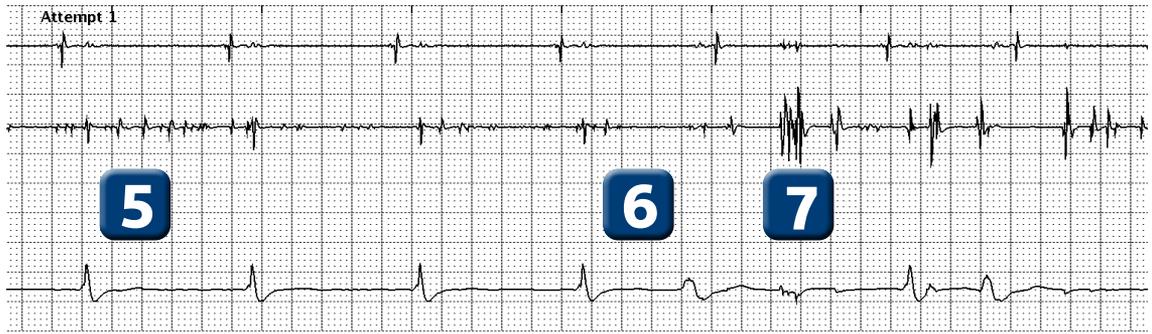
Summary

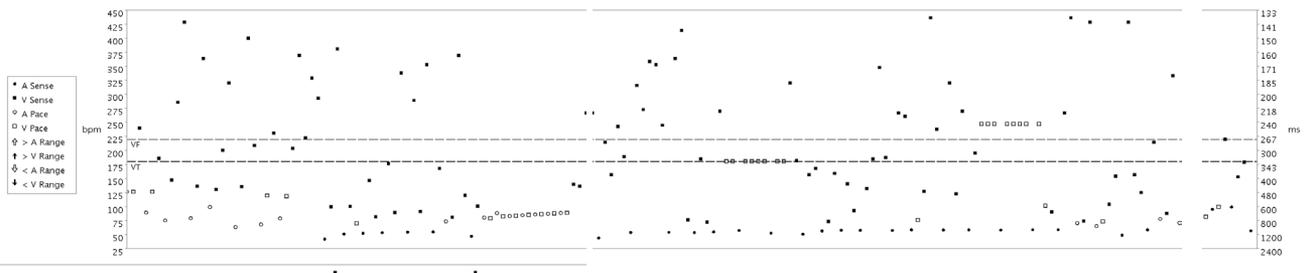
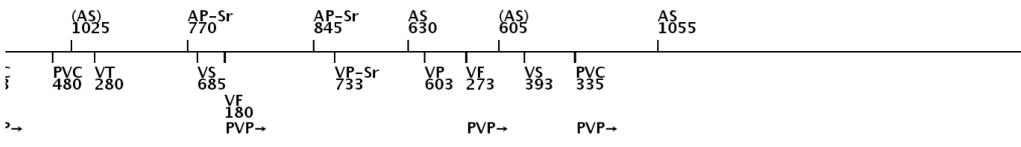
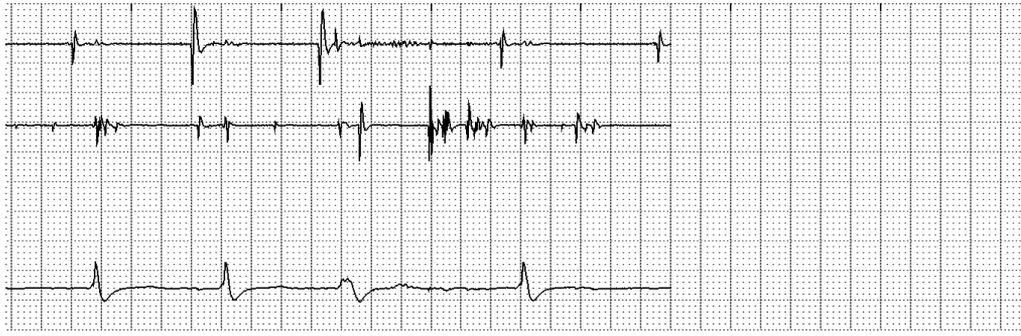
- initially, the episode is classified in the VF zone
- ATP is delivered, the shock is diverted due to reconfirmation failure
- a second episode is diagnosed in the VT zone; a burst of ATP is delivered

EGM layout

- 1** AP-Sr VP-Sr cycle (Sr for sensor, meaning that the rate is set by the sensor: rate response)
- 2** oversensing by the ventricular channel with signals of variable amplitude and morphology in the VT or VF zone; the shock channel shows no oversensing and allows differentiation of spontaneous ventricular activity; atrial pacing is at the sensor indicated rate ; the atrial rate is variable because it is influenced by ventricular oversensing
- 3** VF counter is filled (V-Epsd)
- 4** oversensing is intermittent and at the end of the duration, the rhythm is considered sinus; no therapy is delivered
- 5** new ventricular oversensing
- 6** the VF counter is filled and at the end of the duration, the first therapy is delivered.
- 7** during ATP (Quick Convert), ventricular capture is intermittent (2 effective stimuli, 6

Chapter 2





Points to remember

- this tracing shows an example of inappropriate therapy due to lead dysfunction; a very rapid pacing sequence is delivered, illustrating one of the potential risks of systematically programming a pacing sequence for rates up to 300 beats/minute; for these very high heart rates, there is an increased risk of inappropriate treatment by rapid pacing of non-physiological, false-positive tachycardias (lead fracture, oversensing of P, R or T wave, electromagnetic interference)
- in patients with ischemic cardiomyopathy, VT can be triggered by a rapid ventricular pacing protocol; this perfectly explains the potential pro-arrhythmogenic effect of inappropriate anti-tachycardia pacing, particularly when the pacing protocol is very aggressive in the VF zone; the pro-arrhythmogenic risk has been particularly well documented for anti-tachycardia pacing and for low-amplitude shocks (much more so than for maximum-amplitude shocks, which are less arrhythmogenic)



10 Anti-tachycardia pacing in the VT zone

Patient

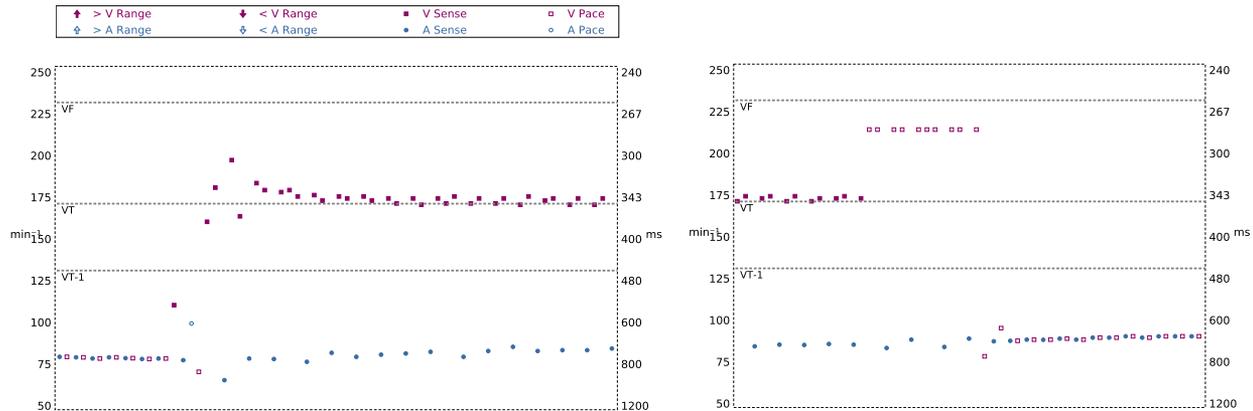
- 62-year-old male implanted with a Momentum CRT defibrillator

Summary

- episode classified in the VT zone
- 1 burst

EGM layout

- 1** spontaneous atrial rhythm and biventricular pacing
- 2** regular, monomorphic ventricular tachycardia (atrioventricular dissociation) diagnosed in the VT zone
- 3** V-Epsd after 8 out of 10 cycles in VT or VT-1 zone
- 4** start of initial VT zone duration (12 seconds)
- 5** diagnosis of sustained VT (V-Detect) at end of duration (V>A)
- 6** burst of 10 complexes at fixed cycle length; biventricular pacing
- 7** effective burst and arrhythmia termination



Points to remember

- a priority when programming an implantable defibrillator is to reduce the number of shocks delivered as much as possible without compromising patient safety; the ideal scenario is to interrupt the tachycardia with the least aggressive and least painful therapy possible; anti-tachycardia pacing is therefore the preferred first-line therapy for organized reentrant tachycardias since it is less painful and reduces battery consumption compared to shocks.
- the basic principle of anti-tachycardia pacing is based on the existence of an excitation window in a reentrant circuit during which rapid pacing can generate a new activation front that collides with the tachycardia circuit and interrupts it; the ventricle must therefore be paced at a higher rate than the tachycardia
- the efficacy of this type of therapy has been demonstrated for a wide range of ventricular tachycardia rates up to 240 beats/minute; anti-tachycardia pacing terminates around 90% of ventricular tachycardias with rates below 200 beats/minute, with a moderate risk of acceleration on the order of 1 to 5%.
- these observations have repositioned the implantable «defibrillator» as a first-line treatment for arrhythmias through rapid pacing, with the possibility of defibrillation as a back-up only.



- one or more ATP sequences can be programmed empirically, without the need for prior electrophysiological testing of efficacy
- this patient presented with numerous episodes of VT effectively treated by anti-tachycardia pacing; rapid and effective treatment by pacing enabled the patient to remain asymptomatic with a preserved quality of life while preserving the battery's longevity

How it works

Reentry Circuit

Excitable Gap

Depolarizing Wavefront from ATP Stimulus

This figure shows how antitachycardia pacing works. Scan the QR code to see a Youtube video made by Dr. Joshua Cooper clearly explaining how ATP works with animations.



11

Anti-tachycardia pacing in the VT zone and post-detection duration

Patient

- 73-year-old woman implanted with a Resonate CRT defibrillator

Summary

- episode classified in the VT zone
- 4 bursts + 3 ramps

EGM

- 1** spontaneous rhythm in the atrium and biventricular pacing
- 2** regular, monomorphic ventricular tachycardia (atrioventricular dissociation) diagnosed in the VT zone
- 3** V-Epsd after 8 out of 10 cycles in the VT zone and start of initial VT zone duration (12 seconds)
- 4** diagnosis of sustained VT (V-Detect) at end of duration (V>A)
- 5** burst of 10 complexes at fixed rate; biventricular pacing
- 6** effective burst and arrhythmia termination
- 7** restart of an identical VT before the V-EpsdEnd marker
- 8** criterion 8/10 verified and start of post-detection time (1 second)
- 9** end of duration, burst (considered by the device as the second burst for the same episode)
- 10** effective burst, but rapid VT recurrence
- 11** third burst
- 12** fourth burst



- 13** first ramp (pacing with 10 ms increments between stimuli; shortest cycle length limited to 200 ms)
- 14** second ramp
- 15** third ramp
- 16** NSVT (criterion 8/10 not met)

V-71: 27 May 2021 15:39, VT, A Rate: 98 min⁻¹, V Rate: 207 min⁻¹

Detail

VT Event Onset

Avg A Rate	98 min ⁻¹
Avg V Rate	207 min ⁻¹
Detection	Rhythm ID
Template	04 Apr 2021 12:27
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	103 min ⁻¹
Avg V Rate	198 min ⁻¹
Rate Zone	VT
Stability	2 ms
V>A Rate	True
AFib	False
RhythmID Correlated	False
RhythmMatch™	70 %
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, Burst V ATP

Elapsed Time	00:00:30
ATP Information	
Number of Bursts	4

At V-Detect

Avg A Rate	98 min ⁻¹
Avg V Rate	200 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 2, Ramp V ATP

Elapsed Time	00:01:14
ATP Information	
Number of Bursts	3

Event Ended

00:01:57



AS	AS 583	AS 618	AS 603	AS 605	(AS) 625	AS 605	AS 633	AS 578	AS 605	AS 595
LVP 0	LVP 0	LVP 0	LVP 0	LVP 0	LVS 438	LVP 0	LVP 0	LVP 0	LVP 0	LVI 0
RVP	RVP 593	RVP 603	RVP 605	RVP 603	PVC 460	RVP 770	RVP 648	RVP 568	RVP 600	RVI 59!
					PVP→					

Chapter 2



	AS 610	(AS) 590	(AS) 683	(AS) 578	(AS) 610	AS 590	AS 590	AS 583	AS 580	AS 575	AS 580	
P	LVP 0	LVS 410	LVS 238	LVS 258	LVS 265	LVS 263	LVS 263	LVS 265	LVS 265	LVS 265	LVS 268	LVS 268
P	RVP 610	PVC 455	VT 280	VT 290	VT 285	VT 295	VT 293	VT 290	VT 293	VT 290	VT 293	VT 295
S		PVP→	PVP→	U72%	U78%	U78%	V-Epsd	U73%	U75%	U74%	U70%	U75%
				U72%	U67%	U71%						



	AS 588	AS 565	AS 585	AS	AS 585	AS 580	AS 583	AS 583	AS 580	AS 588	AS 560	AS 570
P	LVS 165	LVS 268	LVS 268	LVS 268	LVS 275	LVS 275	LVS 278	LVS 275	LVS 275	LVS 275	LVS 278	LVS 278
P	VT 293	VT 295	VT 293	VT 295	VT 303	VT 300	VT 303	VT 303	VT 300	VT 303	VT 300	VT 305
S	U71%	U66%	U67%	U71%	U77%	U72%	U71%	U73%	U63%	U68%	U65%	U68%
		U66%	U71%	U71%	U73%	U63%	U68%	U65%	U68%	U64%	U58%	U67%



	AS 570	AS 580	AS 575	AS 580	AS 585	AS 580	AS 580	AS 580	AS 583	AS 560	AS 573	AS 570
P	LVS 175	LVS 278	LVS 275	LVS 280	LVS 278	LVS 278	LVS 278	LVS 275	LVS 278	LVS 278	LVS 278	LVS 278
P	VT 300	VT 305	VT 300	VT 305	VT 303	VT 305	VT 303	VT 303	VT 303	VT 305	VT 303	VT 251
S	U66%	U67%	U73%	U64%	U70%	U70%	U64%	U68%	U69%	U62%	V-Detect	V>A
	U66%	U67%	U73%	U64%	U70%	U70%	U64%	U68%	U69%	U62%	Stb	V>A



Therapies: 11

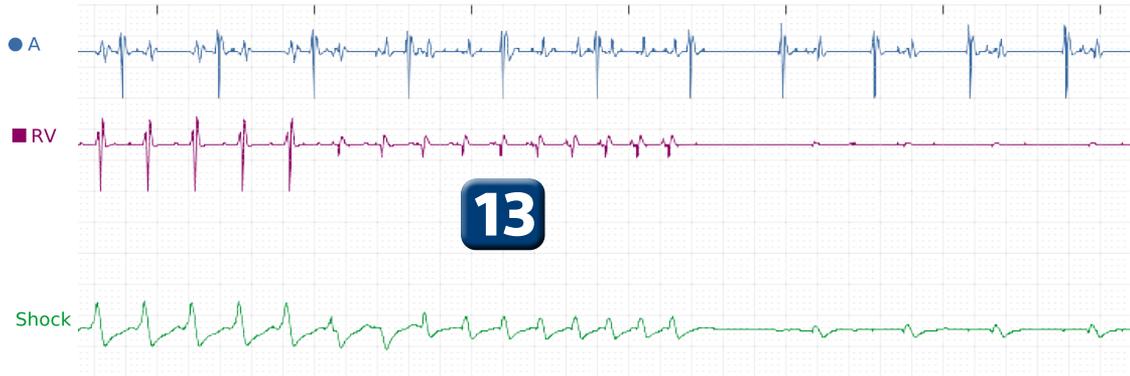


				AS 560	AS 573	AS 580	AS 575	AS 583	AS 605	AS 643	AS 655	AS 678
1	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP
	0	0	0	0	0	0	0	0	0	0	0	0
2	RVP	RVP	RVP	RVP	RVP	RVP	RVP	RVP	RVP	RVP	RVP	RVP
	253	253	253	1058	573	535	575	583	605	643	660	678
3	PVP→											



					(AS) 685	(AS) 673	(AS) 623	(AS) 615	AS 595	AS 603	AS 588	AS 585	AS 590	
1	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS
	400	255	283	278	275	270	273	270	300	265	273	270	270	270
2	PVC	VT	VT	VT	VT	VT	VT	VT	LVS	VT	VT	RVP	RVP	RVP
	448	285	303	308	303	298	300	298	3	293	300	298	248	248
3	PVP→		PVP→		PVP→		PVP→			V-Detect				PVP→

Chapter 2

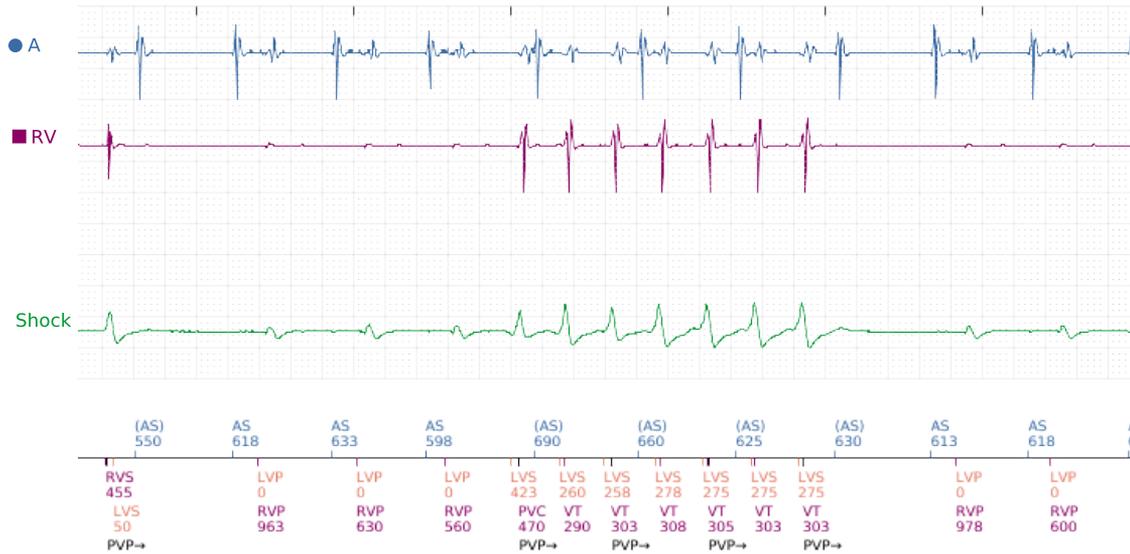
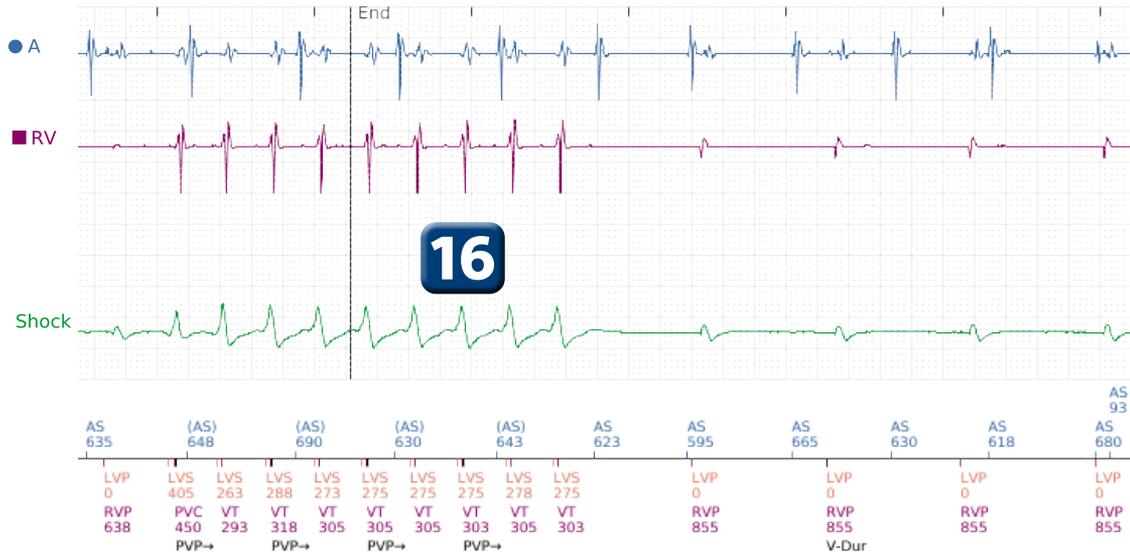


AS 610	AS 613	AS 605	AS 603	AS 605	AS 595	--	AS 580	AS 588	AS 605	AS 613
LVS 270	LVS 273	LVS 275	LVS 273	LVS 273	LVP 0					
VT 300	VT 300	VT 303	VT 300	RVP 273	RVP 273	RVP 263	RVP 253	RVP 243	RVP 233	RVP 223
V-Detect					PVP→					



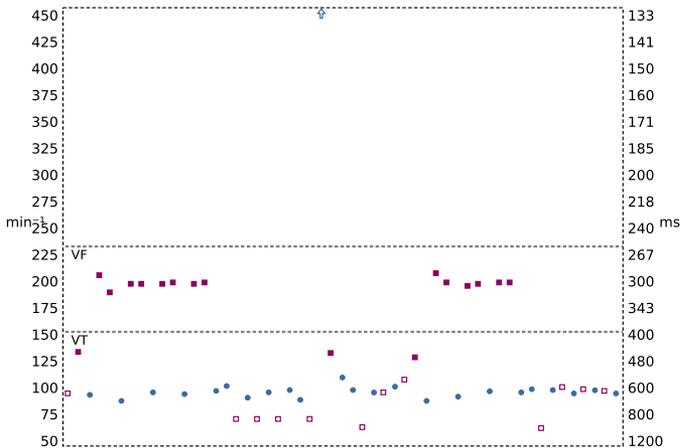
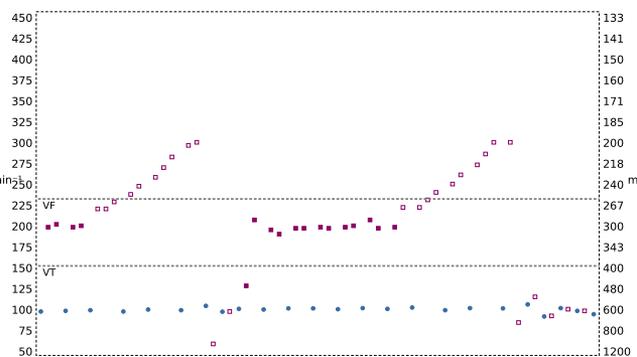
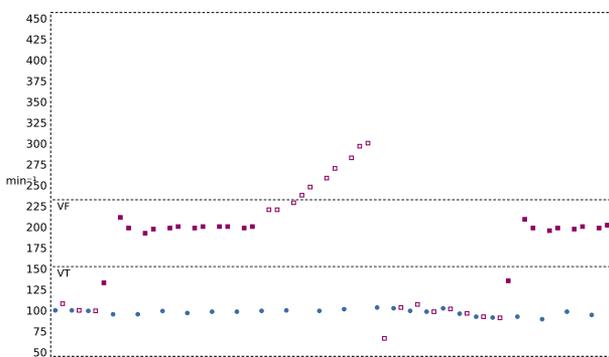
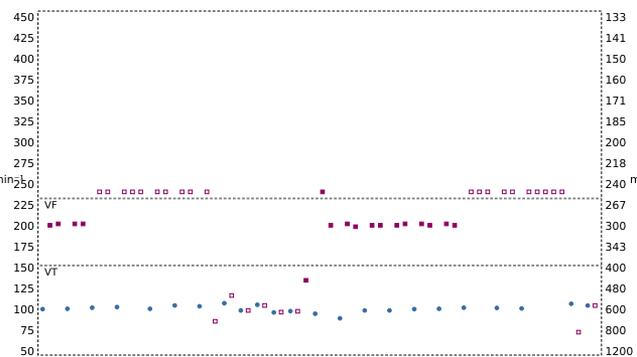
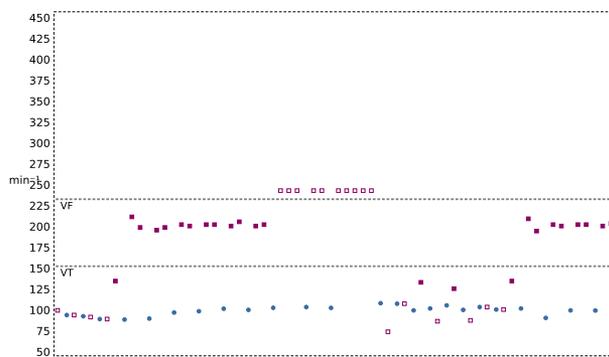
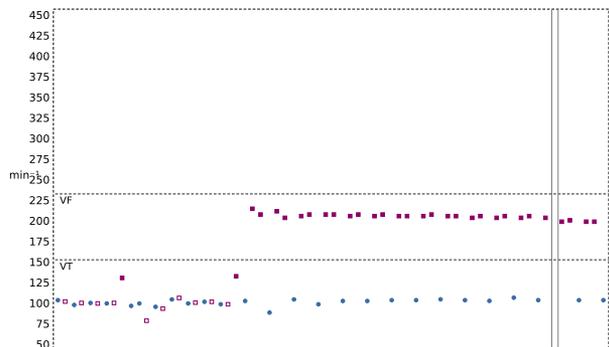
AS 590	AS 628	AS 653	AS 660	(AS) 650	(AS) 675	(AS) 615	(AS) 638	AS 618	AS 613	AS 608	
LVP 0	LVP 0	LVP 0	LVP 0	LVS 400	LVS 258	LVS 255	LVS 278	LVS 273	LVS 278	LVS 273	
RVP 593	RVP 625	RVP 655	RVP 663	PVC 445	VT 288	VT 303	VT 308	VT 303	VT 305	VT 300	
				PVP→		PVP→		PVP→		V-Detect	

Chapter 2





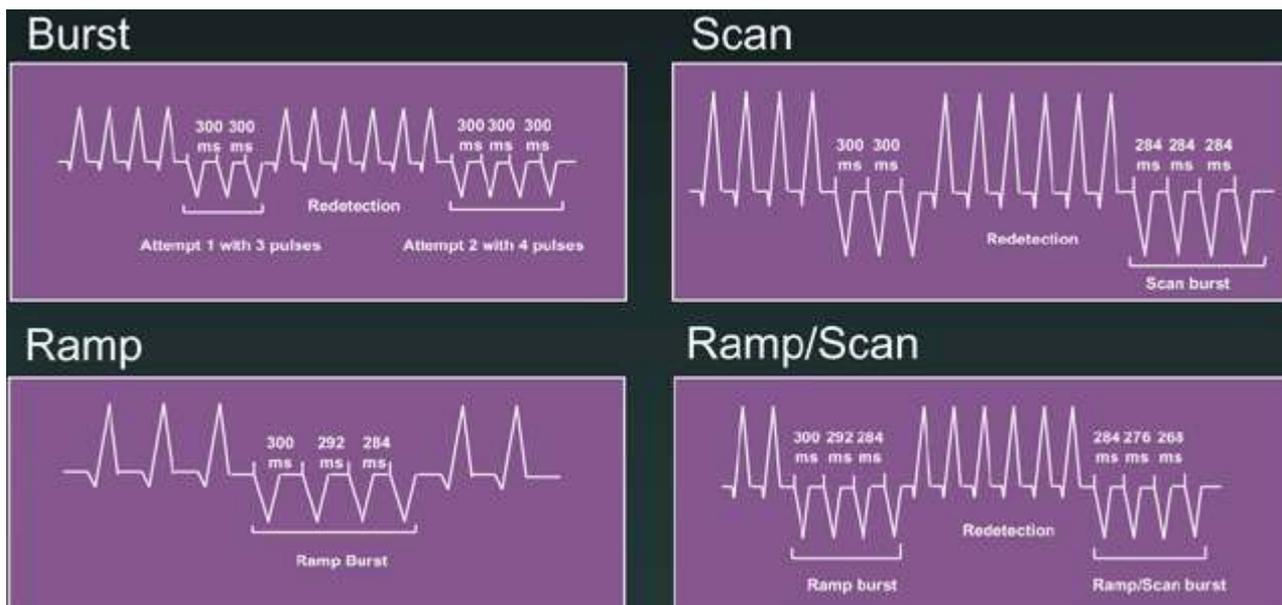
Therapies: 11





Points to remember

- this clinical case highlights the importance of programming the redetection duration time for the VT zone; this patient presented with numerous episodes of VT which terminated spontaneously or following anti-tachycardia pacing; the initial duration was programmed at 12 seconds; anti-tachycardia pacing was effective, but the tachycardia recurred before the end-of-episode marker; the redetection time set at 1 second was then applied, leading to pacing after a limited number of tachycardia cycles
- for an anti-tachycardia pacing sequence, there is no additional delay between the end of the duration and therapy; on the other hand, to deliver a shock, charging time and post-charging confirmation are added; therefore in this patient, it seems advisable to lengthen the redetection duration for the VT zone (which is programmable in the VT zone and not in the VF zone) to encourage possible spontaneous termination of nonsustained VTs



This figure shows the different options for anti-tachycardia pacing:

- burst: interval duration is constant throughout a sequence
- ramp: the interval is reduced from one stimulus to the next by the programmable decrement value
- scan: interval duration is reduced from one burst/ramp to the next



12 Progression of therapies in the VT zone

Patient

- 73-year-old woman implanted with a Resonate CRT defibrillator

Summary

- episode classified in the VT zone
- 4 bursts + 4 ramps + 1 shock of 11 Joules

EGM layout

- 1** spontaneous atrial rhythm and biventricular pacing
- 2** monomorphic, regular ventricular tachycardia (atrioventricular dissociation) diagnosed in the VT zone
- 3** V-Epsd after 8 out of 10 cycles in the VT zone and start of initial VT zone duration (12 seconds)
- 4** diagnosis of sustained VT (V-Detect) at end of duration (V>A)
- 5** burst of 10 complexes at fixed rate; biventricular pacing
- 6** ineffective burst and ongoing arrhythmia
- 7** criterion 8/10 verified and start of post-detection time (1 second)
- 8** end of duration, second burst
- 9** ineffective burst
- 10** criterion 8/10 verified and start of post-detection time (1 second)
- 11** third burst
- 12** fourth burst

Chapter 2



- 13** first ramp
- 14** second ramp
- 15** third ramp
- 16** effective ramp
- 17** restart of an identical VT before the V-EpsdEnd marker
- 18** fourth ramp (the device considers this to be the same episode)
- 19** next therapy is a shock; capacitor charging begins
- 20** end of charge
- 21** shock delivered after the end of the diversion window on the second rapid ventricular cycle
(2/3 rapid cycle criterion verified)
- 22** effective shock

V-40: 27 May 2021 14:40, VT, A Rate: 98 min⁻¹, V Rate: 217 min⁻¹

Detail

VT Event Onset

Avg A Rate	98 min ⁻¹
Avg V Rate	217 min ⁻¹
Detection	Rhythm ID
Template	04 Apr 2021 12:27
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	109 min ⁻¹
Avg V Rate	205 min ⁻¹
Rate Zone	VT
Stability	3 ms
V>A Rate	True
AFib	False
RhythmID Correlated	False
RhythmMatch™	69 %
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, Burst V ATP

Elapsed Time	00:00:30
ATP Information	
Number of Bursts	4

At V-Detect

Avg A Rate	112 min ⁻¹
Avg V Rate	202 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 2, Ramp V ATP

Elapsed Time	00:00:56
ATP Information	
Number of Bursts	4

At V-Detect

Avg A Rate	109 min ⁻¹
Avg V Rate	233 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 3, 11 J V Shock

Elapsed Time	00:01:28
Shock Information	
Charge Time	2.0 s
Lead Impedance	60 Ω
Lead Polarity	Initial

Event Ended

00:02:01



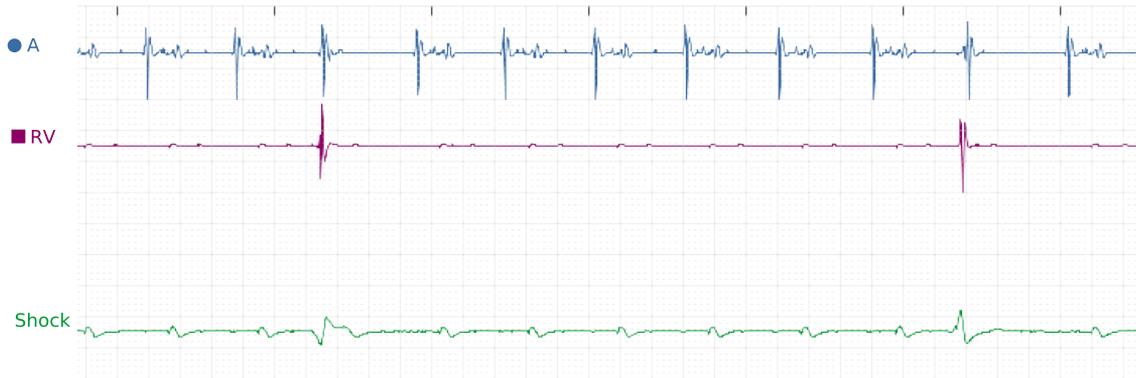
Therapies: 12

LATITUDE™ Patient Management - Event Detail Report

23 Jan 2023



	(AS)		AS 583		AS 590		AS 568		AS 563		AS 550		AS 560	--		AS 533		AS 570		AS 565		AS 54	
LVS	VT	LVS	LVS	LVS	LVS	LVS	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVP	LVS	LVS	LVS	LVP		
		288	253	260	260	260	0	0	0	0	0	0	0	0	0	0	0	0	393	0	0		
VT		285	285	285	285	285	285	258	258	248	238	228	218	208	200	200	200	968	440		648		
PVP→							V-Detect																



	3	AS 540		AS 568		(AS) 563		AS 593		AS 553		AS 578		AS 580		AS 590		AS 600		(AS) 613		AS 630	
LVP	0	LVP	0	LVP	0	PVC	420	LVP	0	LVS	425	LVP	0										
RVP	545	RVP	538	RVP	568	LVS	3	RVP	735	RVP	565	RVP	565	RVP	583	RVP	590	RVP	600	PVC	448	RVP	795
						PVP→														PVP→			

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AS 588	AS 598	AS 608	AS 598	AS 595	AS 595	AS 615	AS 600	AS 618	AS 593	(AS) 635		
LVP 0	LVS 395	LVS 240	LVS 22E									
RVP 603	RVP 583	RVP 608	RVP 598	RVP 595	RVP 595	RVP 615	RVP 603	RVP 615	RVP 595	PVC 440	VT 273	VT 27
										V-EpsdEnd		Pv



(AS) 610	(AS) 588	(AS) 613	AS 588	AS 600	AS 575	AS 568	AS 575	AS 583	AS 583	AS 580	AS 580					
LVS 230	LVS 238	LVS 235	LVS 233	LVS 230	LVS 230	LVS 250	LVS 253	LVS 255	LVS 255	LVS 258	LVS 255	LVS 258	LVS 258	LVS 258	LVS 258	VT 285
VT 275	VT 283	VT 278	VT 280	VT 278	VT 275	VT 278	VT 278	VT 283	VT 280	VT 280	VT 283	VT 283				
P→	U66%	U64%	U70%	U77%	U67%	U78%	U78%	U75%	U73%	U63%	U64%					
	PVP→	PVP→	V-Epsd	U70%	U74%	U70%	U69%	U75%	U74%	U77%						
	U58%	U69%	U58%													



Therapies: 12

LATITUDE™ Patient Management - Event Detail Report

23 Jan 2023



AS	AS 570	AS 575	AS 565	AS 575	AS 573	AS 565	AS 570	AS 565	AS 570	AS 568	AS 560
LVS 268	LVS 265	LVS 265	LVS 268	LVS 265	LVS 265	LVS 265	LVS 268	LVS 265	LVS 268	LVS 265	LVS 265
VT 293	VT 290	VT 290	VT 288	VT 293	VT 290	VT 290	VT 288	VT 293	VT 290	VT 293	VT 290
U62%	U55%	U60%	U64%	U64%	U64%	U60%	U62%	U68%	U64%	U70%	U67%
U68%	U67%	U67%	U65%	U55%	U67%	U60%	U66%	U60%	U68%	U63%	L



AS 565	AS 540	AS 545	AS 548	AS 553	AS 553	AS 555	AS 548	AS 563	AS 543	--	(AS) 543
LVS 268	LVS 265	LVS 270	LVS 268	LVS 265	LVS 268	LVS 270	LVS 268	LVS 268	LVS 268	LVS 360	LVS 288
VT 293	VT 290	VT 293	VT 293	VT 290	VT 290	VT 293	RVP 245	RVP 245	RVP 245	--	VT 300
U56%	U63%	U66%	U68%	U63%	U69%	V-Detect	245	245	245	PVP→	PVP→
U62%	U63%	U61%	U72%	U70%	U69%	Srb					
						V>A					



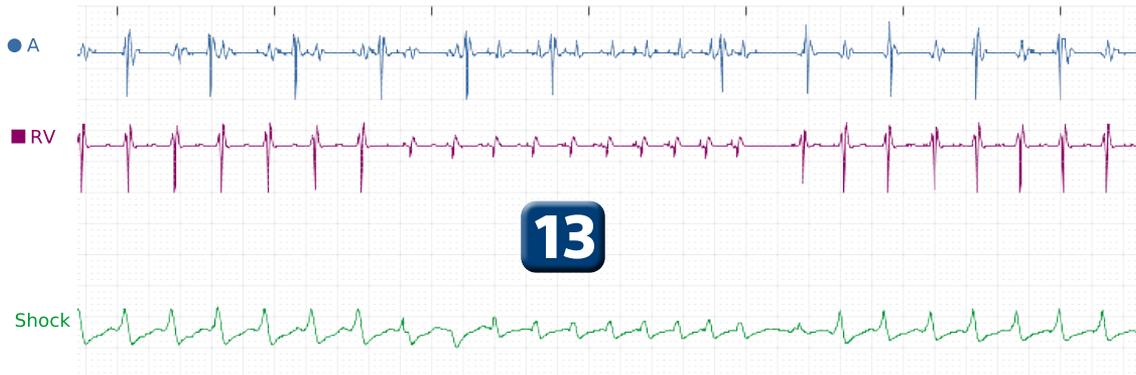
Therapies: 12

LATITUDE™ Patient Management - Event Detail Report

23 Jan 2023

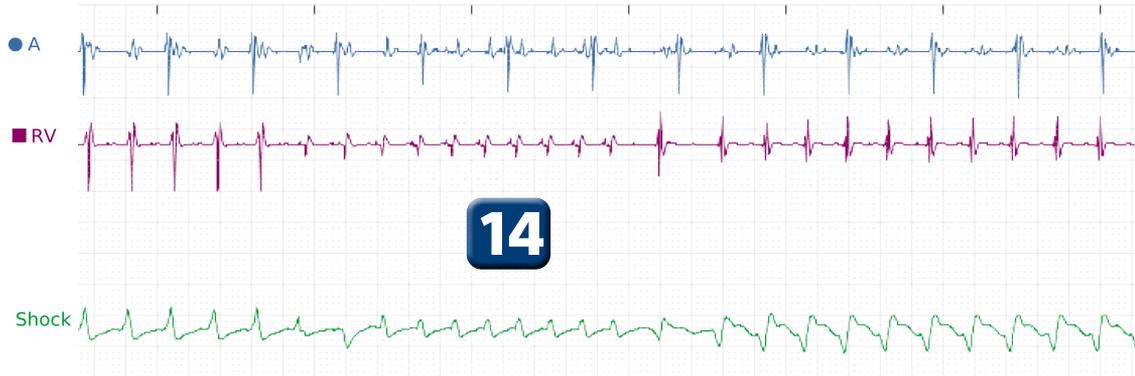


AS 530	(AS) 530	AS 535	AS 550	AS 535	AS 550	AS 535	AS 543	AS 535	--	(AS) 540	(AS) 558	(AS) 548
LVS 270	LVS 273	VT 298	LVS 255	LVS 270	LVS 273	LVS 270	LVP 0	LVP 0	LVP 0	LVS 363	LVS 295	LVS 290
VT 295	VT 298	VT 288	VT 295	VT 298	VT 298	VT 295	RVP 248	RVP 248	RVP 248	--	VT 305	VT 305
	PVP→					V-Detect				PVP→	PVP→	PVP→



AS 538	AS 533	AS 538	AS 550	AS 548	AS 540	AS 1080	--	(AS) 533	AS 540	(AS) 530		
LVS 270	LVS 270	LVS 273	LVS 273	LVS 275	LVS 273	LVS 270	LVP 0	LVP 0	LVP 0	LVS 410	LVS 253	LVS 273
VT 298	VT 295	VT 298	VT 295	VT 298	VT 300	VT 295	RVP 270	RVP 270	RVP 260	--	VF 258	VT 285
						V-Detect				PVP→	PVP→	PVP→

Chapter 2



(AS) 538	AS 538	AS 540	AS 540	AS 548	AS 538	AS 543	--	(AS) 535	(AS) 540	(AS) 548	(AS) 540	AS 538					
LVS 248	LVS 245	LVS 248	LVS 253	LVS 250	LVP 0	LVP 0	LVP 0	LVS 383	LVS 265	LVS 240	LVS 238	LVS 240	LVS 253	LVS 250	LVS 243	LVS 260	LVS 258
VT 270	VT 278	VT 270	VT 275	VT 273	RVP 248	RVP 248	RVP 238	RVS 403	RVS 285	VF 260	VF 255	VF 258	VT 270	VT 268	VT 258	VT 278	VT 275
V-Detect				PVP→				PVP→				PVP→					



AS 538	AS 1083	AS 535	AS 543	--	AS 533	AS 553	AS 548	AS 558	AS 533	(AS) 563	
LVS 243	LVS 258	LVS 260	LVP 0	LVP 0	LVP 0	LVP 0	LVS 393	LVP 0	LVP 0	LVS 363	
VT 263	VT 275	VT 278	RVP 245	RVP 235	RVP 225	RVP 215	RVS 438	RVP 630	RVP 533	PVC 420	
V-Detect				PVP→				PVP→			



Therapies: 12

LATITUDE™ Patient Management - Event Detail Report

23 Jan 2023



AS 573	AS 545	AS 583	AS 558	AS 578	AS 565	AS 605	(AS) 615	(AS) 620	(AS) 580	(AS) 585	AS 578					
LVP 0	LVS 453	LVP 0	LVS 395	LVS 245	LVS 233	LVS 258	LVS 248	VT 285	LVS 260	LVS 258	LVS 261					
RVP 713	RVS 463	RVP 668	RVP 560	RVP 575	RVP 568	RVP 605	PVC 440	VT 275	VT 280	VT 285	VT 290	VT 288	LVS 5	VT 288	VT 283	VT 28
							PVP→		PVP→		PVP→		PVP→			



AS 568	AS 568	AS 563	AS 570	AS 543	--	AS 535	(AS) 553	(AS) 563	(AS) 545	AS 545	AS 553														
3 LVS 260	3 LVS 260	3 LVS 258	3 LVP 0	3 LVS 353	3 LVS 333	3 LVS 258	3 VF 240	3 LVS 223	3 VF 248	3 LVS 225	3 LVS 245	3 VF 248	3 LVS 228	3 LVS 253	3 LVS 248	3 VF 250									
8 VT 285	8 VT 288	8 VT 283	8 RVP 258	8 RVP 258	8 RVP 248	8 RVP 238	8 RVP 228	8 RVP 218	8 RVP 208	8 RVP 200	8 RVP 200	--	8 VT 355	8 VT 275	8 VF 243	8 VF 248	8 VF 265	8 VF 265	8 VF 248	8 VF 248	8 VF 270	8 VT 265	8 VT 265	8 VT 265	8 VT 265
		V-Detect					PVP→		PVP→		PVP→		PVP→		PVP→		PVP→		PVP→					V-Du	

Chapter 2



AS 550	AS 550	AS 553	AS 545	AS 1108	--	AS 583	AS 555	AS 533	
LVS 230	LVS 248	LVS 248	LVS 248	LVS 248	[RVS]	VT 263	VT 275	--	LVS 60
VF 253	VT 265	VT 268	VT 265	VT 268	VT 268	VT 265	VT 268	--	LVS 60
r	V-Detect	Chr	Chr	Chr	Chr	11.0j Shk	PVP→	PVP→	PVP→

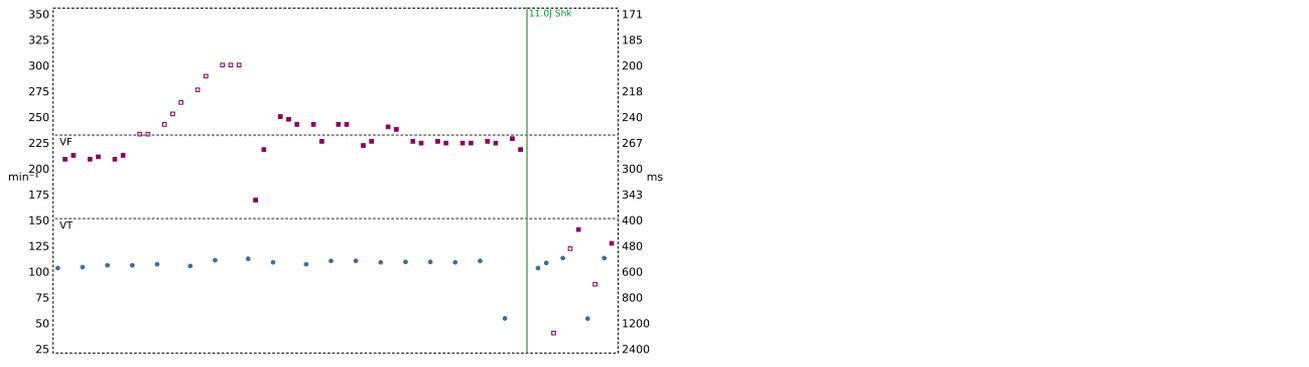
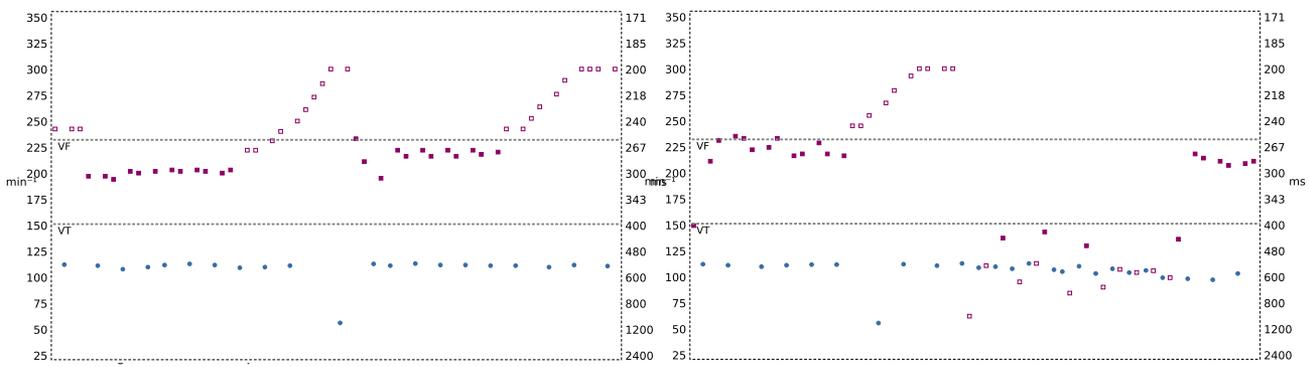
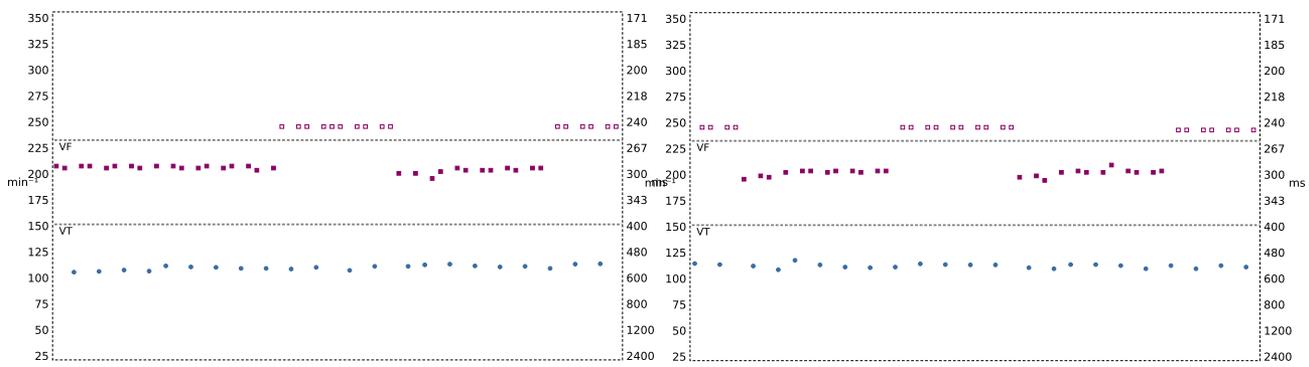
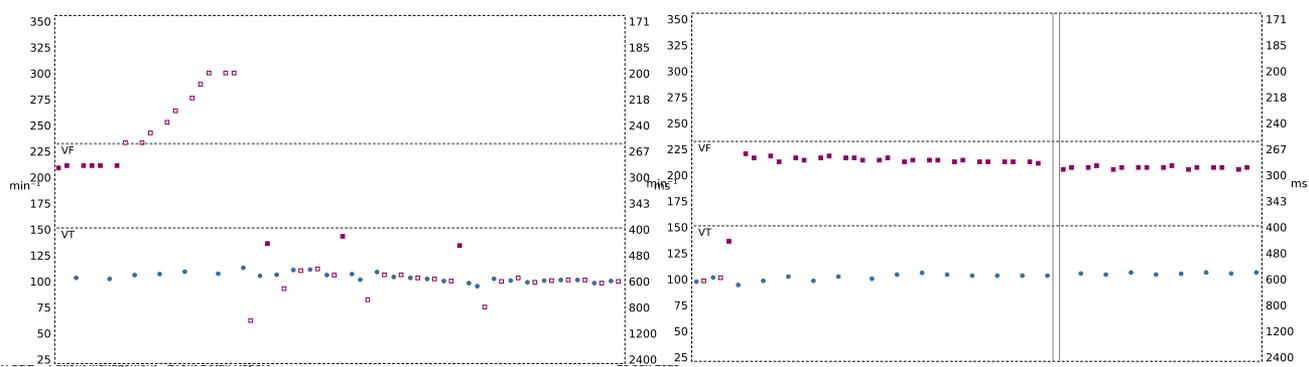


AS 1120	AS 533	AS 538	AS 535	AS 548	AS 528	AS 565	AS 545	AS 593	AS 548	AS 553	AS 588
LVP 0	LVS 450	LVP 0	LVS 435	LVP 0	LVP 0	LVP 0	LVP 0				
RVP 688	RVS 473	RVP 598	RVP 535	RVP 548	RVP 530	RVP 563	RVS 458	RVP 683	RVP 555	RVP 545	RVP 590



Therapies: 12

- ◆ > V Range
- ◆ < V Range
- V Sense
- V Pace
- ◆ > A Range
- ◆ < A Range
- A Sense
- A Pace





Points to remember

- during this episode, the first sequences of anti-tachycardia pacing fail to terminate the arrhythmia; as in the previous trace, anti-tachycardia pacing is then effective, but the tachycardia recurs before the end-of-episode marker, and successive therapies follow until a shock is delivered ; the programming of ramps following bursts is not systematic for this rate range since it is more aggressive with an increased risk of acceleration into a rapid polymorphic tachycardia

to optimize the effectiveness of anti-tachycardia pacing, various parameters can be programmed:

- 1** type of sequence : in a burst, the interval duration is constant during a sequence (no change in frequency from one stimulus to the next); in a ramp, the interval is reduced from one stimulus to the next by the value of the programmable decrement;
- 2** the number of bursts/ramps programmed varies according to the rate of the tachycardia; it is possible to program 2 burst or ramp sequences per VT or VT-1 zone; in a slow VT zone (< 150 beats/minute), it is possible to program a large number of bursts and/or ramps, to delay as long as possible shock delivery to a tachycardia that does not generally threaten short-term survival; for tachycardias between 150 and 200 beats/minute, it is usual to program 2 to 6 bursts/ramps, even if the success rate beyond 3 or 4 bursts is very limited;
- 3** the number of pulses per sequence: on average, 5 to 15 consecutive pacing impulses are programmed in each burst; if the number is too low, the stimulation sequence may not penetrate the tachycardia circuit and the burst is ineffective; on the other hand, if the number is too high, there is a risk of terminating and then re-inducing the tachycardia; an additional stimulus can be added systematically from one sequence to the next; according to the guidelines, a minimum number of 8 stimuli per sequence should be programmed;
- 4** the value of coupling and pacing intervals: the shorter the coupling, the more aggressive the therapy and the greater the risk of accelerating the tachycardia; according to the guidelines,



for a burst, a coupling of 88% in relation to the rate of the tachycardia should be programmed; for Boston Scientific defibrillators, the coupling interval (interval between the last tachycardia cycle and the first pacing cycle) and the pacing interval (interval between different paced impulses) are independently programmable; the percentage is calculated in relation to the average of the 4 intervals preceding therapy;

- 5** minimum coupling limits the aggressiveness of a stimulation sequence; there is a programmable rate limit above which, regardless of programming, the device will not deliver stimulation; when, during a ramp for example, the minimum coupling interval is reached, subsequent cycles are paced with this minimum coupling interval without further decrementing;
- 6** stimulation amplitude and pulse duration can be programmed to favor effective capture during tachycardia (5 Volts/1 ms);
- 7** maximum duration for ATP : this defines the time after which ATP sequences will be interrupted to deliver a shock; the idea is not to delay the onset of the first shock by too many ATP sequences.

The screenshot displays a settings window titled "SETTINGS - VT-1 ATP DETAILS" with a "Close" button in the top right corner. It is divided into two columns for ATP1 and ATP2 configurations.

ATP1	ATP2
Burst	Ramp/Scan
Number of Bursts: 4	Number of Bursts: 4
Pulses per Burst: 4	Pulses per Burst: 4
Initial: 4	Initial: 4
Increment: 0	Increment: 0
Maximum: [Slider]	Maximum: [Slider]
Coupling Interval: 81 %	Coupling Interval: 81 %
Decrement: 0 ms	Decrement: 10 ms
Burst Cycle Length: 81 %	Burst Cycle Length: 81 %
Ramp Decrement: 0 ms	Ramp Decrement: 10 ms
Scan Decrement: 0 ms	Scan Decrement: 10 ms
Minimum Interval: 220 ms	Minimum Interval: 220 ms

This figure shows the various programming options for optimizing the effectiveness of the anti-tachycardia pacing sequence(s).



13 Low-amplitude shock and acceleration of arrhythmia

Patient

- 80-year-old male implanted with an Incepta CRT defibrillator

Summary

- episode classified in the VT zone
- 4 bursts + 3 ramps + 1 shock of 11 Joules + 1 shock of 41 Joules

EGM layout

- 1** regular monomorphic ventricular tachycardia (atrioventricular dissociation) diagnosed in the VT zone
- 2** burst of 8 complexes at fixed rate; biventricular pacing
- 3** ineffective burst and ongoing arrhythmia
- 4** second burst with additional paced impulse
- 5** third burst
- 6** fourth burst
- 7** first ramp
- 8** second ramp
- 9** third ramp
- 10** next therapy is a shock; capacitor charging begins
- 11** 11 Joule shock delivered after the end of the diversion window on the second rapid ventricular cycle (2/3 rapid cycle criterion verified)
- 12** accelerated ventricular rate with very fast VT detected in the VF zone



13 VF episode detection and capacitor charging

14 41 Joule effective shock

V-832: 05 Feb 2018 09:31, VT, A Rate: 69 min⁻¹, V Rate: 153 min⁻¹

Detail

VT Event Onset

Avg A Rate	69 min ⁻¹
Avg V Rate	153 min ⁻¹
Detection	Rate Only
Template	N/R

At V-Detect

Avg A Rate	71 min ⁻¹
Avg V Rate	152 min ⁻¹
Rate Zone	VT
Stability	(13 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
RhythmMatch™	N/R
SRD Met	(False, Off)
ATP Timeout	False
Onset Intvl	(8 ms, Off)
Onset %	(1 %, Off)

Attempt 1, Burst V ATP

Elapsed Time	00:00:04
ATP Information	
Number of Bursts	4

At V-Detect

Avg A Rate	66 min ⁻¹
Avg V Rate	154 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 2, Ramp V ATP

Elapsed Time	00:00:45
ATP Information	
Number of Bursts	3

At V-Detect

Avg A Rate	66 min ⁻¹
Avg V Rate	156 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 3, 11 J V Shock

Elapsed Time	00:01:19
Shock Information	
Charge Time	2.3 s
Lead Impedance	35 Ω
Lead Polarity	Initial

At V-Detect

Avg A Rate	N/R
Avg V Rate	274 min ⁻¹
Rate Zone	VF
Stability	(5 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
SRD Met	(False, Off)
ATP Timeout	False

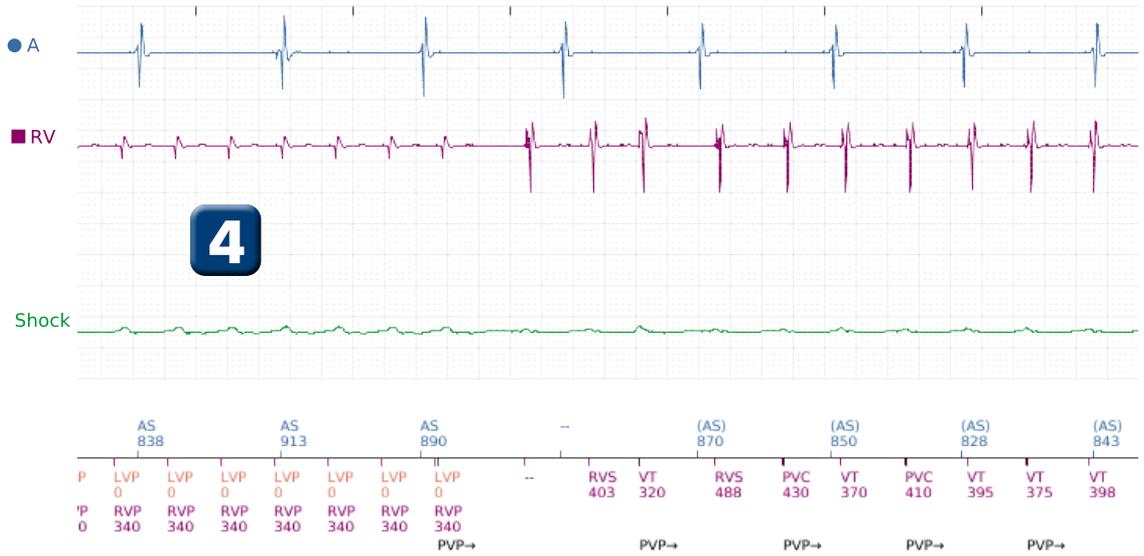
Attempt 4, 41 J V Shock

Elapsed Time	00:01:26
Shock Information	
Charge Time	11.2 s
Lead Impedance	37 Ω
Lead Polarity	Initial

Event Ended 00:02:10

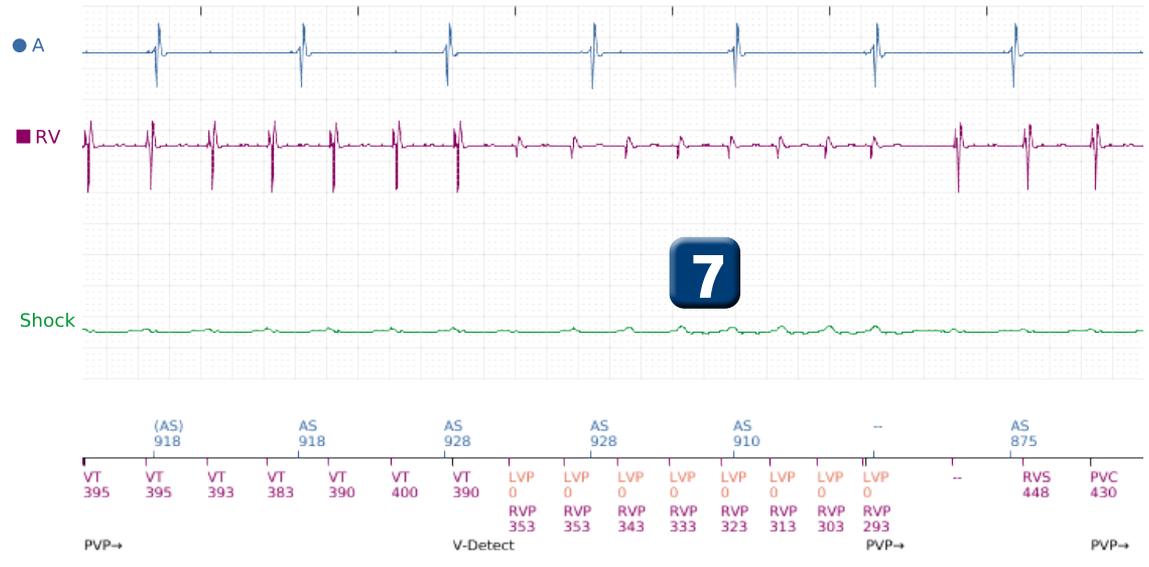
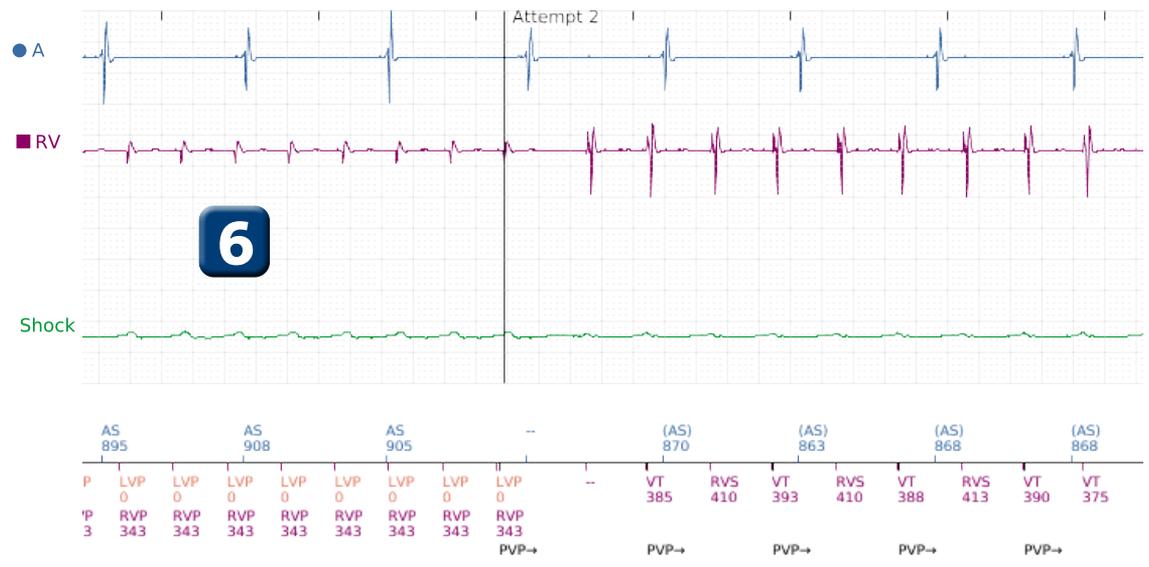


Therapies: 13

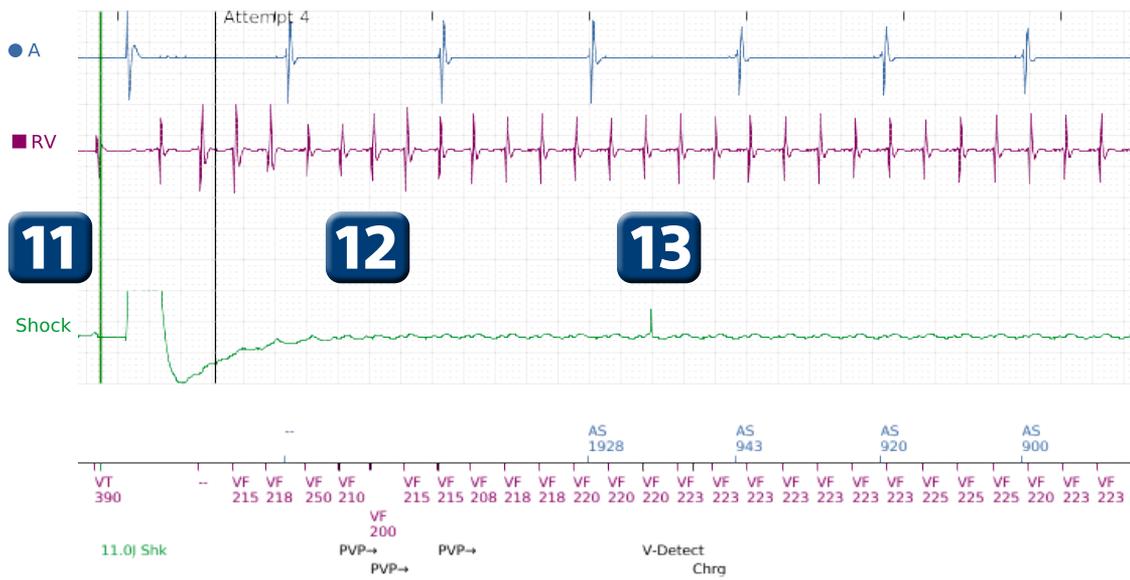




Therapies: 13

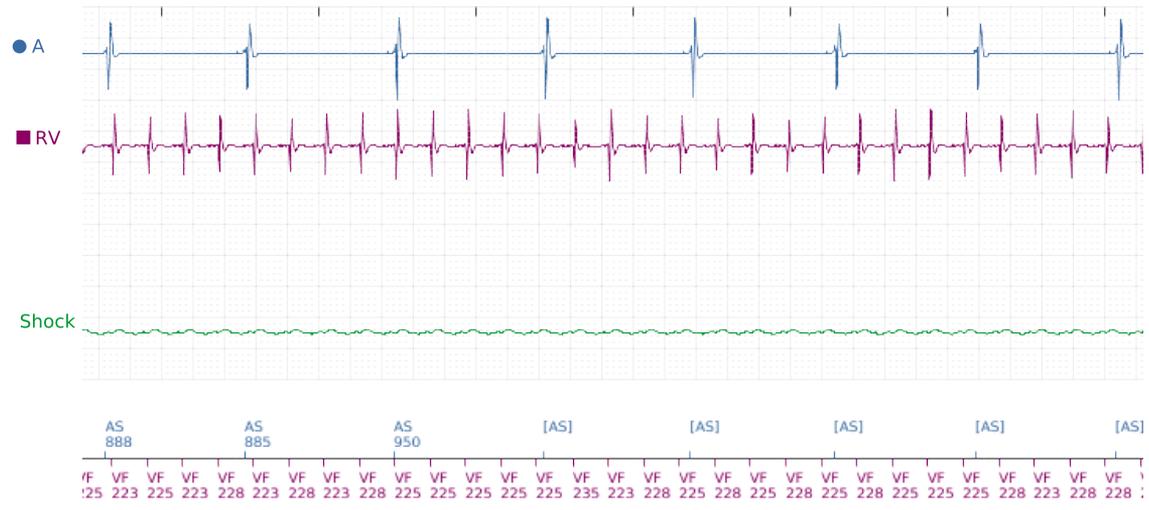


Chapter 2

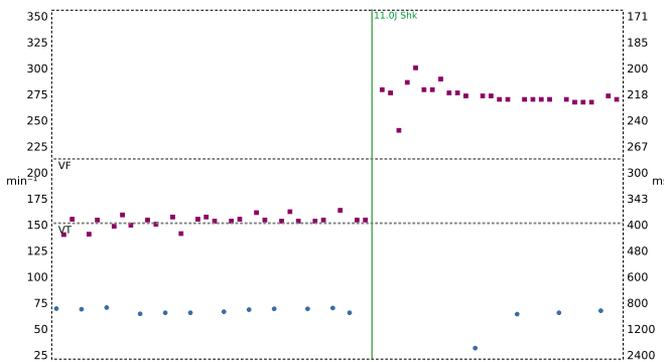
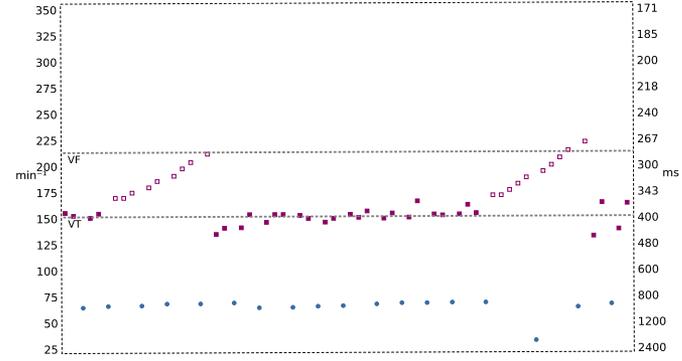
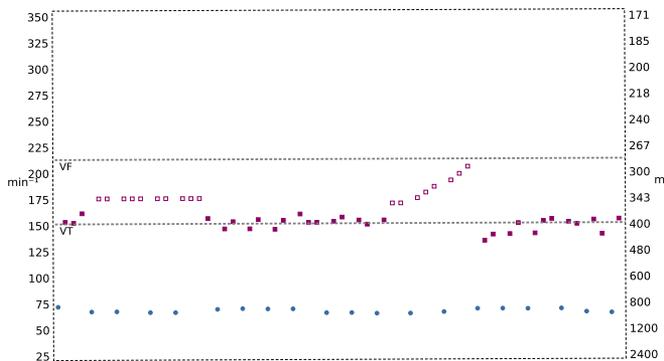
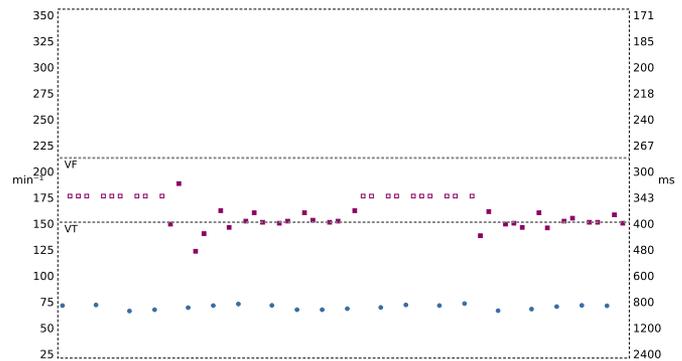
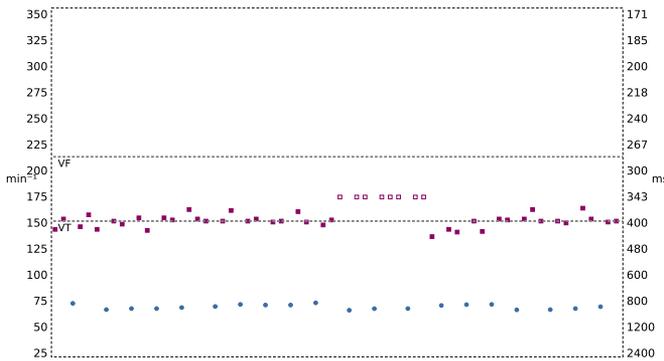




Therapies: 13



Chapter 2



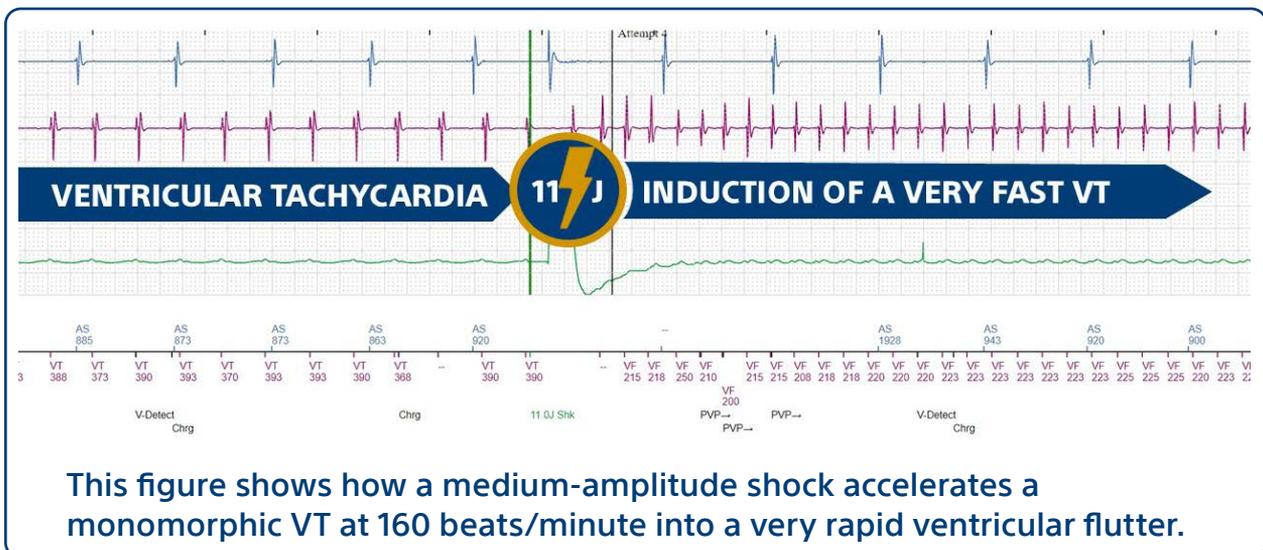
Points to remember

- the amplitude of the first shock in the VT zone can be programmed at maximum energy or at a lower amplitude (in the order of 10 to 15 Joules)
- there are a number of advantages to programming a first shock of moderate amplitude (10-15 Joules): 1) this amplitude is very often sufficient to terminate a VT episode; 2) the charge time for this amplitude is very short, even if the few seconds difference in comparison to a maximum amplitude shock may not be clinically important when the shock occurs after 3 burst +/- 3 ramp sequences (more than one minute of arrhythmia);



3) power consumption is lower for a shock at 10 Joules versus 41 Joules, even if battery usage is only slightly affected if a limited number of shocks are delivered; 4) even though for most VT episodes the shock is delivered while the patient is still conscious, the painful nature of the shock contributes minimally to decision-making regarding the amplitude of the first shock, since it is difficult to demonstrate a direct relationship between the amplitude of the shock delivered and the amplitude of the pain caused; 5) various studies have demonstrated the deleterious nature of an electric shock and its association with an adverse prognosis ; it therefore seems logical to think that a 10-15 Joule shock will have fewer negative consequences than a 41 Joule shock, and it seems advisable to choose the least traumatic therapy possible.

- this tracing shows the main drawback of programming a low-amplitude shock (11 Joules) in the VT zone: pro-arrhythmogenic risk and acceleration of the arrhythmia (concept of upper limit of vulnerability); in this patient, the shock has the opposite effect to what was intended; below a certain value, which varies according to the patient and is directly linked to the defibrillation «threshold», not only can a shock prove ineffective in terminating an arrhythmia, but it can also accelerate and cause degeneration of a monomorphic VT into a polymorphic arrhythmia, compromising the patient's short-term prognosis.





14 Maximum output shock in the VT zone

Patient

- 51-year-old man implanted with an Incepta single-chamber defibrillator

Summary

- episode classified in the VT zone
- 3 bursts + 3 ramps + 1 shock of 41 Joules

EGM layout

- 1** probable ventricular tachycardia (clear change in morphology on the shock channel)
- 2** at the end of the duration, a burst of 10 complexes at a fixed rate
- 3** ineffective burst and ongoing arrhythmia
- 4** second burst
- 5** third burst
- 6** first ramp
- 7** second ramp
- 8** third ramp
- 9** next therapy is an electric shock; capacitor charging begins
- 10** 41 Joule electric shock delivered on the second rapid ventricular cycle (2/3 rapid cycle criterion verified) at the end of the diversion window
- 11** effective shock



LATITUDE™ Patient Management - Event Detail Report		Report Created: 23 Jan 2023
	Date of Birth:	Latest Device Transmission: 16 Jan 2023 09:44 CET
	Device: INCEPTA ICD F160	Last Office Interrogation:
	Clinic:	Implant Date:
	Search Tags:	Patient Group:
	Tachy Mode: Monitor + Therapy	

V-3: 20 Jul 2013 11:14, VT, V Rate: 211 min⁻¹

Detail

VT Event Onset

Avg V Rate	211 min ⁻¹
Detection	Rhythm ID

At V-Detect

Avg V Rate	209 min ⁻¹
Rate Zone	VT
RhythmID Correlated	False
RhythmMatch™	
SRD Met	False
ATP Timeout	False

Attempt 1, Burst V ATP

Elapsed Time	00:00:06
ATP Information	
Number of Bursts	3

At V-Detect

Avg V Rate	211 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 2, Ramp V ATP

Elapsed Time	00:00:25
ATP Information	
Number of Bursts	3

At V-Detect

Avg V Rate	209 min ⁻¹
Rate Zone	VT
ATP Timeout	False

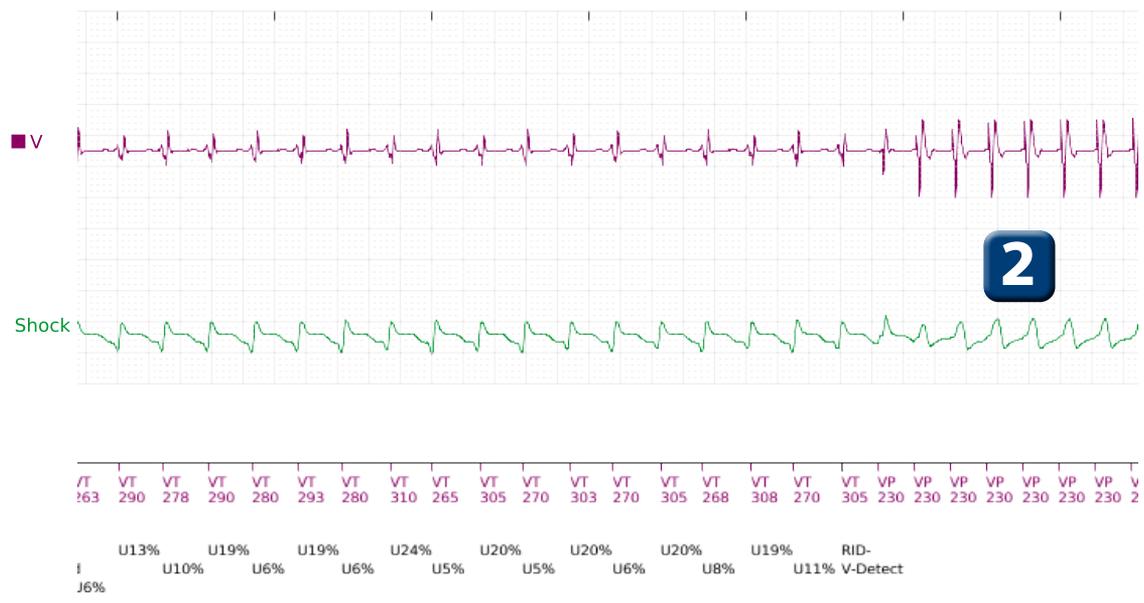
Attempt 3, 41 J V Shock

Elapsed Time	00:00:44
Shock Information	
Charge Time	9.0 s
Lead Impedance	53 Ω
Lead Polarity	Initial

Event Ended 00:01:24

EGM displayed at 25mm per second

Chapter 2

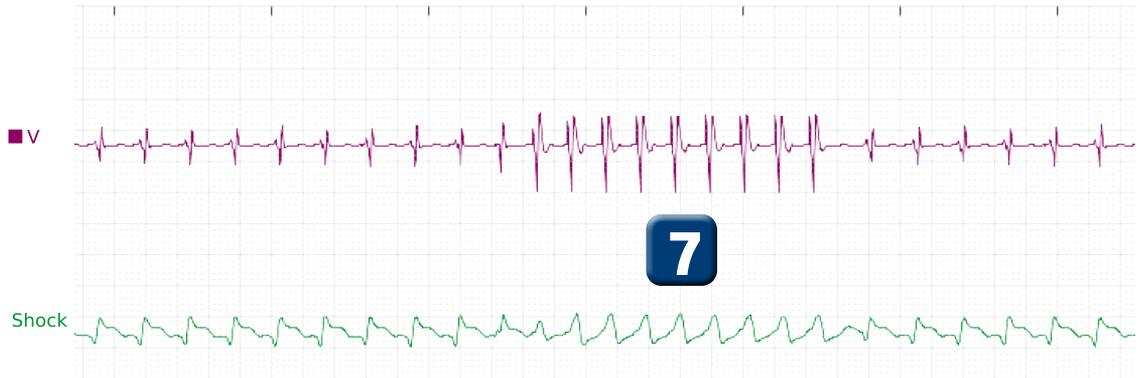


Chapter 2



T 08 VT 308 VT 290 VT 288 VT 288 VT 288 VT 285 VT 285 VT 288 VT 285 VT 285 VT 285 VP 230 VP 230 VP 220 VP 220 VP 220 VP 220 VP 220 VP 220 -- VT 313 VT 300 VT 288

V-Detect

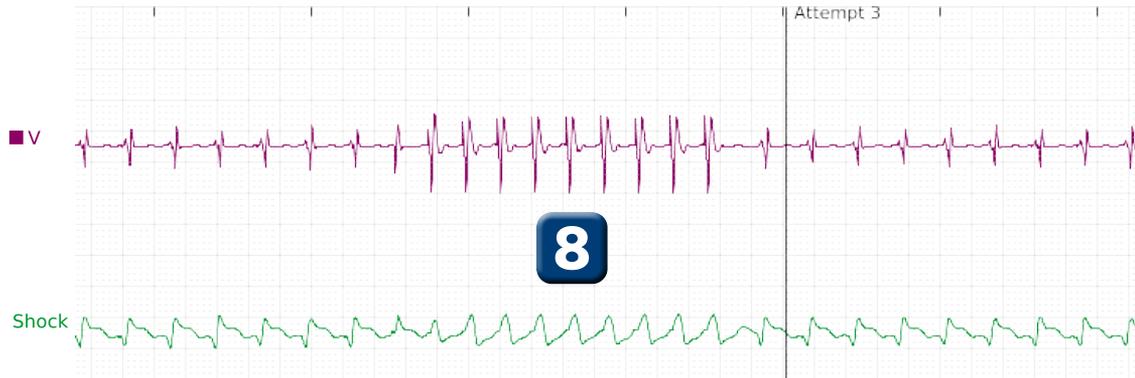


3 VT 293 VT 288 VT 288 VT 285 VT 288 VT 288 VT 283 VT 290 VT 288 VP 230 VP 230 VP 220 VP 220 VP 220 VP 220 VP 220 VP 220 -- VT 310 VT 313 VT 293 VT 288 VT 290

V-Detect



Therapies: 14



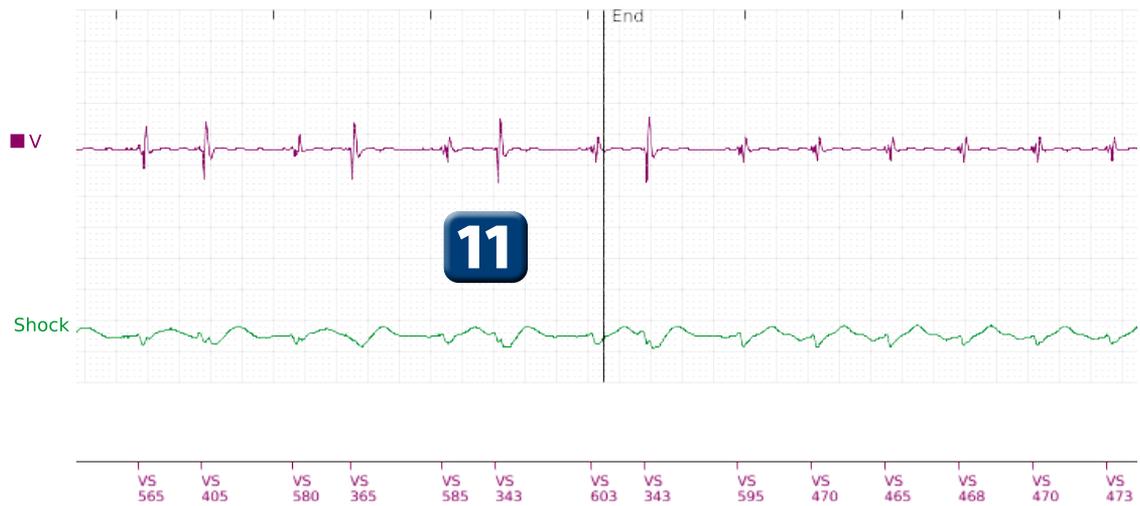
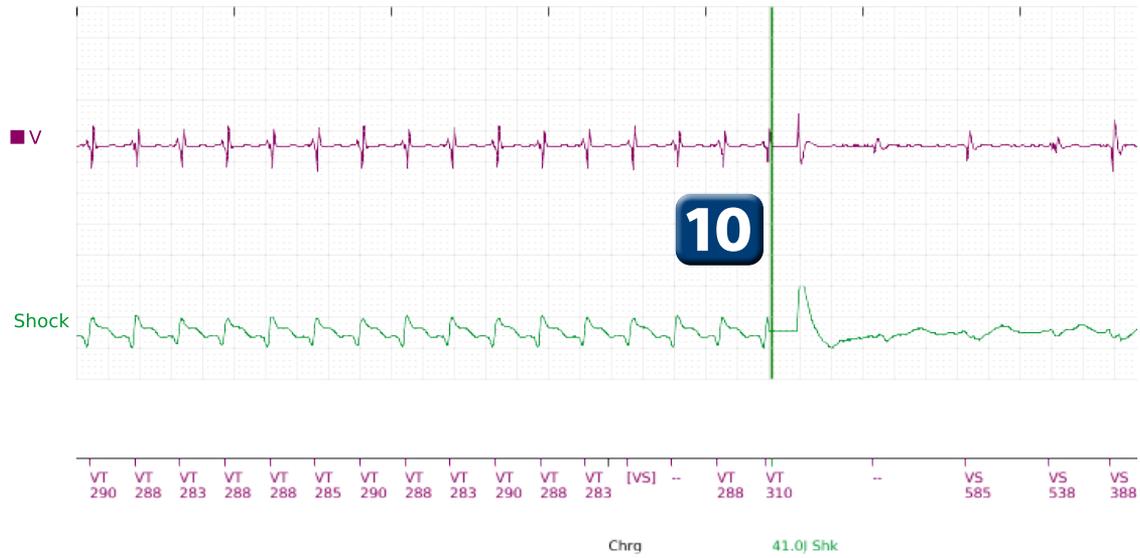
VT 288 VT 285 VT 290 VT 288 VT 285 VT 288 VT 288 VT 230 VP 230 VP 220 -- VT 300 VT 313 VT 295 VT 288 VT 288 VT 293 VT 285 VT 2

V-Detect



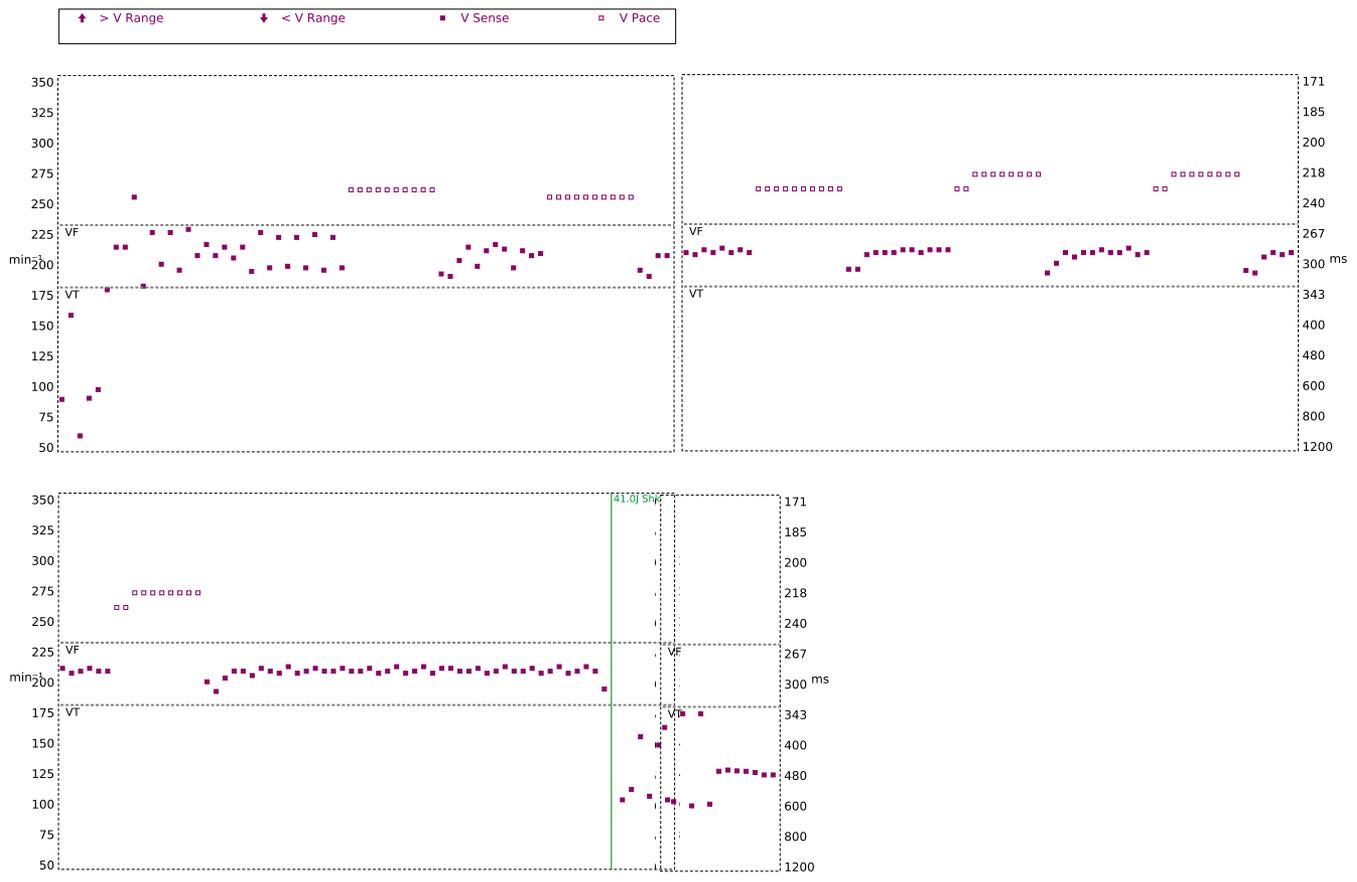
T 88 VT 290 VT 283 VT 290 VT 288 VT 285 VT 288 VT 288 VT 285 VT 288 VT 288 VT 285 VT 290 VT 288 VT 283 VT 290 VT 288 VT 283 VT 290 VT 285 VT 285 VT 288 VT 288 VT 285

V-Detect
Chrg





Therapies: 14





Points to remember

- this plot illustrates the other option for programming the amplitude of the first shock in the VT zone
- empirical programming of a first shock of maximum amplitude reduces the risk of pro-arrhythmogenic effects and increases the probability of terminating VT on the first attempt, thereby minimizing the number of shocks delivered and increasing the probability of terminating AF if the shock is inappropriate

SETTINGS - VENTRICULAR TACHY THERAPY Close

VT 160 min⁻¹ (375 ms)

ATP1

Number of Bursts

ATP2

Number of Bursts

ATP Time-out ms

ATP Details

Shock 1 J

Shock 2 J

Shock 3 - 6 J

Disable Therapy

VF 220 min⁻¹ (273 ms)

QUICK CONVERT™ ATP

Shock 1 J

Shock 2 J

Additional 41 J Shocks

V-Tachy Therapy Setup

Utilities Reports Interrogate View Changes Program OK End Session

Example of programming in the VT zone with therapies of increasing aggressiveness; burst then ramp then shock (maximum amplitude from the outset); 8 shocks can be programmed for the VF zone, 6 shocks for the VT zone and 5 shocks for the VT-1 zone.



15 Anti-tachycardia pacing in the VT zone with acceleration into the VF zone

Patient

- 72-year-old male implanted with a Momentum triple-chamber defibrillator

Summary

- episode initially classified in the VT zone then in the VF zone
- 1 burst + 1 shock of 41 Joules

EGM layout

- 1** ventricular tachycardia with atrioventricular dissociation
- 2** at the end of duration, burst of 10 complexes at fixed rate
- 3** acceleration of arrhythmia into the VF zone
- 4** diagnosis of a VF episode and charging of capacitors
- 5** arrhythmia becomes polymorphic
- 6** shock of 41 Joules
- 7** arrhythmia termination

Chapter 2



LATITUDE™ Patient Management - Event Detail Report		Report Created: 23 Jan 2023
	Date of Birth:	Latest Device Transmission: 20 Dec 2021 02:01 CET
	Device: MOMENTUM X4 CRT-D	Last Office Interrogation: 24 Nov 2021
	Clinic:	Implant Date:
	Search Tags:	Patient Group:
	Tachy Mode: Monitor + Therapy	

V-2: 24 Nov 2021 10:15, VT, A Rate: 82 min⁻¹, V Rate: 209 min⁻¹

Detail

VT Event Onset

Avg A Rate	82 min ⁻¹
Avg V Rate	209 min ⁻¹
Detection	Rhythm ID
Template	21 Nov 2021 20:55
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	79 min ⁻¹
Avg V Rate	204 min ⁻¹
Rate Zone	VT
Stability	4 ms
V>A Rate	True
AFib	False
RhythmID Correlated	False
RhythmMatch™	64 %
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, Burst V ATP

Elapsed Time	00:00:10
ATP Information	
Number of Bursts	1

At V-Detect

Avg A Rate	77 min ⁻¹
Avg V Rate	294 min ⁻¹
Rate Zone	VF
ATP Timeout	False

Attempt 2, 41 J V Shock

Elapsed Time	00:00:16
Shock Information	
Charge Time	9.4 s
Lead Impedance	38 Ω
Lead Polarity	Initial

Event Ended 00:00:58

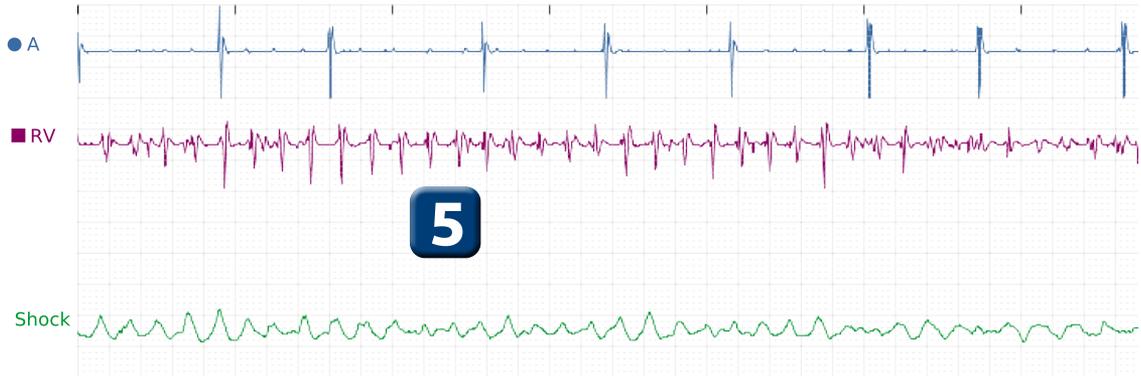
EGM displayed at 25mm per second



Therapies: 15

LATITUDE™ Patient Management - Event Detail Report

23 Jan 2023



AS 828	AS 890	AS 698	AS 978	AS 778	AS 800	AS 873	AS 703	AS 92		
VF VF	VF VF	VF VF VF	VF VF	LVS VF VF	VF VF	VF VF	RVS LVS	RVS VF	LVS VF	
23180	185 208	178175188	200190 70	178178 175	185 200	180185	165170	365 45	418 245	110 168
LVS VF	VF LVS	LVS VF	LVS VF VF	LVS VF	VF LVS	VF LVS	LVS	VF	LVS VF VF	VF
63 200	183 38	178 198	58 183183 18	158	180 53	183	165 1755	153	90	20(145 178



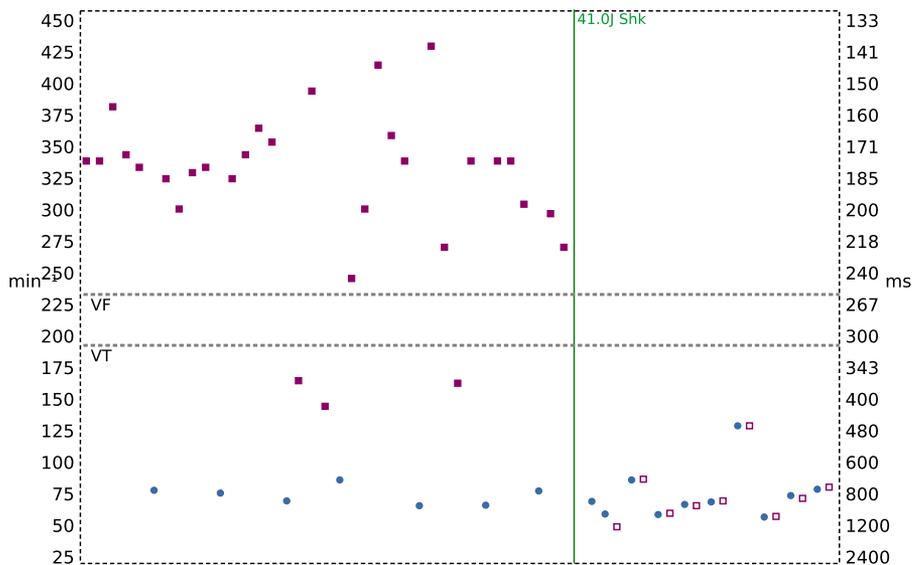
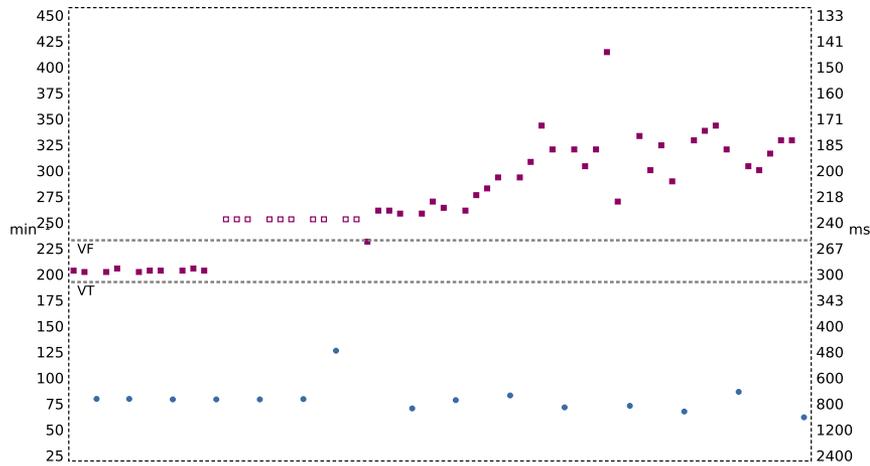
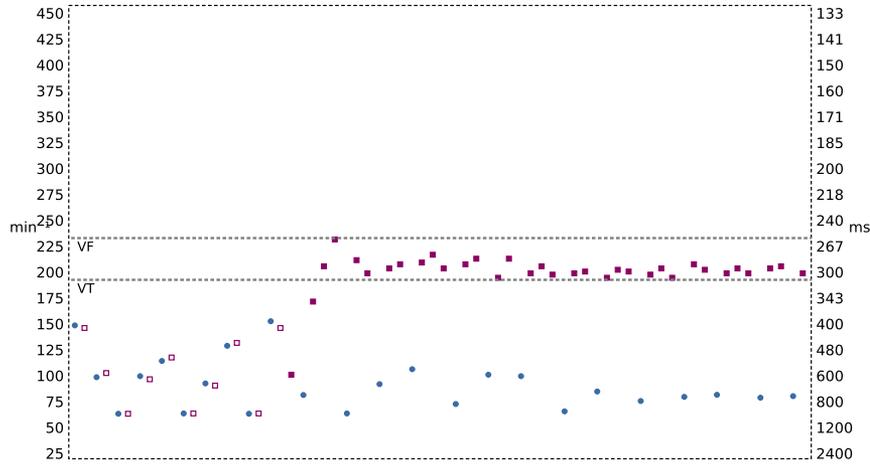
0	AS 918	AS 783	--	(AS) 878	AS 1028	AS 703	AS 10+
VF VF	RVS VF	LVS VF	--	VF VF	LVP	LVP	L
140 223	370178	73 198	203 223	--	0	0	0
	LVS VF VF				RVP	RVP	R
	163 178178				1243	698	1

Chrg 41.0J Shk PVP→

Chapter 2



↑ > V Range	↓ < V Range	■ V Sense	□ V Pace
↑ > A Range	↓ < A Range	● A Sense	○ A Pace





10 references to know

- 1** Poole JE, Johnson GW, Hellkamp AS et al. Prognostic importance of defibrillator shocks in patients with heart failure. N Engl J Med 2008 : ***SCD-HeFT study which shows that the mortality rate for patients who have experienced appropriate shock is five times higher, and twice as high for those who have experienced inappropriate shock***
- 2** Wathen MS, DeGroot PJ, Sweeney MO et al. Prospective randomized multicenter trial of empirical antitachycardia pacing versus shocks for spontaneous rapid ventricular tachycardia in patients with implantable cardioverter-defibrillators: Pacing Fast Ventricular Tachycardia Reduces Shock Therapies (PainFREE Rx II) trial results. Circulation 2004 : ***Pain Free II study, which shows the effectiveness of anti-tachycardia pacing for rapid tachycardia without an increase in the number of syncope***
- 3** Wilkoff BL, Ousdigian KT, Sterns LD et al. A comparison of empiric to physician-tailored programming of implantable cardioverter-defibrillators: results from the prospective randomized multicenter EMPIRIC trial. J Am Coll Cardiol 2006 : ***the Empiric study, which demonstrates the benefits of systematic and empirical programming of antitachycardia pacing compared to a strategy in which the effectiveness of ATP must first be tested in the electrophysiology laboratory***
- 4** Gulizia MM, Piraino L, Scherillo M et al. A randomized study to compare ramp versus burst antitachycardia pacing therapies to treat fast ventricular tachyarrhythmias in patients with implantable cardioverter defibrillators: the PITAGORA ICD trial. Circ Arrhythm Electrophysiol 2009 : ***the Pitagora study, which shows bursts to be superior to ramps for reducing fast TVs (cycles between 240 and 320 ms)***
- 5** Schoels W, Steinhaus D, Johnson WB et al. Optimizing implantable cardioverter-defibrillator treatment of rapid ventricular tachycardia: antitachycardia pacing therapy during charging.



Heart Rhythm 2007 :***this study validates the interest and safety of issuing an ATP during the load on fast TVs***

- 6** Brignole M, Occhetta E, Bongiorni MG, et al. SAFE-ICD Study Investigators. Clinical evaluation of defibrillation testing in an unselected population of 2,120 consecutive patients undergoing first implantable cardioverter-defibrillator implant. J Am Coll Cardiol. 2012 : ***this study shows no difference in terms of complications and sudden death in a group that underwent a defibrillation test at the end of the implantation versus a group that did not undergo the test***
- 7** Steinhaus DM, Cardinal DS, Mongeon L, et al. Internal defibrillation: pain perception of low energy shocks. Pacing Clin Electrophysiol. 2002 : ***this study shows the absence of difference in the patient's perception when a shock of 10 Joules is delivered versus one maximum shock***
- 8** Kroll MW, Efimov IR, Tchou PJ. Present understanding of shock polarity for internal defibrillation: the obvious and non-obvious clinical implications. Pacing Clin Electrophysiol. 2006 : ***meta-analysis which shows that an anodal shock results in defibrillation thresholds that are on average slightly lower than a cathodal shock***
- 9** Sweeney MO. Antitachycardia pacing for ventricular tachycardia using implantable cardioverter defibrillators: Pacing Clin Electrophysiol. 2004 : ***this article covers the physiopathological bases and the results of studies demonstrating the benefits of anti-tachycardia pacing***
- 10** Strik M, Ramirez FD, Welte N, Bonnin T, Abu-Alrub S, Eschalier R, Haïssaguerre M, Ritter P, Ploux S, Bordachar P. Progressive implantable cardioverter-defibrillator therapies for ventricular tachycardia: The efficacy and safety of multiple bursts, ramps, and low-energy shocks. Heart Rhythm. 2020. ***Study from our lab showing successrate of 63% after 1 burst and 89% after 6 bursts.***



Chapter 3

Discrimination



Indications

- Discrimination for supra-ventricular arrhythmias is only anticipated in patients likely to present with supra-ventricular arrhythmia in the VT detection zone. For patients with complete AV block or a low Wenckebach point, discrimination (rate-only) is not programmed.
- Before considering discrimination, the first step is to think carefully about the rate cutoffs for the treatment zones: if the lower limit of the treatment zone is set at a high heart rate, there is a lower risk of interference from supra-ventricular arrhythmias

Special aspects

- Discrimination cannot be applied in VF zones.
- Discrimination cannot be applied in VT monitor zones.
- There is no inhibitory discrimination behind an ATP.
- In post-shock mode, the morphology criterion (Rhythm ID) is no longer available.

Algorithms

- 1 Comparison of A et V rhythms :** comparison of the average A and V rates (calculated over the last 10 beats before the end of the duration). If the V rate is 10 bpm higher than the A rate, VT is diagnosed and treatment is given.
- 2 Ventricular signal morphology (Rhythm ID/vector correlation):** comparison of the morphology of reference ventricular signals (intrinsic depolarization) with ventricular signals acquired during tachycardia. The analysis is carried out on the shock channel signal (Coil-can, also known as Far-Field). If three of the last ten ventricular complexes immediately preceding the end of the duration are sufficiently similar (percentage

Discrimination-Intro

match) to the reference template, the algorithm considers the tachycardia to be supra-ventricular. The similarity threshold is nominally set to 94%, and is programmable. The rhythm ID reference can be acquired manually or automatically.



- 3 Sudden onset :** looks for a jump in rate at the start of the tachycardia. A gradual onset is consistent with sinus tachycardia progressively entering the VT zone.
- 4 Stability :** tachycardia analysis of R-R interval stability. Stability corresponds to the variance of the RR intervals (between the 5 intervals preceding the V-Episode marker and the intervals following the V-Episode marker until the end of the duration). If this variance is greater than the programmed stability limit, then the rhythm is considered unstable (AF).
- 5 AFib rate threshold :** search for AF on the atrial channel. When 6/10 A intervals are faster than the AFib rate threshold (170/min nominal), the algorithm validates the presence of AF. To maintain the diagnosis during the analysis, 4/10 intervals must remain faster than the Fib A frequency threshold.



Single chamber algorithms

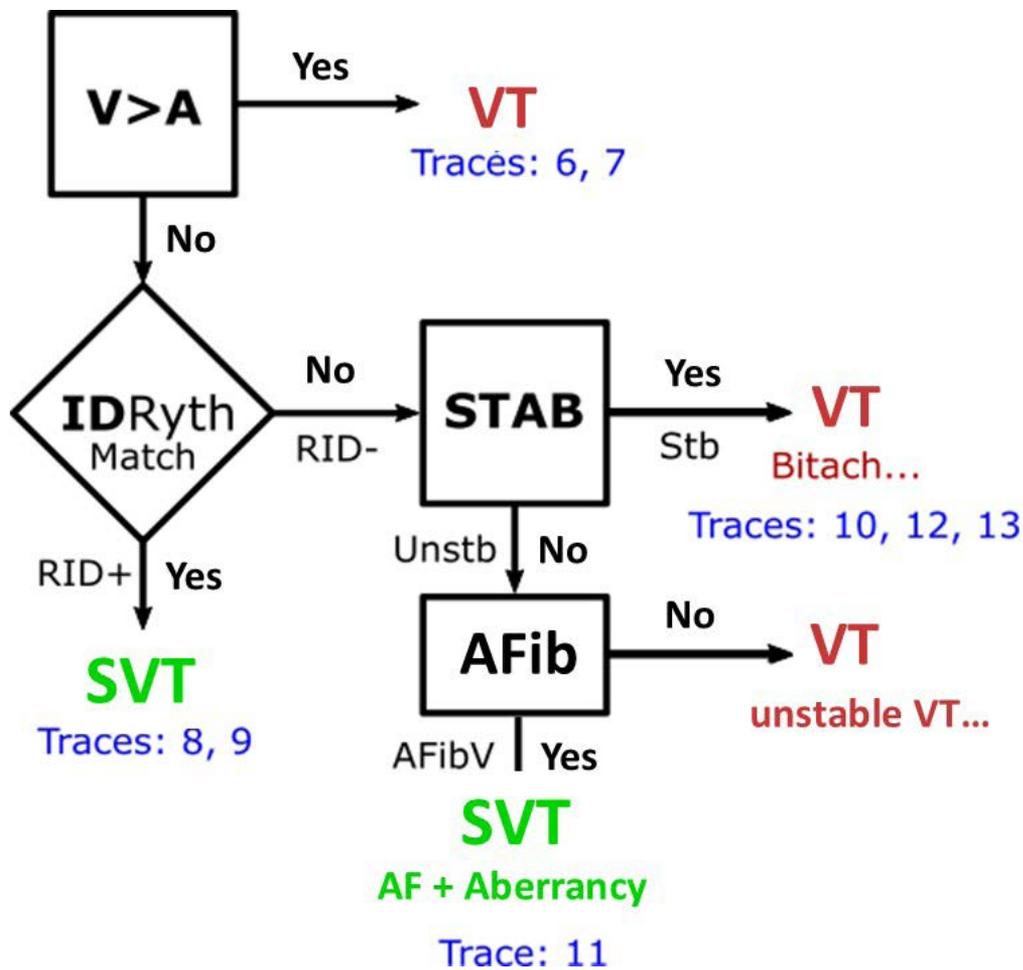
- Boston Scientific VR devices offer two discrimination (enhanced detection) modes: Rhythm ID or Onset/Stability. These two modes cannot be combined.
- **Rhythm ID:** initial discrimination is based solely on morphology. In post-shock, stability alone will be used to discriminate possible AF. NB: post-shock stability cannot be deactivated. See tracings 1 to 5.
- **Onset/stability** this mode is subdivided into *discrimination of atrial tachyarrhythmias* (based on the stability criterion) and *discrimination of sinus tachycardias* (based on the onset criterion). When both options are selected, you can choose to associate (AND) or dissociate (OR) the discriminants. When they are combined, the arrhythmia will only be treated in the presence of an abrupt onset AND a stable rhythm. When they are dissociated, the arrhythmia is treated in the presence of an abrupt onset OR a stable rhythm. In post-shock, stability alone will be used to discriminate possible AF.. NB: when this mode is selected in 3-zone programming (VT-1/VT/VF), discrimination is only possible in the VT-1 zone.

Dual/triple-chambre algorithms

- Boston Scientific DR and CRT devices offer two modes of discrimination (to improve detection): Rhythm ID or Start/Stability. These two options differ from the options offered in single-chamber models, since they incorporate information from the atrial channel. To access the settings, program Detection Enhancement.
- **Rhythm ID:** This dual-chamber algorithm uses a combination of the following parameters: 1) comparison of A and V rates, 2) Rhythm ID morphology (Rhythm ID), 3) ventricular stability (STAB) and 4) Afib rate threshold (AFib). This is the most efficient discrimination algorithm and should therefore be preferentially applied, even for CRT devices (in which case the Rhythm ID reference should be acquired manually).

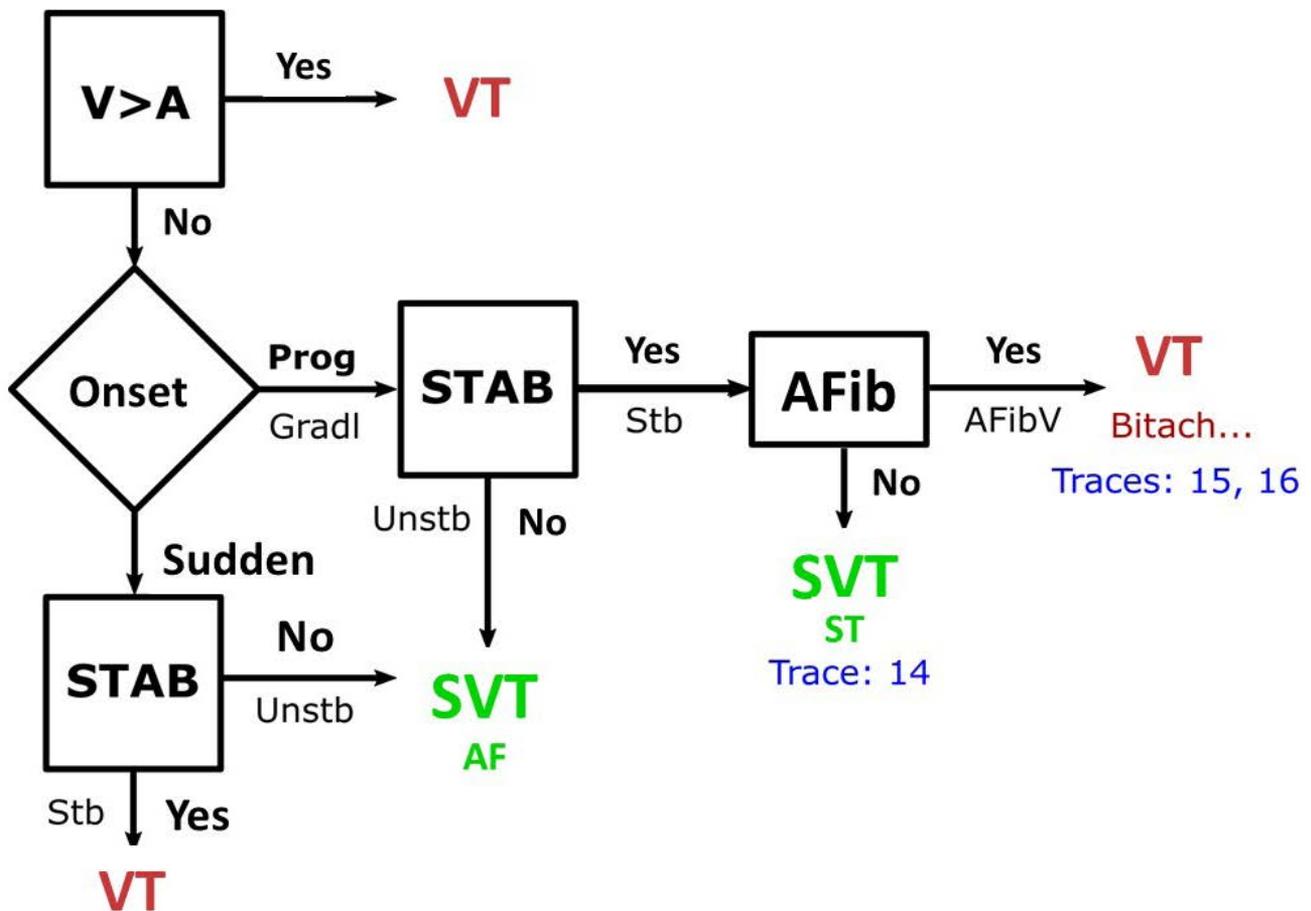
Discrimination: Intro

- By going to the Enhanced Detection menu, then Current Rhythm ID settings, you can access the Rhythm ID, Stability and AFib rate threshold settings.
- In the Current Rhythm ID settings menu, you can deactivate discrimination of atrial tachyarrhythmias to restore single-chamber Rhythm ID discrimination (useful in the event of atrial lead failure).
- This dual-chamber algorithm uses a combination of the following parameters: 1) comparison of A and V rates, 2) Rhythm ID morphology (Rhythm ID), 3) ventricular stability (STAB) and 4) Afib rate threshold (AFib). This is the most efficient discrimination algorithm and should therefore be preferentially applied, even for CRT devices (in which case the Rhythm ID reference should be acquired manually).



Chapter 3

- **Onset/Stability:** This dual-chamber algorithm uses a combination of the following parameters: 1) comparison of A and V rates, 2) sudden onset (Onset), 3) ventricular stability (STAB) and 4) AFib rate threshold (AFib). It should only be used in the event of Rhythm ID failure.
- By going to the Enhanced Detection menu, then Current Rhythm ID Settings, you can access the V rate > A rate (on/off), onset, stability and AFib rate threshold settings.



- To restore single-chamber operation (in the event of failure of A lead and Rhythm ID failure), the V rate > A rate and AFib rate threshold branches must be deactivated. In this case, remember that discrimination will only apply to the first VT-1 zone of a 3-zone configuration (no discrimination in VT and VF).

1 Single-chamber discrimination, Rhythm ID and a ventricular tachycardia episode

Patient

- 43-year-old male; ischemic cardiomyopathy; implanted with Resonate single-chamber defibrillator

Summary

- discrimination based on Rhythm ID (threshold programmed at 94%)
- episode diagnosed as VT at a rate of 217 beats/minute
- no correlation between tachycardia ventricular electrogram morphology and reference morphology (Rhythm ID correlated: False)
- episode treated with a burst of ATP

EGM layout

- 1** abrupt onset of a relatively stable tachycardia (rate above 200 beats/minute) with a different morphology on the shock channel compared to the ventricular electrogram in sinus rhythm
- 2** start of morphology analysis; no correlation (U = uncorrelated) with reference morphology (0%)
- 3** V-Epsd marker after 8 cycles classified as VT; start of initial duration for VT zone (12 seconds)
- 4** end of duration; V-detect marker; discrimination (RID-) is in favor of VT; the vector is correlated with the reference vector for fewer than 3 of 10 beats in a rolling window (none of the last 10 ventricular complexes before the end of the duration are correlated).
- 5** ATP burst
- 6** effective burst and arrhythmia termination

Chapter 3



V-2: 23 févr. 2022 21:55, TV, Fréquence V : 227 min⁻¹

Détail

TV Début événem.

Fréq. V moy.	227 min ⁻¹
Détection	ID de Rythme
Référence	23 févr. 2022 21:11
Seuil du RhythmMatch™	94 %

Lors de la Délect-V

Fréq. V moy.	217 min ⁻¹
Zone de fréquence	TV
RhythmID corrélé	Faux
RhythmMatch™	0 %
DFS satisfaite	(Faux, arrêt)
Durée limite ATP	Faux

Tentative 1, Salve ATP V

Temps écoulé	00:00:12
Informations ATP	
Nombre de salves	1

Fin de l'événement

00:00:26

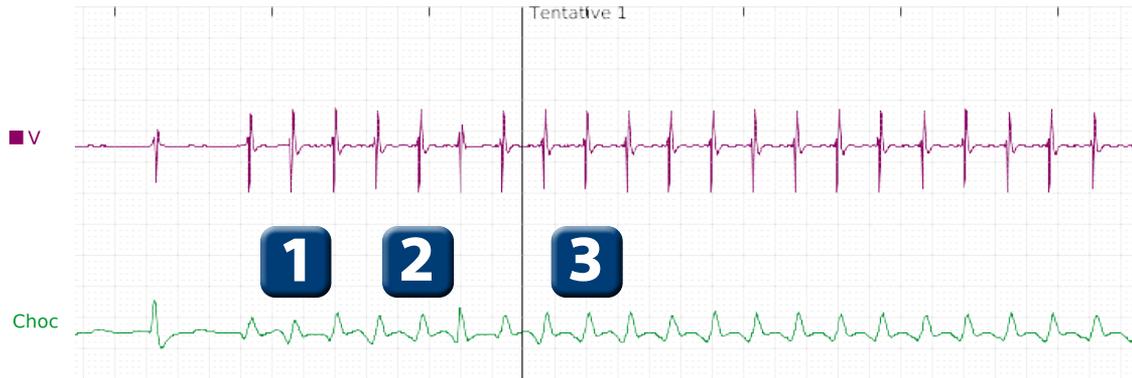
EGM affiché à 25 mm par seconde



Discrimination: 1

Gestionnaire de patients LATITUDE™ - Détail de l'événement

13 janv. 2023



VS 645 VS 600 VT 278 VT 273 VT 268 VT 275 VT 263 VT 263 VT 265 VT 268 VT 263 VT 270 VT 268 VT 265 VT 270 VT 268 VT 268 VT 273 VT 268 VT 275 VT 268 VT 275

U0% U24% U0% U0%

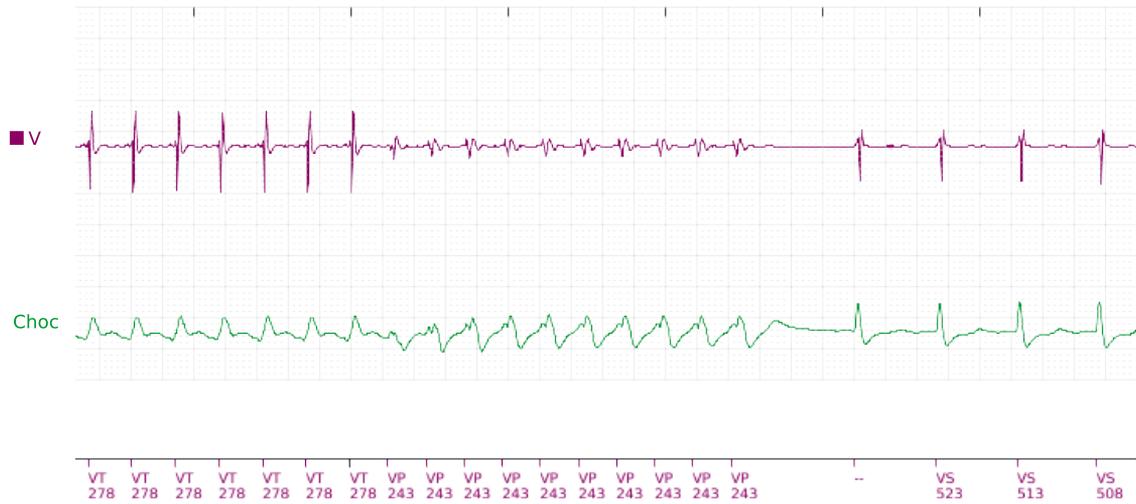
U0% V-Epsd



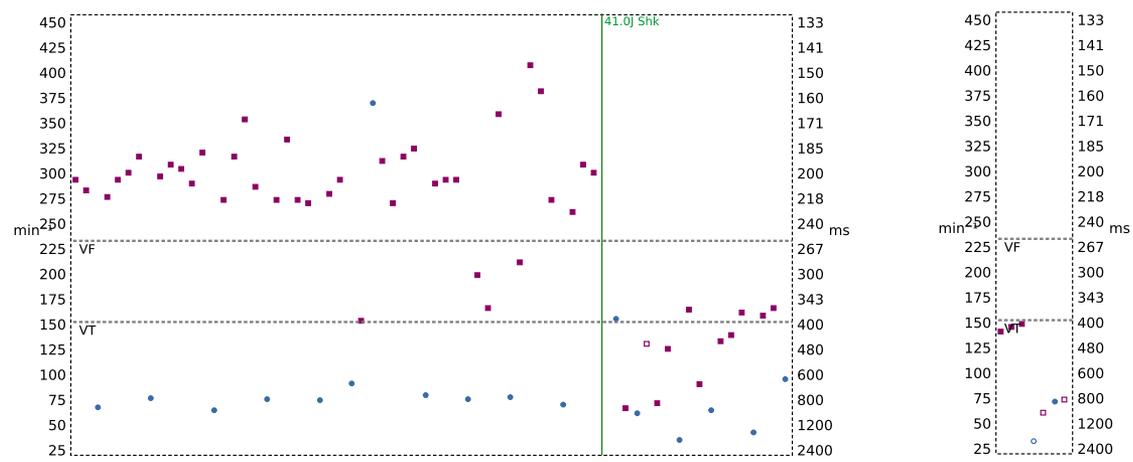
VT 270 VT 273 VT 273 VT 270 VT 273 VT 270 VT 275 VT 270 VT 273 VT 270 VT 275 VT 273 VT 270 VT 275 VT 273 VT 273 VT 278 VT 273 VT 278 VT 273 VT 275 VT 278 VT 278 VT 278 VT 278

J0% U0% U0%

Chapter 3



4 **5** **6**

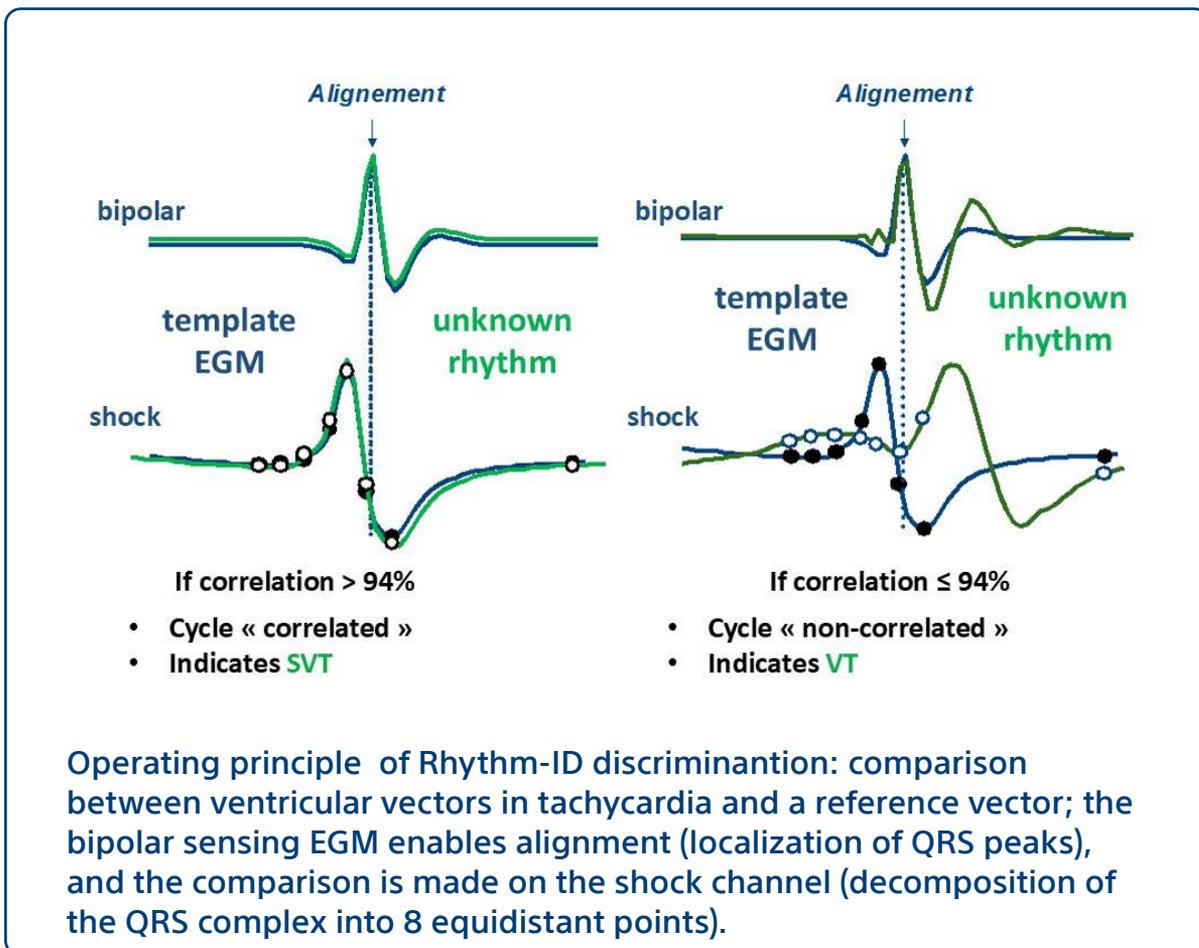


Points to remember

- the initial detection of an arrhythmia episode is based on rate and duration criteria; the concept of heart rate is essential, but too simplistic to differentiate between ventricular and supra-ventricular arrhythmias; implementation of a heart rate criterion on its own carries a sensitivity of 100%, but limited specificity of no more than 60%; improving specificity therefore relies on discrimination, which is the ability of a defibrillator to identify a supra-ventricular or ventricular origin for an episode of tachycardia, based on the characteristics of the detected arrhythmia.
- discrimination algorithms should only be programmed in patients likely to present with conducted supraventricular tachycardia, and should be deactivated in patients with complete and permanent atrioventricular block where any spontaneous rapid rhythm can only be of ventricular origin
- if all discrimination criteria are disabled, therapy is delivered regardless of the origin of the tachycardia
- for Boston Scientific™ devices, the discrimination algorithms are only functional in VT zones (VT and/or VT-1); in the VF zone, a safety first approach prevails and the detection by the defibrillator of a high ventricular rate entering the «VF detected» zone triggers the programmed therapies, without the episode being «filtered» by discrimination algorithms
- the detection of an arrhythmia episode, whether supraventricular or ventricular, triggers the storage of an endocardial electrogram that is accessible during defibrillator interrogation; this enables critical analysis of the defibrillator's diagnostic conclusions and possible reprogramming in the event of tachycardia misclassification
- 2 different «packages» are available on Boston Scientific™ defibrillators to enable discrimination of arrhythmia origin: the Rhythm ID algorithm and the Onset/ Stability algorithm; the Rhythm ID discrimination option is available in isolation (only discriminant used) on a single-chamber defibrillator and is based on a comparison

between ventricular vectors in tachycardia and a reference vector recorded outside a tachycardia episode.

- the performance of a discrimination algorithm is assessed based on its sensitivity (ability to correctly diagnose a VT; this should be as close as possible to 100%; a sensitivity of 95% means that 5% of VTs will be incorrectly diagnosed as SVT) and specificity (ability to inhibit therapies for an episode of SVT; this should be as high as possible without altering sensitivity).
- in this example of appropriate therapy for VT, the difference in morphology between sinus rhythm and tachycardia was obvious; the nominal threshold value of 94% was programmed and all tachycardia vectors were deemed uncorrelated, explaining the diagnosis of VT and the decision to treat



2

Single-chamber discrimination, Rhythm ID and an atrial fibrillation episode

Patient

- 59-year-old male; implanted with a Resonate single-chamber defibrillator for hypertrophic cardiomyopathy;

Summary

- discrimination based on Rhythm ID (threshold programmed at 94%)
- episode of tachycardia at 167 beats/minute with inhibition of therapies (Rhythm ID correlated: True)

EGM layout

- 1** irregular tachycardia with ventricular electrograms appearing fine on the shock channel; alternation between cycles classified as VT-1 and VS; correlation (C = correlated) between all cycles and the reference morphology (percentage above the programmed threshold of 94%).
- 2** end-of-episode marker V-EpsdEnd (corresponding to the previous episode not visualized on this plot), criterion 8/10 was not fulfilled.
- 3** V-Epsd marker after 8 cycles out of 10 classified as VT1
- 4** end of duration (V-duration marker); discrimination (RID+) favors SVT; for at least 3 beats/10 (rolling window), the vector during tachycardia is correlated with the reference vector (the last 10 ventricular complexes before the end of duration are correlated).

Chapter 3



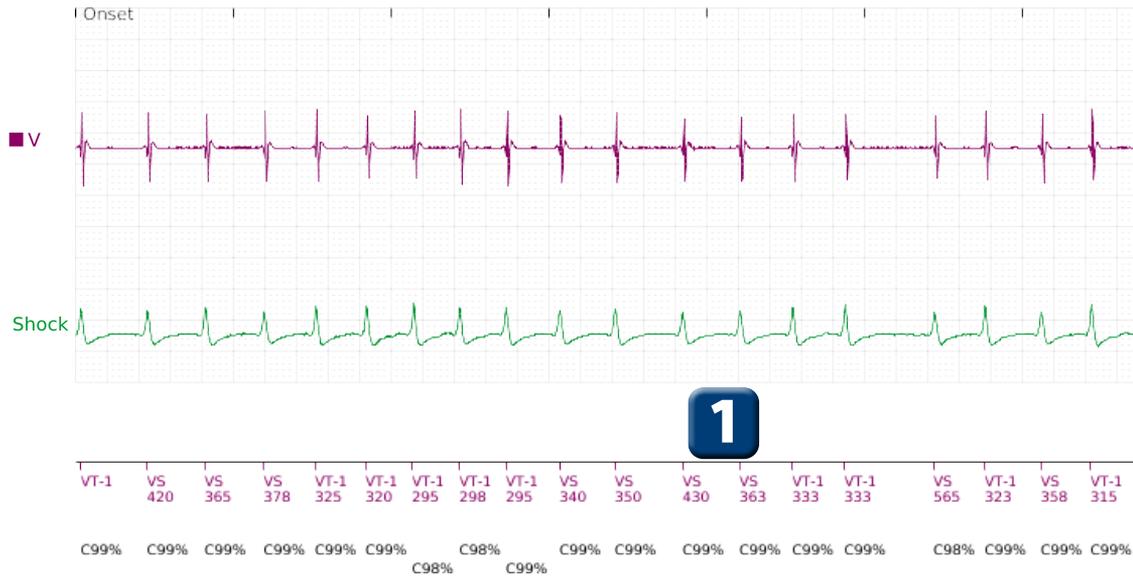
V-22: 20 Sep 2022 18:25, VT-1, V Rate: 167 min⁻¹

Detail

VT-1 Event Onset

Avg V Rate	167 min ⁻¹
Detection	Rhythm ID
Template	20 Sep 2022 14:13
RhythmMatch™ Threshold	94 %
At Inhibit	
RhythmMatch™	99 %
Event Ended	00:00:23

EGM displayed at 25mm per second



Discrimination: 2



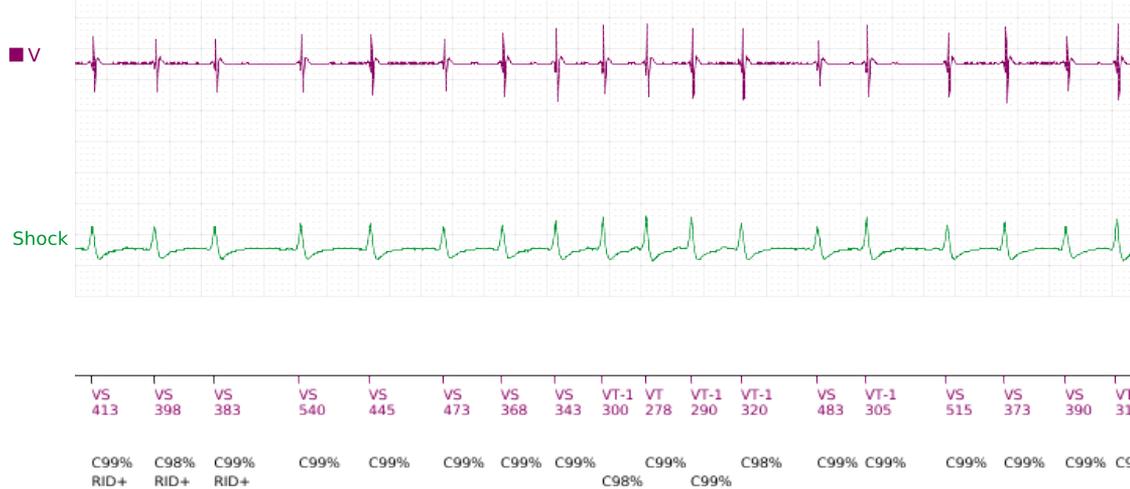
VT-1	VT-1	VT-1	VT-1	VS	VS	VT-1	VS	VT-1	VS	VS	VT-1	VT	VT							
313	298	328	300	488	340	313	378	313	308	315	313	300	300	305	320	370	338	313	285	29
C99%	C98%	C99%	C99%	C98%	C99%	C99%	C98%	C99%	C98%	C99%	C99%	C99%	C9							
	C99%						V-Epsd							C99%					C99%	

3



4

-1	VT-1	VS	VS	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VS	VS	VS	VT-1	VT-1	VT-1	VT-1	VS	VT-1	VT-1
0	295	365	343	310	290	288	288	308	293	540	345	523	328	315	328	325	460	305	320
9%	C98%	C99%	C98%	C99%	C99%	C99%	C99%	C99%	C99%	C99%	C99%								
C99%					C98%	C99%	C99%	C99%	C99%								RID+	RID+	RID+
																	V-Dur		

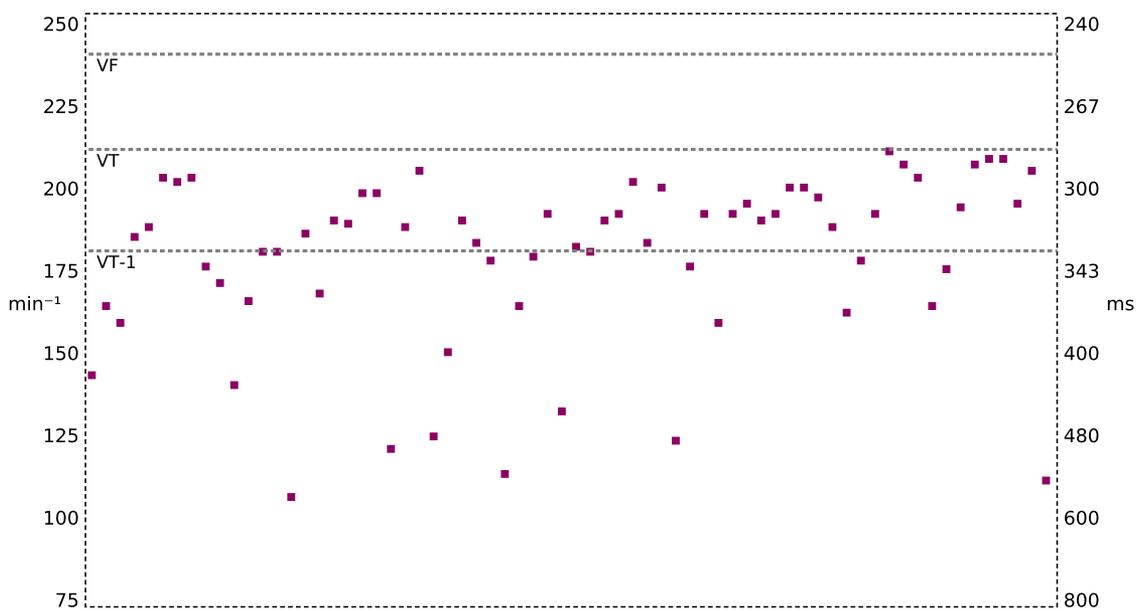


Points to remember

- Rhythm ID discrimination is available on single, dual and triple-chamber defibrillators and is based on the comparison, at initial detection, between vectors during tachycardia and a reference vector recorded in the absence of tachycardia.
- the bipolar sensed EGM enables alignment (localization of QRS peaks), with comparison then being made on the shock channel (decomposition of the QRS complex into 8 equidistant points); use of the shock channel enables a broader and more accurate analysis of a signal than an analysis based solely on the bipolar sensing channel
- for each tachycardia cycle, a percentage similarity is determined and compared to a programmable threshold; if the percentage equals or exceeds the threshold, the ventricular electrogram is deemed correlated (favoring SVT), otherwise it is deemed uncorrelated (favoring VT).
- if at least 3 out of 10 ventricular cycles are correlated (rolling window of 10 cycles), the tachycardia is considered supraventricular and therapies are inhibited (indicated as RID+)
- if fewer than 3 out of 10 ventricular cycles are correlated, the tachycardia is considered ventricular and therapies are delivered (indicated as RID-).
- a cycle classified in the VF zone is always counted as uncorrelated, even if its correlation seems high

Discrimination: 2

- programming of the RhythmMatch threshold parameter adjusts the correlation threshold to determine whether the cycle analyzed is correlated with its normal sinus rhythm template; this threshold is programmable on new platforms between 70% and 96%, with a nominal value of 94%; on older platforms this threshold was non-programmable and fixed at 94%.
- in this patient, the nominal threshold value was programmed (94%); all tachycardia vectors were judged to be correlated, explaining the diagnosis of SVT and the decision to inhibit therapies



The interval plot corresponding to this episode is highly suggestive of atrial fibrillation, with great variability in ventricular cycles (cycles ranging from 100 to 210 beats/minute).



3

Single-chamber discrimination, Rhythm ID and sinus tachycardia

Patient

- 59-year-old male; ischemic cardiomyopathy; implanted with a Resonate single-chamber defibrillator

Summary

- discrimination based on Rhythm ID (threshold programmed at 94%)
- episode of tachycardia at 150 beats/minute with inhibition of therapies (Rhythm ID correlated: True)

EGM layout

- 1** regular tachycardia with narrow ventricular complexes on the shock channel; progressive acceleration with cycles classified as VS then VT-1; correlation (C = correlated) of all cycles with the reference morphology (above the programmed threshold of 94%).
- 2** end-of-episode marker V-EpsdEnd (corresponding to the previous episode that is not visualized on this plot), criterion 8/10 having not been satisfied.
- 3** V-Epsd marker after 8 cycles classified VT-1 following the end-of-episode marker
- 4** end of duration; V-dur marker; rate slows with cycles classified as VS; all ventricular complexes remain correlated

V-149: 18 Dec 2022 09:37, VT-1, V Rate: 148 min⁻¹

Detail

VT-1 Event Onset

Avg V Rate	148 min ⁻¹
Detection	Rhythm ID
Template	18 Dec 2022 09:26
RhythmMatch™ Threshold	94 %

At V-Detect

Avg V Rate	150 min ⁻¹
Rate Zone	VT-1
RhythmID Correlated	True
RhythmMatch™	98 %
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, Non Therapy V

Elapsed Time 00:00:10

Attempt Information

Tachy therapy is programmed off.

Event Ended

00:00:34

EGM displayed at 25mm per second



1

VS	VT-1	VS	VT-1	VT-1	VT-1	VT-1									
420	415	418	415	418	415	415	415	415	413	405	428	410	413	413	410
C98%	C98%	C98%	C99%	C98%	C98%	C98%	C98%	C98%	C99%	C95%	C98%	C98%	C97%	C98%	C99%



2

3

VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1	VT-1
110	410	410	405	408	405	408	403	408	400	410	403	400	408	400	403
V-EpsdEnd				C99%	C99%	C98%	C97%	C98%	U88%	C99%	C98%	C97%	C99%	C98%	C99%
								V-Epsd							

Chapter 3



VT-1																
403	400	400	400	403	398	403	395	403	398	400	398	398	398	400	400	403
C98%	C98%	C98%	C98%	C99%	C98%	C98%	C97%	C99%	C98%	C99%	C98%	C98%	C98%	C98%	C97%	V-Det



VT-1																
398	403	400	398	400	400	400	400	398	403	400	403	403	403	400	400	398
ect	C98%	C97%	C99%	C99%	C98%	C98%	C98%	C97%	C98%	C97%	C98%	C98%	C98%	C98%	C97%	C98%

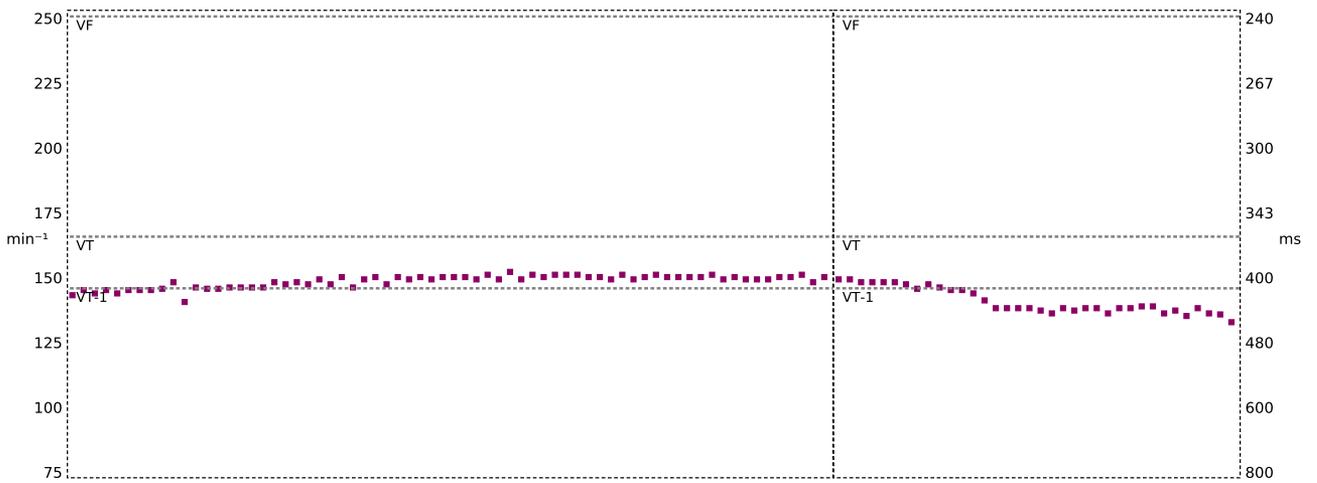


4

VT-1	VS	VS	VS	VS												
405	400	403	403	405	405	405	405	408	413	408	410	415	415	418	425	
%	C98%	C98%	C98%	C98%	C97%	C98%	C98%	C97%	C98%	C98%	C98%	C97%	C98%	C97%	C95%	C98%

V-Dur

Discrimination: 3



The interval plot corresponding to this episode is highly suggestive of sinus tachycardia, with progressive acceleration of ventricular cycles followed by gradual deceleration.



Points to remember

- Morphology discrimination is based on comparison with a reference ventricular electrogram, which can be acquired in real time during interrogation with a programmer, and then automatically updated by the device.
- there are two methods of automatic acquisition of a reference template by the device: passive and active
- for the passive method, the device searches for spontaneous ventricular activity every 2 hours to collect the reference template, without modifying any programming parameters
- in contrast, with the active method, the search for spontaneous ventricular activity is performed every 28 hours, with temporary modification of pacing parameters (pacing mode that encourages spontaneous ventricular activity with a slower pacing rate and longer AV delay); the active method is preferred in patients with a high ventricular pacing percentage (in totally dependent patients, no discrimination should be programmed)
- during follow-up interrogations, it is possible to check that the percentage match between spontaneous ventricular activity observed during the consultation and the reference ventriculogram is high (above the programmed threshold and as close as possible to 100%).
- in this patient, the nominal threshold value was programmed (94%); all tachycardia vectors were judged to be correlated, explaining the diagnosis of SVT and the decision to inhibit therapies
- the patients who benefit most from discrimination are those where the heart rate ranges of ventricular tachycardia and supraventricular tachycardia overlap (patients with slow VT, patients likely to present with rapid AF, young patients with rapid sinus tachycardia on exertion)

4

Single-chamber discrimination, Rhythm ID and correlation percentage

Patient

- 78-year-old male; implanted with an Incepta single-chamber defibrillator for ischemic cardiomyopathy;

Summary

- discrimination based on Rhythm ID (threshold programmed at 94%)
- tachycardia at 124 beats/minute
- initially untreated episode (Rhythm ID correlated: True)
- subsequent treated episode with exhaustion of all available treatments for the VT zone



EGM layout

- 1** regular tachycardia with ventricular electrograms appearing narrow on the shock channel; progressive acceleration with cycles classified as VS then VT-1; initially, there is correlation (C = correlated) of all cycles with reference morphology (percentage above the programmed threshold of 94%).
- 2** end of duration for VT-1 zone (no therapy programmed in this zone)
- 3** acceleration of the tachycardia with cycles classified as VT; discrimination (RID+) is in favor of SVT; for at least 3/10 beats (rolling window), the vector is correlated with the reference vector (the last 10 ventricular complexes are correlated)
- 4** V-detect marker; discrimination (RID-) is in favor of VT; the vector correlates with the reference vector for fewer than 3 beats/10 in a rolling window (only 2 of the last 10 ventricular complexes have a percentage above the programmed threshold of 94%).
- 5** burst delivered (inappropriate)
- 6** following this burst, redetection of a VT episode; no discrimination based on morphology analysis is performed after therapy (ATP or shock) has been delivered
- 7** all therapies programmed in the VT zone are delivered

Discrimination: 4

V-2432: 02 Apr 2018 10:26, VT-1, V Rate: 122 min⁻¹

Detail

VT-1 Event Onset

Avg V Rate	122 min ⁻¹
Detection	Rhythm ID
Template	02 Apr 2018 10:03
RhythmMatch™ Threshold	94 %

At V-Detect

Avg V Rate	124 min ⁻¹
Rate Zone	VT-1
RhythmID Correlated	True
RhythmMatch™	98 %
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, Non Therapy V

Elapsed Time	00:00:08
Attempt Information	Tachy therapy is programmed off.

At Inhibit

RhythmID Correlated	True
---------------------	------

Attempt 2, Burst V ATP

Elapsed Time	00:02:43
Inhibited Attempt	
ATP Information	
Number of Bursts	3

At V-Detect

Avg V Rate	145 min ⁻¹
Rate Zone	VT
SRD Met	(False, Off)
ATP Timeout	False

Attempt 3, Ramp V ATP

Elapsed Time	00:03:06
ATP Information	
Number of Bursts	3

At V-Detect

Avg V Rate	149 min ⁻¹
Rate Zone	VT
ATP Timeout	False

At V-Detect

Avg V Rate	147 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 4, 11 J V Shock

Elapsed Time	00:03:31
Shock Information	
Charge Time	2.0 s
Lead Impedance	63 Ω
Lead Polarity	Initial

At V-Detect

Avg V Rate	144 min ⁻¹
Rate Zone	VT
Stability	(98 ms, Off)
SRD Met	False
ATP Timeout	False

Attempt 5, 41 J V Shock

Elapsed Time	00:03:40
Shock Information	
Charge Time	9.5 s
Lead Impedance	65 Ω
Lead Polarity	Initial

At V-Detect

Avg V Rate	150 min ⁻¹
Rate Zone	VT
Stability	(83 ms, Off)
SRD Met	False
ATP Timeout	False

Attempt 6, 41 J Max V Shock

Elapsed Time	00:03:59
Shock Information	
Charge Time	8.1 s
Lead Impedance	65 Ω
Lead Polarity	Initial

At V-Detect

Avg V Rate	150 min ⁻¹
Rate Zone	VT
Stability	(30 ms, Off)
SRD Met	False
ATP Timeout	False

Attempt 7, 41 J Max V Shock

Elapsed Time	00:04:13
Shock Information	
Charge Time	8.2 s
Lead Impedance	65 Ω
Lead Polarity	Initial

At V-Detect

Avg V Rate	152 min ⁻¹
Rate Zone	VT
Stability	(43 ms, Off)
SRD Met	False
ATP Timeout	False

Attempt 8, 41 J Max V Shock

Elapsed Time	00:04:29
Shock Information	
Charge Time	8.2 s
Lead Impedance	67 Ω
Lead Polarity	Initial

At V-Detect

Avg V Rate	147 min ⁻¹
Rate Zone	VT
Stability	(53 ms, Off)
SRD Met	False
ATP Timeout	False

Attempt 9, 41 J Max V Shock

Elapsed Time	00:04:45
Shock Information	
Charge Time	8.3 s
Lead Impedance	70 Ω
Lead Polarity	Reversed

At V-Detect

Avg V Rate	151 min ⁻¹
Rate Zone	VT
Stability	(22 ms, Off)
SRD Met	False
ATP Timeout	False

Attempt 10, Non Therapy V

Elapsed Time	00:04:60
Attempt Information	All programmed therapy has been delivered.

Event Ended

00:10:12

Chapter 3



VS VS 513 VS 505 VS 505 VS 505 VS 503 VT-1 498 VT-1 500 VT-1 493 VT-1 495 VT-1 498 VT-1 495

C98% C99% C98%



VT-1 490 VT-1 488 VT-1 493 VT-1 490 VT-1 488 VT-1 490 VT-1 483 VT-1 488 VT-1 488 VT-1 485 VT-1 480 VT-1 485 VT-1 483 VT-1 480

C98% C97% C98% C98% C98% C98% C96% C98% C98% C97% C97% C98% V-Detect C99%

V-Epsd



VT-1 480 VT-1 475 VT-1 480 VT-1 485 VT-1 480 VT-1 475 VT-1 478 VT-1 478 VT-1 478 VT-1 480 VT-1 473 VT-1 478 VT-1 475 VT-1 475

6 C97% C96% C98% C99% C97% C97% C98% C98% C97% C98% C97% C98% C99% C99%



VT-1 475	VT-1 470	VT-1 478	VT-1 475	VT-1 478	VT-1 475	VT-1 475	VT-1 475	VT-1 480	VT-1 478	VT-1 473	VT-1 478	VT-1 480	VT-1 483
C97%	C97%	C98%	C98% V-Dur	C99%	C96%	C98%	C98%	C98%	C98%	C97%	C98%	C98%	C98%



VT-1 478	VT-1 480	VT-1 483	VT-1 480	VT-1 478	VT-1 478	VT-1 485	VT-1 483	VT-1 483	VT-1 480	VT	VT 418	VT 415	VT 418	V 4:
C98%	C99%	C98%	C99%	C98%	C98%	C98%	C96%	C97%	C96%	C97% RID+	C97% RID+	U93% RID+	C95% RID+	U RI

Chapter 3



F L8	VT 420	VT 418	VT 413	VT 415	VT 418	VT 418	VT 415	VT 413	VT 415	VT 415	VT 413	VT 418	VT 410	VT 418	VT 413	VT 413
92% D+	C94% RID+	C94% RID+	U89% RID+	C96% RID+	C94% RID+	C96% RID+	U87% RID+	C95% RID+	C94% RID+	U84% RID+	U90% RID+	U93% RID+	C96% RID+	C95% RID+	U93% RID+	U91% RID-

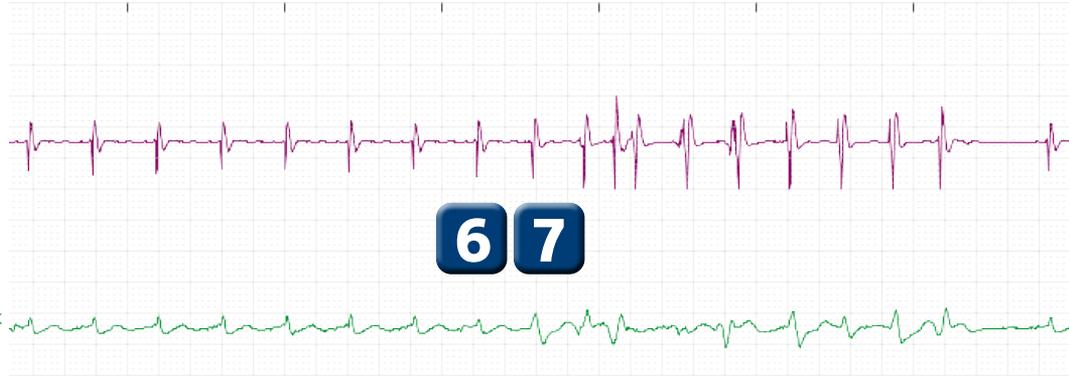


VT 415	VT 410	VT 418	VT 413	VP 333	--	VF 218	VT-1 440	VF 273	VS 668	VT 413							
% U93% RID+	% U93% RID+	% U92% RID+	% RID- V-Detect														

Discrimination: 4



V



67

Shock

VT 415 VT 405 VT 410 VT 410 VT 408 VT 405 VT 410 VT 405 VP 328 -- VS 690

V-Dur V-Detect

V



Shock

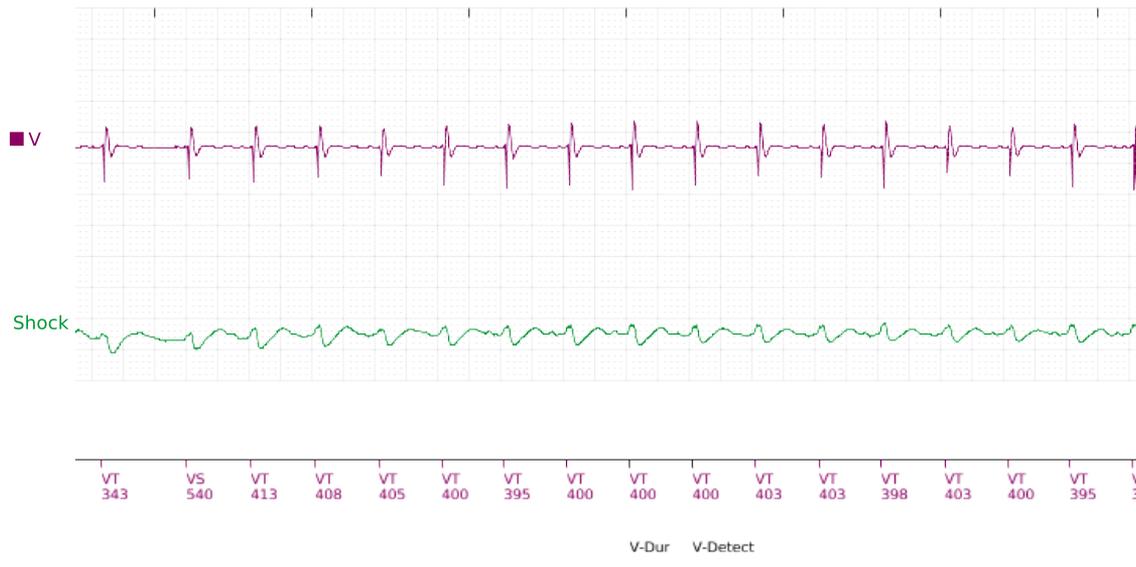
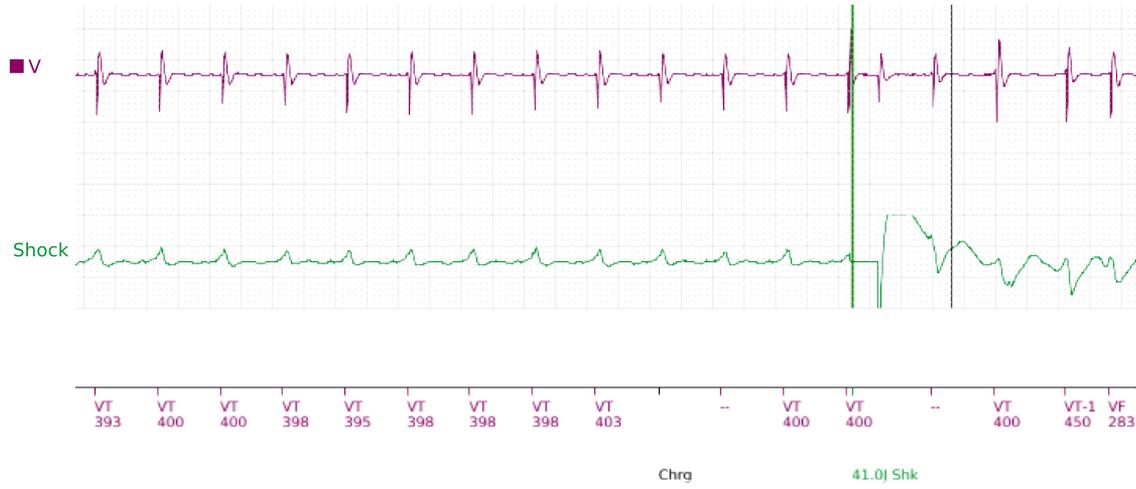
VT 403 VT 403 VT 398 VT 403 VT 403 VT 400 VT 400 VT 400 VT 400 VT 400 VP 323 VP 323 VP 323 VP 323 VP 323 VP 323

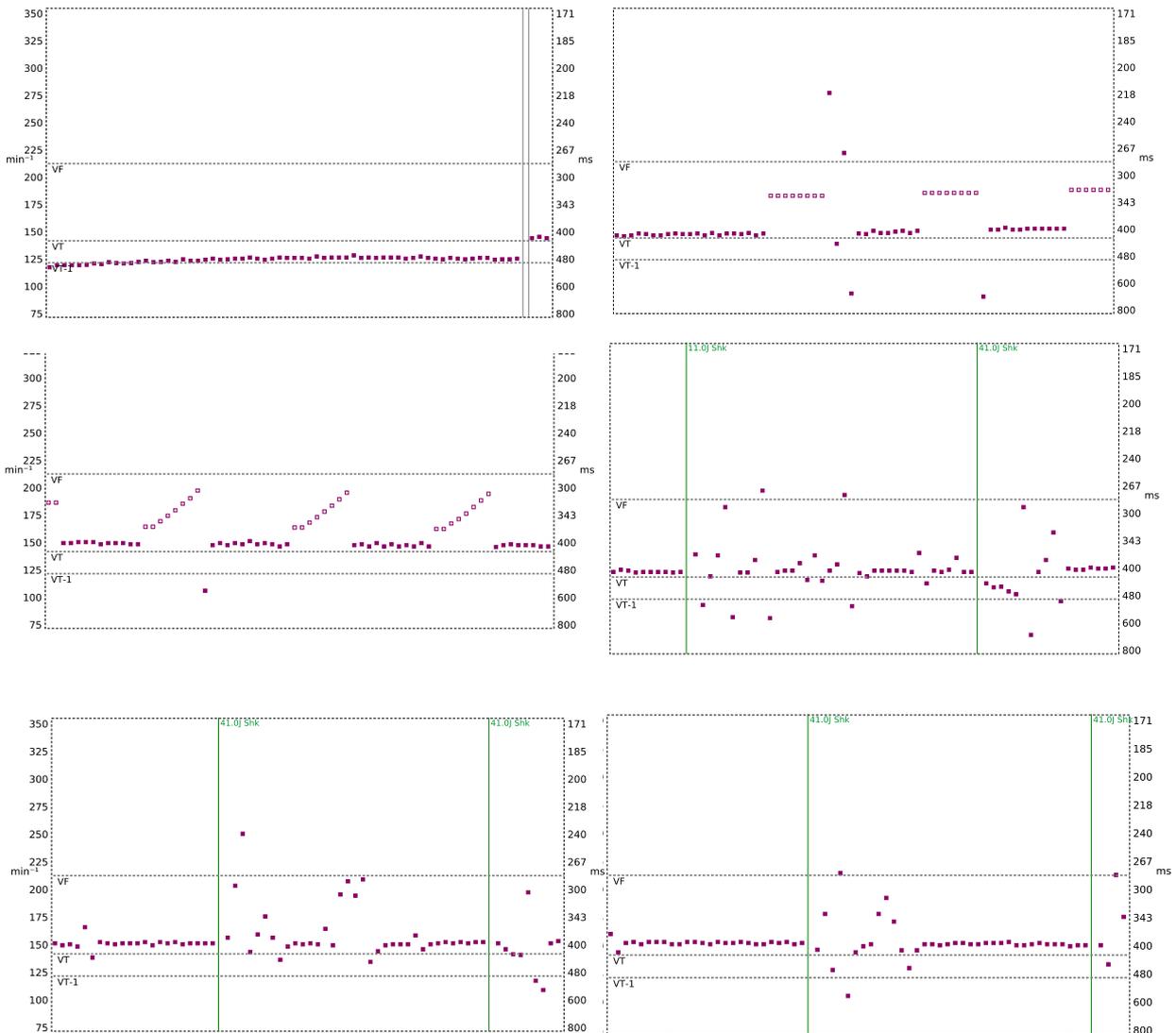
V-Detect

Chapter 3



Pages 7 to 14 are not show,
end of the episode:





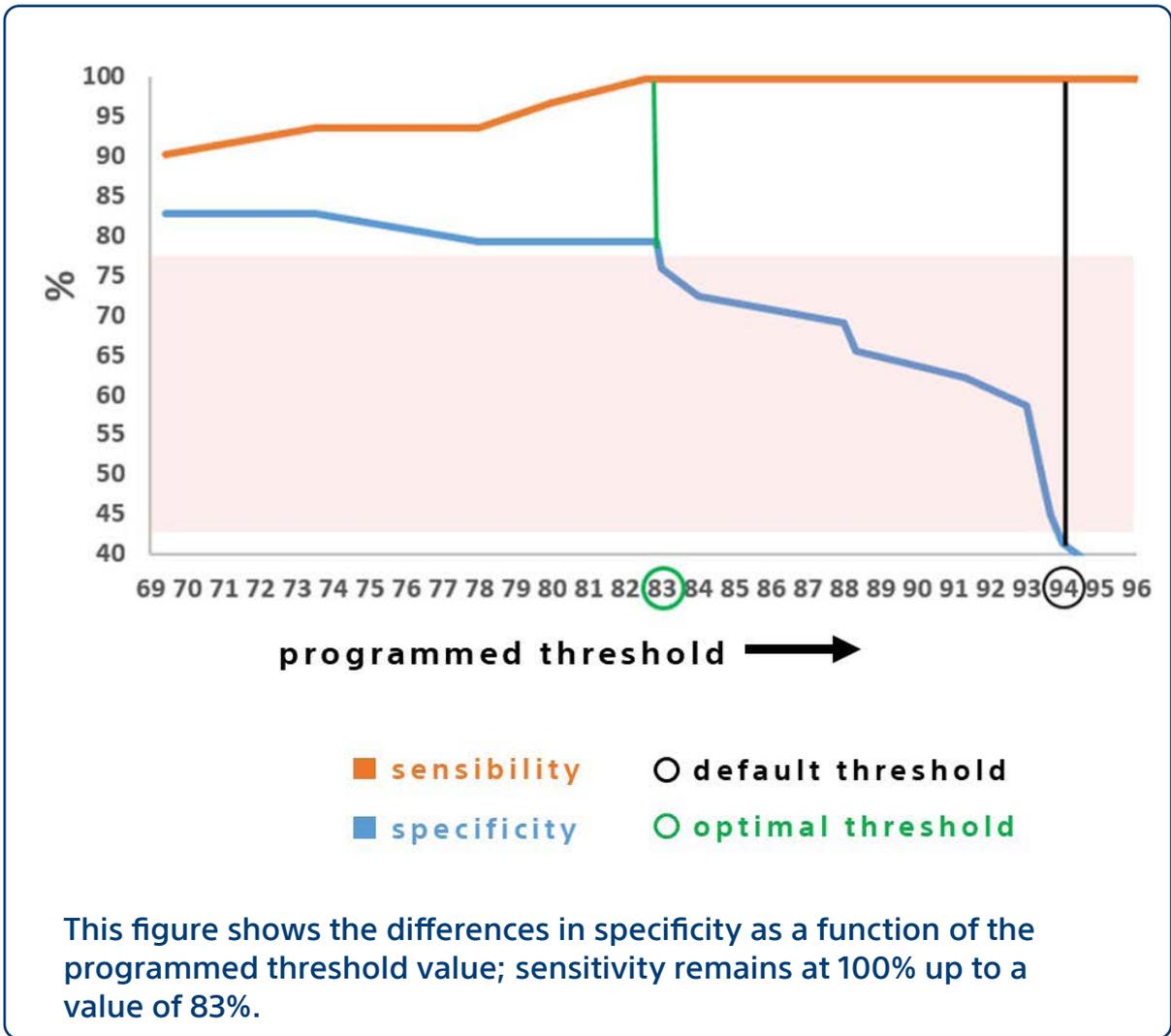
Points to remember

- the percentage of inappropriate therapies has fallen considerably since the very first studies of patients implanted with a defibrillator, and the annual rate is now between 1 and 5%; the reasons for this significant reduction are multifactorial (programming of longer detection times, programming in the first instance of detection zones for tachycardias > 187 beats/minute, programming of discrimination algorithms); it is therefore difficult to precisely isolate the effect of discrimination algorithms
- international guidelines recommend programming discrimination algorithms based

on the manufacturer, up to a rate of 230 beats/minute; for Boston Scientific™ single-chamber devices, discrimination based solely on morphology analysis is suggested, with a 94% correlation coefficient in nominal programming.

- in a multicenter study, this 94% threshold provided perfect sensitivity (100%), but an average specificity of around 41%; this low specificity is all the more problematic since morphology is only applied to initial detection, increasing the risk, as in this patient, that if inappropriate therapy occurs and the rate remains high, all therapies in the VT zone may be delivered
- this low specificity is especially problematic in single-chamber devices since the morphology discriminant is often used in isolation; in a double- or triple-chamber defibrillator, the failure of one discriminant can be corrected by the intervention of another discriminant (e.g. V>A criterion)
- this example of sinus tachycardia is demonstrative: the arrhythmia is initially correctly identified as supraventricular with a sufficient number of correlated cycles; in a second phase, the correlation percentage decreases and the patient receives multiple inappropriate therapies
- in the same multicenter study, lowering the threshold to 83% maintained perfect sensitivity (100%) with a substantial increase in specificity (79%)
- this relatively low specificity at nominal settings compared to other manufacturers, who use relatively similar discrimination, may be explained by the specific manner in which the 8-point ventricular signal is analyzed, favouring sensitivity over specificity (making it easier to detect differences, favouring the occurrence of lower correlation values)
- the nominal value of 94% did not seem appropriate in this patient and was modified which avoided inappropriate therapies during follow-up.
- this clinical case also raises the question of systematically modifying this value in the first instance

Discrimination: 4



Electrogram morphology discriminators in implantable cardioverter defibrillators: A comparative evaluation. Antonio Frontera, Marc Strik, ... , Pierre Bordachar, Sylvain Ploux. *J Cardiovasc Electrophysiol.* 2020 Jun;31(6):1493-1506

Scan the QR code to download the study article (PDF)





5

Single-chamber discrimination, Rhythm ID and SRD

Patient

- 71-year-old male with ischemic cardiomyopathy; implanted with an Incepta single-chamber defibrillator

Summary

- discrimination based on Rhythm ID (threshold programmed at 94%)
- tachycardia at 153 beats/minute
- initially untreated episode (Rhythm ID correlated: True)
- episode treated because sustained rate duration (SRD) was satisfied
- 5 shocks delivered

EGM layout

- 1** irregular tachycardia with ventricular electrograms appearing narrow on the shock channel; alternation between cycles classified as VT-1 and VS; correlation (C = correlated) of all cycles with reference morphology (percentage above the programmed threshold of 94%).
- 2** end-of-episode marker V-EpsdEnd (corresponding to the previous episode not visualized on this plot), criterion 8/10 not having been satisfied.
- 3** V-Epsd marker after 8 out of 10 cycles classified as VT-1 or VT
- 4** end of duration (V-dur marker); discrimination favors SVT; for at least 3 beats/10 (rolling window), the vector is correlated with the reference vector (the last 10 ventricular complexes before the end of duration are correlated).
- 5** on this cycle, the SRD is satisfied (SRD marker) and, despite a morphology in favor of SVT, therapies for the VT zone begin.
- 6** Continuation of various VT zone therapies



Discrimination: 5

V-2842: 06 avr. 2021 06:35, TV-1, Fréquence V : 166 min⁻¹

Détail

TV-1 Début événem.

Fréq. V moy.	166 min ⁻¹
Détection	ID de Rythme
Référence	05 avr. 2021 06:40
Seuil du RhythmMatch™	94 %

Lors de la Délect-V

Fréq. V moy.	153 min ⁻¹
Zone de fréquence	TV-1
RhythmID corrélé	Vrai
RhythmMatch™	99 %
DFS satisfaite	(Faux, arrêt)
Durée limite ATP	Faux

Lors de l'inhibition

RhythmID corrélé	Vrai
------------------	------

Lors de la Délect-V

Fréq. V moy.	160 min ⁻¹
Zone de fréquence	TV
DFS satisfaite	Vrai
Durée limite ATP	Faux

Lors de l'inhibition

Stabilité	56 ms
-----------	-------

Lors de la Délect-V

Fréq. V moy.	151 min ⁻¹
Zone de fréquence	TV
DFS satisfaite	Vrai
Durée limite ATP	Faux

Lors de l'inhibition

Stabilité	63 ms
-----------	-------

Lors de la Délect-V

Fréq. V moy.	159 min ⁻¹
Zone de fréquence	TV
DFS satisfaite	Vrai
Durée limite ATP	Faux

Lors de l'inhibition

Stabilité	71 ms
-----------	-------

Lors de la Délect-V

Fréq. V moy.	169 min ⁻¹
Zone de fréquence	TV
DFS satisfaite	Vrai
Durée limite ATP	Faux

Lors de l'inhibition

Stabilité	87 ms
-----------	-------

Lors de la Délect-V

Fréq. V moy.	155 min ⁻¹
Zone de fréquence	TV
DFS satisfaite	Vrai
Durée limite ATP	Faux

Fin de l'événement

Tentative 1, Pas de traitement V

Temps écoulé	00:00:12
--------------	----------

Informations tentative

Traitement tachy désactivé.

Tentative 2, 11 J Choc V

Temps écoulé	00:13:01
--------------	----------

Tentative inhibée

Informations sur le choc	
Durée de charge	2,2 s
Impédance de la sonde	48 Ω
Polarité de la sonde	Initial

Tentative 3, 41 J Choc V

Temps écoulé	00:14:36
--------------	----------

Tentative inhibée

Informations sur le choc	
Durée de charge	10,3 s
Impédance de la sonde	50 Ω
Polarité de la sonde	Initial

Tentative 4, 41 J Max Choc V

Temps écoulé	00:15:38
--------------	----------

Tentative inhibée

Informations sur le choc	
Durée de charge	8,3 s
Impédance de la sonde	50 Ω
Polarité de la sonde	Initial

Tentative 5, 41 J Max Choc V

Temps écoulé	00:17:07
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Tentative inhibée

Informations sur le choc	
Durée de charge	8,2 s
Impédance de la sonde	51 Ω
Polarité de la sonde	Initial

Tentative 6, 41 J Max Choc V

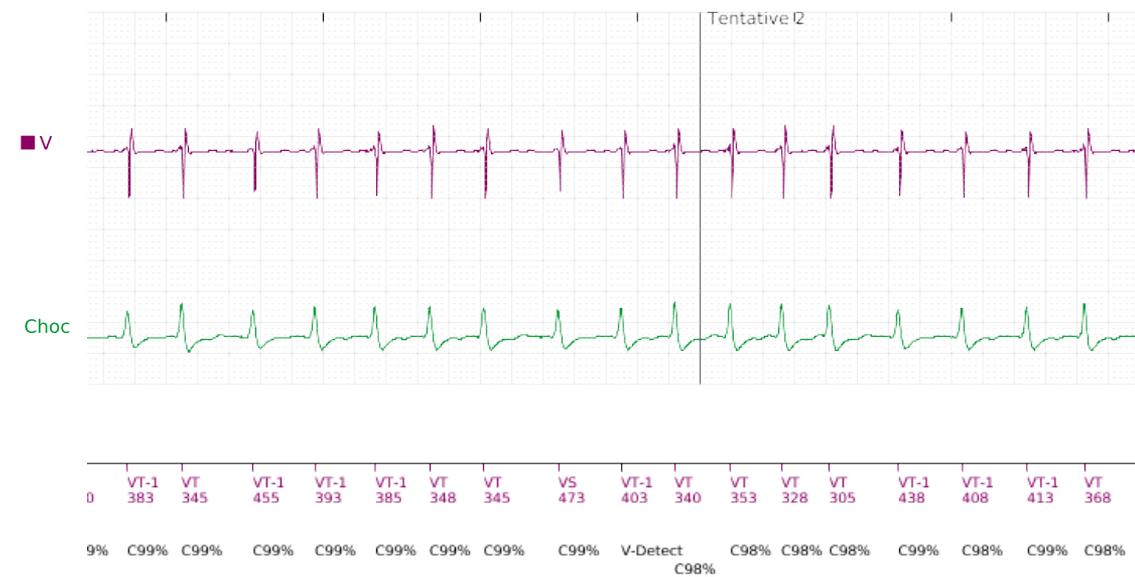
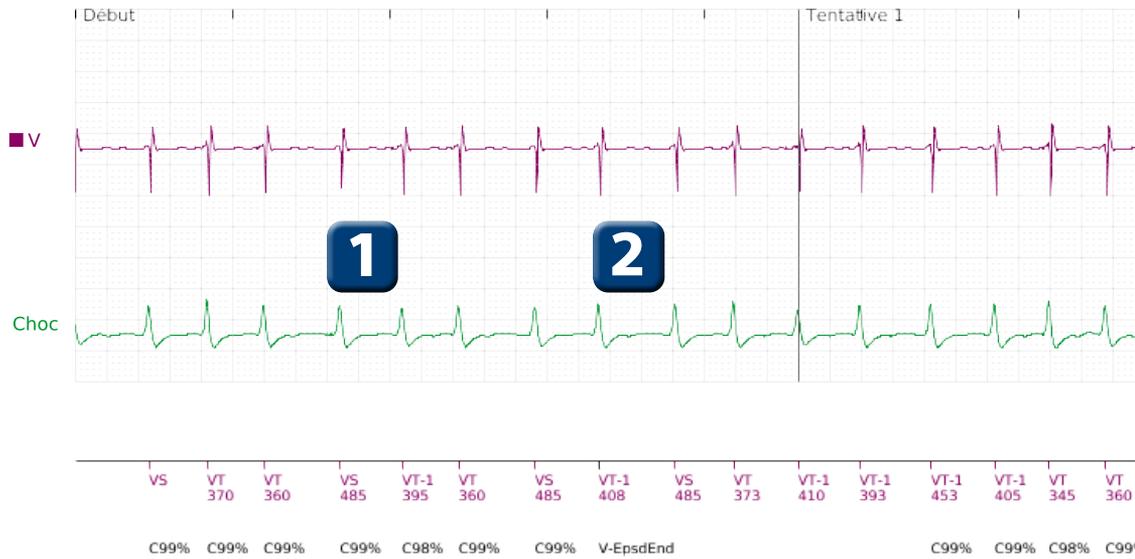
Temps écoulé	00:18:52
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Tentative inhibée

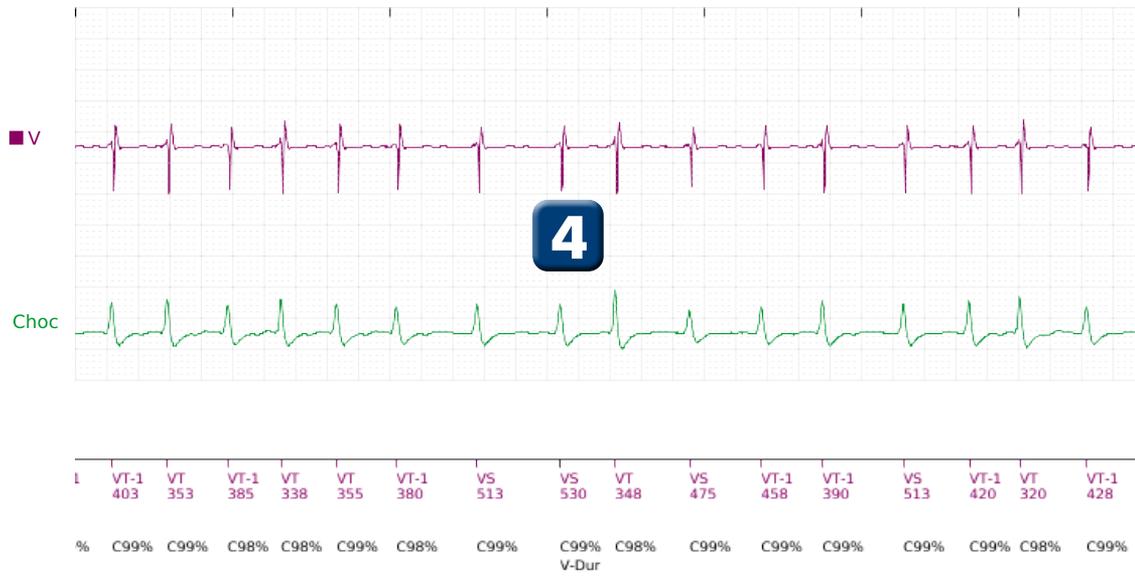
Informations sur le choc	
Durée de charge	8,1 s
Impédance de la sonde	50 Ω
Polarité de la sonde	Initial

00:28:13

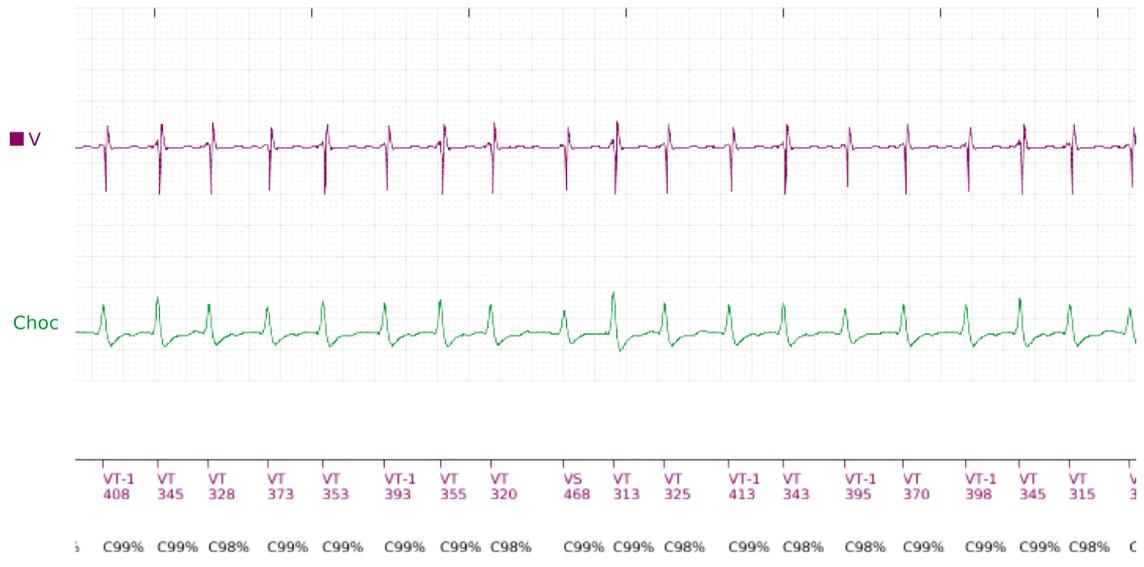
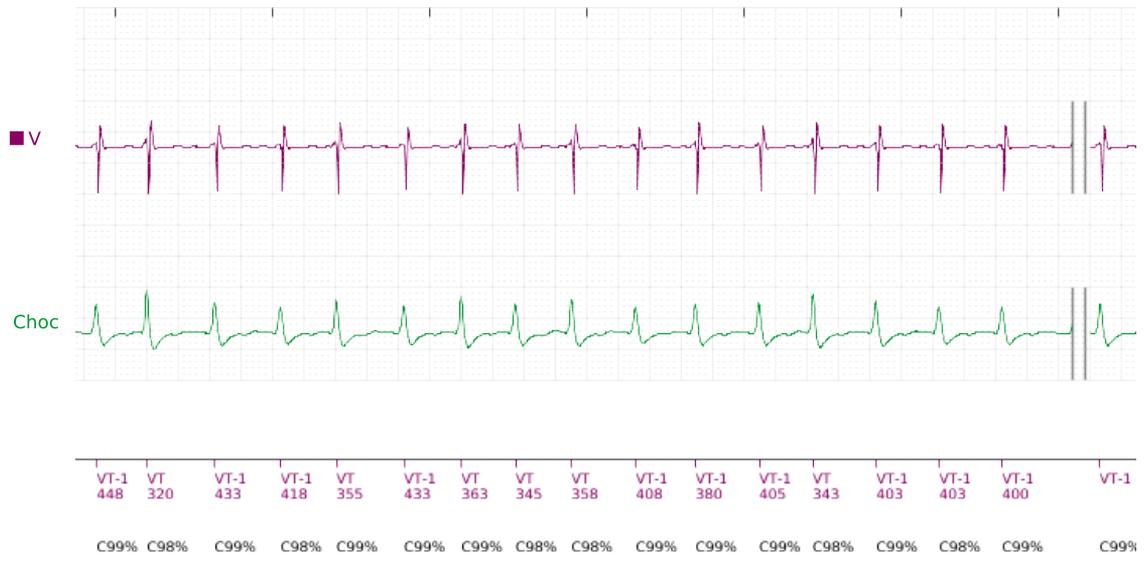
Mode tachy modifié par l'utilisateur



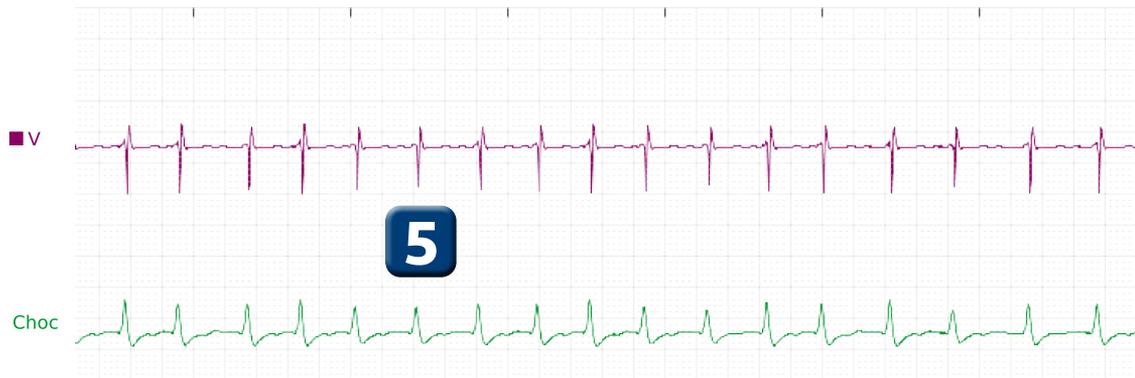
Discrimination: 5



Chapter 3



Discrimination: 5



T-1 83	VT 358	VT 338	VT-1 443	VT 338	VT 350	VT-1 388	VT-1 395	VT 373	VT 335	VT 348	VT-1 400	VT-1 380	VT 350	--	VS 480	VT-1 438
:99%	C98%	C98%	C99%	C99%	C98%	C99%	C99%	V-Detect						Chrg		
						V-Dur	SRD	Chrg								



VT 365	[VS]	--	VT 365	VS 463	VT-1 445	VT 328	VT 320	VT-1 428	VT-1 398	VT 313	VS 493	VT 343	VS 483	VT 350	VT-1 443	VT-1 408
																V-Dur

11.0] Shk

Chapter 3



1 VT 345 VT-1 418 VT 340 VT-1 418 VT 318 VT 303 VT-1 435 VT-1 455 VT-1 388 VT 340 VS 468 VS 490 VT-1 445 VT-1 388 VT 328 VT-1 438 VT 350



VT 305 VS 468 VT 335 VT 340 VS 480 VT 300 VT-1 418 VT-1 305 VT 323 VT 358 VT 370 VT-1 400 VT-1 398 VT 335 VT 318 VT 310 VT-1 383

Discrimination: 5

V



Choc



VS 578 VT 335 VS 463 VT-1 420 VT 350 VT 363 VT 323 VT 318 VT-1 398 VT 373 VT 303 VT 323 VT 320 VT-1 423 VT 363 VT-1 460 VT 343 VS 468

V-Dur V-Detect
SRD Chrg
Unstb

V

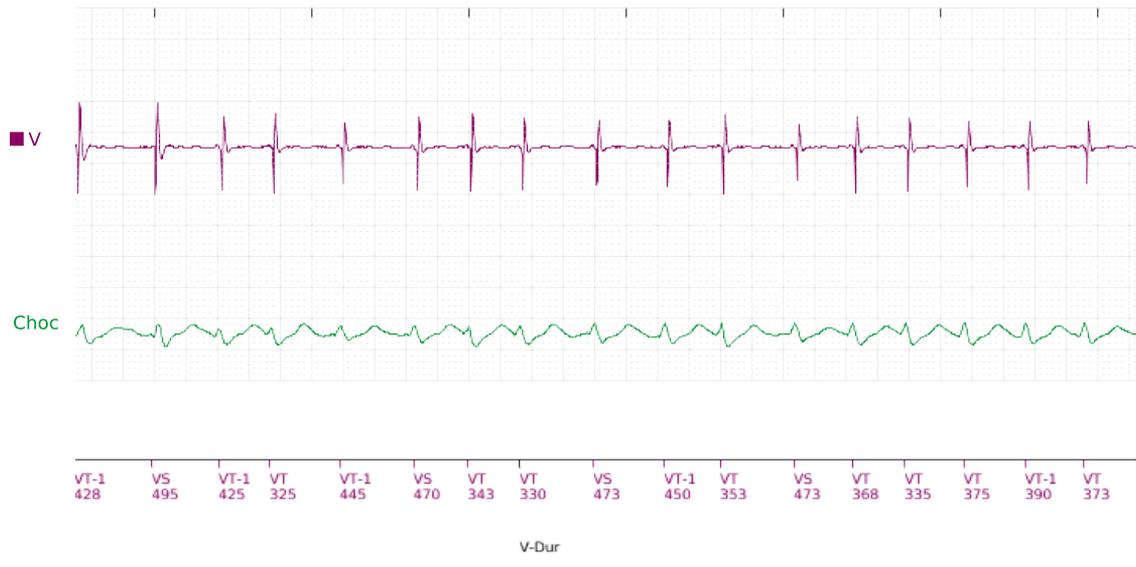


Choc



VT 320 VT-1 413 VT-1 420 VT 365 VT 330 VS 468 VT-1 460 VT 365 VT 365 VT-1 428 VT 330 VT-1 455 VT 358 VS 628 VT 348 VT-1 423 VT 365

Chapter 3



Les pages 10 à 18 ne sont pas affichées,
fin d'épisode:



VS 465 VT-1 415 VT 338 VT-1 425 VT 343 VT 338 VT 355 -- VT-1 440 VT-1 398 -- VT-1 413 VT 368 VT-1 398 VT-1 385 VS 463 VT 45

Chrg 41.0J Shk



-1 0 VT 355 VT 333 VT 315 VT-1 420 VT-1 388 VT 340 VS 480 VT-1 458 VS 625 VT 345 VT-1 378 VT 358 VT-1 395 VS 483 VS 465 VT-1 458

V-Dur



VT 345 VT-1 425 VT-1 430 VT 358 VT 330 VT-1 408 VT 355 VT-1 435 VS 463 VT 330 VT 333 VS 540 VT 335 VT 333



Points to remember

- this patient's AF episode is initially well discriminated through morphology analysis and correlation with the reference ventricular electrogram; unfortunately, the defibrillator then inappropriately delivers all the therapies in the VT zone, due to programming of the sustained rate duration (SRD) criterion
- the SRD is a timer which leads to delivery of therapies after a programmable time interval, even if discriminators are in favor of a supra-ventricular origin for the arrhythmia and have initially inhibited the therapies
- SRD is programmable on single, dual and triple chamber defibrillator platforms after selecting the Rhythm ID option or the Onset/Stability option.
- the principle of this timer is based on the fact that the quality of discrimination may be imperfect (diagnosis of SVT for an episode of VT) and that in most sinus tachycardias, the rate remains higher than the arrhythmia detection rate for only a limited time.
- SRD can be programmed separately for VT and VT-1 zones; an independent post-shock SRD value can be programmed
- there is limited data in the literature validating this type of programming; in a study with a timer programmed to 3 minutes, 10% of inappropriate therapies for SVT were observed
- in guidelines recommendations, deprogramming these types timers is advised or programming them over several minutes; in clinical practice, these timers are generally deprogrammed in the first instance and programmed only under certain very specific circumstances (discrimination error, etc.).



A sustained rate duration (SRD) corresponds to a timer that can be programmed for initial detection (3 minutes in this figure) and independently for post-shock detection (deprogrammed in this example).

6 Dual chamber discrimination and V>A

Patient

- 74-year-old male with ischemic cardiomyopathy; implanted with triple-chamber defibrillator

Summary

- episode of VT at 156 beats/min requiring a burst of ATP
- at initial detection, discrimination is based on the Rythm ID algorithm
- Rate V > A: true

EGM layout

- 1 spontaneous rhythm in the atrium and biventricular pacing
- 2 abrupt onset of regular tachycardia, with atrioventricular dissociation (more ventricles complexes than atrial complexes, indicating a ventricular origin for the arrhythmia)
- 3 criterion 8/10 fulfilled (V-Epsd); QRS complexes judged to be uncorrelated (U, correlation percentage below the programmed threshold percentage of 94%)
- 4 V>A criterion verified: diagnosis of VT (V-Detect)
- 5 ATP burst
- 6 efficient burst and arrhythmia termination

Chapter 3

V-17: 20 sept. 2022 10:20, TV, Fréquence A : 55 min⁻¹, Fréquence V : 162 min⁻¹

Détail

TV Début événem.

Fréq. A moy.	55 min ⁻¹
Fréq. V moy.	162 min ⁻¹
Détection	ID de Rythme
Référence	18 sept. 2022 03:01
Seuil du RhythmMatch™	94 %

Lors de la Délect-V

Fréq. A moy.	62 min ⁻¹
Fréq. V moy.	156 min ⁻¹
Zone de fréquence	TV
Stabilité	4 ms
Fréquence V>A	Vrai
Fib A	Faux
RhythmID corrélé	Faux
RhythmMatch™	77 %
DFS satisfaite	(Faux, arrêt)
Durée limite ATP	Faux

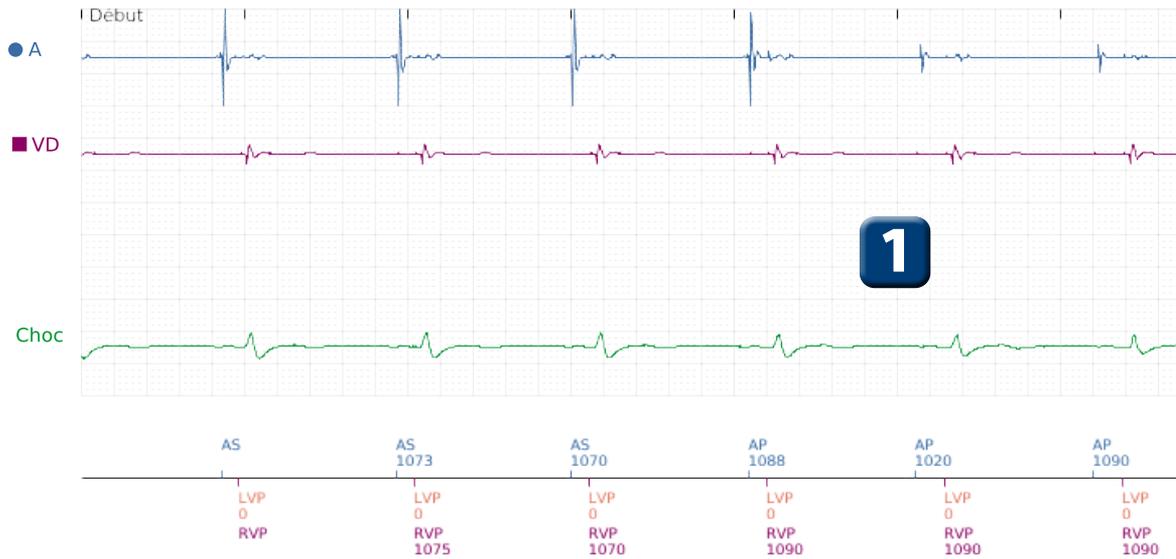
Tentative 1, Salve ATP V

Temps écoulé	00:00:15
Informations ATP	
Nombre de salves	1

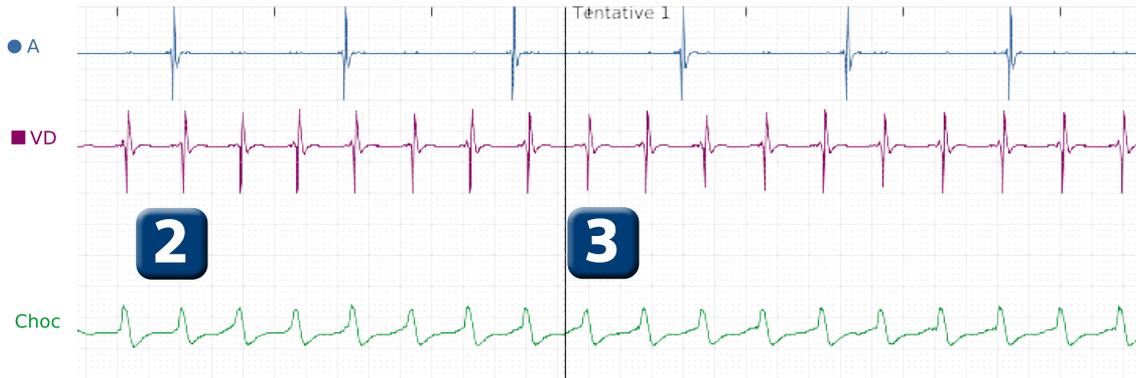
Fin de l'événement

00:00:30

EKG affiché à 25 mm par seconde



Discrimination: 6



	(AS) 1143		AS 1090		AS 1073		AS 1075		AS 1048		AS 1038							
	PVC 648	VT 383	VT 365	VT 363	VT 363	VT 370	VT 368	VT 368	VT 380	VT 368	VT 375	VT 383	VT 375	VT 378	VT 383	VT 378	VT 383	VT 37
	LVS 130	LVS 105	LVS 103	LVS 100	LVS 105	LVS 103	LVS 105	LVS 105	LVS 105									
	PVP→		PVP→		U81%	U72%	U81%	U77%	U71%	U77%	U77%	U74%	U78%	U77%	U77%	U78%	U77%	U7
						PVP→			V-Epsd									



	AS 1028		AS 1023		AS		AS 1025		AS 1010		AS 1005		AS 988					
8	VT 383	VT 388	VT 378	VT 383	LVS 105	VT 380	VT 385	VT 380	VT 383	VT 388	VT 380	VT 385	VT 385	VT 380	VT 385	VT 383	VT 388	VT 385
LVS	LVS 105	LVS 105	LVS 103	LVS 105	VT	LVS 105	LVS 103	LVS 105										
8%	U75%	U70%	U75%		U76%	U78%	U77%	U77%	U75%	U70%	U75%	U74%	U76%	U77%	U76%	U77%	U73%	U74%

Points to remember

- a dual-chamber defibrillator allows comparison of atrial and ventricular rates; for both the clinician and the defibrillator, the presence of a ventricular rate faster than the atrial rate confirms the ventricular origin of the tachycardia
- the V rate > A rate criterion can be programmed on a dual- or triple-chamber defibrillator by selecting the Rhythm ID or Onset/Stability option; this criterion takes precedence over the other associated discrimination criteria, which means that if this condition is true (V>A), it supersedes all the other programmed discriminators and the diagnosis of VT is made.
- the analysis is performed by comparing the mean rate of the last 10 ventricular intervals preceding the end of the duration with the mean rate of the last 10 atrial intervals preceding the end of the duration
- if the mean ventricular rate exceeds the mean atrial rate by at least 10 beats/minute, it is considered to be faster than the atrial rate (indicated as True in the Episode Details report), and treatment may be initiated.
- if the mean ventricular rate is not higher than the mean atrial rate by at least 10 beats/minute (indicated as False in the Episode Detail report), treatment may be inhibited if the other discriminants favor of SVT
- in this patient, the difference in rate between the atria (62 beats/minute) and the ventricles (156 beats/minute) is obvious, justifying the diagnosis of VT



7

Dual-chamber discrimination, atrial refractory periods and V>A criterion

Patient

- 66-year-old male with severe ischemic cardiomyopathy; implanted with a dual-chamber defibrillator

Summary

- initial diagnosis of supraventricular tachycardia based on Rhythm ID with no treatment
- subsequent diagnosis of a VT with a series of 5 ATP bursts

EGM layout

- 1** probable sinus tachycardia with 1/1 AV relationship; alternating cycles classified as VS and VT-1
- 2** criterion 8/10 met
- 3** at the end of the duration, no therapy is delivered; the rhythm is stable and the tachycardia vectors are correlated with the reference vector.
- 4** ongoing cycle-by-cycle analysis
- 5** probable variation in the time at which the R wave is detected by the ventricular lead, explaining the variability of ventricular intervals; rhythm considered unstable; vectors remain correlated, no therapy delivered
- 6** Stability criterion met again
- 7** probable atrial extrasystole with some irregularity to the rhythm
- 8** new atrial extrasystole; as the PR is relatively long, the atrial extrasystole occurs at the same time as ventricular sensing of the R wave; it falls within the atrial refractory period after ventricular sensing and is not sensed.

9 since the atrial extrasystole is not counted, the subsequent compensatory rest is responsible for a false slowing of the atrial rhythm compared to the ventricular rhythm; V>A criterion is satisfied (comparison of atrial and ventricular rate over the previous 10 cycles); this criterion takes precedence over all others; decision to treat

10 first ATP burst

11 continuation of sinus tachycardia

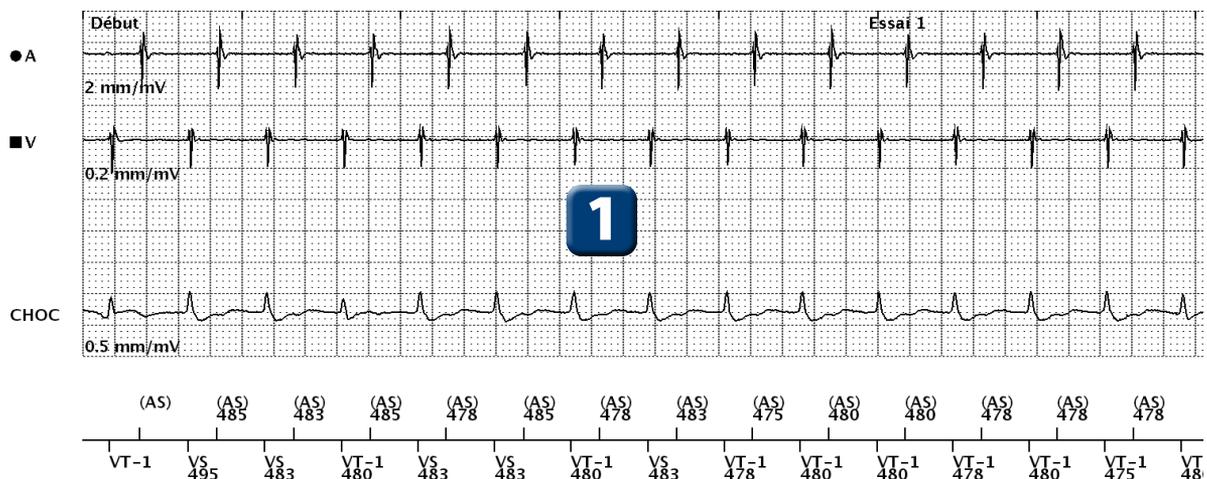
12 second ATP burst

13 third ATP burst

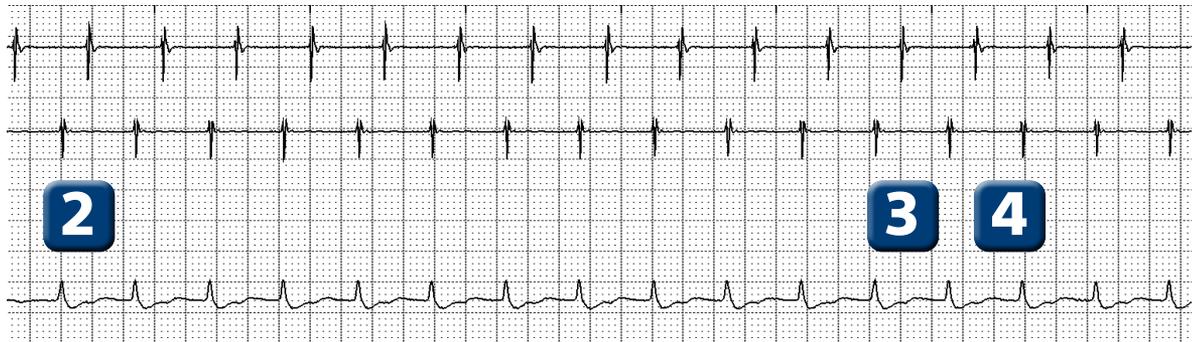
14 fourth ATP burst

15 fifth ATP burst

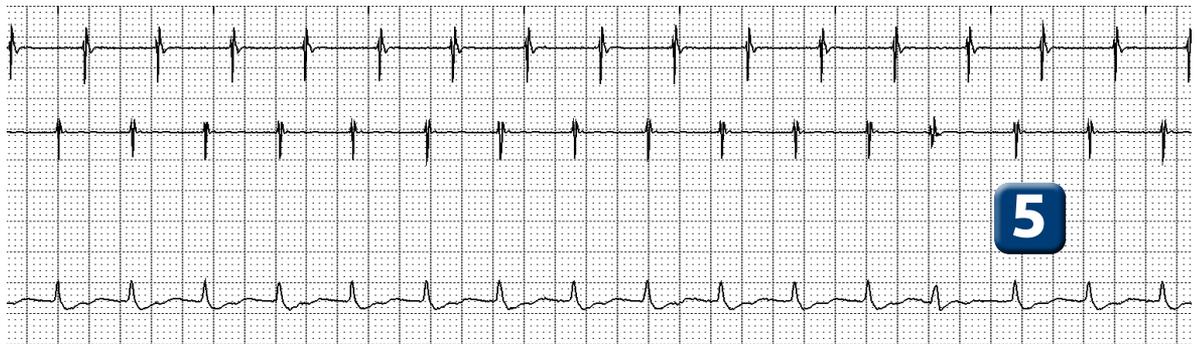
16 slowing of sinus rate below VT-1 zone and end of episode



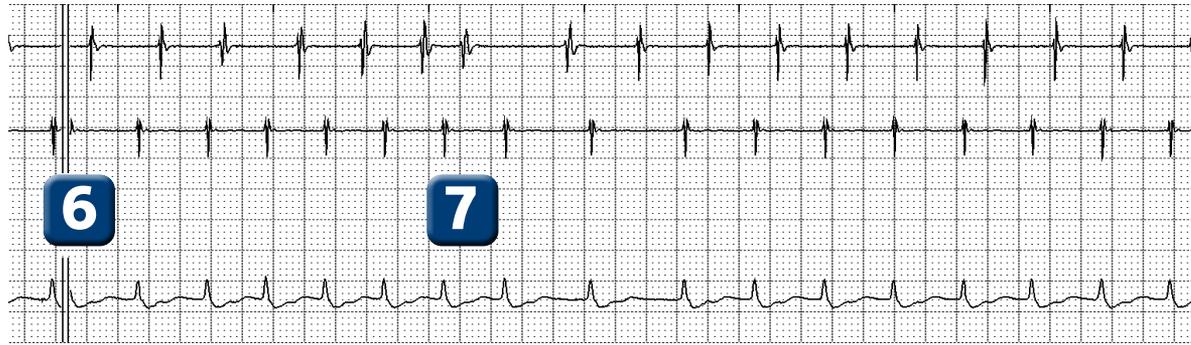
Chapter 3



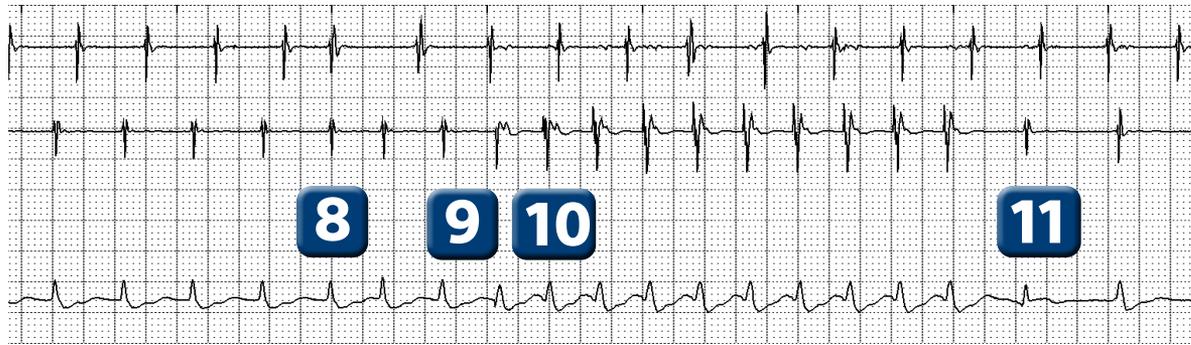
(AS) 478	AS 480	AS 473	AS 480	AS 473	AS 475	AS 475	AS 475	AS 475	AS 480	AS 468	AS 480	AS 468	AS 473	AS 478	AS 473				
0 ⁻¹	V _T ⁻¹ ₇₈	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₈	V _T ⁻¹ ₇₈	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₃	V _T ⁻¹ ₇₈	V _T ⁻¹ ₇₃	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₃	V _T ⁻¹ ₇₃	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₃				
V-Epsd											V-Dur Stb RID+					Stb RID+	Stb RID+	Stb RID+	Stb RID



AS 468	AS 475	AS 473	AS 480	AS 468	AS 480	AS 473	AS 475	AS 473	AS 468	AS 473	AS 473	AS 473	AS 473	AS 478	AS 473												
0 ⁻¹	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₃	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₃	V _T ⁻¹ ₇₃	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₃	V _S ₃₀	V _T ⁻¹ ₇₅	V _T ⁻¹ ₇₃																
														Stb RID+	Stb RID+	Stb RID+	Stb RID+	Stb RID+	Stb RID+	Stb RID+	Stb RID+	Stb RID+	Stb RID+	Stb RID+	Unstb RID+	Unstb RID+	Unstb RID

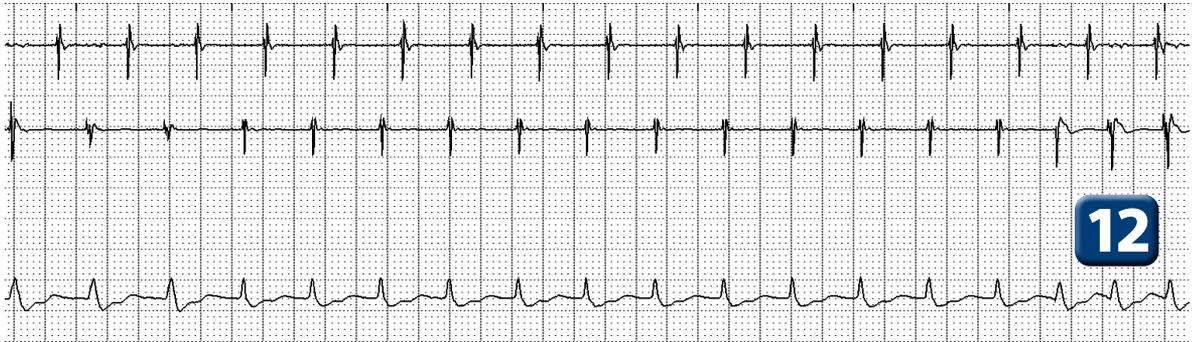


AS 168	AS	AS 443	AS 398	AS 488	AS 405	AS 385	AF 273	AS 660	AS 463	AS 450	AS 448	AS 445	AS 450	AS 443	AS 440	AS 450	:
1	VT-1 470	VT-1	VT-1 445	VT-1 380	VT-1 380	VT-1 378	VT-1 385	VT-1 393	VS 550	VS 603	VT-1 453	VT-1 450	VT-1 445	VT-1 445	VT-1 443	VT-1 445	VT-1 44:
tb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Unstb	Unstb	Unstb	Unstb	Unstb	Unstb	Unstb	Unstb	Un:
+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RID+	RIC

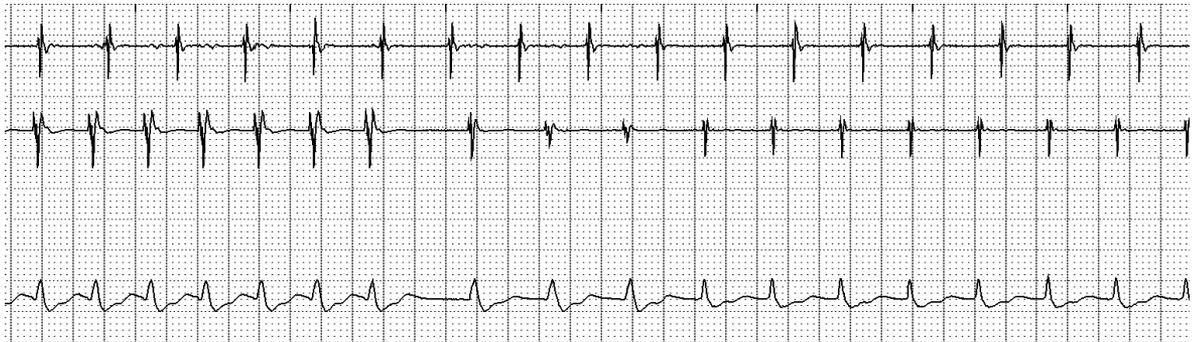


AS 443	AS 443	AS 445	AS 438	AS 448		AS 855	AS 460	AS 445	AS 448	AS 390	AS 485	AS 453	[AS]	--	(AS) 443	AS 435	AS 44
5-1	VT-1 445	VT-1 443	VT-1 443	VT-1 443	VT-1 445	VT 338	VT-1 378	VP 323	VP 323	VP 323	VP 323	VP 323	VP 323	VP 323	--	VS 603	
stb	Stb	Stb	Stb	Stb	Stb	Unstb	Unstb	Unstb	Unstb	Unstb	Unstb	Unstb	Unstb	PVP-			
)+	RID+	RID+	RID+	RID+	RID+	RID+	V->A	V-Detect									

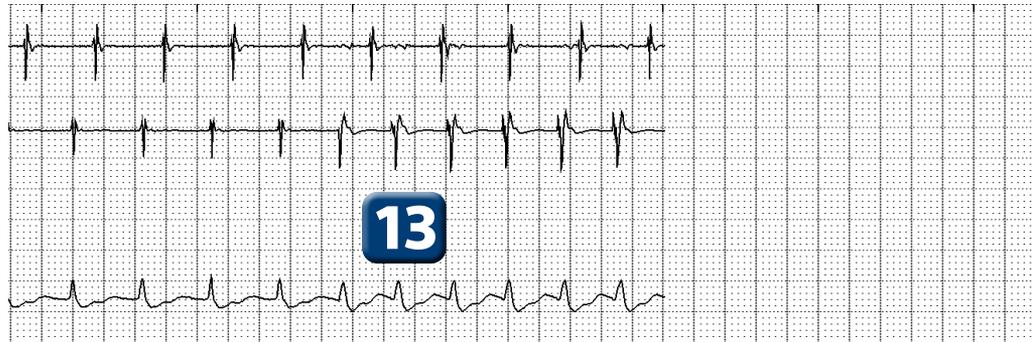
Chapter 3



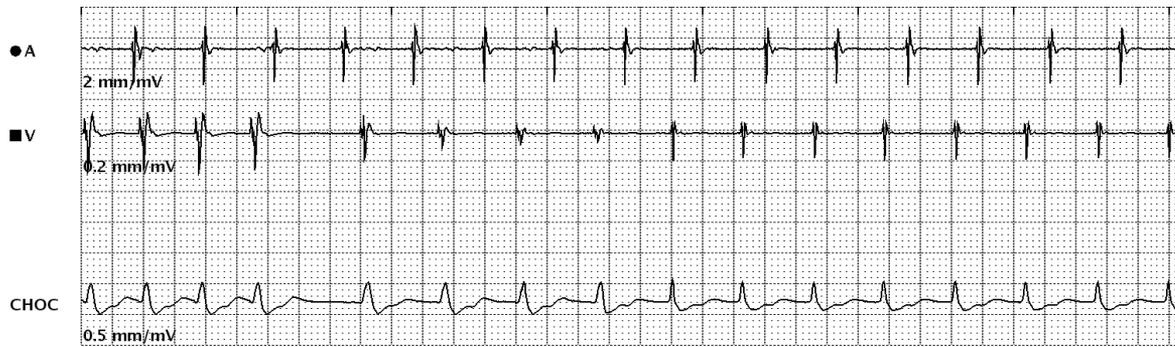
i8 AS 443 AS 438 (AS) 448 (AS) 440 (AS) 443 (AS) 440 (AS) 443 (AS) 435 (AS) 440 (AS) 448 (AS) 440 (AS) 435 AS 445 AS 440 AS 438 AS 435 AS 440
 VP-MT 500 VP-MT 500 VP-MT 500 VS 508 VT-1 445 VT-1 440 VT-1 443 VT-1 440 VT-1 440 VT-1 440 VT-1 443 VT-1 440 VT-1 440 VT-1 440 VP 355 VP 355
 V-Detect VP 355



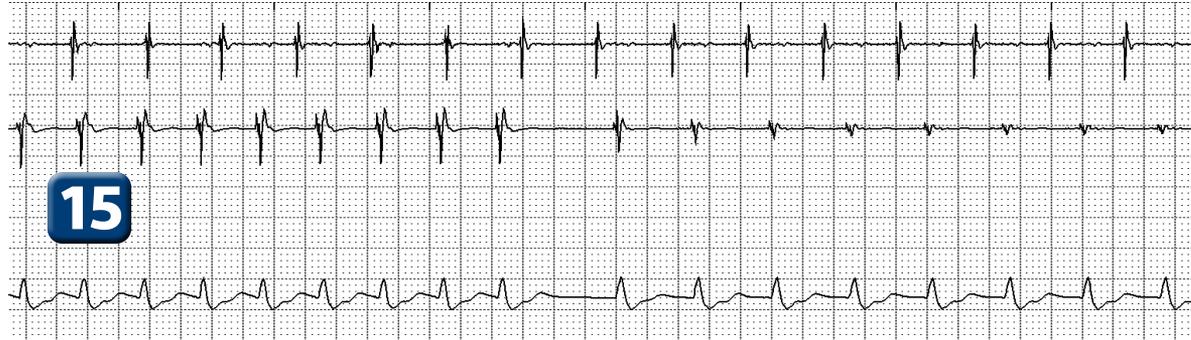
[AS] AS 880 AS 445 AS 435 -- AS 440 AS 448 AS 443 (AS) 440 (AS) 440 (AS) 443 (AS) 443 (AS) 443 (AS) 440 (AS) 445 (AS) 438
 VP 355 VP 658 VP-MT 500 VP-MT 500 VS 513 VT-1 443 VT-1 443 VT-1 445 VT-1 443 VT-1 443 VT-1 443 VT-1 443
 PVP-



(AS) 443 AS 448 AS 440 AS 450 AS 445 AS 445 AS 440 [AS] AS 898 AS 448
 VT-1 443 VT-1 445 VT-1 443 VT-1 445 VP 358 VP 358 VP 358 VP 358 VP 358
 VP 358
 V-Detect

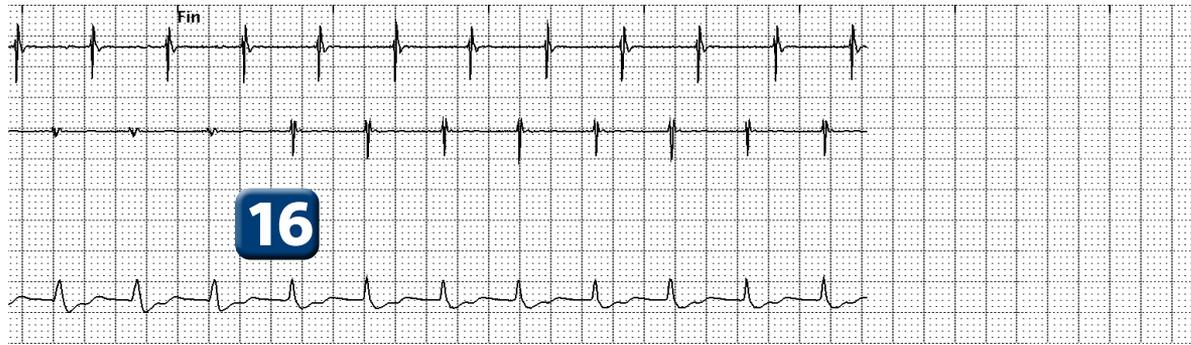


AS 448 [AS] -- AS 443 AS 458 AS 450 AS 448 (AS) 458 (AS) 448 (AS) 460 (AS) 450 (AS) 460 (AS) 458 (AS) 458 (AS) 453
 VP 358 VP 358 VP 358 VP 358 VP 703 VP-MT 500 VP-MT 500 VP-MT 500 VS 498 VT-1 455 VT-1 458 VT-1 453 VT-1 458 VT-1 458 VT-1 458 V 4
 PVP→



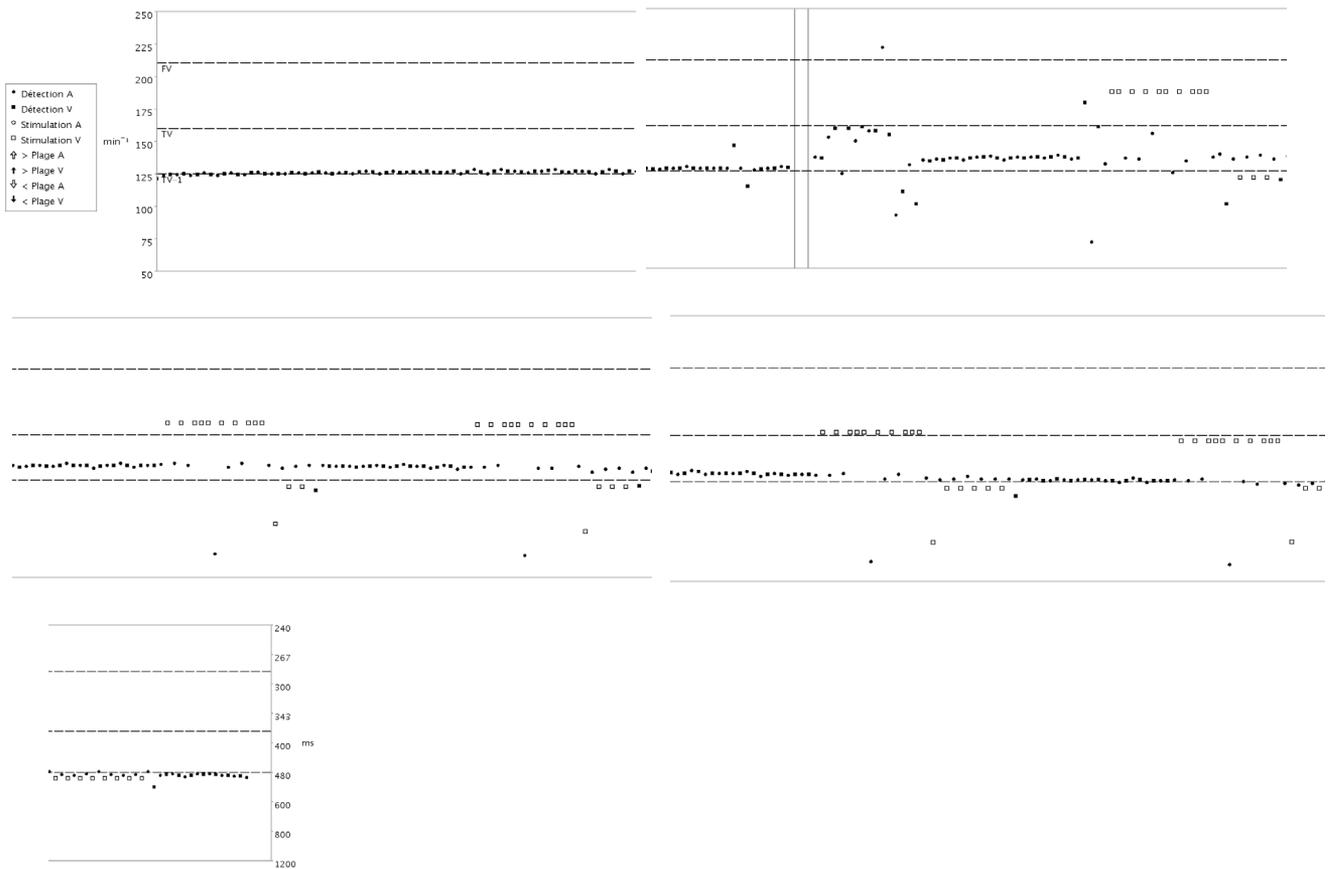
S₇₈ AS₄₇₃ [AS] AS₉₆₀ AS₄₈₀ AS₄₈₈ [AS] -- AS₄₈₅ AS₄₉₀ AS₄₈₅ AS₄₇₈ AS₄₈₈ AS₄₉₀ AS₄₈₅ AS₄₇₈
 VP₃₈₅ VP₇₅₅ VP-MT₅₀₀ VP-MT₅₀₀ VP-MT₅₀₀ VP-MT₅₀₀ VP-MT₅₀₀ VP-MT₅₀₀ VP-MT₅₀₀ VP-MT₅₀₀

PVP→



AS₄₈₈ AS₄₉₀ AS₄₈₈ (AS)₄₇₈ (AS)₄₉₀ (AS)₄₈₅ (AS)₄₉₅ (AS)₄₈₅ (AS)₄₈₅ (AS)₄₉₀ (AS)₄₉₃ (AS)₄₉₈
 MT VP-MT₅₀₀ VP-MT₅₀₀ VP-MT₅₀₀ VS₅₃₃ VS₄₈₈ VS₄₉₀ VS₄₉₀ VS₄₈₈ VS₄₈₈ VS₄₉₀ VS₄₉₃

Chapter 3



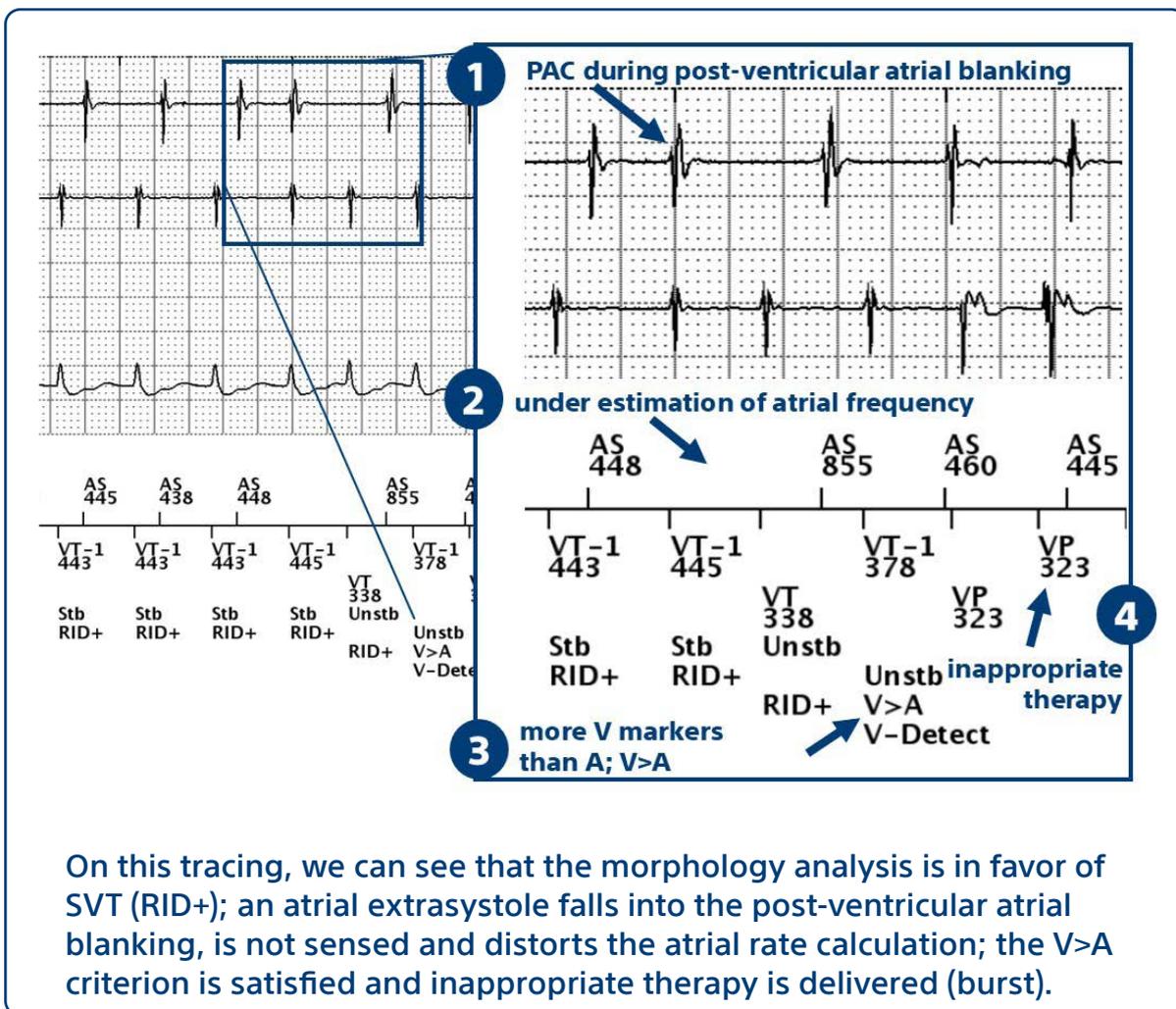
Points to remember

- this episode corresponds to a sinus tachycardia that was initially discriminated correctly; when the vectors are correlated, the device inhibits therapies
- the device is deceived during a second phase by the non-sensed atrial extrasystole that falls in the refractory period; in fact, the V>A criterion takes precedence over all other criteria, including morphology analysis
- as a general rule, the V>A criterion enables correct classification of the majority of ventricular tachycardias (atrioventricular dissociation is found in at least 80% of VTs); implementation of this criterion implies good atrial sensing; when the patient has imperfect atrial sensing (small amplitude signals or functional under- sensing, with atrial

Discrimination: 7

signals falling in the refractory period), this criterion, which takes precedence over other discriminants (morphology, stability, etc), systematically leads to a diagnosis of VT and must therefore be deprogrammed.

- for this patient, a first solution could be to avoid overlap between the detection/treatment zones and faster physiological rates
- another option is to preferentially use discrimination based on vector analysis, which seems perfectly suited to this patient; this involves deprogramming the V>A criterion responsible for the inappropriate therapies.



On this tracing, we can see that the morphology analysis is in favor of SVT (RID+); an atrial extrasystole falls into the post-ventricular atrial blanking, is not sensed and distorts the atrial rate calculation; the V>A criterion is satisfied and inappropriate therapy is delivered (burst).



8

Dual-chamber discrimination and tachycardia

Patient

- 54-year-old female with implanted with dual-chamber defibrillator for dilated cardiomyopathy

Summary

- episode detected in VT-1 zone at 159 beats/minute
- Rhythm ID discrimination
- criterion V>A : False
- Rhythm ID correlated: True

EGM layout

- 1** probable sinus tachycardia with spontaneous conduction; cycles classified as VS
- 2** acceleration of heart rate with cycles classified as VT-1
- 3** correlated ventricular complexes (percentage exceeding the programmed threshold value of 94%)
- 4** V-Epsd marker after 8 cycles in VT-1 zone
- 5** end of duration, all previous complexes correlated
- 6** cycle-by-cycle analysis of morphology continues; heart rate slows down and cycles are classified as VS

Discrimination: 8

V-415: 05 Mar 2022 12:29, VT-1, A Rate: 161 min⁻¹, V Rate: 161 min⁻¹

Detail

VT-1 Event Onset

Avg A Rate	161 min ⁻¹
Avg V Rate	161 min ⁻¹
Detection	Rhythm ID
Template	02 Mar 2022 03:23
RhythmMatch™ Threshold	94 %

At V-Detect

Avg A Rate	159 min ⁻¹
Avg V Rate	159 min ⁻¹
Rate Zone	VT-1
Stability	(4 ms, Off)
V>A Rate	(False, Off)
AFib	(False, Off)
RhythmID Correlated	True
RhythmMatch™	98 %
SRD Met	(False, Off)
ATP Timeout	False

Attempt 1, Non Therapy V

Elapsed Time 00:00:12

Attempt Information

Tachy therapy is programmed off.

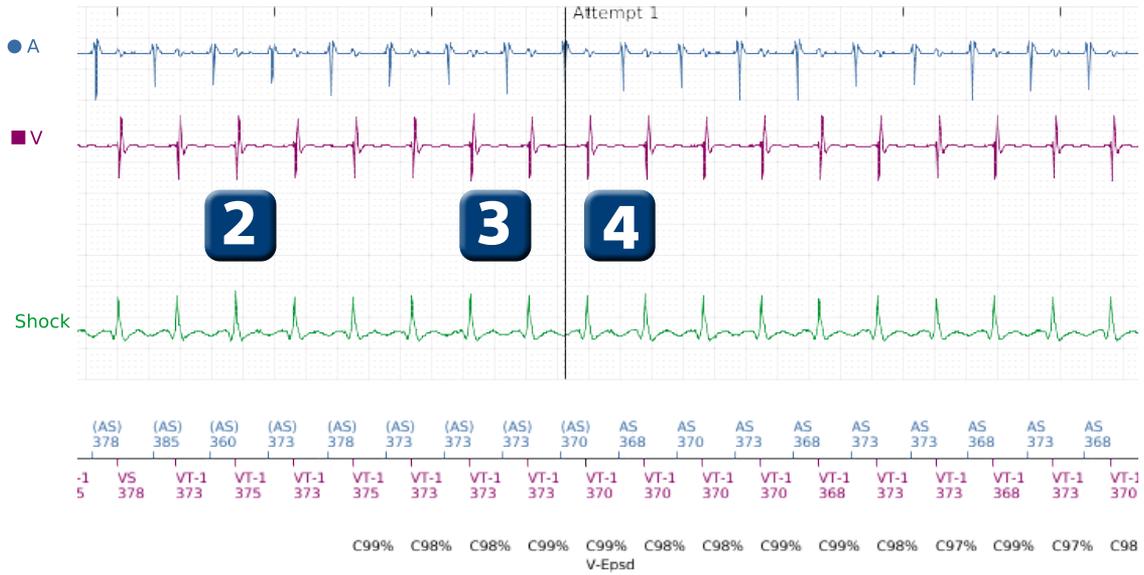
Event Ended

00:00:23

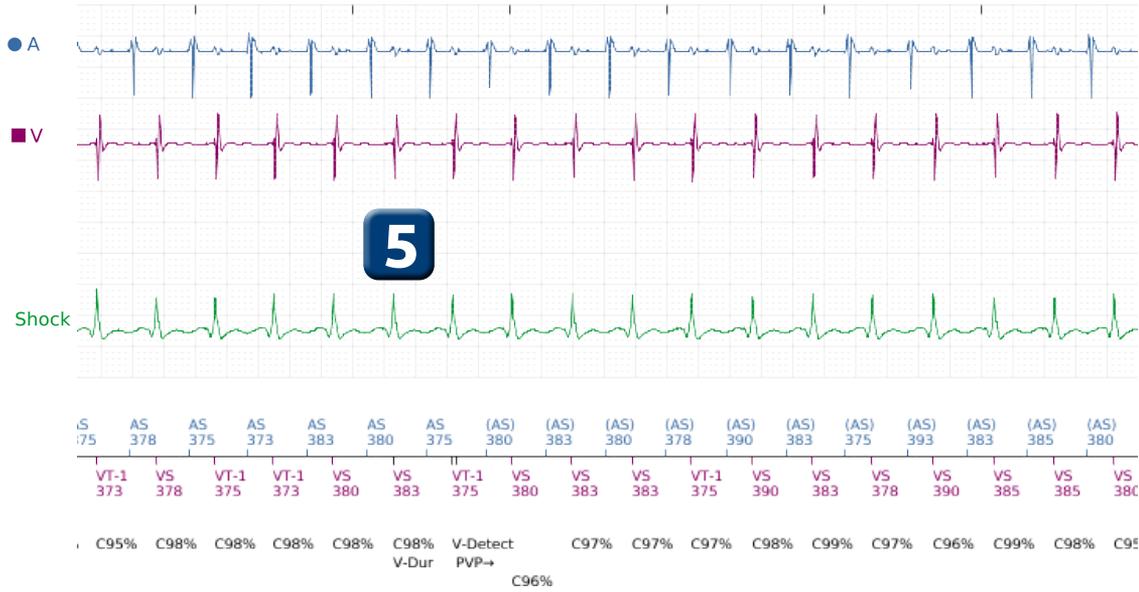
EGM displayed at 25mm per second



Chapter 3



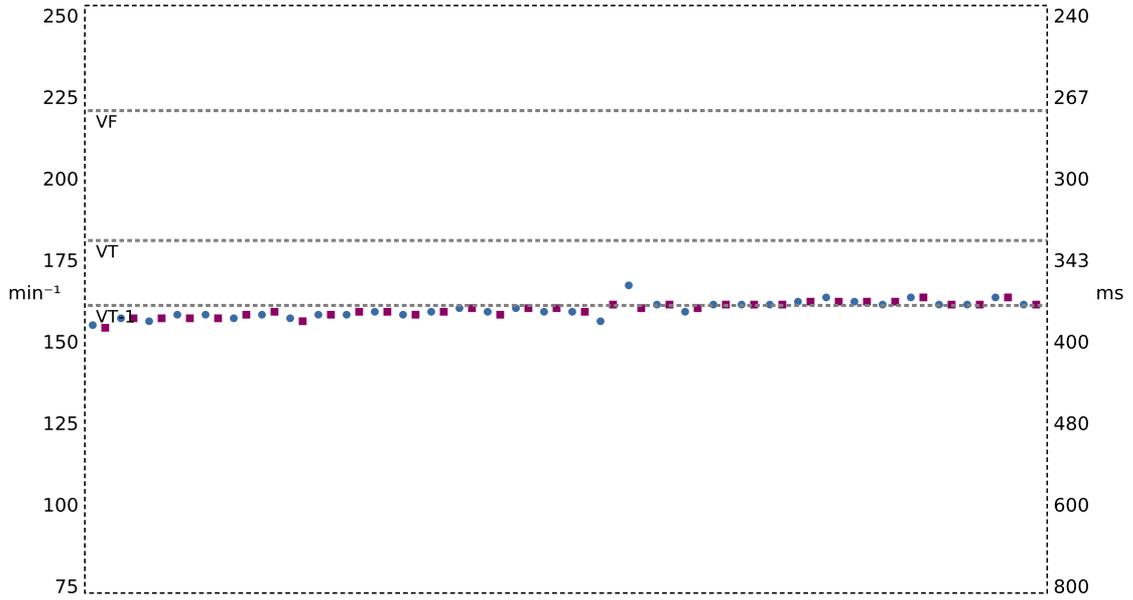
Discrimination: 8



Chapter 3



↑ > V Range	↓ < V Range	■ V Sense	□ V Pace
↑ > A Range	↓ < A Range	● A Sense	○ A Pace



Points to remember

- this trace corresponds to a sinus tachycardia that is well discriminated by the device; the presence of correlated vectors, a 1/1 A/V relationship and a stable rhythm are suggestive of possible sinus tachycardia or an atrial tachycardia/atrial flutter; progressive acceleration then deceleration favor sinus tachycardia; even if discrimination is correct and the device has correctly diagnosed supra-ventricular tachycardia, in this active patient implanted for primary prevention with no previous episodes of ventricular arrhythmia, it is probably acceptable to raise the VT detection zone to avoid overlap between physiological sinus rates and therapy detection zones.
- in this patient, the Rhythm ID and «Discrimination atrial tachyarrhythmia» discriminants are programmed “On»; the device proceeds in several stages
- step 1: V>A criterion; if the ventricular rate is considered higher than the atrial rate a diagnosis of VT is made without reference to other discriminants (morphology, stability, AF, etc.); this criterion enables correct discrimination of the majority of VTs presenting with atrioventricular dissociation.
- step 2: if the ventricular rate is not considered higher than the atrial rate, the analysis continues with the morphology criterion; if at least 3 out of 10 ventricular cycles are correlated (identical operation to that described for single-chamber), the tachycardia is considered supraventricular and therapies are inhibited ; when this criterion functions correctly (threshold adapted to the patient, satisfactory signal quality), it enables the majority of supraventricular tachycardias (sinus tachycardia, AF, flutter, intra-nodal reentries, orthodromic tachycardias) to be correctly discriminated; the morphology criterion will be misled (diagnosis of VT when it’s a SVT) in the presence of an SVT with aberrant conduction, or in the presence of an antidromic tachycardia conducted over an accessory pathway (anecdotal diagnoses in patients implanted with a defibrillator).



9

Dual-chamber discrimination and atrial tachycardia

Patient

- 66-year-old man with a dual chamber defibrillator for ischemic cardiomyopathy

Summary

- episode detected in VT zone at 165 beats/minute
- Rhythm ID discrimination
- criterion V>A : False
- Rhythm ID correlated: True

EGM layout

- 1** probable atrial tachycardia with variable conduction; alternating VS and VT cycles
- 2** correlated ventricular complexes (percentage exceeding the programmed threshold value of 94%)
- 3** after 8 out of 10 cycles in VT zone: V-Epsd marker
- 4** end of duration; discrimination is in favor of SVT (RID+); in fact, for at least 3 beats/10 (rolling window), the vector is correlated with the reference vector (the last 10 ventricular complexes before the end of duration are correlated).
- 5** cycle-by-cycle morphology analysis continues; the rate slows down and cycles are classified as VS; on this cycle, the 6/10 criterion for VT is no longer satisfied.

Discrimination: 9

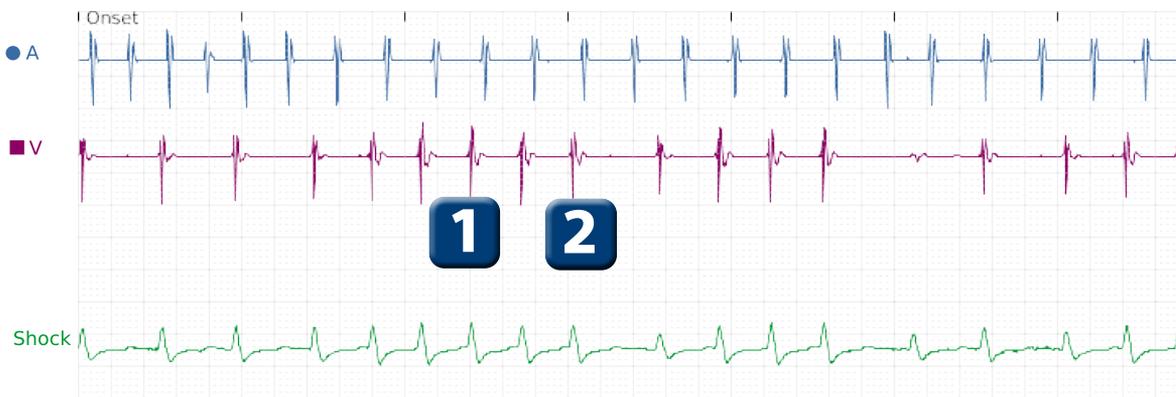
V-61: 09 Nov 2021 22:16, VT, A Rate: 185 min⁻¹, V Rate: 165 min⁻¹

Detail

VT Event Onset

Avg A Rate 185 min⁻¹
 Avg V Rate 165 min⁻¹
 Detection Rhythm ID
 Template 09 Nov 2021 21:08
 RhythmMatch™ Threshold 94 %
 At Inhibit RhythmMatch™ 97 %
 Event Ended 00:00:29

EGM displayed at 25mm per second

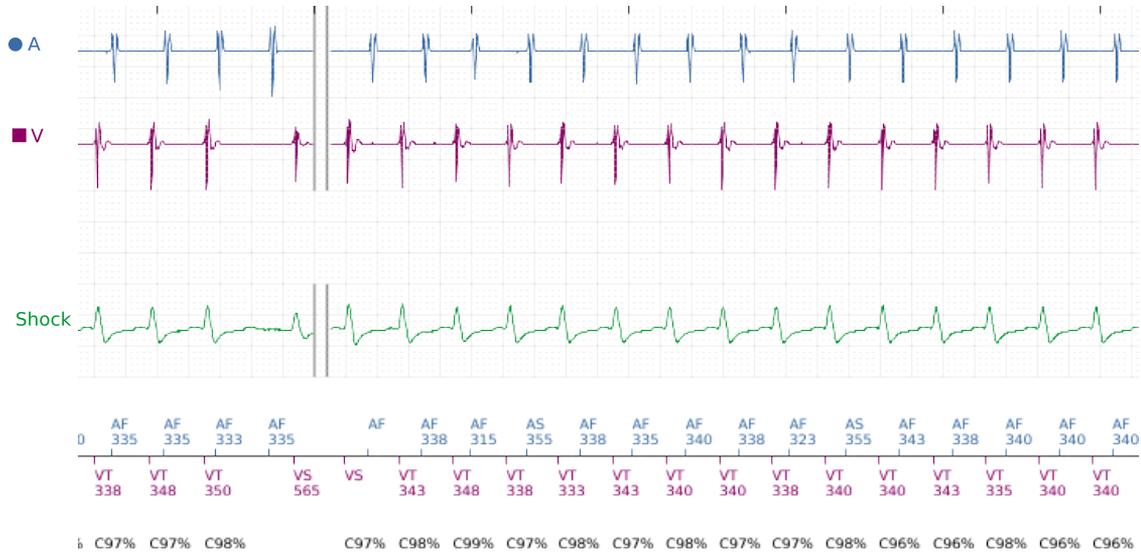


AF 233 AF 238 AF 238 AF 260 AF 298 AF 305 AF 303 AF 300 AF 303 AF 305 AF 313 AF 308 AF 310 AF 313 AF 310 AF 275 AF 340 AF 330 AF 320 AF 318
 VS VS 488 VS 453 VS 483 VS 355 VF 298 VT 313 VT 310 VS 533 VS 363 VT 318 VT 323 VP-VR 518 VS 465 VS 505 VS 368
 C98% C99% C98% C98% C96% C-- C97% C98% C96%

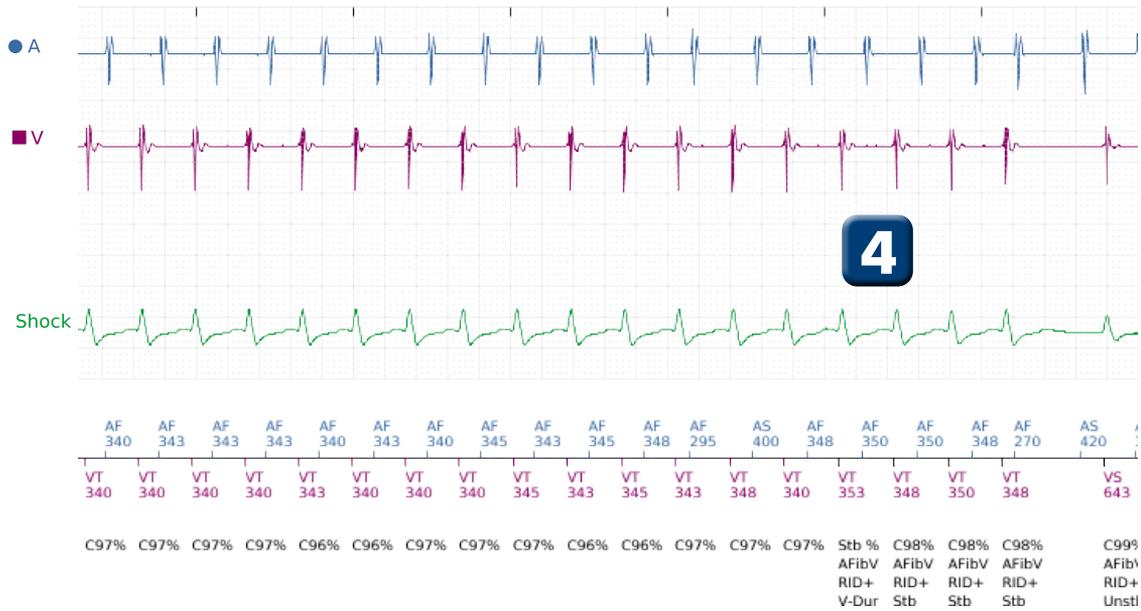


AF 320 AF 320 AF 303 AF 340 AF 320 AF 323 AF 325 AF 323 AF 325 AF 325 AF 325 AF 325 AF 330 AF 333 AF 330 AF 330 AF 335 AF 330 AF 333 AF 333 AF 333
 VT 325 VT 330 VT 328 VT 330 VT 340 VP-VR 473 VS 438 VT 335 VT 338 VT 345 VS 570 VS 370 VT 330 VT 343 VT 340 VT 330 VT 333 VT 335 VT 333
 C99% C96% C97% C96% C98% C-- C98% C98% C98% C97% C99% C96% C98% C96% C96% C97% C98% C96% C98%
 FB V-Epsd ATR-End

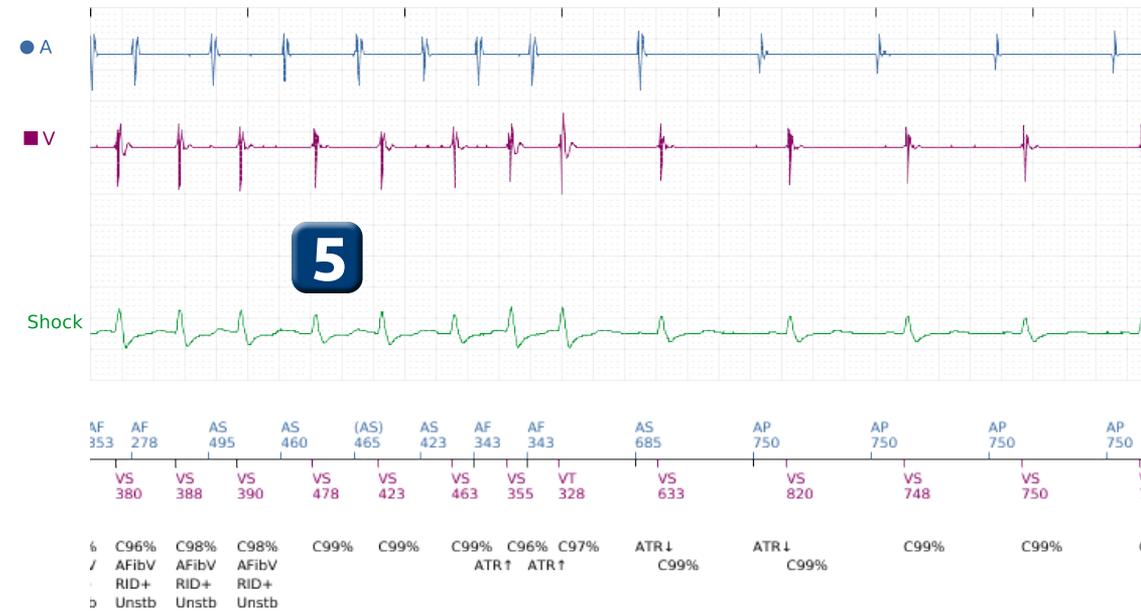
Chapter 3



4

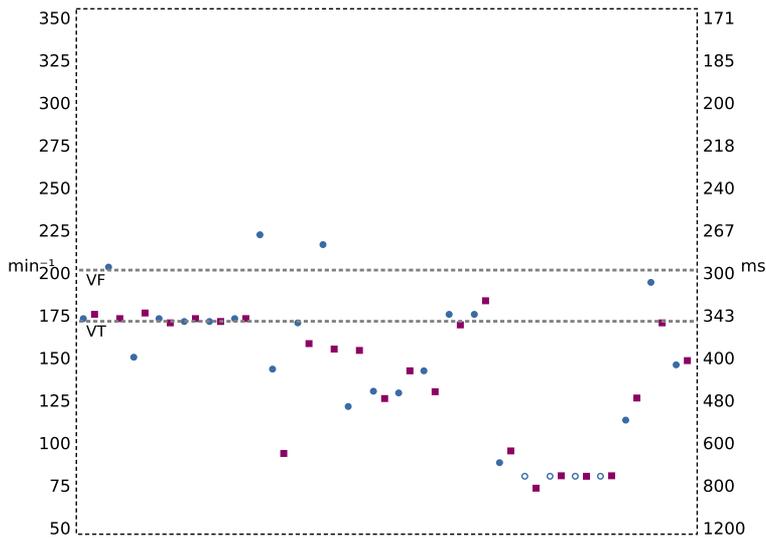
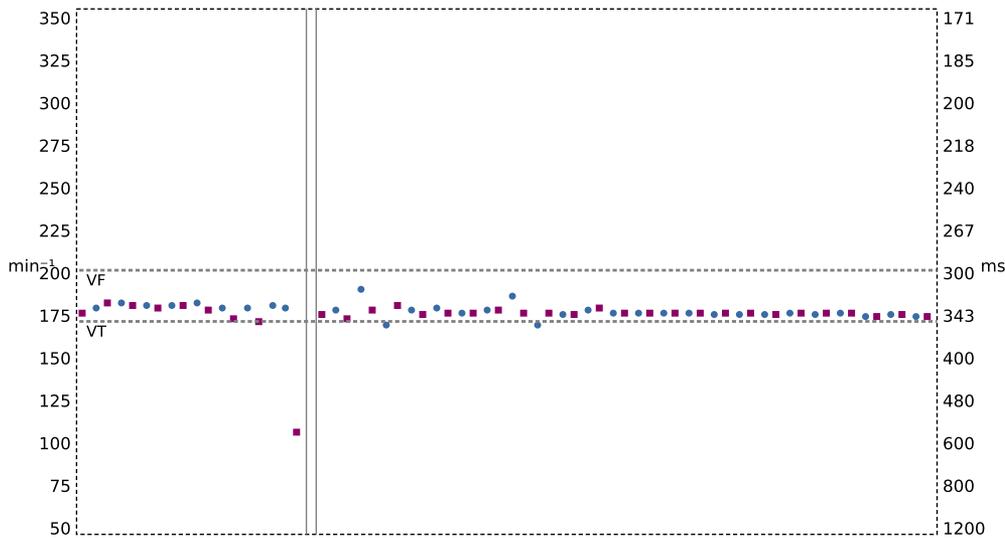
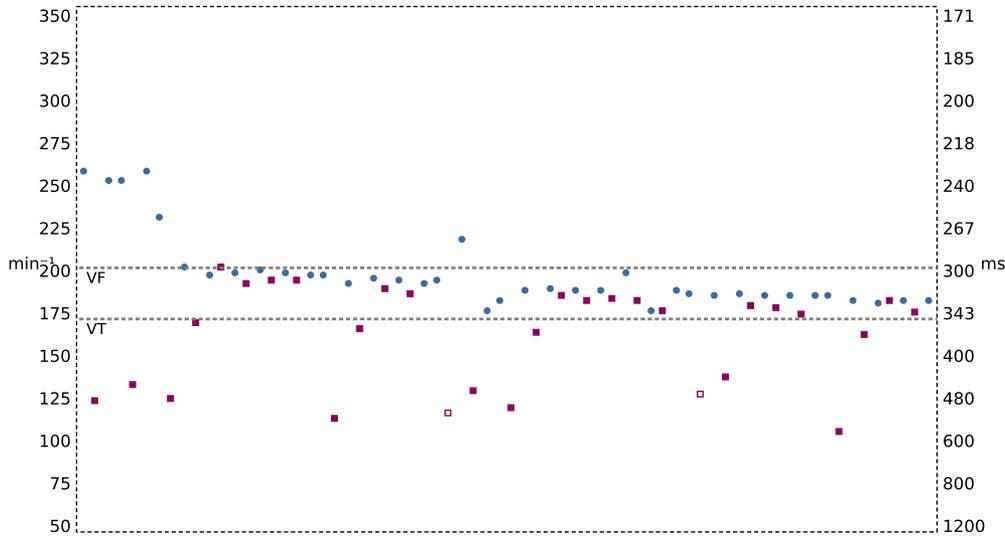


5



Discrimination: 9

▲ > V Range	▼ < V Range	■ V Sense	□ V Pace
⬆ > A Range	⬇ < A Range	● A Sense	○ A Pace



10

Dual-chamber discrimination and dual tachycardia

Patient

- 59-year-old man; mitral valve cardiomyopathy with reduced ejection fraction; implanted with a dual-chamber defibrillator

Summary

- episode diagnosed as dual tachycardia by defibrillator with AF and VT
- A>V but stable rhythm and discordant vectors between tachycardia and the reference vector

EGM layout

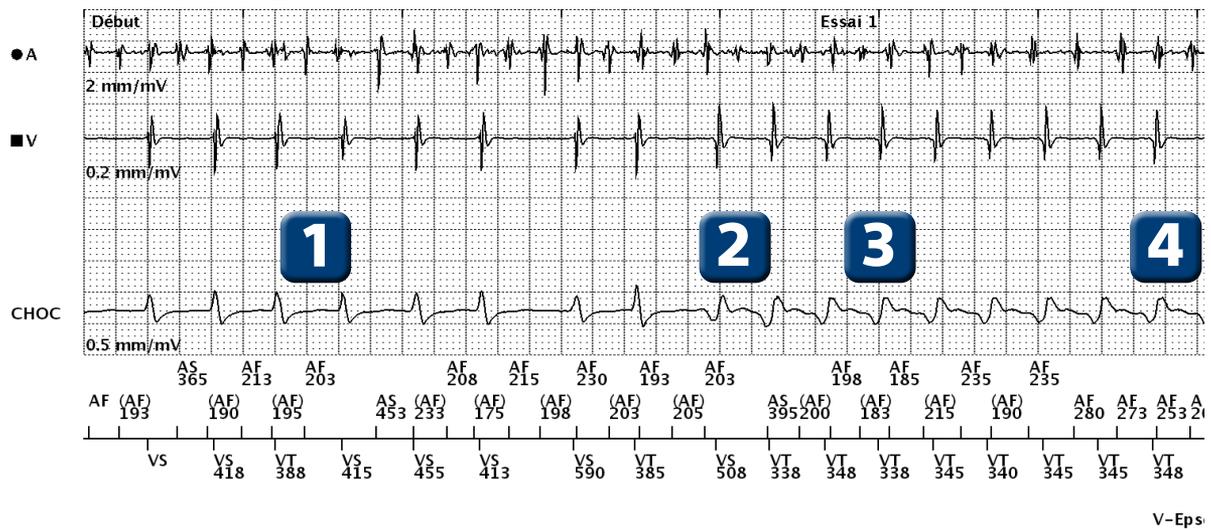
- 1** AF with relatively rapid and irregular atrioventricular conduction
- 2** sudden acceleration of ventricular rhythm with change in ventricular electrogram morphology; rhythm becomes regular
- 3** at the third consecutive cycle in VT zone, initiation of arrhythmia episode detection; from this interval onwards, each atrial interval is classified as below or above the atrial fibrillation threshold (in this patient, threshold set at 170 beats/minute, nominal value); it is also from this cycle onwards (5 cycles before the episode marker) that stability measurement begins; the mean variance is calculated over these 5 intervals (4 variances)
- 4** after 8 consecutive VT cycles, V-Epsd marker
- 5** from this cycle, 10 cycles remain until the V-Detect marker is reached; vector correlation analysis is performed over these 10 cycles.
- 6** at the end of the duration, diagnosis of dual tachycardia and decision to treat: AF (initially at least 6 out of 10 rapid atrial intervals, then at least 4/10 rapid intervals in a rolling window), stable rhythm (measured variability < programmed stability threshold) without

Chapter 3

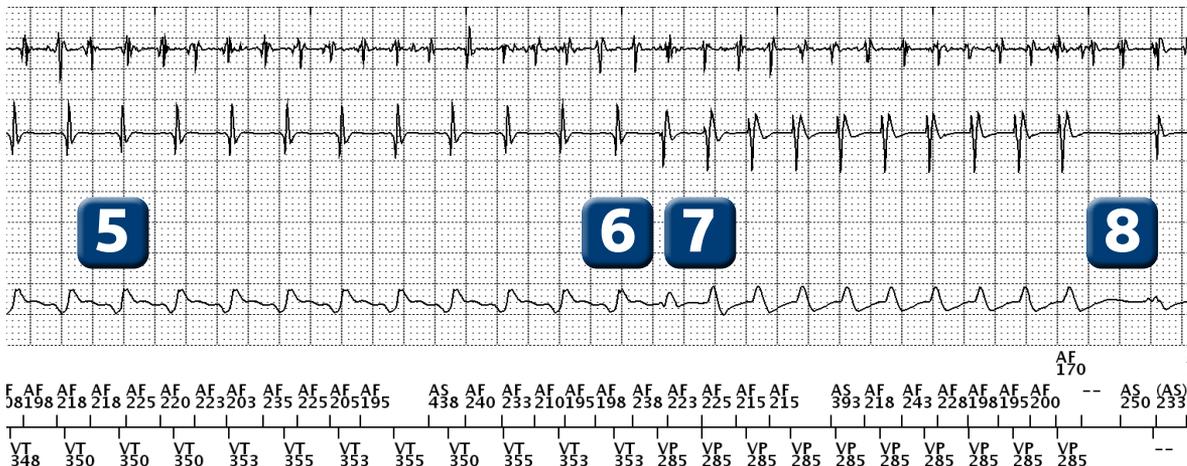


correlation between morphology in tachycardia and reference morphology (for less than 3 beats/10, the vector correlates with the reference vector).

- 7** ATP burst (burst of 10 complexes)
- 8** probable burst failure and ongoing dual tachycardia
- 9** confirmation of persistent tachycardia based solely on a heart rate criteria (V-Detect). No discrimination is applied post-ATP
- 10** second burst
- 11** effective burst and termination of ventricular arrhythmia

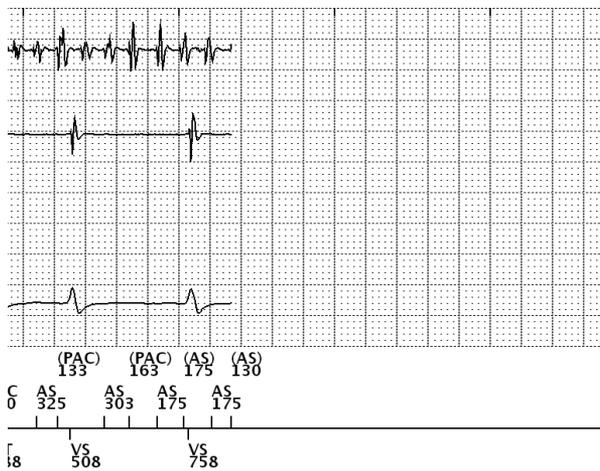
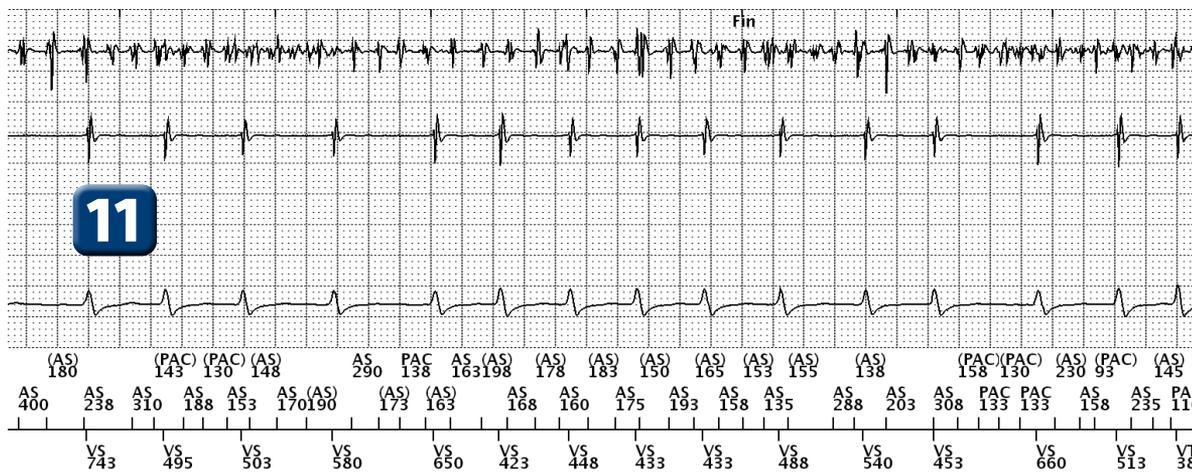
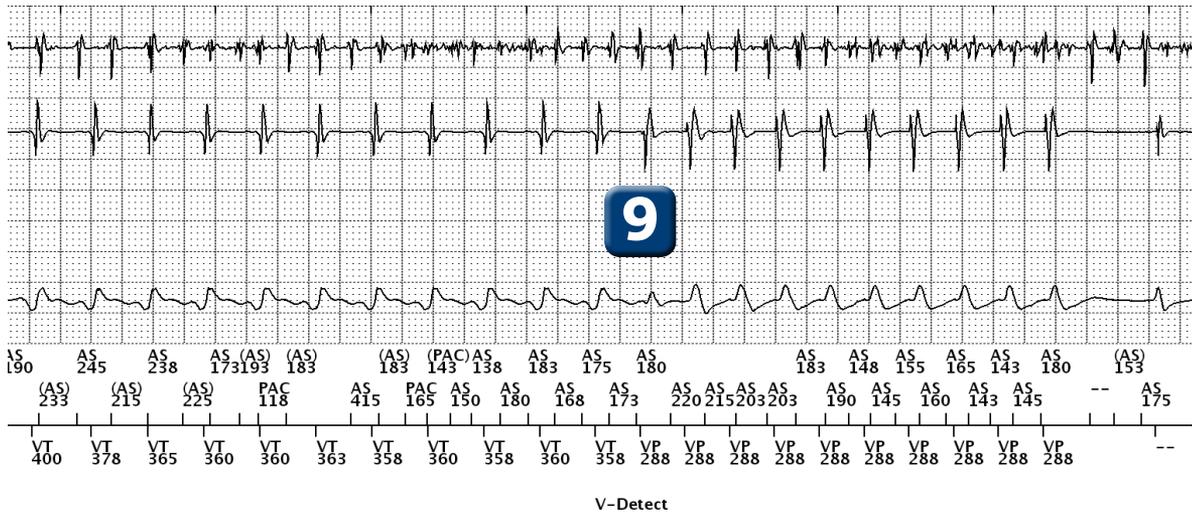


V-Eps



d
Stb
AFibV
RID-
V-Detect

Discrimination: 10



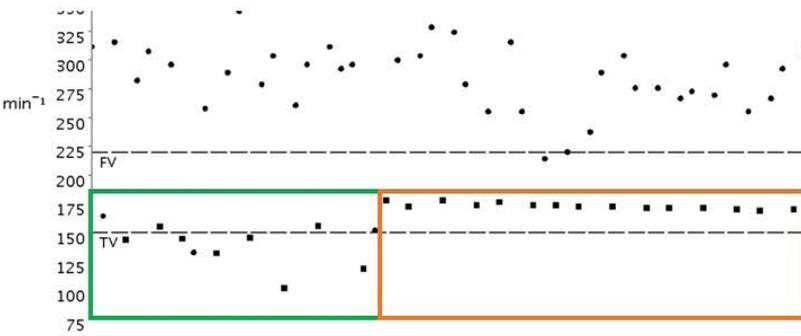
Points to remember

- this trace shows the value of coupling discriminators for the diagnosis of complex tachycardias such as dual tachycardias; discrimination is performed in stages
- stage 1, V>A : False
- stage 2, at least 3 ventricular cycles out of 10 correlated: false (RID-)
- the analysis continues (step 3) with an analysis of stability and a search for AF
- the AF rate threshold analysis looks for the presence of a fast atrial rhythm, by comparing the various atrial intervals against a programmed threshold (A Fib rate threshold); the atrial analysis begins when ventricular tachyarrhythmia detection is initialized; each atrial interval is classified as either faster or slower than the A Fib rate threshold; when at least 6 of the last 10 intervals are considered to be faster than the A Fib rate threshold, the device declares that AF is present; this parameter can only be programmed in conjunction with stability
- stability analysis is performed by measuring the degree of variability in RR intervals during tachycardia; the differences between ventricular cycles, as well as an average difference, are calculated throughout the Duration; when the Duration expires, rhythm stability is assessed by comparing the current average difference with the programmed Stability and "Shock if unstable" thresholds; if the average difference is greater than the programmed thresholds, the rhythm is declared unstable; independent thresholds are available for the Stability (inhibitory) and " Shock if unstable" functions
- the idea behind linking the stability and AFib rate threshold criteria is to treat stable rhythms and unstable rhythms without AF (atrial rate < AFib rate threshold), but to inhibit in the presence of an unstable rhythm with atrial rate > AFib frequency threshold (suspicion of conducted AF).
- in this example, the device finds a diagnosis of AF with a stable rhythm (diagnosis of dual tachycardia) and therapies are delivered



irregular tachycardia → AF with rapid response

regular tachycardia with change in morphology → VT



This tracing shows a characteristic appearance of dual tachycardia (AF + VT): atrial activity is rapid and polymorphic (cycles correctly classified as AF); the ventricular channel shows abrupt acceleration with a regular, monomorphic tachycardia with a clear change in signal morphology on the shock channel (VT); the device diagnoses double tachycardia (V>A: False, RID-, AF, stable rhythm) and delivers therapies.



11

Dual-chamber discrimination and AF with aberrant conduction

Patient

- 65-year-old male with severe ischemic cardiomyopathy; implanted with a dual-chamber defibrillator for primary prevention.

Summary

- episode diagnosed in the VT zone
- A>V and rhythm ID discrimination

EGM layout

- 1** rapid atrial activity (probable atrial tachycardia) with rapid and variable atrio-ventricular conduction with alternating VS, VT then VF cycles
- 2** criterion 8/10 met (V-Epsd)
- 3** at the end of the duration, decision not to treat in the presence of AF (atrial rate > A Fib rate threshold), unstable ventricular rhythm (stability value > programmed threshold of 30 ms) with absence of correlation between tachycardia vectors and reference vector (less than 3 cycles/10 correlated; note that cycles classified as VF are systematically considered uncorrelated); electrogram analysis shows variability in the appearance of ventricular electrograms on the shock channel, with widening on the shortest cycles
- 4** continuation of cycle-by-cycle analysis with no change in diagnosis (aberrantly conducted AF)

12

Dual-chamber discrimination and discrimination error due to signal variability on the shock channel

Patient

- 49-year-old man; hypertrophic cardiomyopathy; implanted with an Autogen dual-chamber defibrillator

Summary

- tachycardia episode with atrial rate equal to ventricular rate (V>A False)
- initially, correlation of Rhythm ID: True; inhibition of therapies
- in a second step, Rhythm ID: False; AF: true + stable rhythm (threshold value set at 20 ms)
- all VT zone therapies are delivered (ATP + 6 shocks)

EGM layout

- 1** regular tachycardia 1/1 (AS-VS)
- 2** acceleration of atrial cycles (cycles classified as AF) and ventricular cycles (cycles classified as VT)
- 3** after 8 consecutive VT cycles, V-Epsd marker; signal quality in the shock channel is variable (some cycles are considered correlated, others uncorrelated)
- 4** end of duration; for the device, the rhythm is stable with a diagnosis of AF; therapies are not delivered because RID+ (at least 3 correlated ventricular complexes out of 10).
- 5** cycle-by-cycle discrimination continues, still with RID+.
- 6** signal variability on the shock channel; RID- (less than 3 correlated cycles out of the last 10); stable rhythm with diagnosis of AF: suspicion of double tachycardia and first therapy is delivered.
- 7** redetection and new therapies; all therapies in the zone are then delivered

Chapter 3



V-98: 20 Oct 2016 08:30, VT, A Rate: 170 min⁻¹, V Rate: 171 min⁻¹

Detail

VT Event Onset

Avg A Rate 170 min⁻¹
 Avg V Rate 171 min⁻¹
 Detection Rhythm ID
 Template 20 Oct 2016 04:05
 RhythmMatch™ Threshold 94 %

At Inhibit

Stability 3 ms
 V>A Rate False
 AFib True
 RhythmID Correlated True
 RhythmMatch™ 97 %

At V-Detect

Avg A Rate 182 min⁻¹
 Avg V Rate 183 min⁻¹
 Rate Zone VT
 RhythmMatch™ 92 %
 SRD Met (False, Off)
 ATP Timeout False

At V-Detect

Avg A Rate 192 min⁻¹
 Avg V Rate 192 min⁻¹
 Rate Zone VT
 ATP Timeout False

At V-Detect

Avg A Rate 197 min⁻¹
 Avg V Rate 197 min⁻¹
 Rate Zone VT
 ATP Timeout False

At V-Detect

Avg A Rate 199 min⁻¹
 Avg V Rate 182 min⁻¹
 Rate Zone VT
 Stability 12 ms
 V>A Rate False
 AFib True
 SRD Met (False, Off)
 ATP Timeout False

At V-Detect

Avg A Rate 72 min⁻¹
 Avg V Rate 180 min⁻¹
 Rate Zone VT
 V>A Rate True
 AFib False
 SRD Met (False, Off)
 ATP Timeout False

At V-Detect

Avg A Rate 197 min⁻¹
 Avg V Rate 176 min⁻¹
 Rate Zone VT
 Stability 15 ms
 V>A Rate True
 AFib True
 SRD Met (False, Off)
 ATP Timeout False

At V-Detect

Avg A Rate 196 min⁻¹
 Avg V Rate 197 min⁻¹
 Rate Zone VT
 Stability 9 ms
 V>A Rate False
 AFib True
 SRD Met (False, Off)
 ATP Timeout False

At V-Detect

Avg A Rate 191 min⁻¹
 Avg V Rate 189 min⁻¹
 Rate Zone VT
 Stability 14 ms
 V>A Rate False
 AFib True
 SRD Met (False, Off)
 ATP Timeout False

At V-Detect

Avg A Rate 189 min⁻¹
 Avg V Rate 189 min⁻¹
 Rate Zone VT
 Stability 2 ms
 V>A Rate False
 AFib True
 SRD Met (False, Off)
 ATP Timeout False

Event Ended

Attempt 1, Burst V ATP

Elapsed Time 00:00:21
 Inhibited Attempt
 ATP Information
 Number of Bursts 3

Attempt 2, Ramp V ATP

Elapsed Time 00:00:44
 ATP Information
 Number of Bursts 3

Attempt 3, 41 J V Shock

Elapsed Time 00:01:07
 Shock Information
 Charge Time 8.8 s
 Lead Impedance 54 Ω
 Lead Polarity Initial

Attempt 4, 41 J V Shock

Elapsed Time 00:01:21
 Shock Information
 Charge Time 6.9 s
 Lead Impedance 55 Ω
 Lead Polarity Initial

Attempt 5, 41 J Max V Shock

Elapsed Time 00:01:33
 Shock Information
 Charge Time 6.9 s

Attempt 6, 41 J Max V Shock

Elapsed Time 00:01:46
 Shock Information
 Charge Time 6.9 s
 Lead Impedance 56 Ω
 Lead Polarity Initial

Attempt 7, 41 J Max V Shock

Elapsed Time 00:01:58
 Shock Information
 Charge Time 7.0 s
 Lead Impedance 60 Ω
 Lead Polarity Initial

Attempt 8, 41 J Max V Shock

Elapsed Time 00:02:11
 Shock Information
 Charge Time 7.0 s
 Lead Impedance 58 Ω
 Lead Polarity Reversed

Attempt 9, Non Therapy V

Elapsed Time 00:02:28

Attempt Information

All programmed therapy has been delivered.

00:03:48

Discrimination: 12



AS AF
 368 365 363 365 363 360 360 360 360 365 355 363 355 355 355 355 355 355 35

VS VT VS
 365 365 360 363 360 363 360 360 360 363 360 360 360 358 358 355 353 358

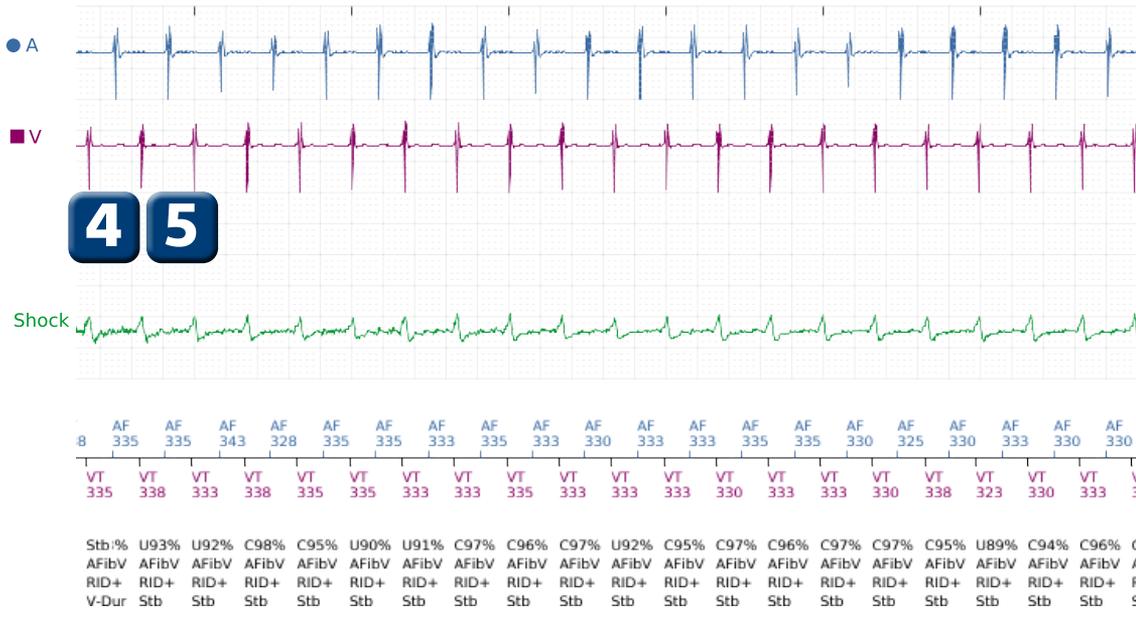
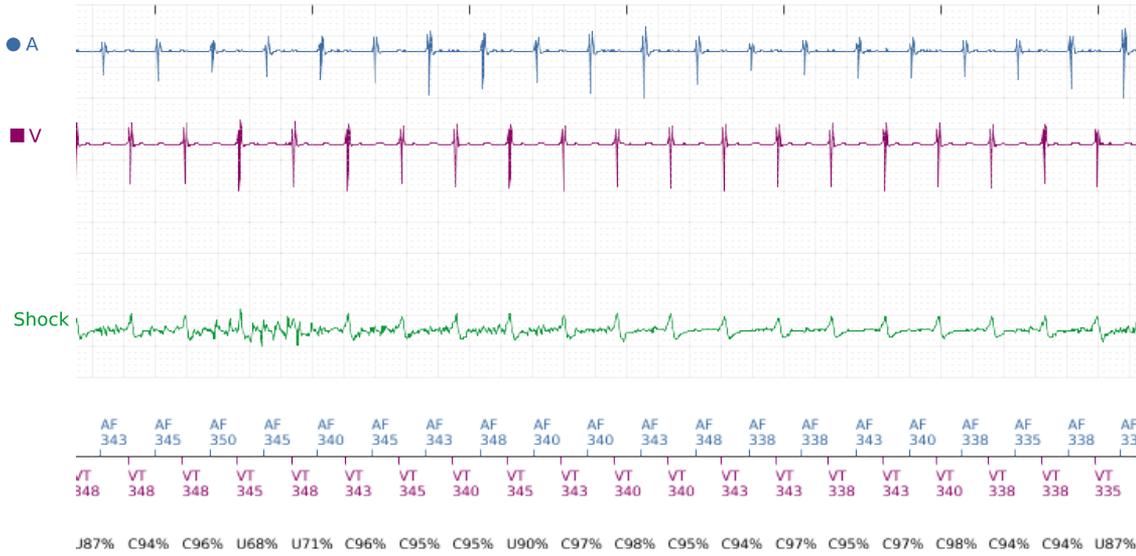


AS AF AF AF AF AF AF AF AS AF AF AF AF AS AF AF AF AF AF
 355 353 353 350 353 350 353 350 355 345 350 350 350 355 348 350 340 353 350

VT VS VT VS VT VT VT
 350 355 350 353 353 353 350 350 353 348 350 350 350 350 350 315 385 345 353 350

ATR↑ ATR↓ ATR↑ ATR↓ ATR↑ ATR↓ C98% C94% C97% C98% C99% U93% C95% C98% C94%
 C97% C94% U86% U80% C95%
 V-Epsd

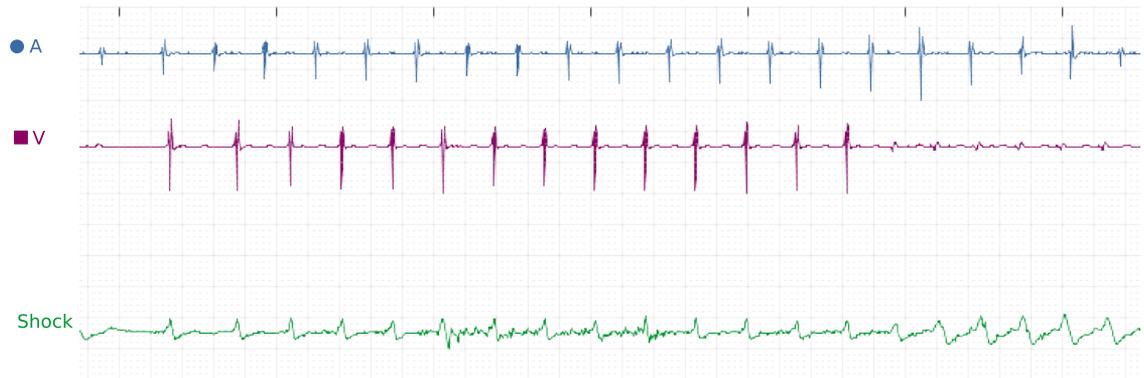
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Discrimination: 12



AF	AF	AF	AF	AF	AF	AF	AF													
335	323	328	330	330	328	328	328	333	323	325	338	325	328	323	330	318	325	323	310	
VT	VP	VF																		
130	328	330	330	328	325	328	328	330	330	325	330	328	275	275	275	275	275	275	275	271
95%	C96%	C95%	C94%	U74%	U75%	U84%	U70%	U72%	U81%	U92%	U82%	AFibV								
VFibV	AFibV	RID-																		
RID+	V-Detect																			
Stb																				

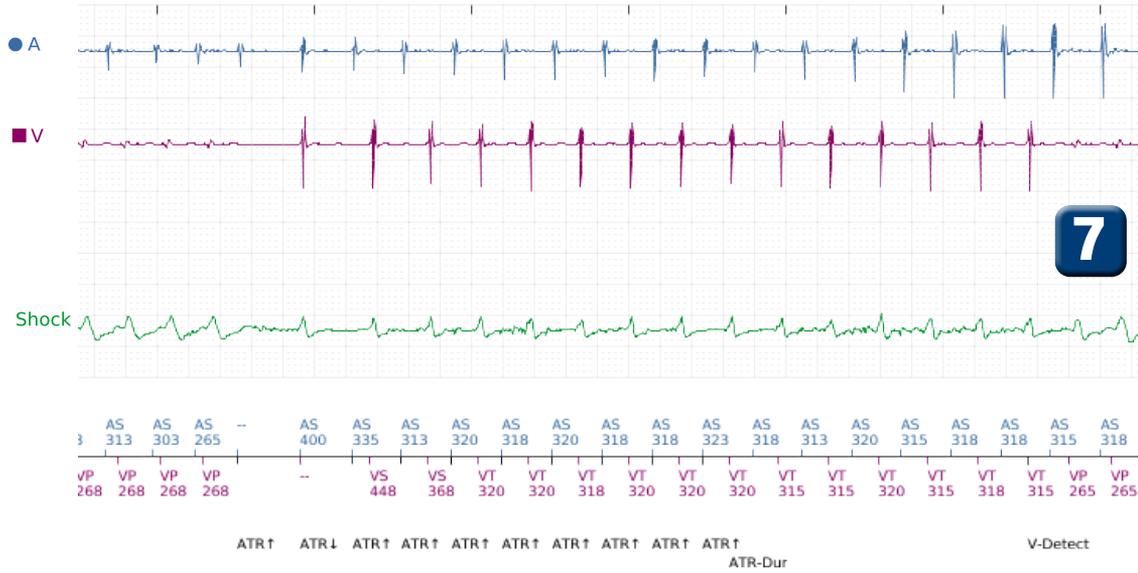


--	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	
	393	333	310	325	323	323	325	320	320	320	323	320	320	320	320	320	320	328	320	313	311
	[VS]	VS	VT	VP																	
	433	433	340	328	323	323	330	315	320	320	320	320	320	320	268	268	268	268	268	268	268

ATR† ATR†

ATR-Dur V-Detect

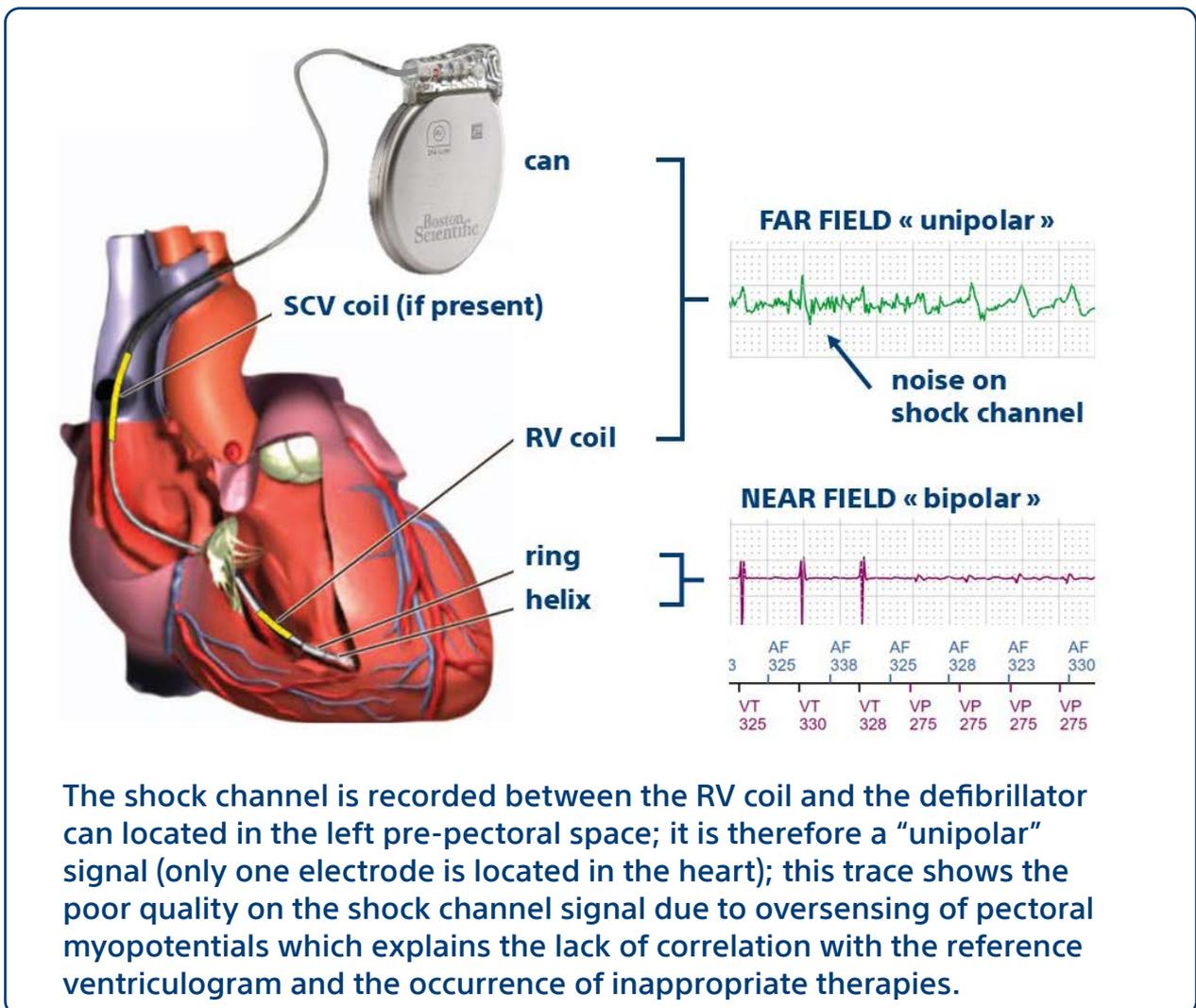
Chapter 3





Points to remember

- this trace shows an example of inappropriate therapies for supraventricular tachycardia; the ventricular rate is not higher than the atrial rate ($V > A$ rate: false); initially, discrimination is correct with ventricular cycles correlated with the reference ventricular electrogram (RID+); in a second phase, a series of inappropriate therapies is delivered following variable signal quality on the shock channel (RID- and stable rhythm)
- in this example, signal quality was impaired by the oversensing of myopotentials on the shock channel.



13

Dual-chamber discrimination and discrimination error due to inappropriate programming of the correlation percentage

Patient

- 79-year-old male with ischemic cardiomyopathy implanted with a Resonate triple-chamber defibrillator

Summary 1

- tachycardia episode with atrial rate equal to the ventricular frequency (V>A: False)
- initially, Rhythm ID correlation: True; inhibition of therapies
- in a second step, Rhythm ID: False; AF: true + stable rhythm (threshold value programmed at 20 ms)
- a burst of ATP is delivered

Trace 1 EGM

- 1** onset of regular 1/1 tachycardia; first rapid cycle originates in the atrium
- 2** after 8 consecutive VT or VF cycles, V-Epsd marker; ventricular complexes are correlated
- 3** end of duration; for the device, the rhythm is stable with a diagnosis of AF; therapies not delivered because RID+ (at least 3 correlated ventricular complexes out of 10).
- 4** cycle-by-cycle discrimination continues, still with RID+.
- 5** RID- (less than 3 correlated cycles out of the last 10); stable rhythm with diagnosis of AF: suspicion of dual tachycardia and a burst of ATP is delivered
- 6** arrhythmia termination

Chapter 3

V-123: 14 Jul 2020 14:50, VT, A Rate: 221 min⁻¹, V Rate: 218 min⁻¹

Detail

VT Event Onset

Avg A Rate	221 min ⁻¹
Avg V Rate	218 min ⁻¹
Detection	Rhythm ID
Template	10 Jul 2020 05:20
RhythmMatch™ Threshold	94 %

At Inhibit

Stability	5 ms
V>A Rate	False
AFib	False
RhythmID Correlated	True
RhythmMatch™	95 %

Attempt 1, Burst V ATP

Elapsed Time	00:00:19
Inhibited Attempt	
ATP Information	
Number of Bursts	1

At V-Detect

Avg A Rate	184 min ⁻¹
Avg V Rate	185 min ⁻¹
Rate Zone	VT
RhythmMatch™	93 %
SRD Met	False
ATP Timeout	False

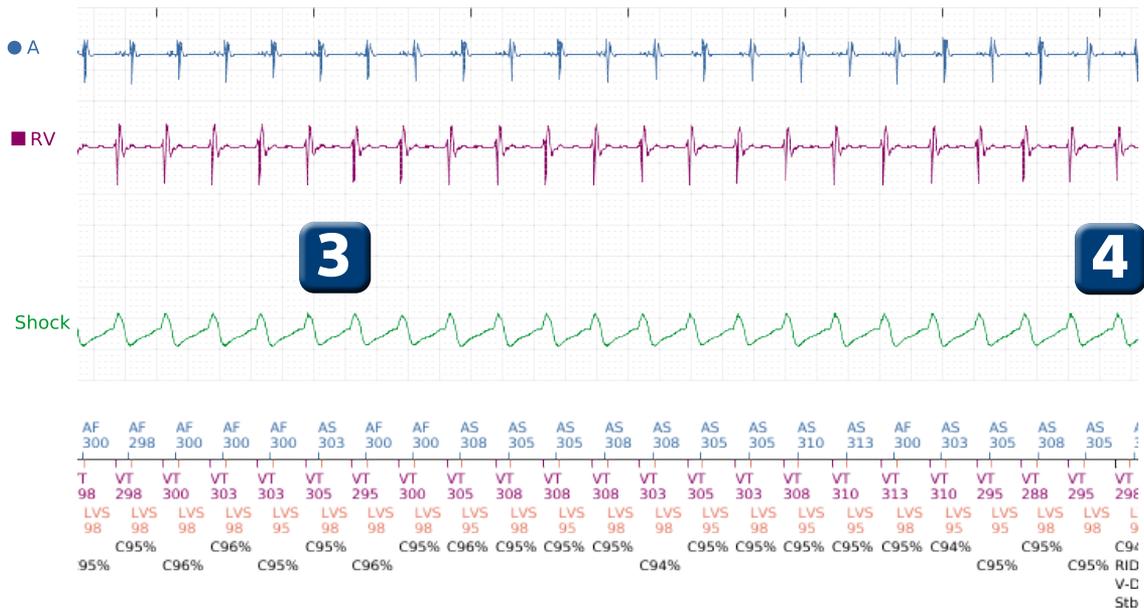
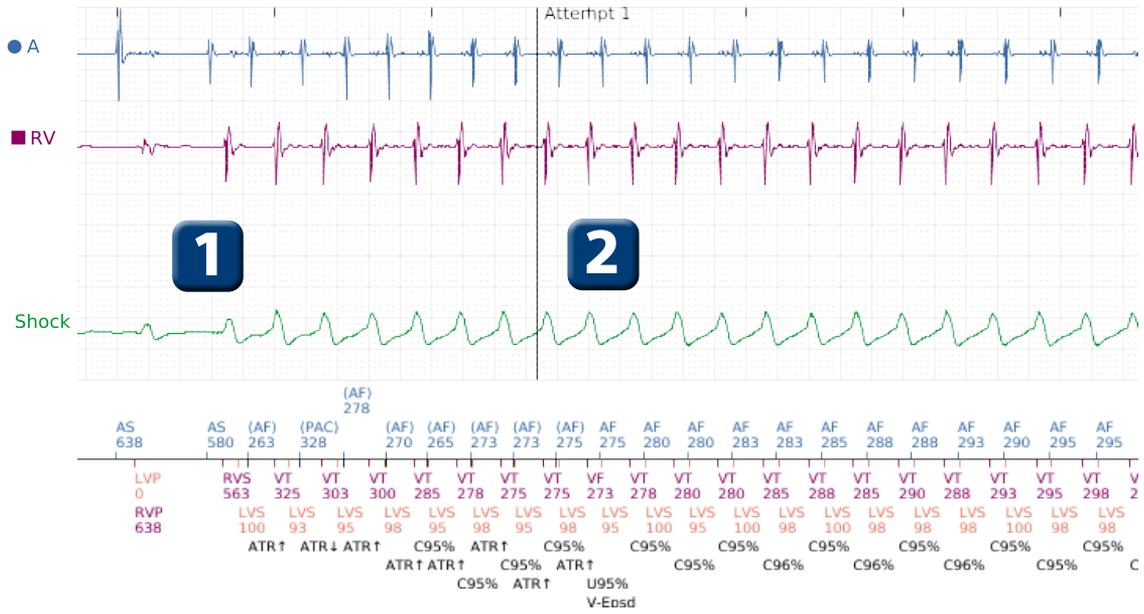
Event Ended

00:00:33

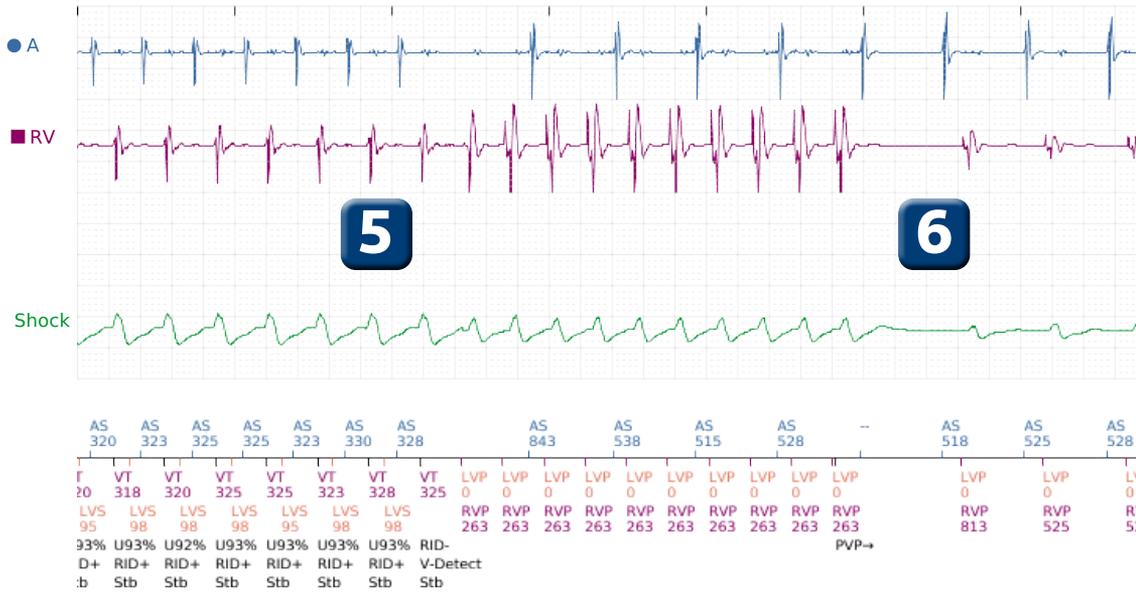
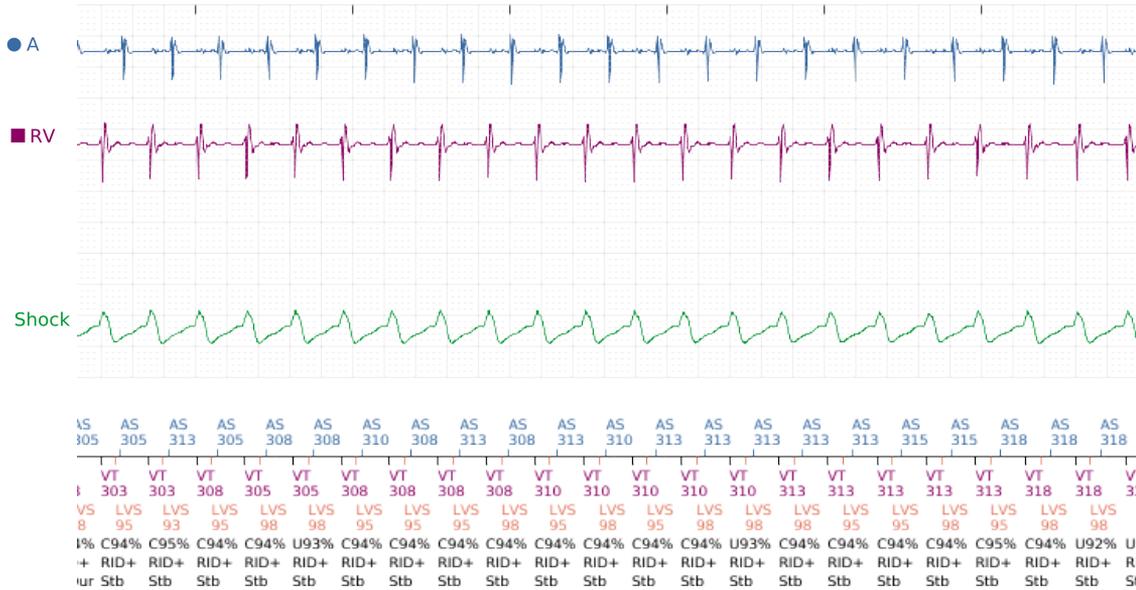
EGM displayed at 25mm per second



Discrimination: 13



Chapter 3



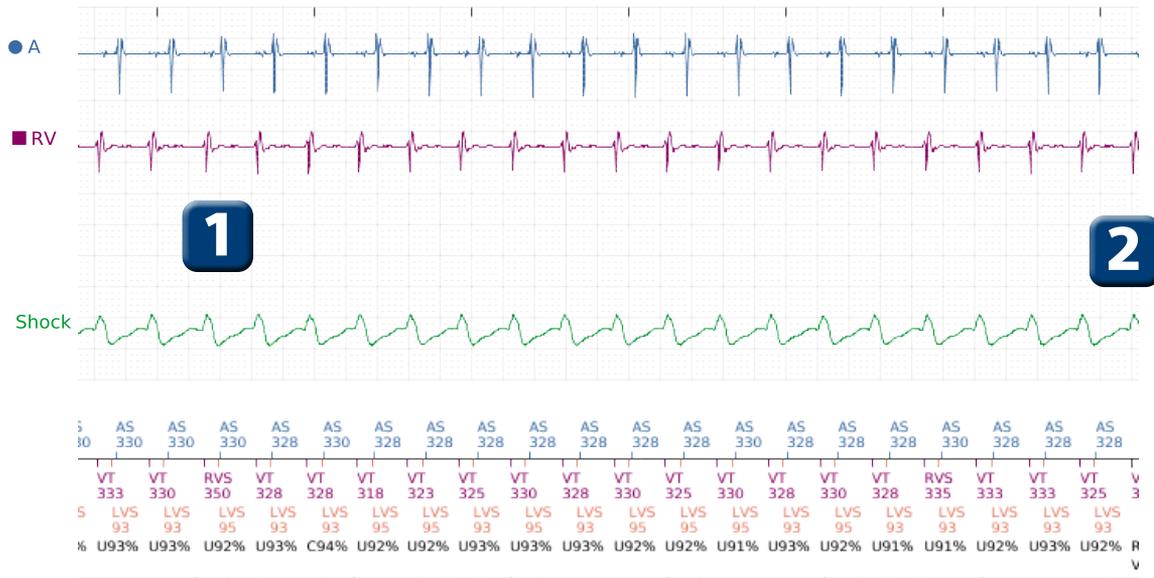
Summary 2

- tachycardia episode with atrial rate equal to ventricular rate (V>A False)
- Rhythm ID: False; AF: false; stable rhythm (threshold value set at 20 ms)
- several bursts and ramps are delivered

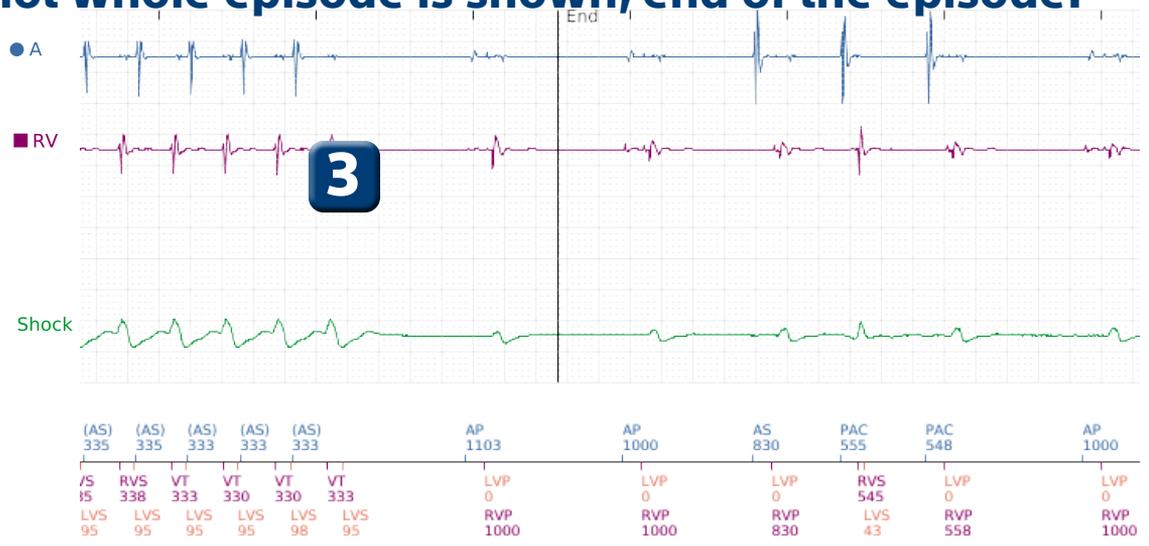
Trace 2 EGM

- 1** regular tachycardia 1/1 same as above
- 2** end of duration; RID- (less than 3 correlated cycles out of the last 10); stable rhythm and ATP burst
- 3** spontaneous cessation of tachycardia in the ventricle

Chapter 3

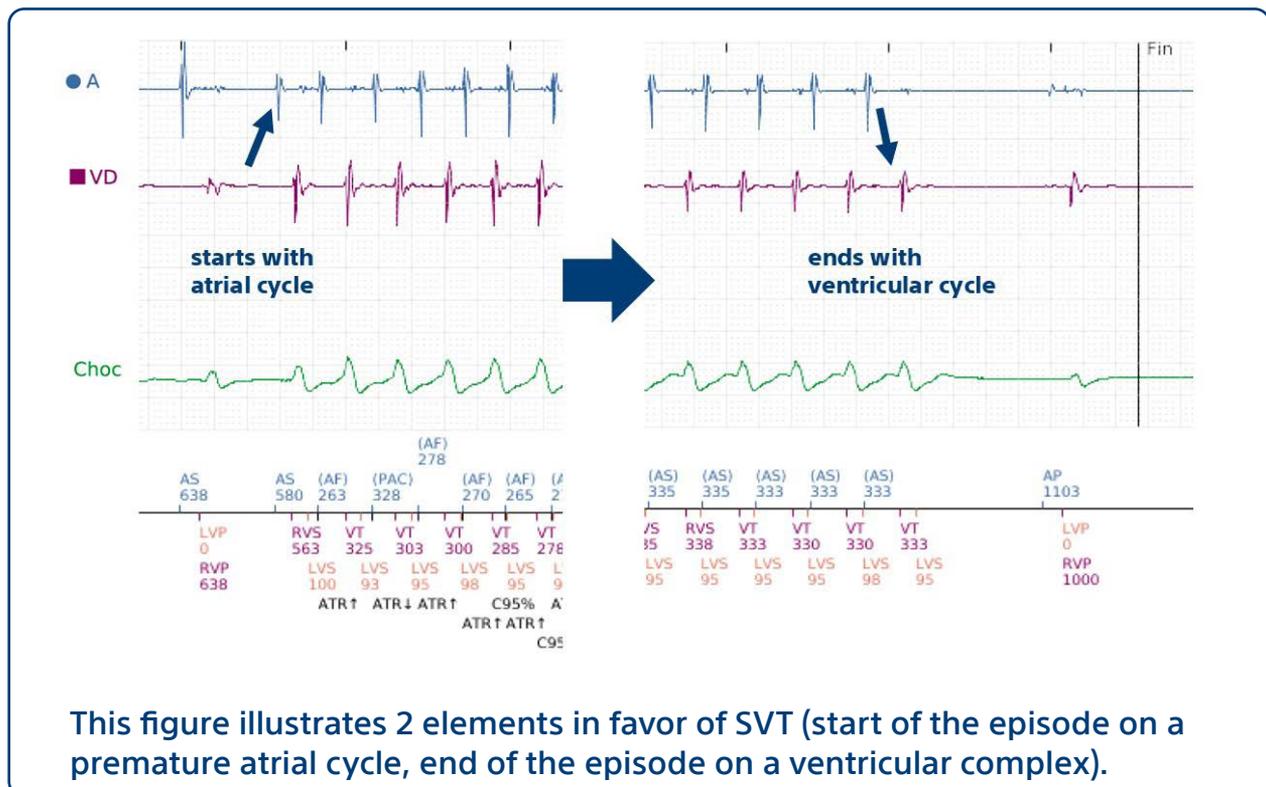


not whole episode is shown, end of the episode:



Points to remember

- this patient presented with episodes of atrial tachycardia that were poorly discriminated as a result of a correlation threshold that was programmed too high; programming a threshold at 88% would have prevented the occurrence of inappropriate therapies
- in the presence of a 1/1 tachycardia, several different diagnoses are possible (VT with retrograde conduction, sinus tachycardia, 1/1 atrial tachycardia, junctional tachycardia); in this patient, certain elements favor the diagnosis of atrial tachycardia: very fast heart rate argument in this 79-year-old patient (not typical for sinus tachycardia), tachycardia starts on a premature atrial cycle (first tracing), tachycardia stops spontaneously on a ventricular event (second tracing); on the first tracing, the tachycardia stops following a burst of ventricular anti-tachycardia pacing, which is not inconsistent with the diagnosis of atrial tachycardia, as a significant number of 1/1 atrial tachycardias can be terminated by ventricular pacing (retrograde conduction and arrhythmia terminated)





14 Dual-chamber discrimination, atrial tachycardia

Patient

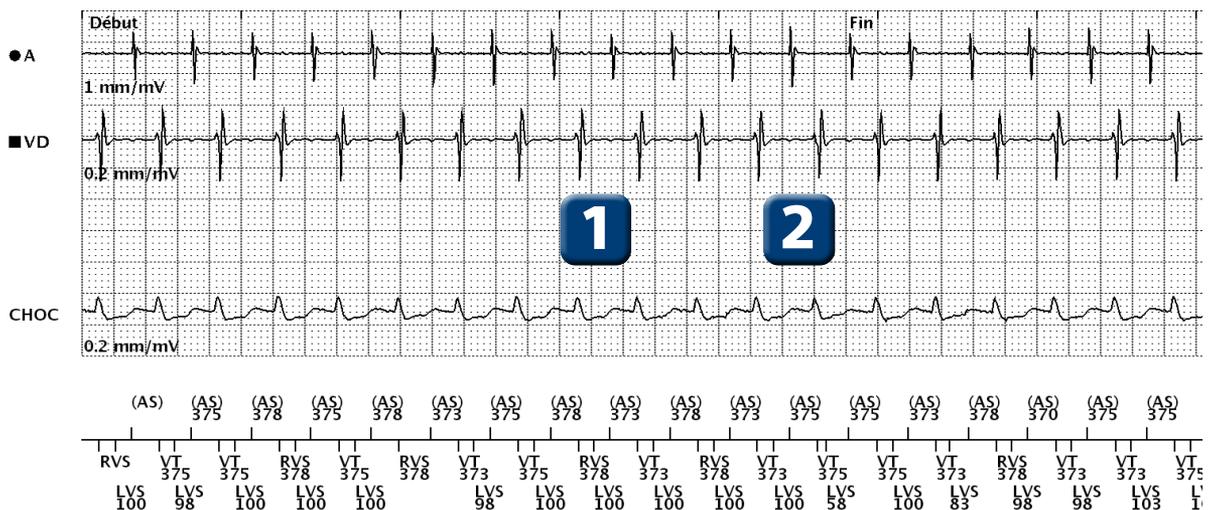
- 76-year-old man; ischemic cardiomyopathy with wide QRS; implanted with a triple-chamber defibrillator

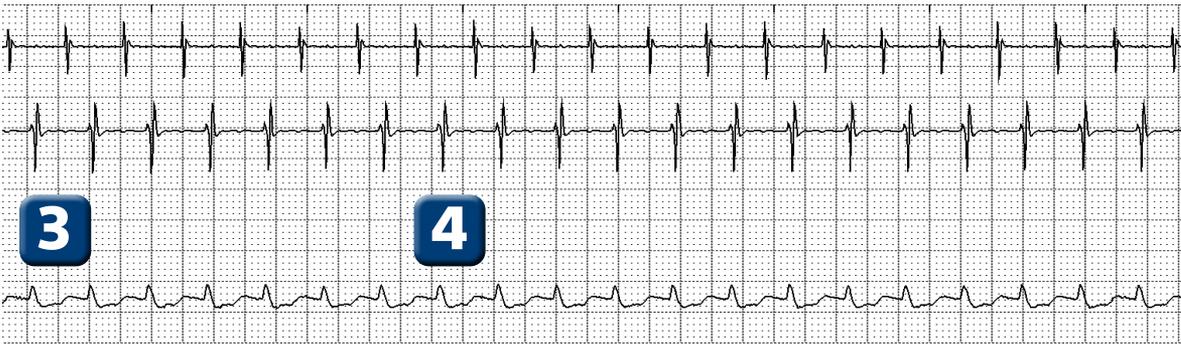
Summary

- episode diagnosed in VT zone with atrial rate = ventricular rate
- programmed discrimination: Onset/stability

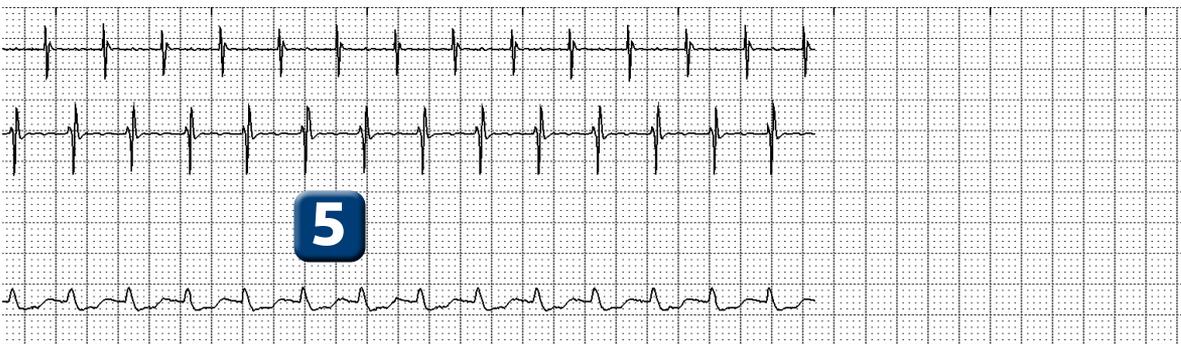
EGM layout

- 1 rapid ventricular rate with A/V ratio 1/1, on the edge of the VT zone (RVS marker)
- 2 slight acceleration of the rhythm into the VT zone (VT zone limit: 375 ms)
- 3 criterion 8/10 met; analysis of onset of arrhythmia favors sinus tachycardia (Gradl: gradual onset)
- 4 at the end of the duration, the rhythm is considered stable; no therapy delivered in the presence of a stable rhythm with gradual onset
- 5 cycle-by-cycle analysis of stability continues; the rhythm is still considered stable and therapies are inhibited





(AS)	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS								
375	373	375	373	375	375	370	375	373	378	373	373	373	375	375	373	375	370	378	373	37
VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT
375	373	375	373	375	375	370	375	373	378	373	373	375	375	373	375	370	378	373	373	
LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS
100	100	100	100	100	100	100	100	100	103	100	100	100	100	100	100	100	100	100	100	100
Gradl									V-Dur											
V-Epsd									Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb



i ₃	AS												
	373	373	378	373	375	370	378	373	375	373	375	375	373
VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT
	373	375	373	373	373	375	373	375	373	373	375	375	373
LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS
	103	100	98	100	100	103	100	100	98	103	100	100	103
Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb	Stb

Points to remember

- this episode is diagnosed as sinus tachycardia in the presence of a stable rhythm with gradual onset; therapies are therefore inhibited
- the purpose of the Onset parameter is to inhibit ventricular therapies for the lowest tachycardia zone when the heart rate increase is gradual; its application is limited to the lowest rate zone of a multi-zone configuration; when a detection window is satisfied, the device starts Sudden Onset calculations in two steps; step 1 measures the ventricular intervals preceding the start of the episode and locates the pair of adjacent intervals (pivot point) where the cycle length has decreased the most; if the decrease in cycle

length is equal to or greater than the programmed Onset value, step 1 declares the onset to be sudden; step 2 then compares other intervals; if the difference between the average interval preceding the pivot point and 3 of the first 4 intervals following the pivot point is equal to or greater than the programmed Onset threshold, step 2 declares the onset to be sudden.

- the Onset parameter can be programmed as a percentage of cycle duration or as an interval duration (in ms); the programmed Onset value represents the minimum difference that must exist between intervals above and below the lowest programmed rate threshold.
- this episode corresponds to an episode of sustained atrial tachycardia with 1/1 AV conduction; the tachycardia frequency oscillates around the lower limit of the VT zone, which explains why the onset is considered gradual; in fact, the ventricular rate varies very little but oscillates between the sinus and VT zones; this patient's rhythm initially went from its resting rate (60 beats/minute) to a rate of 165 beats/minute; gradually, the tachycardia rate then accelerated to reach the VT zone; there was therefore a sudden onset that was not diagnosed by the device; paradoxically, the fact that the sudden onset parameter was implemented avoided the patient having to receive inappropriate therapies
- 1/1 atrial tachycardia is not correctly discriminated by the combination of V>A (atrial rate is equal to ventricular rate in 1/1 atrial tachycardia as in VT with 1/1 retrograde conduction), abrupt onset (onset is usually abrupt in atrial tachycardia as in VT) and stability (ventricular rate is usually stable in atrial tachycardia as in VT).
- in this patient, it is advisable to raise the lower limit of the VT zone to avoid overlap between the diagnostic zone and the zones of his clinical atrial tachycardia; similarly, it may be advantageous to use discrimination based on the Rhythm ID

15

Dual-chamber discrimination and atrial fibrillation

Patient

- 76-year-old male implanted with Autogen triple-chamber defibrillator for ischemic cardiomyopathy

Summary

- episode diagnosed in the VT zone with atrial rate greater than ventricular rate
- programmed discrimination: Onset/stability
- initially, inhibition of therapies due to unstable rhythm with diagnosis of AF
- secondly, therapies delivered (bursts, ramps, then 1 maximum output shock)

EGM layout

- 1** AF with irregular conduction
- 2** V-epsd marker (Gradl: gradual onset)
- 3** end of duration; inhibition of therapies because of diagnosis of AF with unstable ventricular rhythm
- 4** rhythm considered stable; first burst of ATP
- 5** shock terminates atrial arrhythmia

Chapter 3

V-3040: 22 May 2022 11:32, VT, A Rate: 385 min⁻¹, V Rate: 168 min⁻¹

Detail

VT Event Onset

Avg A Rate	385 min ⁻¹
Avg V Rate	168 min ⁻¹
Detection	Onset/Stability
Onset	Percent
Template	N/R

At Inhibit

Stability	34 ms
V>A Rate	False
AFib	True
RhythmMatch™	N/R

Attempt 1, Burst V ATP

Elapsed Time	00:00:47
Inhibited Attempt	
ATP Information	
Number of Bursts	3

At V-Detect

Avg A Rate	368 min ⁻¹
Avg V Rate	180 min ⁻¹
Rate Zone	VT
RhythmMatch™	N/R
SRD Met	(False, Off)
ATP Timeout	False
Onset Intvl	(0 ms, Off)
Onset %	0 %

At V-Detect

Avg A Rate	357 min ⁻¹
Avg V Rate	159 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 2, Ramp V ATP

Elapsed Time	00:01:17
ATP Information	
Number of Bursts	3

At V-Detect

Avg A Rate	296 min ⁻¹
Avg V Rate	187 min ⁻¹
Rate Zone	VT
ATP Timeout	False

Attempt 3, 41 J V Shock

Elapsed Time	00:01:46
Shock Information	
Charge Time	11.9 s
Lead Impedance	57 Ω
Lead Polarity	Initial

Event Ended

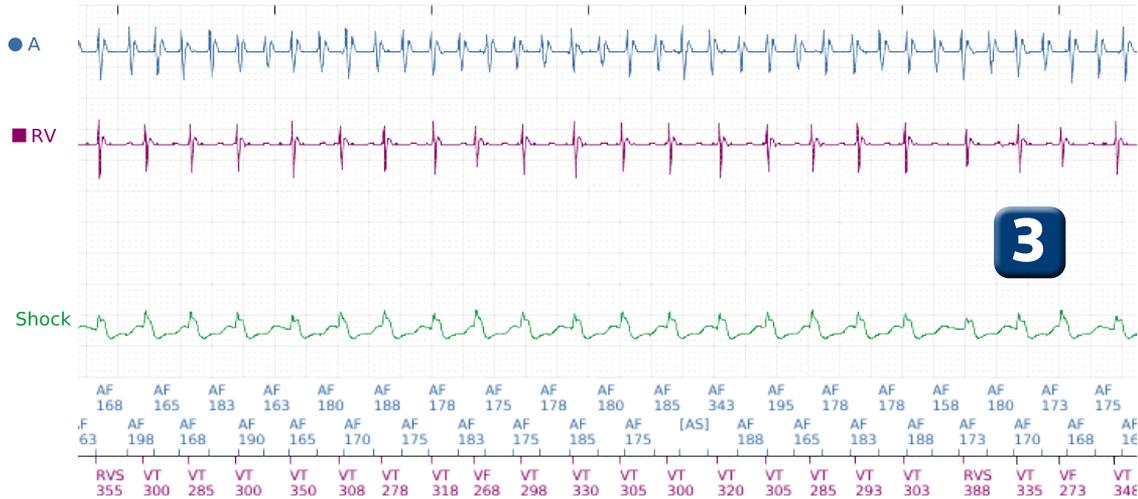
00:02:30



Chapter 3



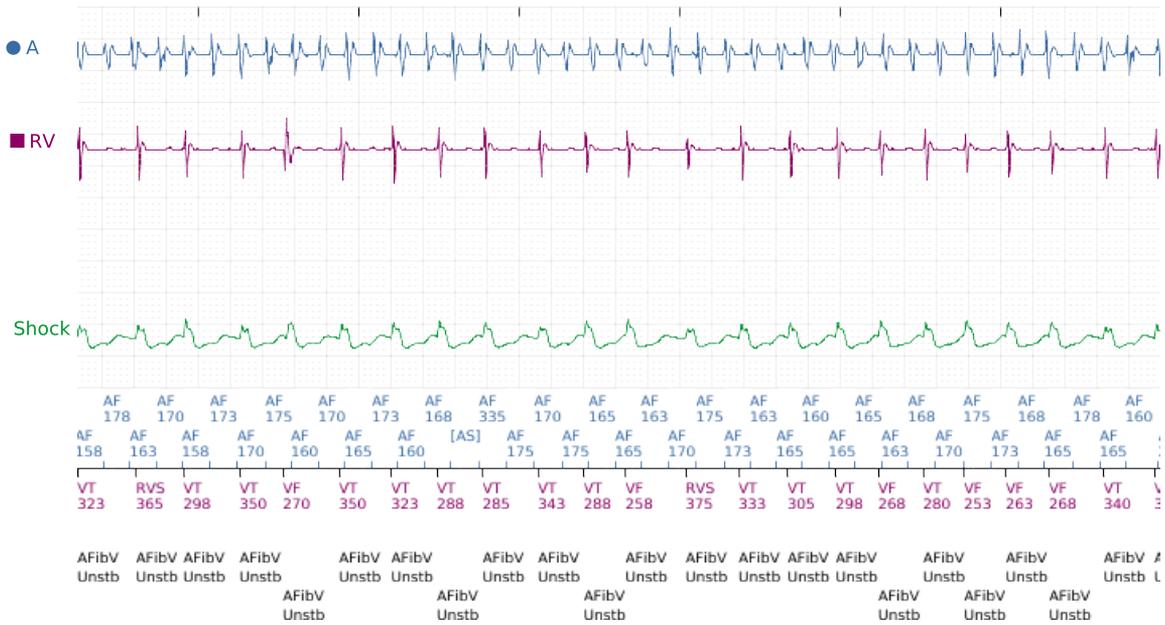
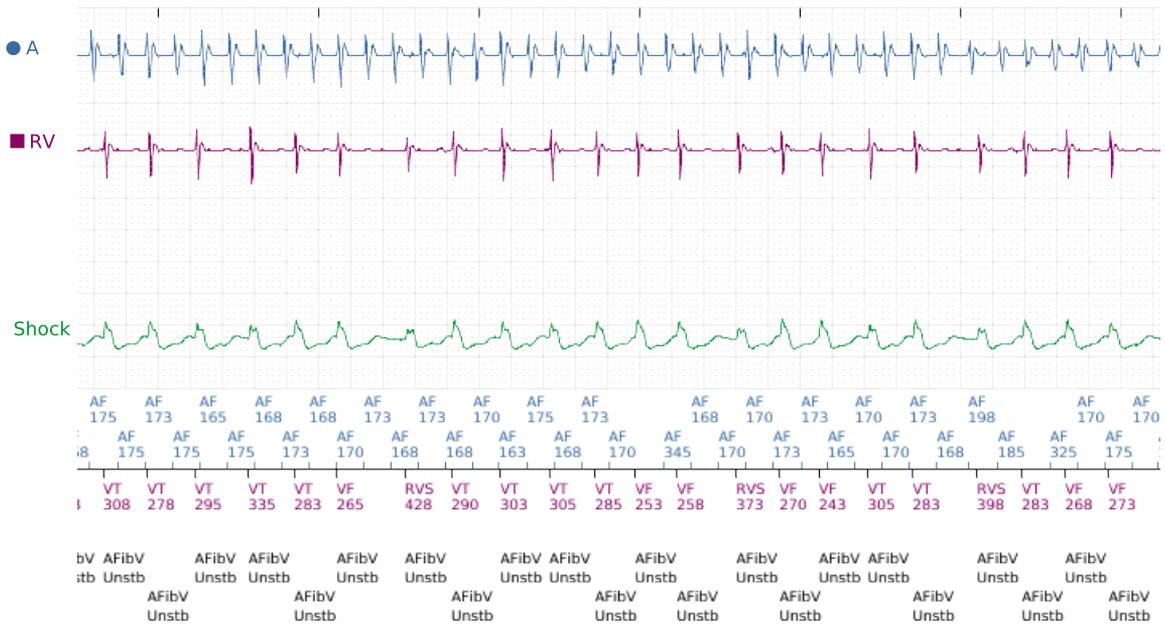
ATR†
 † ATR†
 ATR-Dur



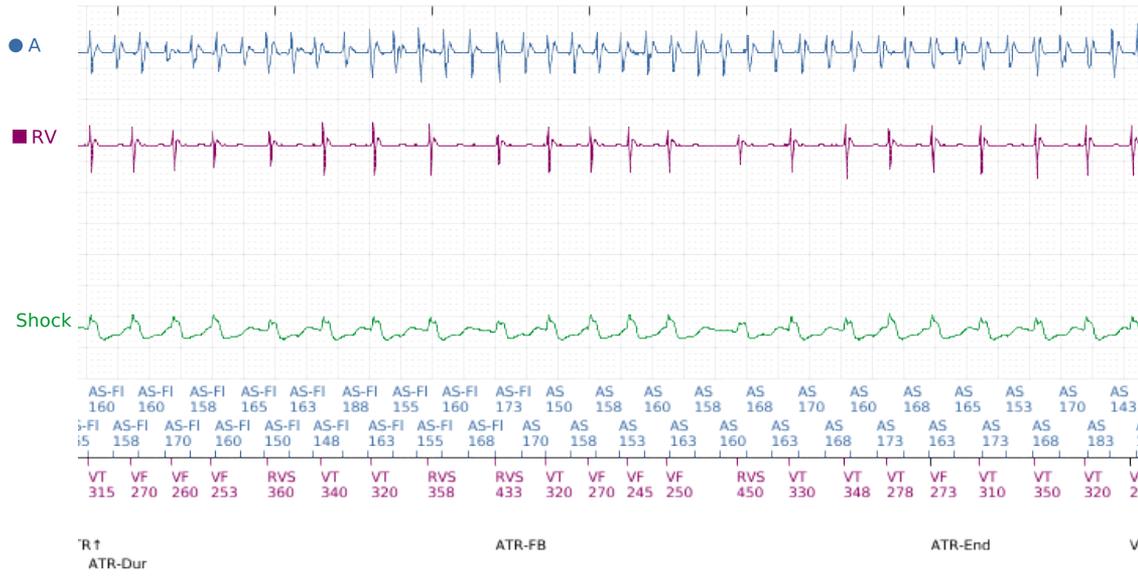
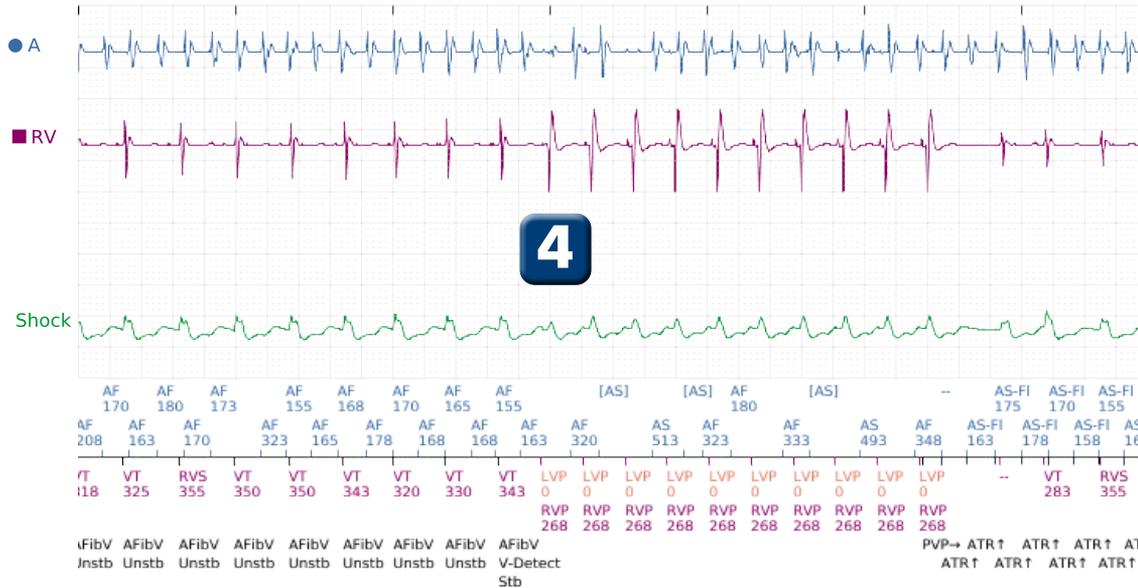
3

AFibV Unstb AFil
 V-Dur Uns
 Unstb
 AFibV

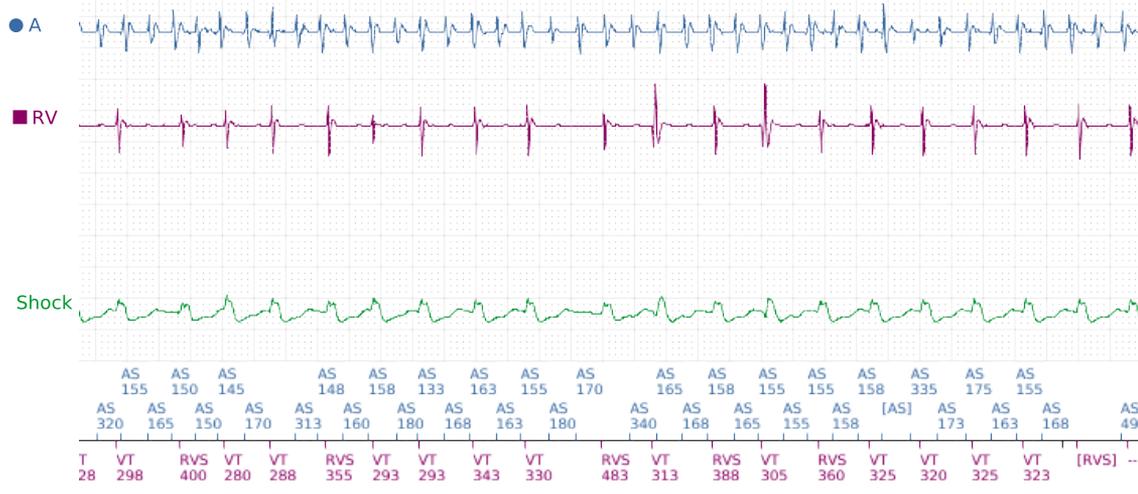
Discrimination: 15

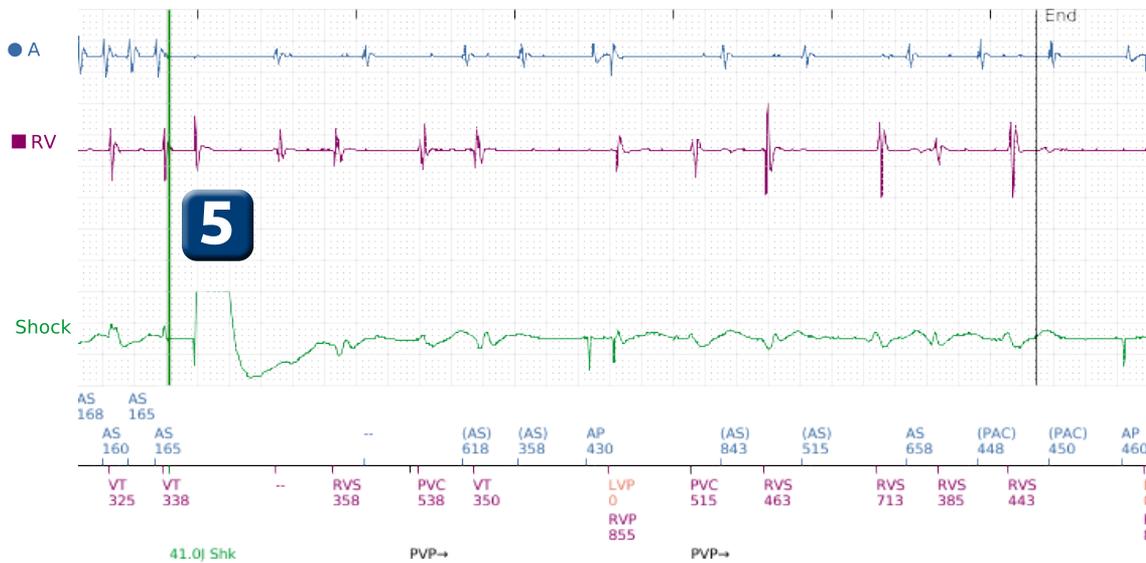


Chapter 3



not the whole episode is displayed, end of the episode:





Points to remember

- this episode corresponds to conducted AF, initially well discriminated by the device; the atrial rhythm is rapid, the ventricular rhythm is considered unstable and therapies are inhibited; in a second phase, the ventricular rhythm stabilizes, which is relatively classic for conducted AF with ventricular rates exceeding 160 beats/minute; unsure between conducted AF and dual tachycardia, the device favors sensitivity over specificity and delivers the programmed therapies.
- the stability criterion has been deceived; it was programmed at the nominal value of 20 ms; it is possible to make it less sensitive and more specific (setting discriminators is always a balancing act between sensitivity and specificity) by increasing this value (to 30 or 40 ms, for example)



When discrimination is set to Onset/Stability :

- if the onset is considered sudden and the rhythm is stable, therapies are delivered
- if the onset is considered gradual, the AF criterion is satisfied and the rhythm is stable, the therapies are also delivered
- the setting of the stability parameter and the setting of the rate threshold for AF are decisive:
- when the AF threshold (nominally 170 beats/minute) is set too low (young patient): risk of inappropriate therapies for rapid sinus tachycardia (gradual onset, AF+ criteria, stable rhythm)
- when the stability criterion is programmed too low (20 ms in nominal): risk of inappropriate therapies (as in this example) if conducted AF stabilizes over a few cycles; there is the option of adapting the stability criterion (reprogramming to 30 ms, 40 ms, etc.)

SETTINGS - VT ONSET/STABILITY DETECTION ENHANCEMENT Close

i Choose either Polymorphic VT Detection or a combination of Atrial Tachyarrhythmia Discrimination and Sinus Tachycardia Discrimination.

Atrial Tachyarrhythmia Discrimination
 Sinus Tachycardia Discrimination
 Polymorphic VT Discrimination

INITIAL DETECTION		POST-SHOCK DETECTION	
V Rate > A Rate	<input type="button" value="On"/>	V Rate > A Rate	<input type="button" value="On"/>
AFib Rate Threshold	<input type="text" value="170"/> min ⁻¹	AFib Rate Threshold	<input type="text" value="170"/> min ⁻¹
Stability	<input type="text" value="20"/> ms	Stability	<input type="text" value="20"/> ms
And			
Onset	<input type="text" value="9"/> %	Sustained Rate Duration	<input type="text" value="00:15"/> mm:ss
Sustained Rate Duration	<input type="text" value="03:00"/> mm:ss		
Shock if Unstable	<input type="text" value=""/> ms		

16

dual chamber discrimination, atrial tachycardia

Patient

- 63-year-old male with ischemic cardiomyopathy; implanted with Autogen triple-chamber defibrillator

Summary 1

- episode diagnosed in the VT zone with atrial rate equal to ventricular rate
- programmed discrimination: Onset/stability
- therapy delivered (1 burst), due to the diagnosis of AF and stable rhythm

Tracé 1 EGM

- regular 1/1 tachycardia with atrial cycles classified as AF
- V-epsd marker (Gradl: gradual onset)
- end of duration; diagnosis of AF with stable ventricular rhythm
- ATP burst restores sinus rhythm

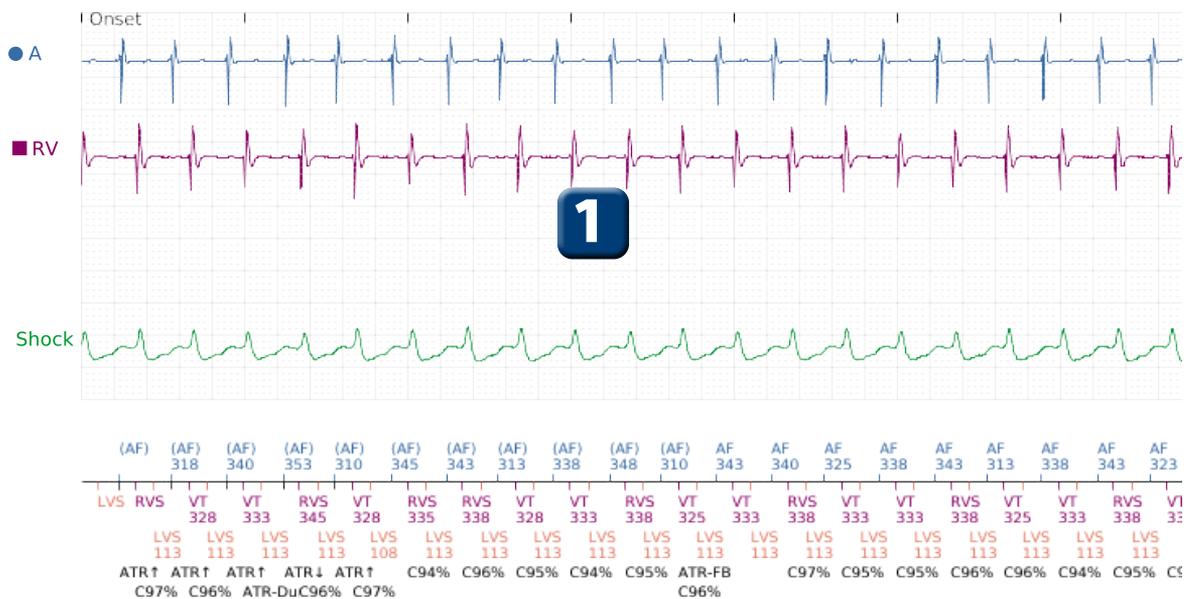


Summary 2

- episode diagnosed in the VT zone with atrial rate equal to ventricular rate
- programmed discrimination: Rhythm ID
- inhibition of therapy (RID+)

Tracé 2 EGM

- 1 regular tachycardia 1/1 same as above
- 2 V-epsd marker
- 3 end of duration; inhibition of therapies because RID+.
- 4 spontaneous termination in the ventricle (favors a diagnosis of atrial tachycardia)



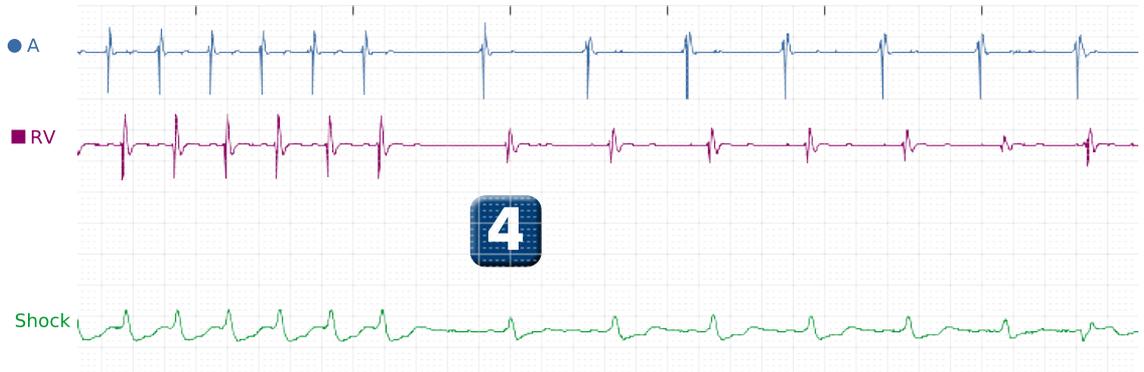
Chapter 3



AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF
333	340	338	330	343	335	340	330	340	320	335	338	318	330	338	330	333	333	328	335
VT	RVS	RVS	RVS	RVS	RVS	RVS	VT	RVS	VT	VT	RVS	VT							
330	335	335	335	338	338	338	333	338	325	333	335	328	328	330	333	330	333	330	333
LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS
110	113	113	113	110	113	113	115	113	115	113	113	113	110	113	115	115	113	113	113
14% C94% C94% C94% C95% V-EpsdEnd										C95%									
										V-Er ATR									



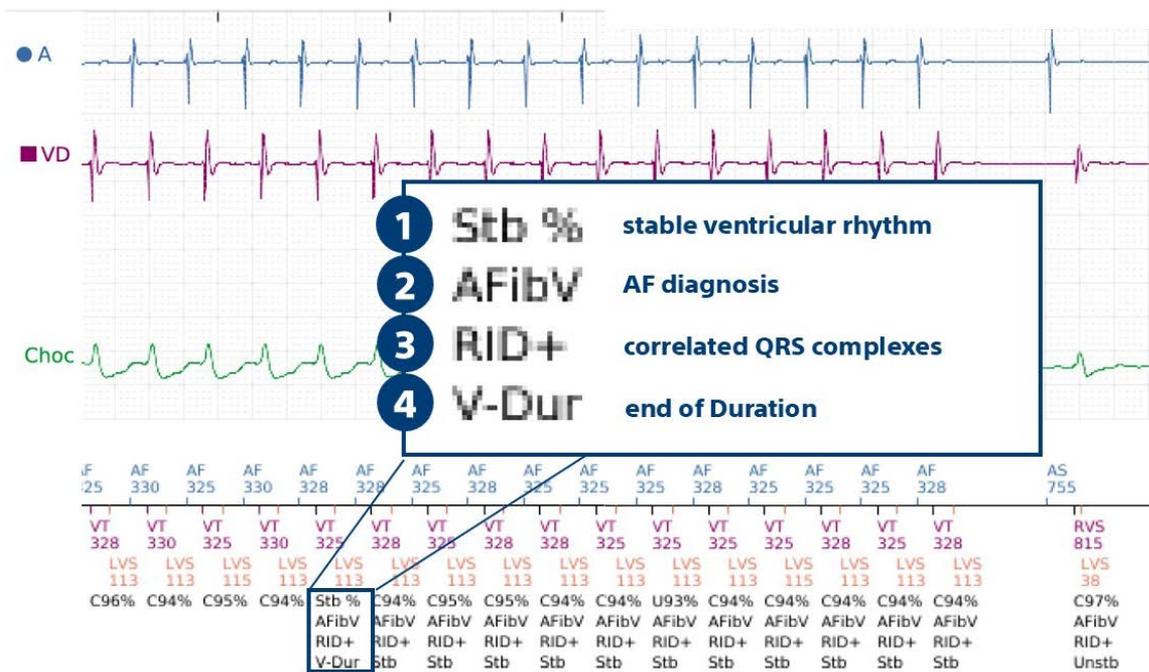
AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF	AF
330	330	330	330	330	330	328	330	330	328	330	328	330	328	325	330	325	330	328	328
VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT	VT
330	333	330	330	328	330	330	328	330	328	330	328	328	328	330	325	330	328	328	328
LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS
113	113	113	113	113	113	113	113	115	113	113	113	115	113	113	113	113	113	113	113
96% C95% C96% C96% C96% C96% C96% C96% C96% C94% C96% C96% C96% C94% C95% C94% Stb % C94% C95% C95% C94% C										AFibV									
RID+										V-Dur Stb Stb Stb Stb Stb S									
-End																			



AF	AF	AF	AF	AF	AF	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS
325	328	325	325	325	328	755	660	628	623	620	620	620	620	620	620	623	623	623	623
VT	VT	VT	VT	VT	VT	RVS	RVS	RVS	RVS	RVS	RVS	RVS	RVS	RVS	RVS	RVS	RVS	RVS	RVS
325	325	325	325	328	328	815	660	625	623	615	615	615	615	615	615	615	615	615	615
LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS	LVS
113	113	113	113	115	113	38	100	100	103	105	105	105	105	105	105	105	105	105	105
94% U93% C94% C94% C94% C94% C94% C97% C99% C98% C98% C99% C-- U29%										AFibV									
RID+										V-Dur Stb									
Unstb																			

Points to remember

- these 2 traces illustrate the complexity of defibrillator programming; in the first trace, 1/1 atrial tachycardia is poorly discriminated by the Onset/Stability algorithm; in fact, the atrial rate exceeds the AF threshold and the rhythm is stable; the device suspects a possible dual tachycardia and delivers a burst of anti-tachycardia pacing which terminates the atrial arrhythmia; it is therefore an inappropriate therapy that has a beneficial effect; this type of 1/1 atrial tachycardia is almost systematically poorly discriminated by this algorithm, therefore a decision was made to switch to the Rhythm ID option, since the morphology criterion is theoretically effective in this type of tachycardia
- the second plot shows that an identical episode of tachycardia (1/1 atrial tachycardia) that is then correctly discriminated in this patient with inhibition of therapies; the episode ends spontaneously, which raises the question of reprogramming the initial duration (lengthening it significantly) in the VT zone so as to maximize the probability of spontaneous termination without intervention of the discrimination algorithm; another option is to increase the lower limit of the VT zone (to 200 beats/minute for example), so as to avoid any overlap between the rates of this atrial tachycardia and the rates of possible VT.



On the second trace:

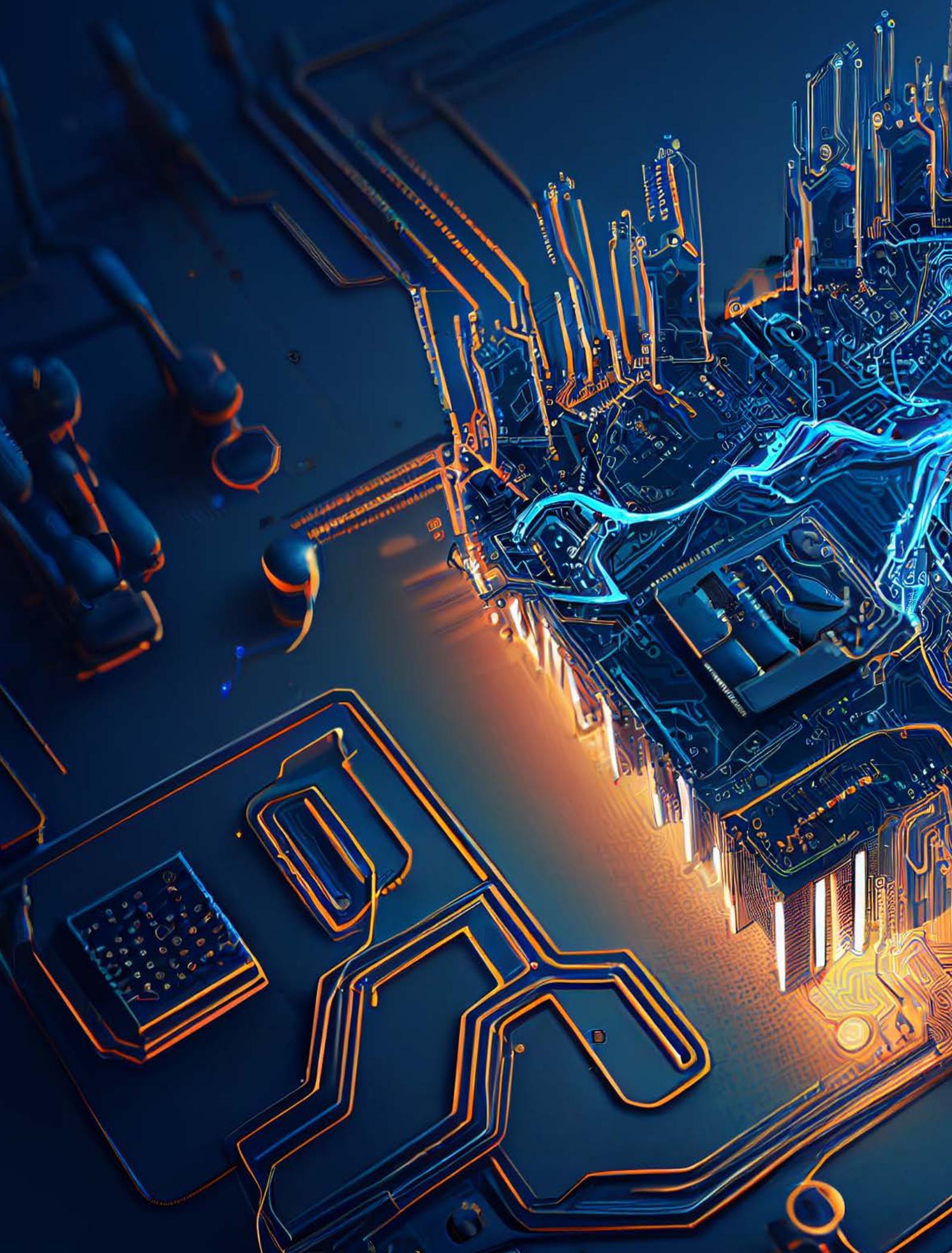
- the rhythm is stable with a diagnosis of AF: this would therefore lead to a diagnosis of VT if the Onset/Stability algorithm had been programmed
- QRS complexes are correlated (RID+), which explains why therapies are inhibited

Articles worth reading

- Moss A.J., Schuger C., Beck C.A. Reduction in inappropriate therapy and mortality through ICD programming. N Engl J Med. 2012: **this article discusses different programming options (increasing the number of cycles in initial detection, programming high low bounds for tachycardia zones, discrimination) to reduce the percentage of inappropriate therapies.**
- Gard J.J., Friedman P.A. Strategies to Reduce ICD Shocks: The Role of Supraventricular Tachycardia-Ventricular Tachycardia Discriminators. Card Electrophysiol Clin. 2011
- Mansour F., Khairy P. Programming ICDs in the Modern Era beyond Out-of-the Box Settings. Pacing Clin Electrophysiol. 2011: **these 2 articles discuss the advantages**

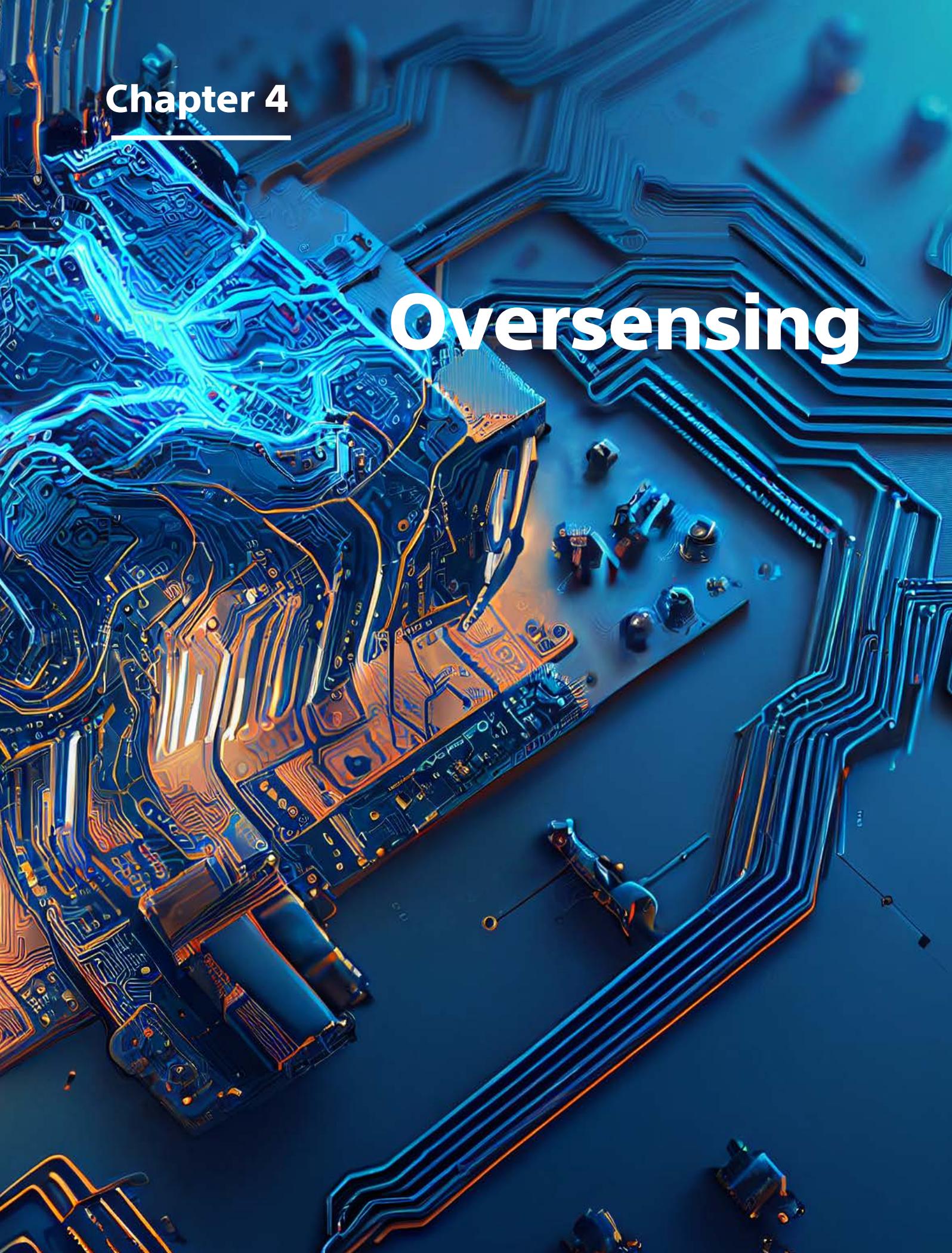
and disadvantages of different discriminators for reducing the percentage of inappropriate therapies.

- Goncalves J., Pereira T. Inappropriate shocks in patients with ICDs: single chamber versus dual chamber. Arq Bras Cardiol. 2013: ***these 2 meta-analyses find no superiority of dual-chamber versus single-chamber discrimination in terms of mortality or occurrence of inappropriate therapies.***
- Brugada J., Mont L., Figueiredo M., et al. Enhanced detection criteria in implantable defibrillators. J Cardiovasc Electrophysiol. 1998: ***this study shows that programming a 3-minute timer can lead to inappropriate therapy in 10% of cases.***
- Daubert J.P., Zareba W., Cannom D.S. Inappropriate implantable cardioverter-defibrillator shocks in MADIT II: frequency, mechanisms, predictors, and survival impact. J Am Coll Cardiol. 2008: ***this multicenter study shows that 50% of SVTs have a frequency greater than 170 beats/minute, and that some episodes can reach a frequency of 250 beats/minute.***
- Dorian P., Philippon F., Thibault B. Randomized controlled study of detection enhancements versus rate-only detection to prevent inappropriate therapy in a dual-chamber implantable cardioverter-defibrillator. Heart Rhythm. 2004: ***this study shows the respective interest of certain discriminants (V>A...) in reducing the percentage of inappropriate therapies.***
- Glikson M., Swerdlow C.D., Gurevitz O.T. Optimal combination of discriminators for differentiating ventricular from supraventricular tachycardia by dual-chamber defibrillators. J Cardiovasc Electrophysiol. 2005: ***this article discusses the value of combining discriminators to reduce the percentage of inappropriate therapies.***
- Frontera A, Strik M, Eschalier R, et al. Electrogram morphology discriminators in implantable cardioverter defibrillators: A comparative evaluation. J Cardiovasc Electrophysiol. 2020: ***this article analyzes the diagnostic yield of morphology-based discrimination according to manufacturers; the nominal value of 94% on Boston Scientific devices is associated with perfect sensitivity but very low specificity.***



Chapter 4

Oversensing





1 Oversensing of electrocautery

Patient

- male with ischaemic cardiomyopathy, implanted with a triple chamber defibrillator; box change procedure with implantation of a Resonate defibrillator; electrogram trace recorded during the procedure.

Summary

- detection of an episode in the VF zone
- no therapy delivered (device not programmed for monitoring + treatment)

EGM layout

- 1 atrial sensing and biventricular pacing
- 2 simultaneous sensing on all 3 channels (atrial, ventricular, shock) of fast, disorganized signals of variable amplitude and morphology (classified as AF, VF)
- 3 end of oversensing
- 4 new onset oversensing of identical signals

V-1: 18 Jan 2021 11:33, VF, A Rate: 303 min⁻¹, V Rate: 296 min⁻¹

Detail

VF Event Onset

Avg A Rate	303 min ⁻¹
Avg V Rate	296 min ⁻¹
Detection	Onset/Stability
Onset	Percent
Template	N/R

At V-Detect

Avg A Rate	303 min ⁻¹
Avg V Rate	181 min ⁻¹
Rate Zone	VF
Stability	(85 ms, Off)
V>A Rate	(False, Off)
AFib	(True, Off)
RhythmMatch™	N/R
SRD Met	(False, Off)
ATP Timeout	False
Onset Intvl	(577 ms, Off)
Onset %	58 %

Attempt 1, Non Therapy V

Elapsed Time 00:00:09

Attempt Information

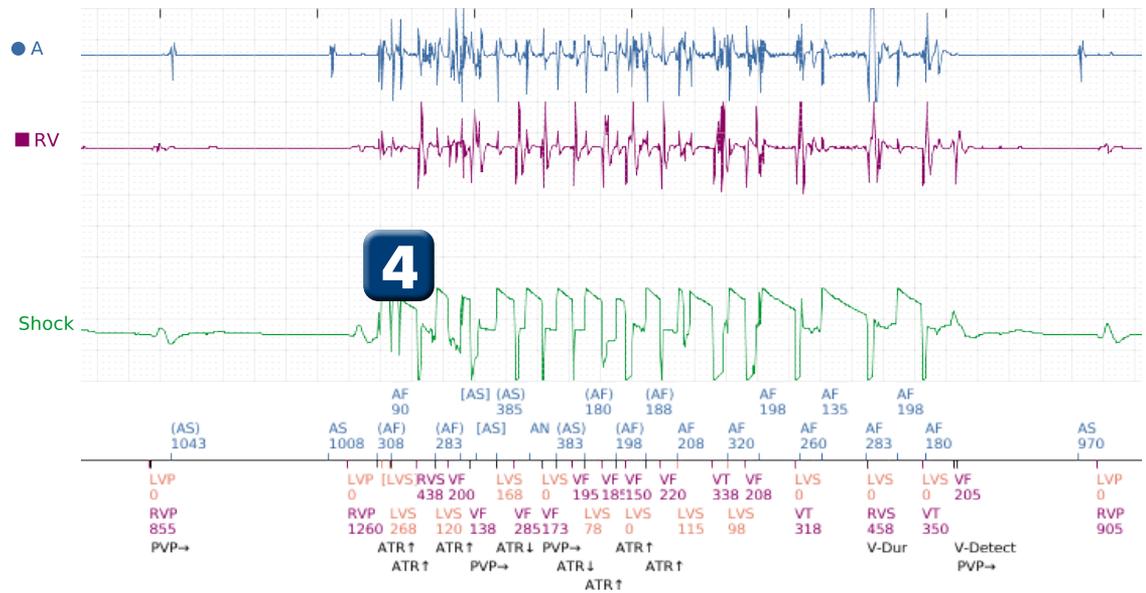
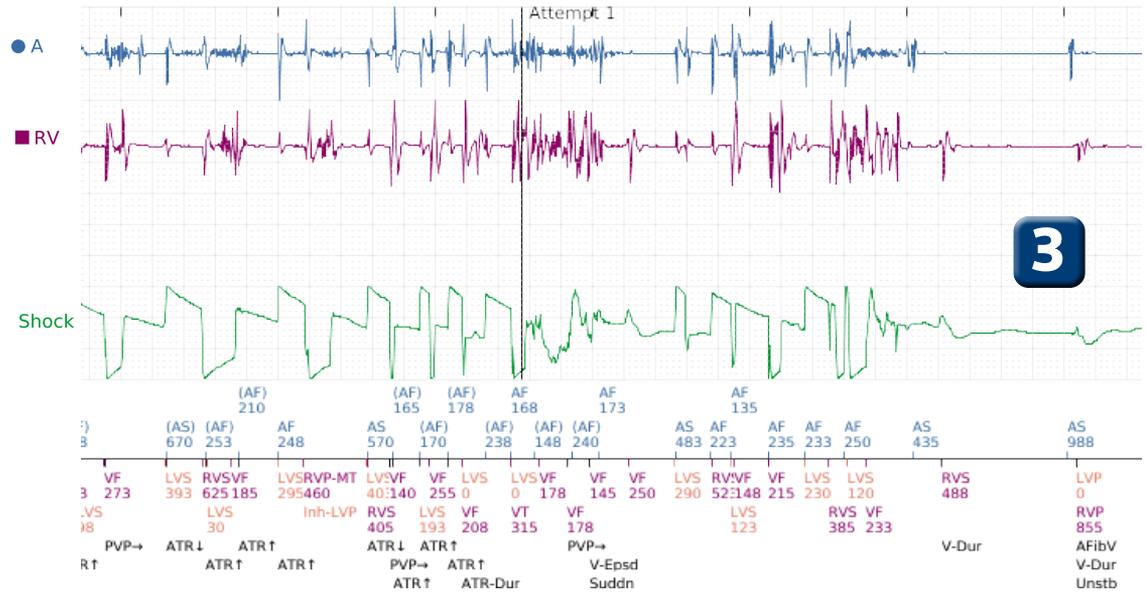
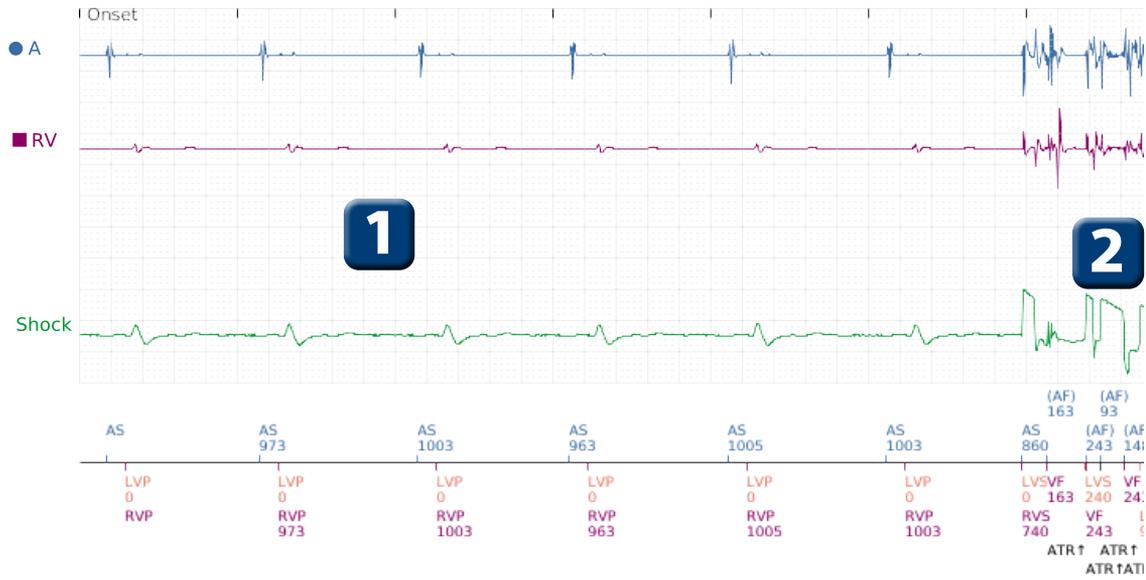
No therapy delivered, Tachy therapy mode is not programmed to Monitor+Therapy.

Event Ended

00:00:20



Oversensing: 1





Points to remember

- the programmed Tachy Mode controls the availability of detection and treatment functions with 3 programmable options: 1) off: deactivates arrhythmia detection and delivery of therapies; 2) monitoring only: deactivates therapies but allows detection and recording of arrhythmia episodes; 3) monitoring + treatment: activates detection and recording functions as well as the various programmed therapies.
- in this patient, the Tachy Mode was programmed to monitoring only during the device change procedure, which explains the detection and recording of this episode but the absence of therapy delivered; once the device was connected and positioned in the pocket, electrocautery was used for hemostasis
- as a general rule, the diagnosis of electromagnetic interference is based on exposure to a source at the time of the recorded episode and oversensed signals with a characteristic pattern; oversensing of electromagnetic interference is more common with an integrated bipolar lead than with «true» bipolar sensing, as the sensing antenna is larger
- the tracing is characteristic for oversensing of a signal emitted by an electrocautery unit: simultaneous sensing on the 3 channels (atrial, ventricular, shock) of rapid, disorganized signals of variable amplitude and morphology; the diagnosis is obvious insofar as the episode was recorded during the device change procedure
- when changing the device, it is customary to program the Tachy Mode to off to avoid inappropriate therapies and recording tracings which unnecessarily overload the device's memories
- in dependent patients, a specific mode can be programmed for asynchronous pacing (AOO, VOO or DOO) to avoid inhibition during electrocautery
- in a patient implanted with a defibrillator and undergoing non-cardiac surgery, the surgeon should be advised to use electrocautery in bipolar mode, to limit its use to very short periods and to place the scalpel plates at a distance from the defibrillator unit; to completely eliminate the risk of unwanted interference, a first option is to deprogram



2 Surgical intervention and VF at the time of reperfusion

Patient 1

- Male with ischaemic cardiomyopathy, implanted with a Momentum triple-chamber defibrillator; aortic valve replacement surgery; trace recorded during the procedure

Summary

- detection of an episode in the VF zone
- no therapy delivered (device not programmed for monitoring + treatment)

EGM layout

- 1 no atrial or ventricular activity visible on the 3 channels; baseline interference explains the sensing of intermittent signals on the atrial and ventricular channels
- 2 simultaneous sensing on the 3 channels (atrial, ventricular, shock) of fast, chaotic signals of variable amplitude and morphology (classified as AF, VF) when electrocautery is used by the surgeon.



Patient 2

- male implanted with an Autogen triple-chamber defibrillator; cardiac surgery (coronary bypass); trace recorded during the procedure

Summary

- detection of an episode in the VF zone
- electric shock of 41 Joules

EGM layout

- 1** simultaneous detection of fast, chaotic signals of variable amplitudes and morphology on the ventricular and shock channels (electrocautery)
- 2** end of oversensing
- 3** onset of a very rapid, low voltage ventricular arrhythmia; imperfect ventricular sensing
- 4** detection of a VF episode and capacitor charging
- 5** electric shock of 41 Joules
- 6** termination arrhythmia



Oversensing: 2

V-16: 29 Apr 2021 08:43, VF, A Rate: 30 min⁻¹, V Rate: 264 min⁻¹

Detail

VF Event Onset

Avg A Rate	30 min ⁻¹
Avg V Rate	264 min ⁻¹
Detection	Rate Only
Template	N/R

At V-Detect

Avg A Rate	30 min ⁻¹
Avg V Rate	311 min ⁻¹
Rate Zone	VF
Stability	(45 ms, Off)
V>A Rate	(True, Off)
AFib	(False, Off)
RhythmMatch™	N/R
SRD Met	(False, Off)
ATP Timeout	False
Onset Intvl	(330 ms, Off)
Onset %	(44 %, Off)

Attempt 1, 41 J V Shock

Elapsed Time	00:00:03
Shock Information	
Charge Time	10.0 s
Lead Impedance	67 Ω
Lead Polarity	Initial

Event Ended

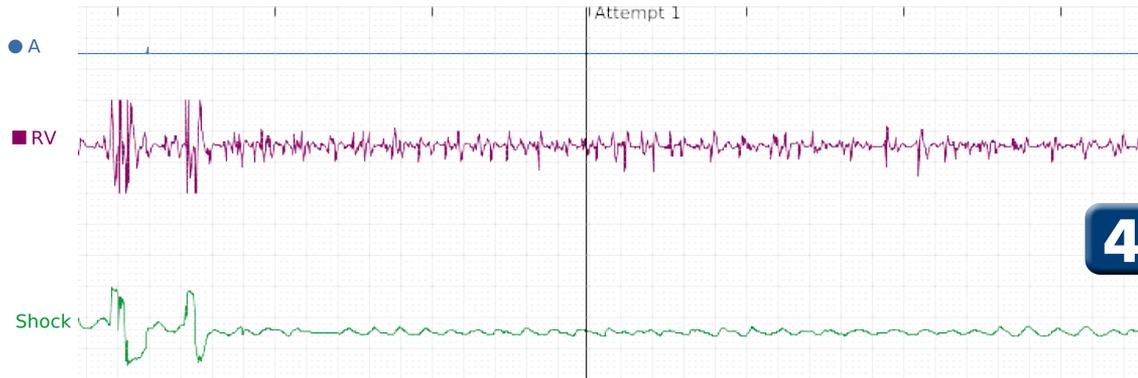
00:00:46

EGM displayed at 25mm per second



LVP	[LVVT-1	LVSVF	LVP	LVP	LVP	LVSVF	LVSVF	LVP	LVS	LVS
0	378	0 163	0	0	0	160 0 145	0	0	600	285
RVP [RVS]	VT-1	410	RVP	RVP	RVP	RVS VF	RVP	RVS	RVS	
			855	855	855	453 223	855	623		

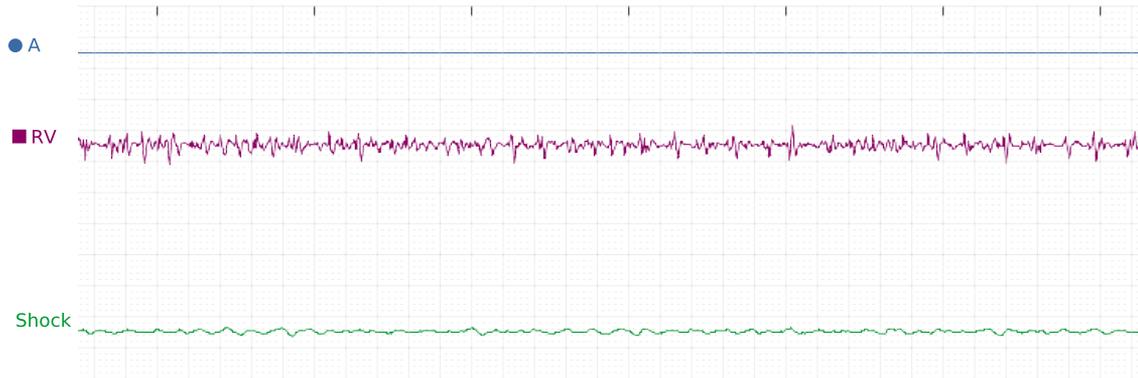
Chapter 4



RVS	LVS	LVS	LVP	LVS	VF	VF	LVS	VT	VF	LVS	VF	VF	LVS	LVS	VT	VF	VF	VT	VF	VF	VF	VF
540	48	0	0	585	170	208	70	31	153	158	255	183	70	220	295	205	173	275	225	188	183	
VF	VF	VT-1	RVP	RVS	LVS	VF	VF	LVS	VF	VF	VF	VF	LVS	LVS	LVS	LVS	LVS	VF	VF	LVS	LVS	
17	140	380	855	628	123	183	203	110	188	183	75	198	183	258	5	140	140	178	123			

V-Epsd

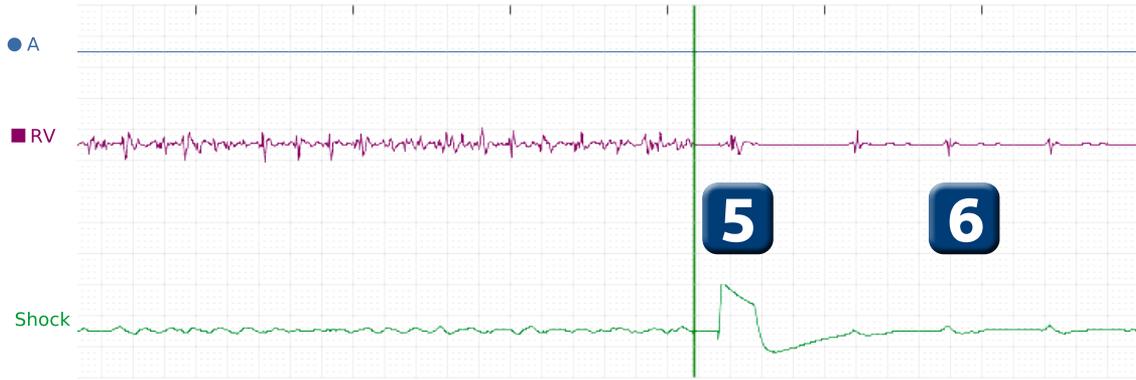
V-De



VF	VF	VF	VF	VF																			
228	160	203	173	225	203	216	150	170	238	233	201	138	205	193	103	160	53	313	188	90	150	255	25
LVS	VF	VF	LVS	VF	VF	LVS	VF	LVS	VF	VF	VF	VF	VF										
68	60	60	38	163	153	98	98	175	198	193	125	190	228	48	138	193	110	30	160				

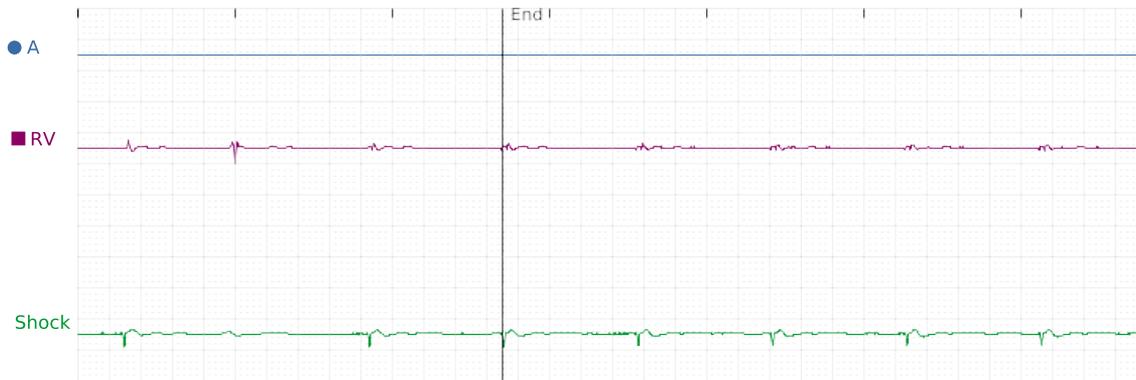
itect

Chrg



LVS	VF	VF	LVS	LVS	VF	VF	VF	VF	VF	LVS	--	VF	VT	--	RVS	RVS	RVS
:58	213	260	118	490	218	208	203	188	173	245	95	173	278		590	650	650
VF	LVS	VF	RVS	LVS	LVS	VF	LVS	VF	VF	VF		LVS		LVS	LVS	LVS	
153	180	138	493	160	125	158	180	193	190			60		85	85	88	

Chrg 41.0j Shk



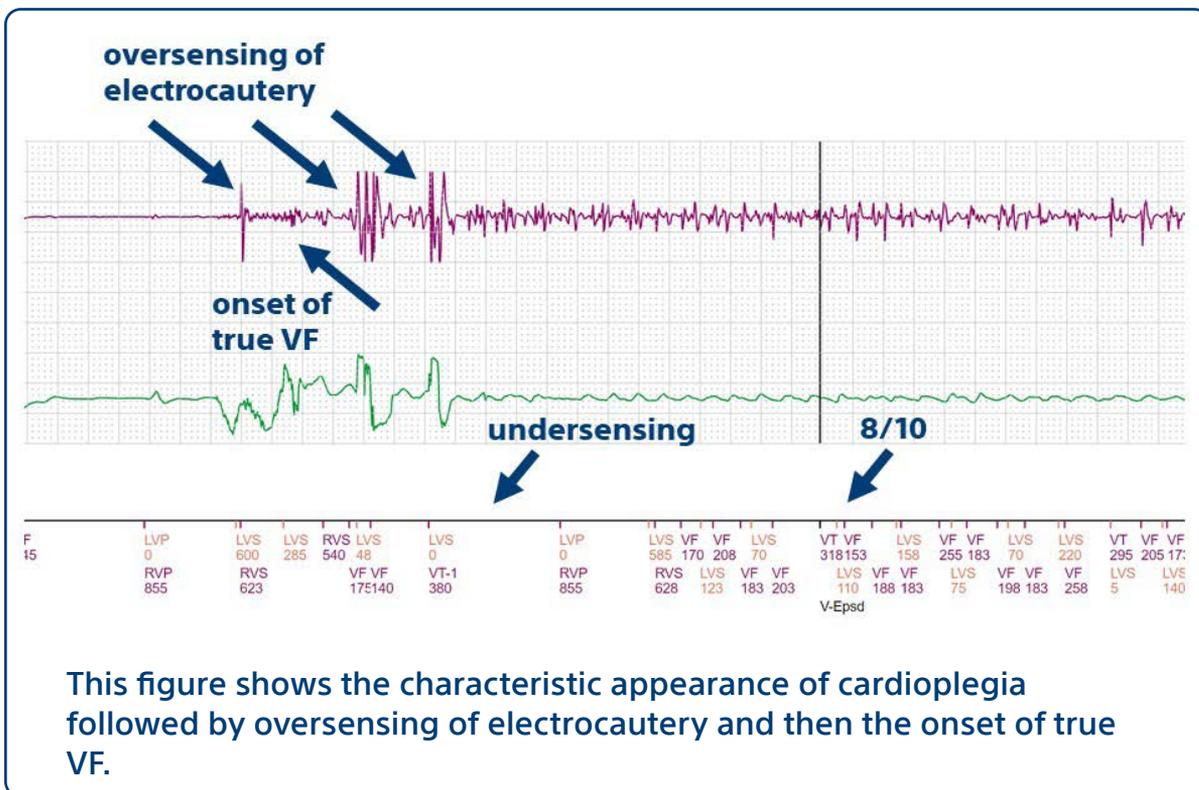
LVP	RVS	LVP	LVP	LVP	LVP	LVP	LVP
0	705	0	0	0	0	0	0
RVP	LVS	RVP	RVP	RVP	RVP	RVP	RVP
855	3	855	855	855	855	855	855

Points to remember

- these 2 patients underwent cardiac surgery with extra-corporeal circulation; for the first patient, the Tachy Mode was programmed to monitor only during the procedure, for the second to monitoring + treatment; it is usual to program the Tachy Mode to off, with any bradycardia or tachycardia occurring during the procedure being managed by temporary pacing or external cardioversion respectively.



- the first tracing shows a characteristic appearance of cardioplegia (asystole despite the pacing delivered by the defibrillator); this technique, which aims to stop the activity of the heart during the operation, is carried out by injecting a liquid very rich in potassium directly into the coronary arteries; this makes it possible to carry out the surgical procedure on immobile organs; the first tracing shows, overlying this flat background trace, the oversensing of characteristic signals related to the use of electrocautery by the surgeon
- the second trace shows the detection and termination of a true VF episode by a shock delivered by the device; this arrhythmia occurs during reperfusion at the end of the operation, which is relatively frequent and is usually managed by the anesthetic team with external defibrillation, the implantable device having been deprogrammed before the operation.





3 Inappropriate therapies during a TAVI procedure

Patient

- hmale implanted with a Resonate triple-chamber defibrillator; trace recorded during a TAVI implantation procedure. The surgery may be called a transcatheter aortic valve replacement (TAVR) or transcatheter aortic valve implantation (TAVI).

Summary

- detection of an episode in the VT zone
- sequence of bursts then ramps; 41 Joule shock but deflected impact

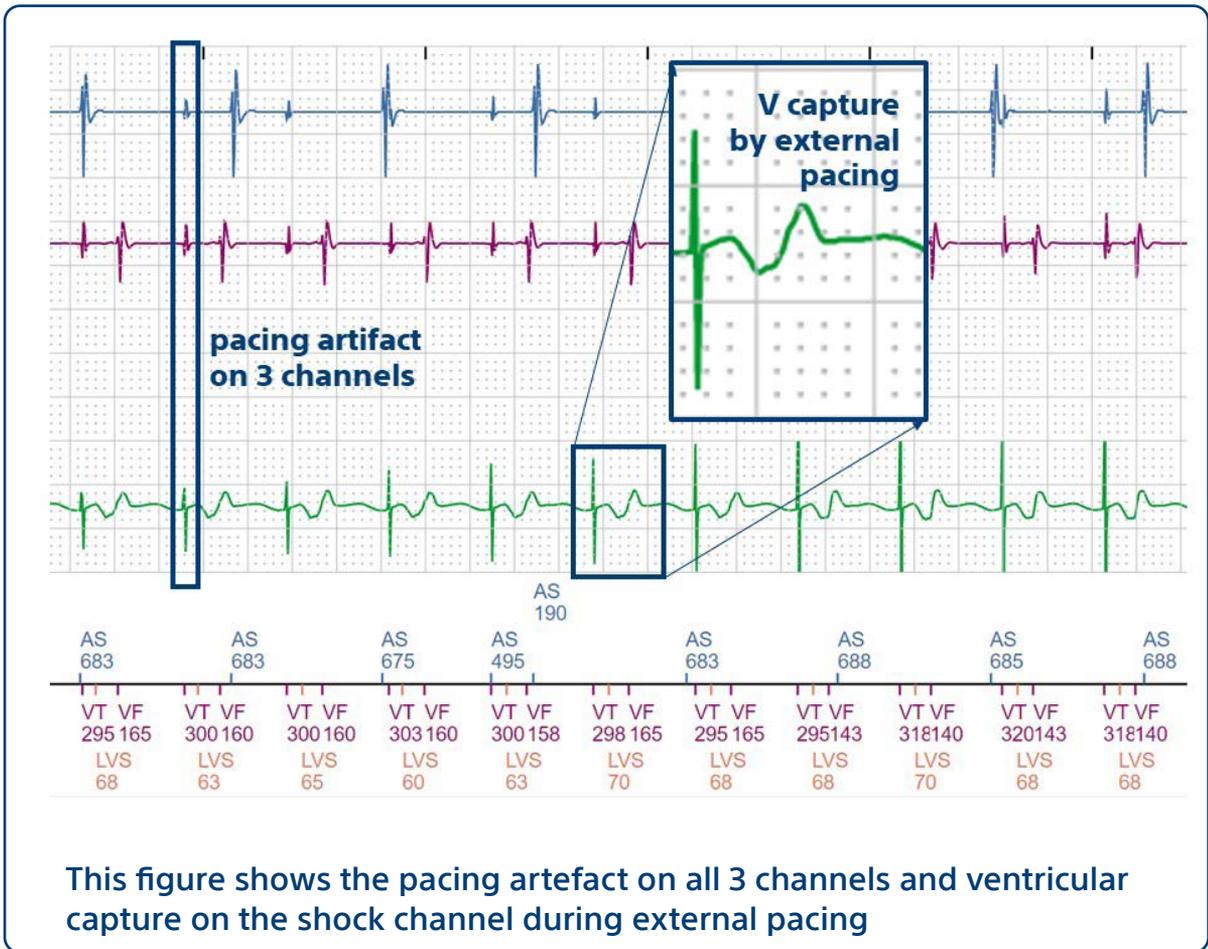
EGM layout

- 1 atrial sensing and biventricular pacing
- 2 sensing of a sharp signal on the 3 channels (atrial, ventricular and shock); this signal corresponds to the ventricular pacing artefact (ventricular capture visible on the shock channel); double counting on the ventricular sensing channel (pacing artefact + subsequent ventricular depolarization).
- 3 alternating VT and VF cycles; the 8/10 criterion is fulfilled for the VT zone but not for the VF zone.
- 4 end of duration for VT zone and first ATP sequence delivered
- 5 after the ATP sequences, the next therapy is a shock; capacitors begin to charge
- 6 pacing interrupted and cessation of oversensing
- 7 charge diverted (criterion 2/3 rapid cycles at end of charge not confirmed)



Points to remember

- aortic stenosis is the most common valvular disease encountered in Western countries, with an estimated prevalence of around 5% among people aged over 75; with an ageing of the population, the prevalence is likely to increase further
- since the first percutaneous aortic valve implantation 2002, the indications for TAVI (transcatheter aortic valve implantation) have broadened considerably, resulting in an increase in the number of procedures performed worldwide.
- during the TAVI implantation procedure, rapid ventricular pacing is usually delivered using a temporary lead positioned in the right ventricle to induce severe, but transient hypotension in order to reduce the risk of embolization of the prosthesis
- during a TAVI implantation procedure, the implantable defibrillator must be temporarily deprogrammed in order to avoid the occurrence of inappropriate therapies (sensing of pacing artefact, rapid ventricular rhythm, etc.).
- this type of episode will typically trigger an optional Lattitude alert «Non physiological right ventricular signal detected» through. because of at least 4 fast ventricular cycles ($\leq 160\text{ms}$) before the V-Detect marker.





4

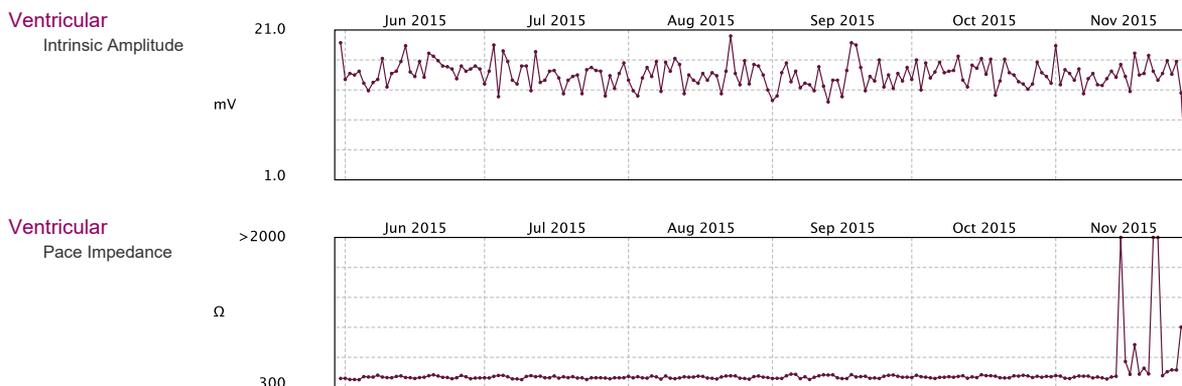
Lead fracture and multiple capacitor charges

Patient

- 60-year-old male implanted with an Incepta single-chamber defibrillator; telemedicine alert for abnormal impedance measurement

Courbes de détection et d'impédances

- stable right ventricular shock impedance
- abnormal right ventricular pacing impedance (> 2000 Ohms)
- the impedance curve shows a number of abnormal values and a clear jump when compared to previously stable values



Episode list since previous interrogation

- multiple episodes of non-sustained VT recorded at the same time as the abnormal pacing impedance values
- 2 episodes classified as VT with no therapy delivered

All Events Since Last Reset (30 May 2014)

29 Nov 2015 18:56	NonSustV at 160 min ⁻¹ , Nonsustained
29 Nov 2015 16:32	NonSustV at 157 min ⁻¹ , Nonsustained
29 Nov 2015 13:56	NonSustV at 231 min ⁻¹ , Nonsustained
29 Nov 2015 07:32	NonSustV at 239 min ⁻¹ , Nonsustained
28 Nov 2015 21:05	NonSustV at 180 min ⁻¹ , Nonsustained
28 Nov 2015 16:25	NonSustV at 139 min ⁻¹ , Nonsustained
28 Nov 2015 07:56	NonSustV at 213 min ⁻¹ , Nonsustained
28 Nov 2015 06:12	NonSustV at 170 min ⁻¹ , Nonsustained
27 Nov 2015 11:09	NonSustV at 207 min ⁻¹ , Nonsustained
27 Nov 2015 10:56	NonSustV at 212 min ⁻¹ , Nonsustained
27 Nov 2015 06:49	VT at 341 min ⁻¹ , No Therapy
25 Nov 2015 18:32	VT at 283 min ⁻¹ , No Therapy
Total Events: 97 NonSustV, 2 Other Untreated	



Episode summary

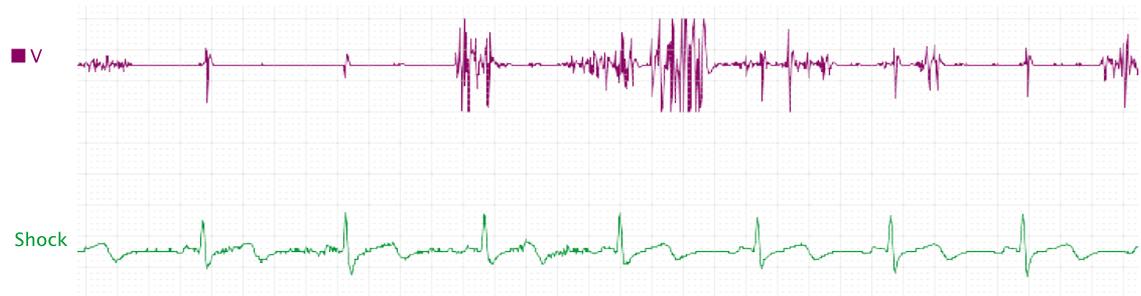
- episode classified in the VT zone
- no therapy delivered

EGM layout

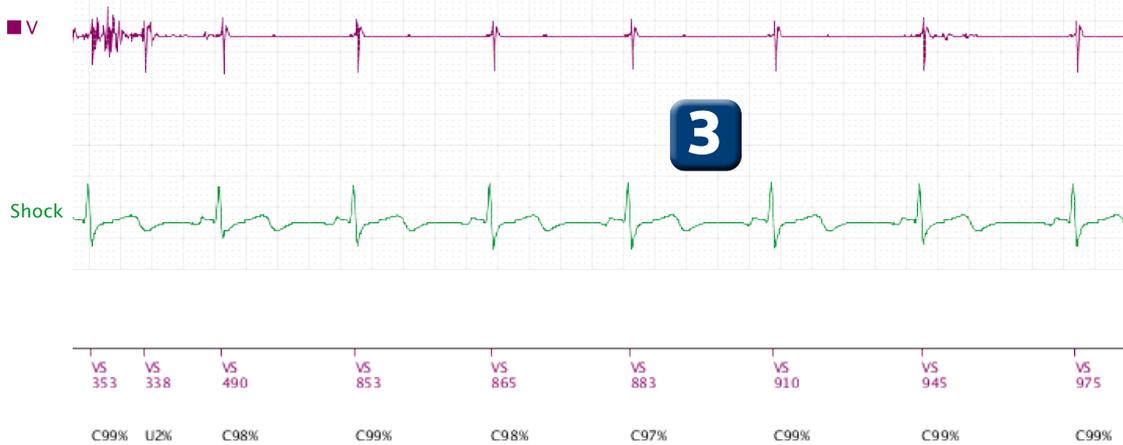
- 1 oversensing of fast signals on the bipolar sensing channel; no oversensing on the shock channel
- 2 oversensing on the ventricular channel of signals of variable amplitude and morphology; occasional large amplitude signals saturating the amplifiers; the shock channel makes it possible to differentiate these signals from spontaneous ventricular activity
- 3 end of oversensing



VS VS VS VS VS VS VF VF VF VS VF VF V
605 470 1040 663 623 243 245 398 298 225 178 2
VF 163 VF 188 VF 153 VF 163 VF 140
U0% C98% U-- U-- U--
U-- U-- V-Epsd

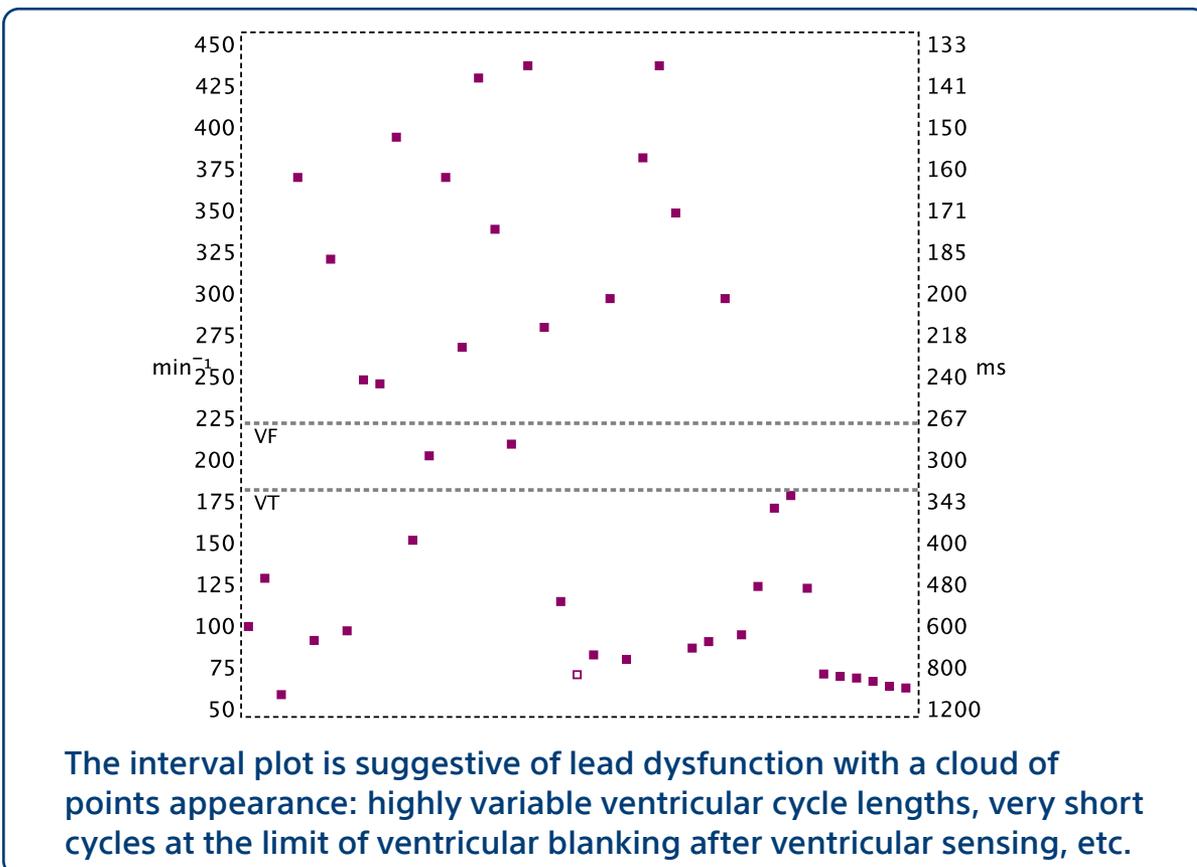


T VF VS VP VS VF VS VF VN VS VS VS VS
88 215 525 855 733 203 758 138 700 668 635 488
VF 138 [VS] VF 158 VF 173 VF 203
0% U-- C95% C-- U0% U-- U2% U--RID- U0% C97% C99% U0%
U-- U-- V-Dur U--



Interval plot

- appearance suggestive of lead dysfunction; the presence of a cloud of points that is generally incompatible with ventricular arrhythmia
- very fast cycles (bordering on blanking) with slower cycles





Points to remember

- the defibrillation lead is the weak link in the defibrillation system, with rates of malfunction varying between models
- in this patient, the combination of high impedance values and the abnormal EGM trace is highly suggestive of lead fracture; there is oversensing of fast, intermittent signals of varying morphology with very short cycle lengths close to the ventricular blanking period; some signals are very large, saturating the amplifiers; these 'make-break' potentials are highly suggestive of lead fracture with probable breach of the conductor rather than an insulation defect; the graph also shows a characteristic cloud of points with very short cycles
- in this asymptomatic patient, remote monitoring facilitated an early diagnosis and prevented inappropriate therapies; this helps avoid a succession of inappropriate shocks which, even if diverted, consume energy and shorten the life of the device
- in cases of lead dysfunction, anomalies generally occur in different stages: initially, the device may record multiple episodes of non-sustained VT without any anomalies in lead parameters; subsequently, a clear break in impedance, threshold and right ventricular sensing curves may be observed; as the duration of over-sensing episodes increases, multiple shocks may occur



5 Oversensing of the P wave by the defibrillation lead

Patient

- male implanted with a triple-chamber defibrillator; recording of a NSVT trace

EGM layout

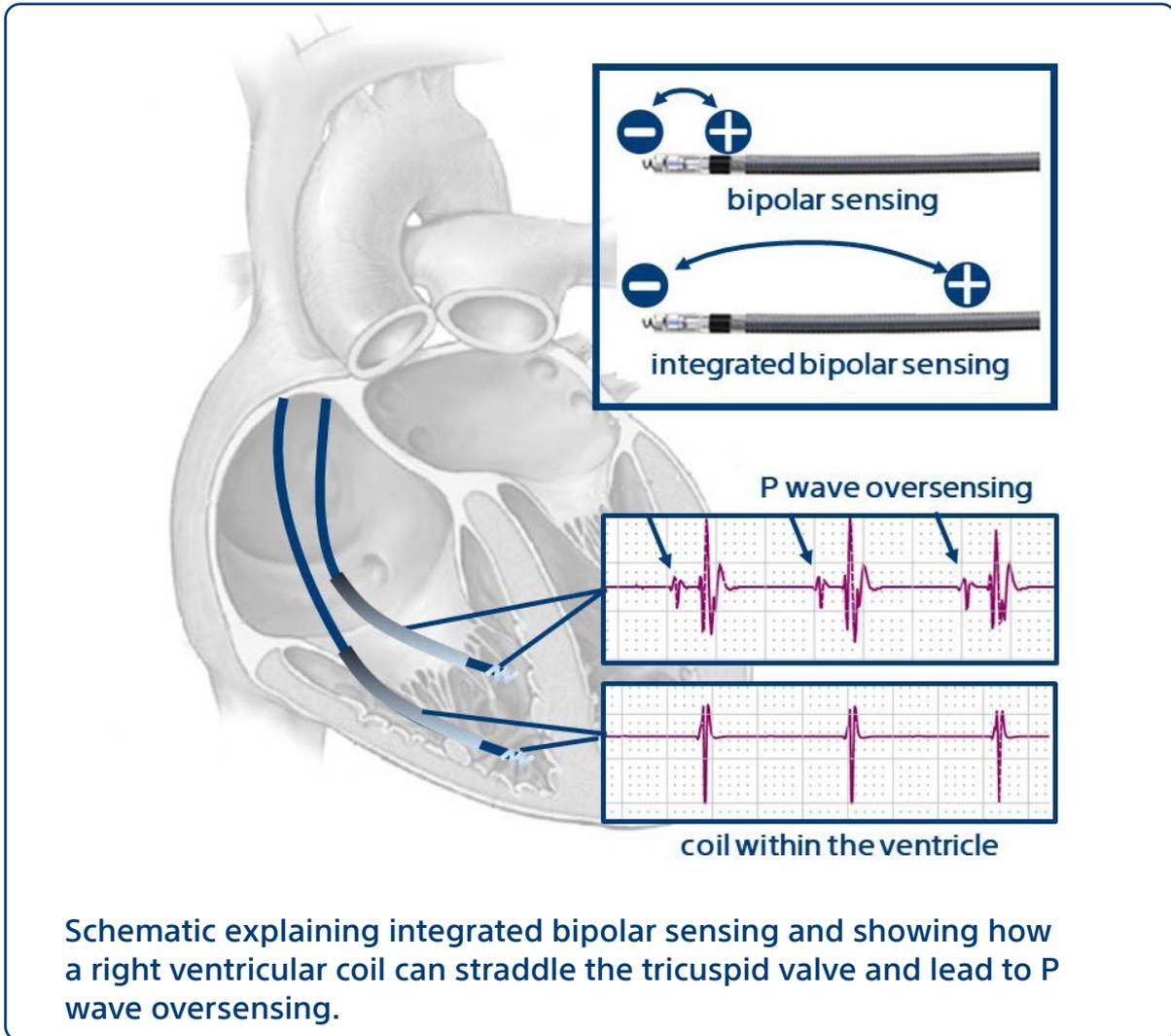
- intermittent oversensing of atrial activity by the right ventricular lead (clearly visible on the atrial channel); some cycles classified as VS, VT-1, VT or VF
- 8/10 criterion fulfilled for the VT-1 zone





Points to remember

- this trace shows sinus tachycardia with intermittent oversensing of atrial activity by the defibrillation lead
- oversensing of atrial signals by the ventricular lead tends to occur in 2 situations: 1) displacement of the right ventricular lead at the atrio-ventricular junction (coincides with a decrease in the amplitude of the measured R wave); 2) positioning of an integrated bipolar lead close to the tricuspid annulus, with the distal coil straddling the valve (coincides with a preserved amplitude of the R wave); Boston Scientific devices are potentially more prone to this type of problem insofar as they are frequently connected to an integrated bipolar lead.
- Atrial oversensing can also occur under more exceptional circumstances: 1) unintentional placement of a right ventricular lead in the coronary sinus; 2) insulation defect in the atrial portion of the ventricular lead leading to oversensing of atrial activity; 3) interaction between the atrial lead and the right ventricular lead, the atrial lead coming into contact with the ventricular lead and generating a signal at the moment of atrial systole.
- several solutions can be implemented to solve the problem and avoid the occurrence of inappropriate therapies or ventricular pauses in pacing-dependent patients with P wave oversensing: 1) reduce the ventricular sensitivity so as to eliminate the supernumerary signal linked to the oversensing of atrial activity; since this programming change is accompanied by an increased risk of undersensing VF, an induction can then be undertaken to check that the induced VF is correctly sensed with this new sensitivity value; 2) in a significant number of cases, oversensing of atrial activity requires the defibrillation lead to be repositioned (new defibrillation lead for a DF4 system or addition of a pace/sense lead for a DF1 system).



6 Oversensing of atrial activity by the defibrillation lead during an episode of atrial arrhythmia

Patient

- 53-year-old male implanted with a Teligen dual-chamber defibrillator for dilated cardiomyopathy and complete atrioventricular block with an integrated bipolar ventricular lead (the anode of the sensing circuit is the defibrillation coil of the RV lead); repeated sensation of presyncope; alert received via telemedicine (Latitude).

EGM layout

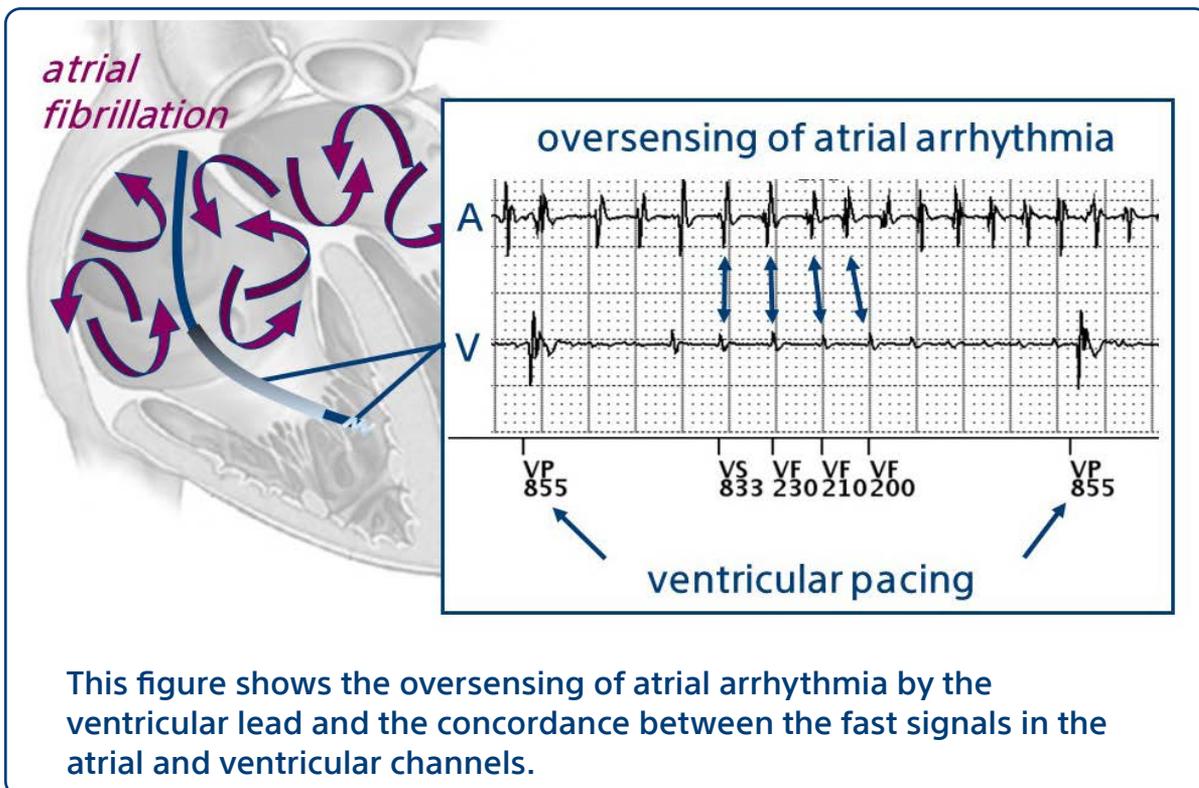
- atrial fibrillation correctly detected by the defibrillator with ventricular pacing (VP-Sr) at the sensor indicated rate in this pacing-dependent patient; the defibrillator has mode-switched into VDIR mode
- oversensing on the ventricular sensing channel; the shock channel confirms that this is not a ventricular arrhythmia; oversensing of rapid atrial activity results in a pause of just under 3 seconds which is responsible for the symptoms described.
- end of oversensing





Points to remember

- this patient initially presented with complete atrioventricular block; oversensing of atrial arrhythmia by the ventricular sensing channel was responsible for a pause, the oversensed rapid rhythm inhibiting ventricular pacing; as a result, the patient developed recurrent presyncope in association with these types of episodes
- problems of oversensing are of particular concern in dependent patients, as they can lead to ventricular pauses and oversensing can be prolonged in the absence of spontaneous QRS complexes, with the level of sensitivity remaining at a maximum and adapted to the amplitude of the oversensed atrial signals, which is often low
- oversensing of an atrial arrhythmia can lead to both inappropriate therapy and asystole if the patient is pacing-dependent





7 Early displacement of a right ventricular lead into the atrium

Patient

- male implanted with a Resonate triple-chamber defibrillator; shock from the device the day after implantation

Summary

- detection of an episode in an VF zone
- diverted 41 Joule shock, followed by delivery of a shock

EGM layout

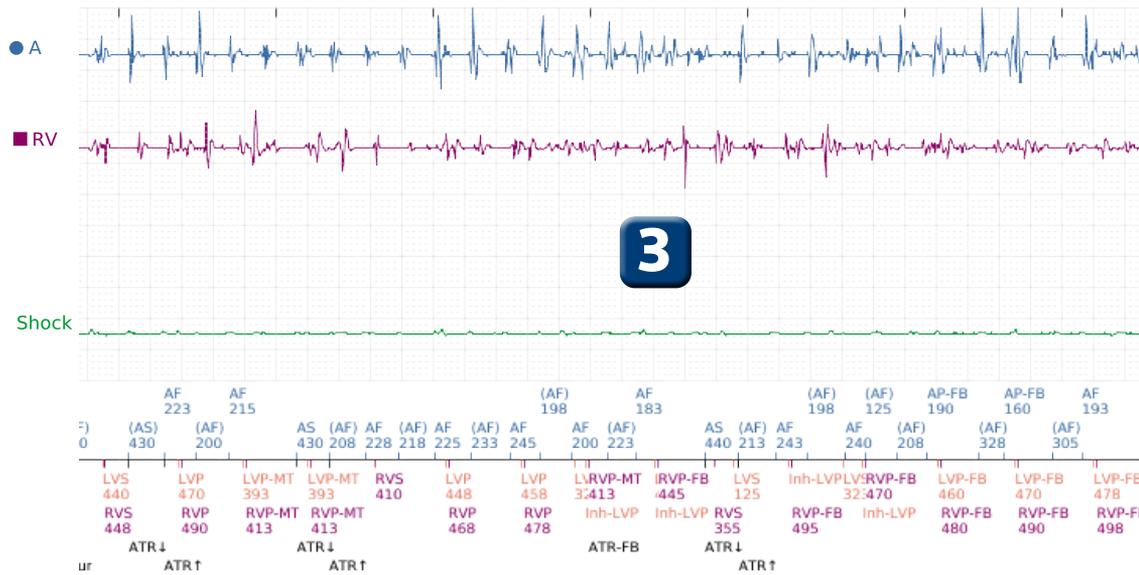
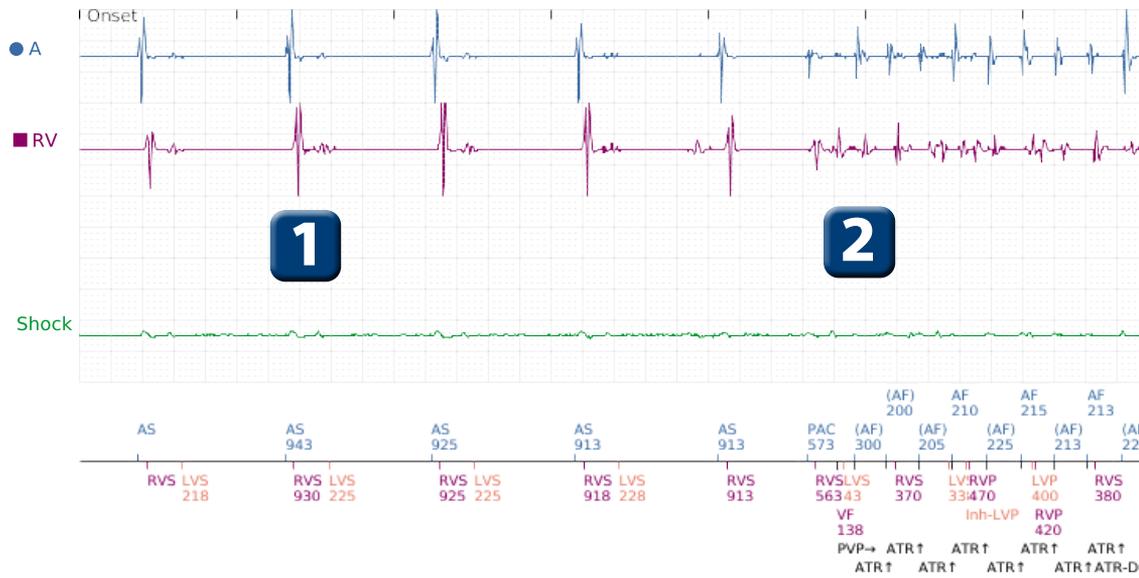
- 1** atrial sensing and right ventricular sensing appear to be more or less simultaneous; left ventricular sensing occurs later and less frequently and probably corresponds to the true ventricular signal
- 2** onset of rapid, disorganized arrhythmia on the atrial channel; very rapid signals sensed simultaneously on the right ventricular channel (intermittent sensing)
- 3** sustained oversensing on the right ventricular channel
- 4** 8/10 criterion satisfied for the VF zone
- 5** end of duration and start of capacitor charging
- 6** criterion 6/10 is no longer satisfied and the charge is diverted
- 7** new capacitor charge; this charge cannot be diverted (only one charge can be diverted for a single episode)
- 8** at end of charge after the 500 ms window, a shock is delivered
- 9** termination of atrial arrhythmia and cessation of oversensing

Chapter 4



LATITUDE™ Patient Management - Event Detail Report

25 Jan 2023

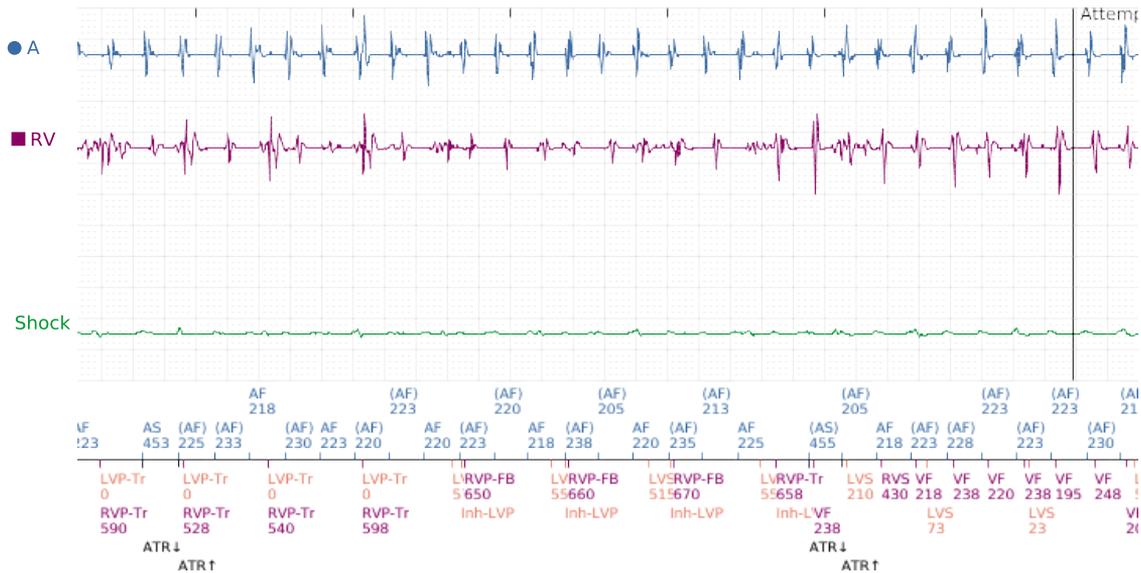
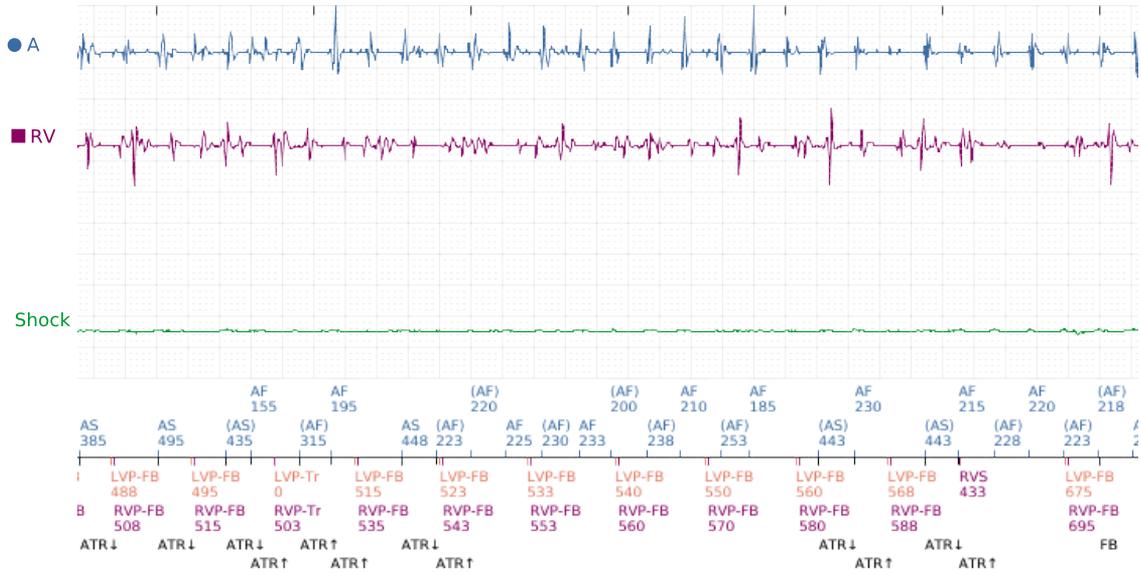




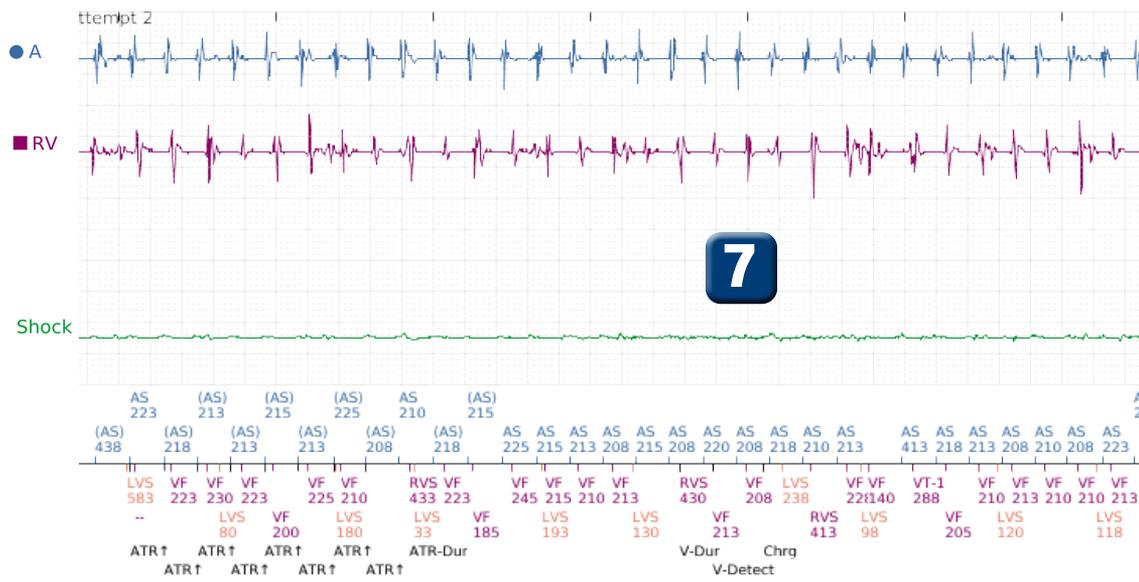
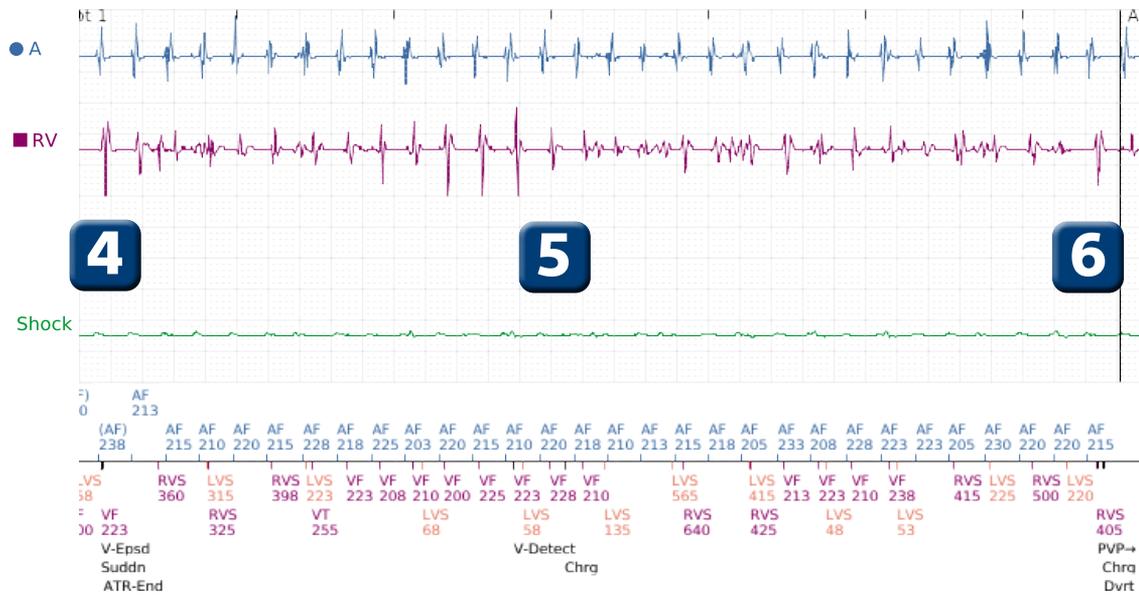
Oversensing: 7

LATITUDE™ Patient Management - Event Detail Report

25 Jan 2023



Chapter 4

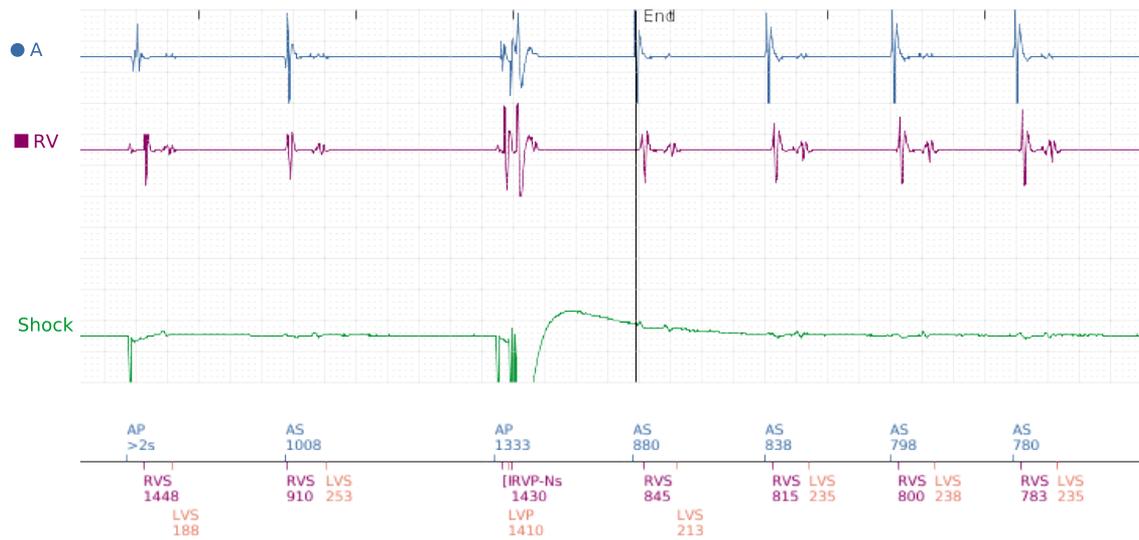
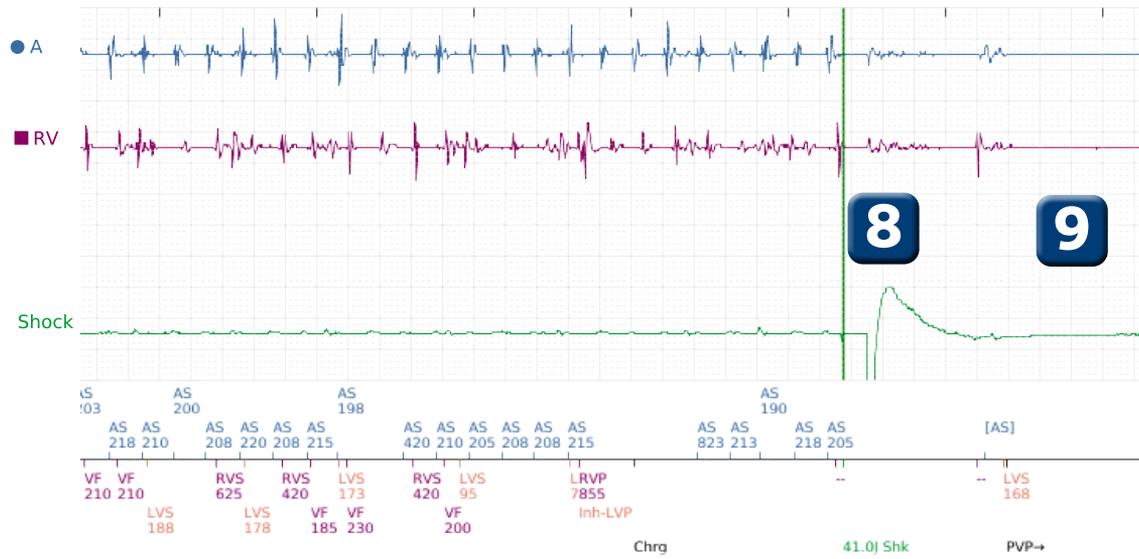




Oversensing: 7

LATITUDE™ Patient Management - Event Detail Report

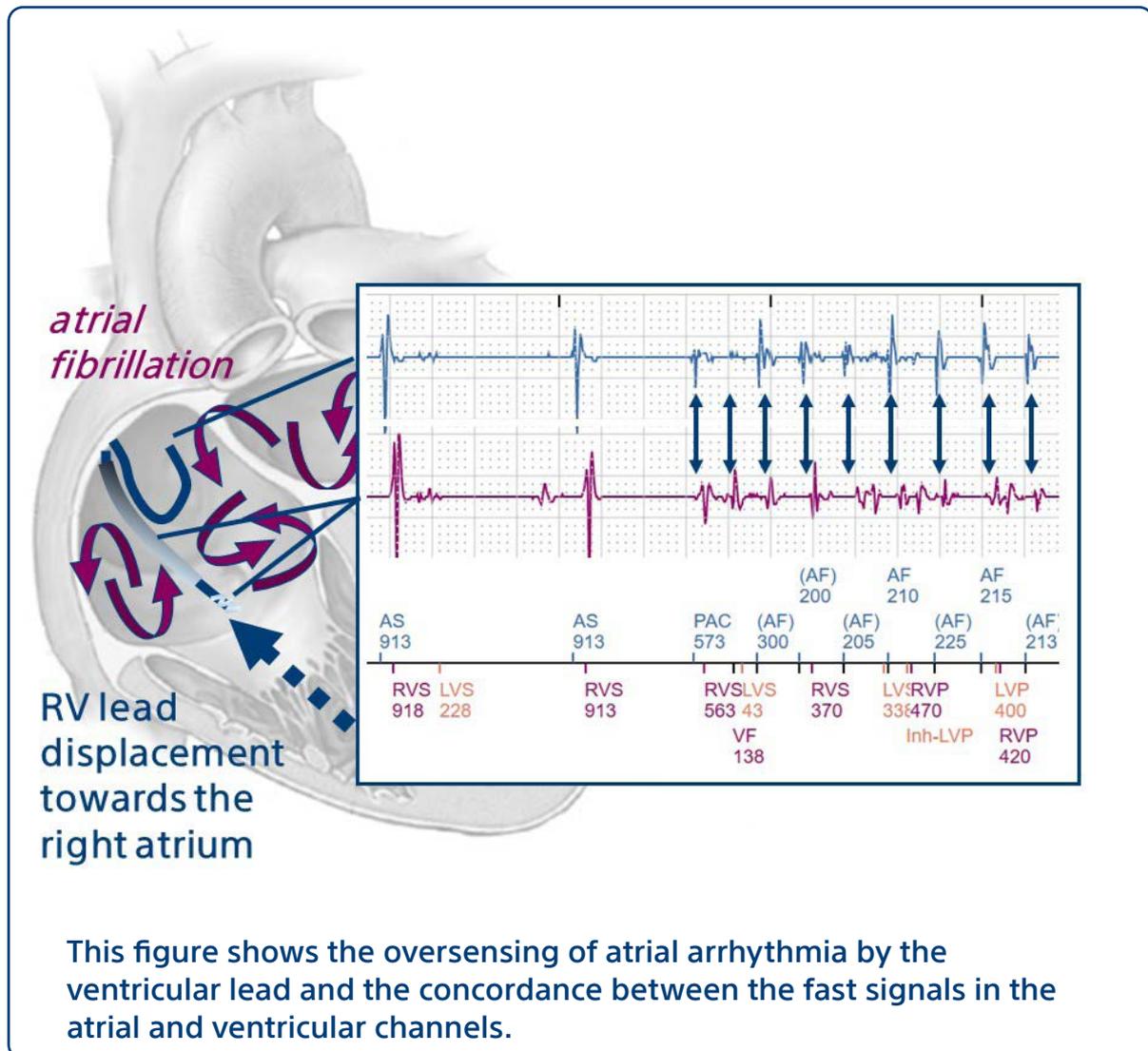
25 Jan 2023





Points to remember

- this pattern corresponds to early displacement of the defibrillation lead; the chest X-ray showed the lead floating in the atrium
- an inappropriate electric shock was delivered due to oversensing of an AF episode by the defibrillation lead
- while waiting for the lead to be repositioned, therapies were temporarily programmed off so as to avoid the occurrence of additional inappropriate therapies



8

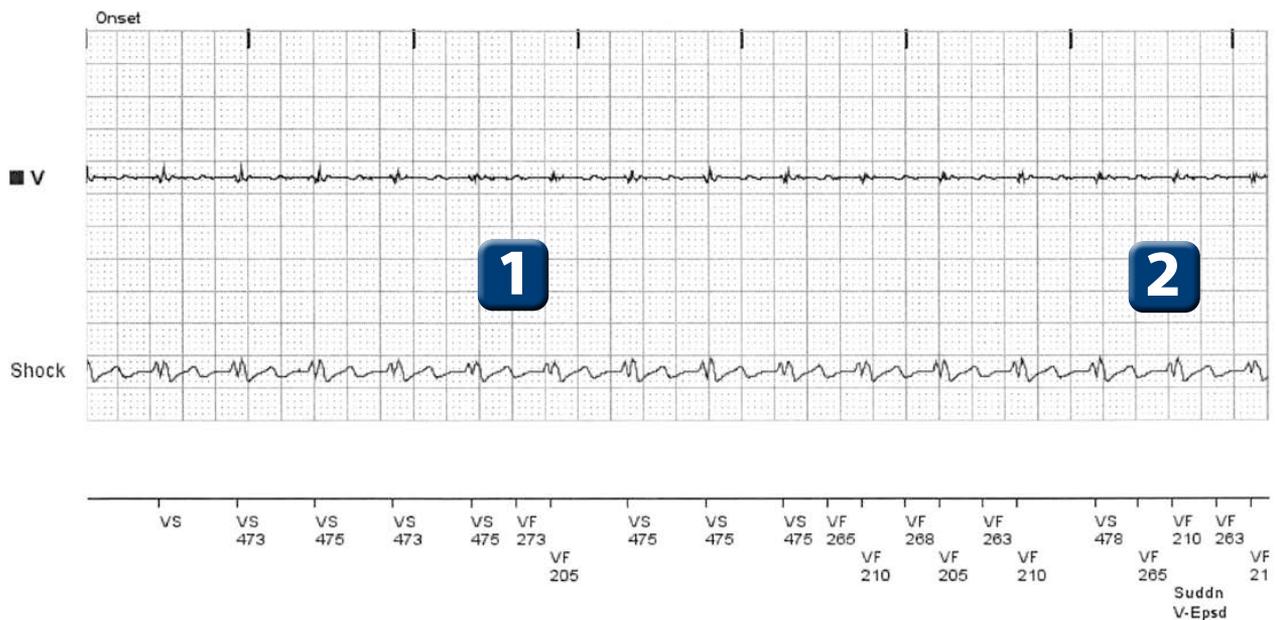
T wave oversensing

Patient

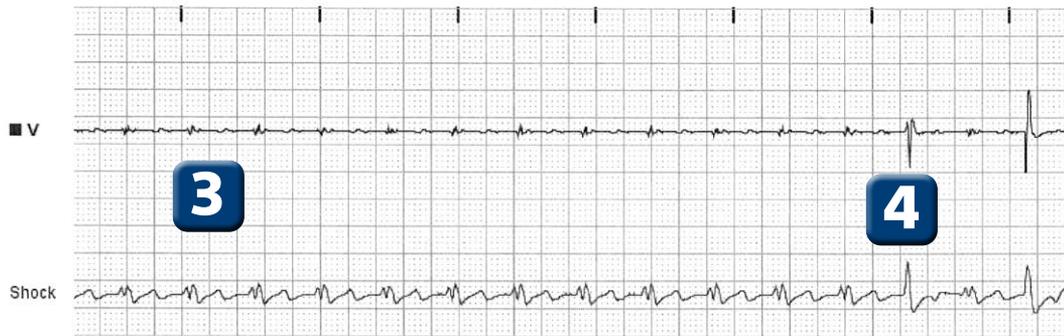
- 75-year-old man implanted with an Energen single-chamber defibrillator; episode recorded in device memory

EGM layout

- 1 sinus rhythm with intermittent T wave oversensing
- 2 prolonged oversensing and 8/10 criterion verified (V-Epsd)
- 3 end of duration (1 second) and start of capacitor charging
- 4 ventricular extrasystole and under- sensing of the following QRS complex
- 5 undersensing and interruption of charging
- 6 criterion 8/10 checked again; at the end of the duration, ATP Quick Convert
- 7 charge diversion in the absence of oversensing

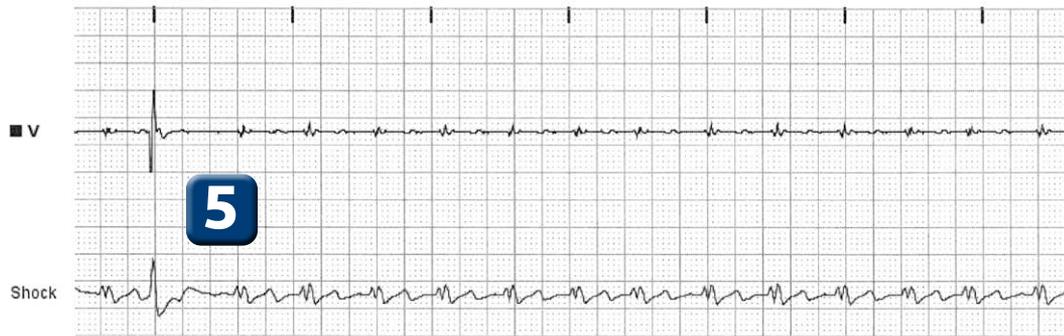


Chapter 4



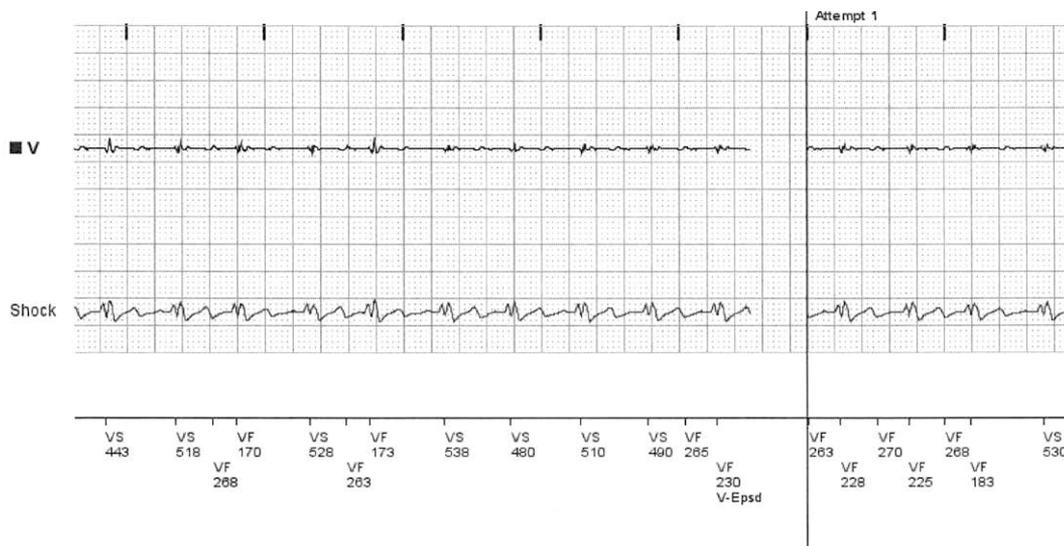
VF 288 VF 285 VF 265 VS 473 VF 208 VS 475 VF 263 VS 473 VF 210 VS 475 VF 265 VS 473 VF 178 VP 855
 3 VF 208 VF 208 VF 210 VF 285 VF 213 VF 285 VF 210 VF 265

V-Detect
Chrg

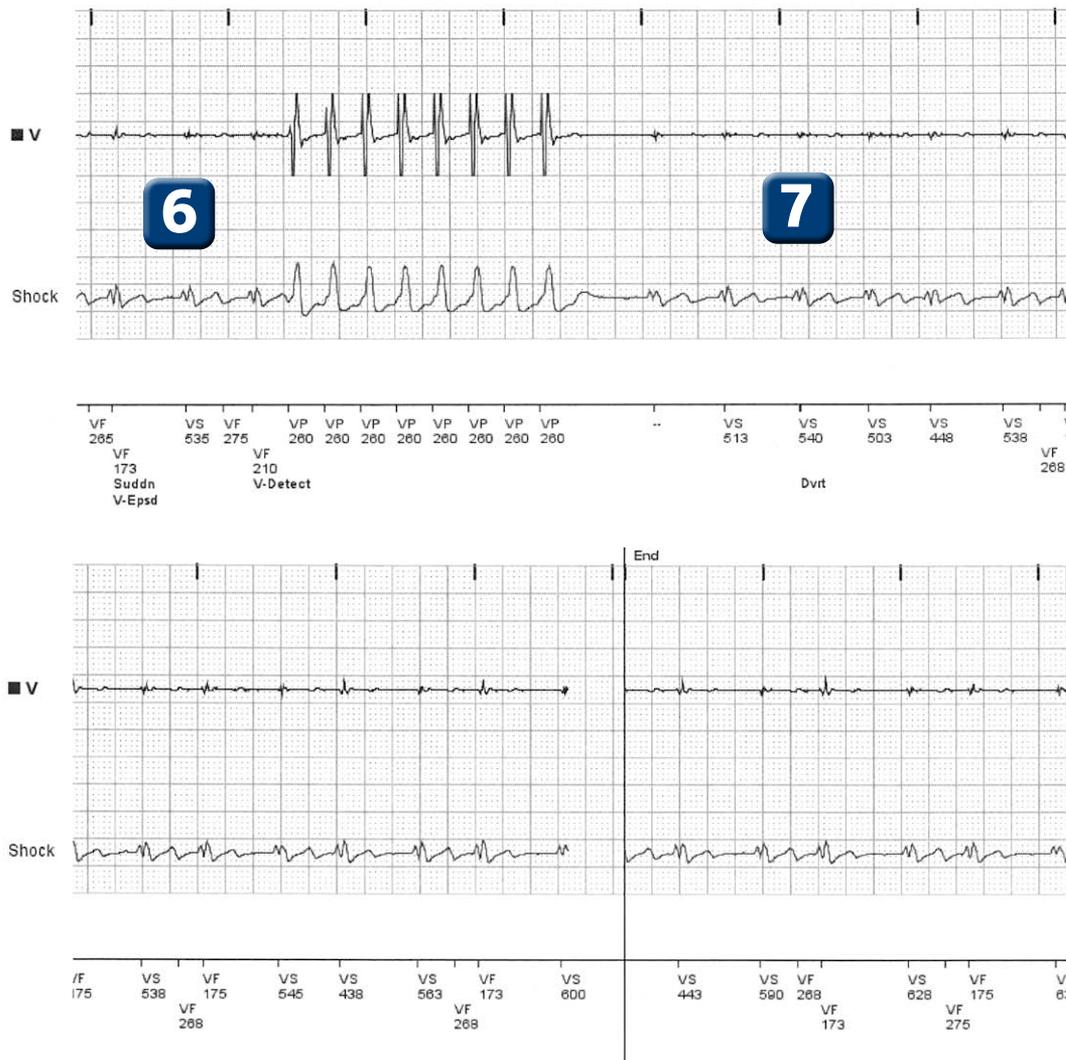


VP 855 VS 680 -- VS 495 VF 268 VS 488 VS 483 VF 175 VF 260 VF 265 VS 478 VS 485 VS 483 VF 178 VS 513
 VF 215 VF 270 VF 265

Chrg
Dvrt



VS 443 VS 518 VF 170 VS 528 VF 173 VS 538 VS 480 VS 510 VS 490 VF 285 VF 263 VF 270 VF 288 VS 530
 VF 288 VF 283 VF 230 V-Epsd VF 228 VF 225 VF 183



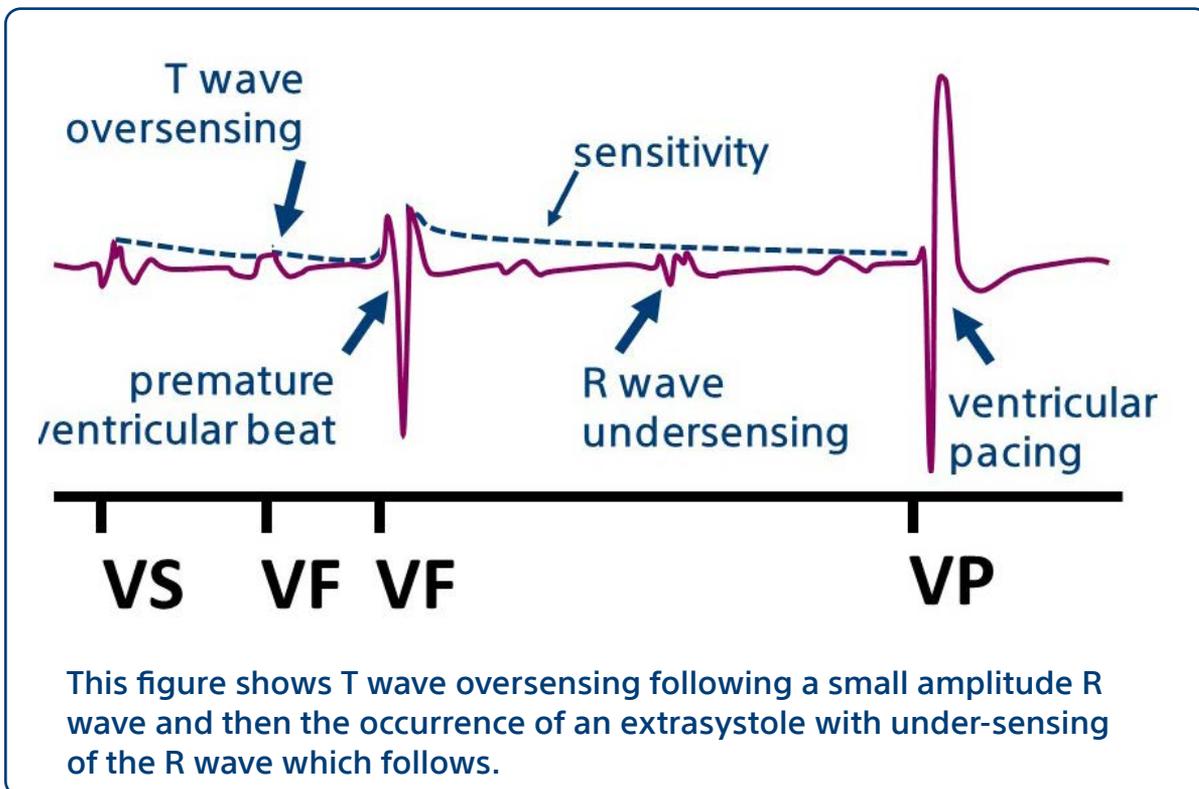
Points to remember

- although T wave oversensing remains a significant problem in the management of patients implanted with a defibrillator, this type of oversensing, which is fairly frequent with some brands, is very rare with Boston Scientific™ devices; in fact, the majority of clinicians managing this type of defibrillator have never observed it.
- T wave oversensing is associated with a typical alternation between 2 morphologically different signals, a high-frequency signal (R wave) and a low-frequency signal (T wave); for each cardiac cycle, the device counts the R wave and then the T wave as a second additional signal, resulting in a doubling of the heart rate; the alternating cycle length (RT intervals and TR intervals) is generally marked



for slow heart rates (short RT intervals and long TR intervals) but is often less marked during exercise (RT and TR intervals approximately equivalent) or for patients with a long QT

- T wave oversensing is more likely if the preceding R wave is of small amplitude (as in this patient); in fact, when the R wave is of small amplitude, the device rapidly reaches high levels of sensitivity, favoring T wave oversensing, particularly during exercise (which may result in a reduced R wave amplitude and a slight increase in the T wave amplitude); there are few reprogramming options in this context (no possibility of modifying filters, or reprogramming the adaptation level or delay, or margin to adjust the ventricular sensitivity); these situations are therefore difficult and any programming change compromises another aspect of programming; it may therefore be necessary to reposition the lead.





9 Oversensing of diaphragmatic myopotentials

Patient

- male implanted with an Incepta single-chamber defibrillator

Summary

- detection of a non-sustained VT episode

EGM layout

- 1 the ventricular sensing channel intermittently senses non-physiological signals of relatively low amplitude (increasing then decreasing amplitude)
- 2 EGM trace recorded after 3 consecutive cycles classified as VF

V-139: 31 Dec 2022 21:57, NonSustV, V Rate: 152 min⁻¹

Detail

NonSustV Event Onset

Avg V Rate	152 min ⁻¹
Detection	Rhythm ID
Template	31 Dec 2022 21:34
RhythmMatch™ Threshold	94 %

Event Ended

00:00:06

EGM displayed at 25mm per second





Points to remember

- using a high auto-adaptive sensitivity optimizes the sensing of very low voltage signals during VF but increases the risk of oversensing diaphragmatic myopotentials at the end of diastole when the sensitivity is at its maximum
- oversensing of diaphragmatic myopotentials is rare but has been observed to a greater extent in patients implanted with an integrated bipolar lead positioned at the apex of the right ventricle; an integrated bipolar lead may promote occurrence of this phenomenon because the detection antenna is wider; permanent ventricular pacing is associated with an increased risk of oversensing of these myopotentials because, after pacing, the period of maximum sensitivity is prolonged, particularly when the heart rate is slow
- diaphragmatic myopotentials correspond to low amplitude, high frequency signals,

most often detected exclusively on the sensing channel (absent on the shock channel); the 2 main characteristics of this type of signal are that their amplitude varies during the respiratory cycle and that they can be reproduced by specific maneuvers (deep inspiration, Valsalva, forced cough); oversensing initially occurs at the end of diastole when sensitivity is at a maximum; detection of the true R wave (large amplitude) modifies the sensitivity level and at least temporarily interrupts oversensing of these small signals which explains why prolonged oversensing only occurs in pacing dependent patients (absence of spontaneous R wave, sensitivity level permanently at a maximum).

